#### Supplementary material

# Trela M, Szarpak Ł, Filipiak KJ, et al. Why epinephrine should not always be used in pediatric cardiac arrest? Kardiol Pol. 2021; 79: 235-236. doi:10.33963/KP.15754

Please note that the journal is not responsible for the scientific accuracy or functionality of any supplementary material submitted by the authors. Any queries (except missing content) should be directed to the corresponding author of the article.

### CONTENTS

Supplementary Figure S1. Forest plot of survival to hospital discharge rate while using epinephrine in out-of-hospital cardiac arrest (OHCA)

and in-hospital cardiac arrest (IHCA)2

Supplementary Table S1. Characteristics of the included studies 3

Supplementary Table S2. Inclusion and exclusion criteria 4

Supplementary Table S3. Additional outcomes 7

**Supplementary Figure S2.** Randomization flow chart 9



Supplementary Figure S1. Forest plot of survival to hospital discharge rate while using epinephrine in out-of-hospital cardiac arrest (OHCA)

and in-hospital cardiac arrest (IHCA). The center of each square represents the weighted mean difference for individual trials, and the

corresponding horizontal line stands for 95% CI. The diamonds represent pooled results

			Cardiac	c Number of patients Gender, male		male	Survival to hospital discharge/1-month		
Study	Country	Study design	arrest	Eninenhrine	Control	Eninenhrine	Control	Unmatched	Matched
			setting	Epinepiirine	Control	Epinepinine	Control	RR (95% CI)	RR (95% CI)
Del Castillo	Spain/Italy	Prospective	IHCA	209	41	NS	NS	0.36 (0.18, 0.71)	_
et al. 2014	Portugal/	multicenter study							
	Argentina								
Holmberg et	USA	Retrospective study	IHCA	3528	3528	1944	1916	0.40 (-0.47, 0.51)	0.79 (0.74, 0.85)
al. 2020									
Matsuyama	Japan	Nationwide	OHCA	306	3655	232	2304	1.14 (0.80, 1.62)	1.13 (0.67, 1.93)
et al. 2020		population-based							
		observational study							
Meert et al.	USA	Secondary analysis	IHCA	313	15	NS	NS	_	_
2018		of RCT data							
Moler et al.	USA	Retrospective	OHCA	108	30	NS	NS	2.89 (1.58, 5.28)	_
2011		cohort							

## Supplementary Table S1. Characteristics of the included studies

Legend: IHCA = in-hospital cardiac arrest; NS = not specified; OHCA = out-of-hospital cardiac arrest; RCT = randomized clinical trial.

# Supplementary Table S2. Inclusion and exclusion criteria

Study	Inclusion criteria	Exclusion criteria	Primary outcomes	Secondary outcomes	Findings	
	<u> </u>	220	~			
Del Castillo	Children aged from I	NS	Survival to	Neurological outcome at	Survival with good neurological	
et al. 2014	month to 18 years with in-		hospital	hospital discharge	outcome of cardiac arrest in PICU is	
	PICU cardiac arrest		discharge		improving. The most important	
					prognostic indicator is the duration	
					of resuscitation	
Holmberg	Pediatric patients ( $\leq 18$	Patients with a non-index event,	Survival to	Sustained return of adequate	In children receiving CPR for	
et al. 2020	years of age) with an in-	patients receiving < 2 min of	hospital	circulation (ROSC), survival	bradycardia with poor perfusion,	
	hospital non-pulseless	chest compressions, events in the	discharge	to 24 h, favorable	epinephrine was associated with	
	cardiac arrest	delivery room, and hospital		neurological outcome at	worse outcomes, although the study	
		visitors		hospital discharge, and	does not eliminate the potential for	
				progression to pulseless	confounding	
				cardiac arrest at any time		
				during the event		
Matsuyama	Pediatric patients with	(1) OHCA without ELST	1-month survival	1-month survival with	Pre-hospital epinephrine	
et al. 2020	OHCA (age 8–17 years)	involvement; (2) EMS-witnessed		favorable neurological	administration was associated with	
	resuscitated by bystanders	cardiac arrest; (3) OHCA with		outcome, defined as the	ROSC, whereas there were no	

