

Supplementary material

Kania J, Wąsek W, Piotrowicz K, Krzesiński P, et al. Impact of anxiety-trait level and coping styles on a Six-Minute Walk Test in patients undergoing cardiac rehabilitation. Kardiologia Pol. 2022.

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Table S1. Clinical characteristics of studied population.

Parameters		Mean (SD) or n (%)
Demographic data	Male/female	115/55 (68%/32%)
	Age [years]	59 (11)
Reason for admission	Percutaneous coronary intervention	155 (91%)
	Myocardial infarction	125 (74%)
	Coronary artery bypass graft surgery	9 (5%)
	Valve replacement	4 (2%)
	Cardiomyopathy	2 (1%)
Smoking status	Current smoker or abstinence less than a year	60 (35%)
	Never smoker or former smoker with abstinence more than a year	110 (65%)
Clinical information	Systolic Blood Pressure [mm Hg]	122 (17)
	Diastolic Blood Pressure [mm Hg]	73 (10)
	Heart Rate [bpm]	68 (12)
	Oxygen Saturation [%]	97 (2)

Abbreviations: SD — standard deviation

Table S2. Results of regression analyses.

Model	Predictors	β	t	P	R ²
Model no.1	First 6MWT	-0.16	-1.91	0.06	0.06
	Anxiety trait	-0.23	-2.72	0.007	
Model no. 2	First 6MWT	-0.21	-2.33	0.02	0.10
	Task-oriented coping	0.02	0.19	0.85	
	Emotion-oriented coping	-0.16	-1.73	0.09	

	Avoidant coping	-0.20	-2.14	0.03	
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Abbreviations: β , standardized regression coefficient; t, test for statistical significance of predictor; R^2 , determination coefficient.