Supplementary material

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Table S1. Health policy programs in Poland analyzed in terms of selected variables

	Primary prevention	Secondary prevention	Primary&Secondary	Total
	121 (89%)	12 (9%)	3 (2%)	136
Period of implementation				
< 2 years	34 (28.3%)	2 (16.7%)	0	36 (26.7%)
3 to 5 years	73 (60.8%)	9 (75.0%)	3 (100%)	85 (63.0%)
6 to 10 years	13 (10.8%)	1 (8.3%)		14 (10.4%)
Applicant				
Ministry	4 (3.3%)	0	1 (33.3%)	5 (3.7%)
Voivodeship	22 (18.2%)	7 (58.3%)	2 (66.7%)	31 (22.8%)
County and cities with county rights	46 (38.0%)	3 (25.0%)	0	49 (36.0%)
Municipality	49 (40.5%)	2 (16.7%)	0	51 (37.5%)
Total cost [n=130]. Median (Q1-Q3)[min-max][in thousands PLN]	182 (81.5-1300) [3.3-62672.2]	1604.9 (354.8-7092.8) [106.8-23299.7]	36500 (9605.5-78999.3)	214.9 (88- 1750) [3.3-78999.3] 2737 (972-
Number of participants [n=117]. Median (Q1-Q3) [min-max] Unit cost [n=114. Median (Q1-Q3)	2570 (930-7100) [60-3519736] 83 (40.0-300.0) [3-2378]	3035 (688-6788) [120- 10400] 2020 (267-2376) [51.5- 2544]	8950 (8000-45000) 1756 (1201-4078)	7200) [60- 3519736] 97.2 (44.4- 400) [3-4078]

[min-max] [PLN] Interventions

Interview with the patient and/or anthropometric measurements	115 (100.0%)	9 (100.0%)	3 (100%)	127 (100%)
Laboratory tests	50 (43.5%)	4 (44.4%)	2 (66.7%)	56 (44.1%)
Blood pressure measurement. ECG. ultrasound or CT scan	44 (38.3%)	2 (22.2%)	3 (100%)	49 (38.6%)
Consultations with specialists	108 (90.0%)	12 (100%)	3 (100%)	123 (91.1%)
Educational workshops	116 (96.7%)	12 (100%)	3 (100%)	131 (97.0%)
Physical exercises. including rehabilitation	10 (8.3%)	7 (58.3%)	1 (33.3%)	18 (13.3%)
Implementer				
Family doctors	65 (55.6%)	5 (45.5%)	3 (100%)	73 (55.7%)
Specialist doctors	27 (23.1%)	6 (54.6%)	1 (33.3%)	34 (30.0%)
Nurses	82 (70.1%)	5 (45.5%)	1 (33.3%)	88 (67.2%)
Other specialists such as a dietitians. psychologists.				
physiotherapists or health educators	70 (59.8%)	10 (90.9%)	1 (33.3%)	81 (61.8%)

Note: Total cost - no data available in 6 cases for primary prevention; Number of people - no data available in 17 cases for primary prevention and in 2 cases for secondary prevention; Interventions - no data available in 10 cases; Implementer - no data available in 5 cases