	and/or EMS personnel and	unknown first documented		Glasgow-Pittsburgh CPC	significant differences in 1-month
	subsequently transported to	rhythm; (4) OHCA with		scale of 1 or 2, and pre-	survival or favorable neurological
	medical institutions	unknown or inappropriate time-		hospital ROSC	outcome between those with and
		dependent variables (e.g., time			without epinephrine
		from initiation of EMS CPR to			
		epinephrine administration, time			
		from initiation of EMS CPR to			
		first shock delivery, time from			
		initiation of EMS CPR to pre-			
		hospital ROSC, time from			
		emergency call to initiation of			
		EMS CPR, and time from			
		initiation of EMS CPR to hospital			
		arrival); (5) OHCA with an			
		interval between emergency call			
		and initiation of EMS CPR $\ge 30$			
		min			
Meert et al.	Patient > 48 h and < 18	Inability to be randomized within	12-month	12-month survival with	Cardiac arrest and resuscitation
2018	years of age who had a	6 h of return of circulation,	survival	VABS-II decreased by $\leq 15$	factors are associated with long-term

	cardiac arrest that began in	Glasgow Coma Scale motor score		points from baseline, and 12-	survival and neurobehavioral
	a hospital, received chest	of 5 or 6, and a decision to		month survival with VABS-	function among children who are
	compressions for $\geq 2 \min$ ,	withhold aggressive treatment		$II \ge 70$	comatose after in-hospital arrest
	and required mechanical				
	ventilation after return of				
	circulation				
Moler et al.	Patients between 24 h and	Patients who received < 1 min of	Survival to	NS	Multiple factors were identified to be
2011	18 years of age (inclusive)	chest compressions, whether or	hospital		associated with survival after
	who experienced an	not epinephrine or defibrillation	discharge		pediatric OHCA with ROSC
	OHCA, defined as	was administered			
	receiving chest				
	compression for $\geq 1 \min$ ,				
	and had a ROSC for $\geq 20$				
	min				

Legend: CPC = cerebral performance category; CPR = cardiopulmonary resuscitation; ELST = emergency life-saving technician; EMS =

emergency medical service; NS = not specified; OHCA = out-of-hospital cardiac arrest; PICU = pediatric intensive care unit; ROSC = return of spontaneous circulation; VABS-II = Vineland Adaptive Behavior Scales, second edition.

# Supplementary Table S3. Additional outcomes

Parameter	Cardiac arrest	Number of	Number of events		OR (95% CI)	<i>P</i> value	I <sup>2</sup> statistic
		studies	Epinephrine	Control		1 value	
Return of spontaneous circulation	ОНСА	1	31/304	23/304	1.39 (0.79, 2.44)	0.26	NA
	IHCA	1	2357/3031	2609/3147	0.72 (0.64, 0.82)	< 0.001	NA
	Total	2	2388/3335	2632/3451	0.94 (0.50, 1.77)	0.85	80%
Survival to 24 h	IHCA	1	2083/3528	2441/3528	0.64 (0.58, 0.71)	< 0.001	NA
Survival to hospital discharge	OHCA	2	1428/3737	1732/3569	0.54 (0.30, 0.95)	0.03	67%
	IHCA	2	105/400	18/334	5.32 (1.96, 14.42)	0.001	65%
	Total	4	1533/4137	1750/3903	0.04 (-0.12, 0.21)	0.61	97%
Favorable neurological outcome at	ОНСА	1	11/304	8/304	1.39 (0.55, 3.50)	0.49	NA
discharge*	IHCA	1	642/2974	822/2880	1.39 (0.55, 3.50)	< 0.001	NA
	Total	2	653/3278	830/3184	0.84 (0.45, 1.55)	0.57	54%
Progression to cardiac arrest	IHCA	1	1067/3528	914/3528	1.24 (1.12, 1.38)	< 0.001	NA
Survival to 12 months	OHCA	1	144/312	11/15	0.31 (0.10, 1.00)	0.05	NA
Survival to 12 months with VABS-II	ОНСА	1	88/245	8/12	0.28 (0.08, 0.96)	0.04	NA
$\geq 70$							
VABS-II decreased by $\leq 15$ points	OHCA	1	84/303	9/14	0.21 (0.07, 0.650	0.007	NA

Legend: IHCA = in-hospital cardiac arrest; NA = not applicable; OHCA = out-of-hospital cardiac arrest; VABS-II = Vineland Adaptive Behavior Scales, second edition.

\* Defined as a Pediatric Cerebral Performance Category (PCPC) of 1 (normal or no cerebral disability) or 2 (mild cerebral disability) in accordance with the Pediatric Utstein criteria.



Supplementary Figure S2. Randomization flow chart