Masquerading bundle branch block

Zamaskowany blok odnogi pęczka Hisa

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Abstract

We here describe a surface 12-lead electrocardiogram (ECG) of a 72-year-old female with a prior history of breast cancer and chemotherapy-induced cardiomyopathy. An echocardiogram revealed left ventricular dysfunction, ejection fraction of 23%, with mild enlarged left ventricle. The 12-lead ECG showed atrial fibrillation with a mean heart rate of about 100 bpm, QRS duration 160 ms, QT interval 400 ms, right bundle branch block (RBBB) and left anterior fascicular block (LAFB). The combination of RBBB features in the precordial leads and LAFB features in the limb leads is known as "masquerading bundle branch block". In most cases of RBBB and LAFB, the QRS axis deviation is located between – 80 to –120 degrees. Rarely, when predominant left ventricular forces are present, the QRS axis deviation is near about – 90 degrees, turning the pattern into an atypical form. In a situation of RBBB associated with LAFB, the S wave can be absent or very small in lead I. Such a situation is the result of not only purely LAFB but also with left ventricular hypertrophy and/or focal block due to scar (extensive anterior myocardial infarction) or fibrosis (cardiomyopathy). Sometimes, this specific ECG pattern is mistaken for LBBB. RBBB with LAFB may imitate LBBB either in the limb leads (known as 'standard masquerading' — absence of S wave in lead I), or in the precordial leads (called 'precordial masquerading' — absence of S wave in lead S, and V₆).

Our ECG showed both these types of masquerading bundle branch block — absence of S wave in lead I and in leads V_5 and V_6 . **Key words:** right bundle branch block, left anterior fascicular block, masquerading branch block

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CASE REPORT

We present the case of a surface 12-lead electrocardiogram (ECG) of a 72-year-old female with a prior history of breast cancer and chemotherapy-induced cardiomyopathy. An echocardiogram revealed left ventricular dysfunction, ejection fraction of 23%, with mild enlarged left ventricle.

The 12-lead ECG showed atrial fibrillation with a mean heart rate of about 100 bpm, QRS duration 160 ms, QT interval 400 ms, right bundle-branch block (RBBB) based on the following criteria: (1) duration of QRS \geq 120 ms; (2) R wave peak time in lead V₁ > 50 ms; (3) QRS morphology in lead V₁, V₂: rsR'; and (4) secondary ST-T segment changes, downsloping ST segment depression with negative T wave in leads V₁–V₂.

There was one criterion of RBBB, according to the actual definition, that was not met: the presence of wide S wave in leads I or V_c . The duration of the S wave should be more than

40 ms or wider than the R wave in leads I or V₆. This criterion cannot always be seen when a left anterior fascicular block (LAFB) is present. The current ECG showed atypical QRS morphology in leads I, aVL and leads V₅, V₆ to be considered a typical RBBB. The QRS morphology in these leads resembles left bundle-branch block (LBBB). Additionally, this ECG met the criteria for LAFB: (1) QRS axis between -45 degrees and -90 degrees; (2) presence of qR morphology in lead aVL; (3) R wave peak time in lead aVL \geq 45 ms; and (4) QRS duration of below 120 ms, but in the presence of RBBB this criterion does not need to be fulfilled. How can we explain a morphology that resembles LBBB in the presence of RBBB?

DISCUSSION

Some ECG patterns can be difficult to interpret, leading to difficult clinical decision making. Intraventricular disturbances

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Figure 1. Six-lead ECG — limb leads, paper speed at 50 mm/s

can be an example of such difficulties. One of the above mentioned intraventricular disturbances is the presence of simultaneous features of RBBB and LAFB. The combination of RBBB features in the precordial leads and LAFB features in the limb leads is termed 'masquerading bundle branch block' [1, 2].

The combination of RBBB and LAFB can be observed after extensive remote anterior myocardial infarction (MI), after repaired tetralogy of Fallot, or after surgical replacement of the tricuspid valve [3–6]. In about 40–59% of patients, this form of complex intraventricular disturbances is a harbinger of complete heart block [7,8].

Some clinical situations in the presence of RBBB with mild left axis deviation can lead to a mistaken recognition of LAFB, e.g. emphysema in chronic pulmonary obstructive lung disease, thorax deformations or congenital heart defects. In such situations, the recognition of LAFB should not be based only on ECG features. It is worth noting that in 'true' LAFB, the S wave is deeper in lead III compared to the S wave in lead II. This is known as S III > S II. In the reverse situation, when the S wave II > S wave III, LAFB is unlikely.

This complex form of intraventricular disturbances can unmask a remote anterior wall MI. LAFB can mimic anterior infarction by showing small 'q waves' in the right precordial leads V_2 and V_3 . These abnormalities, in the light of recent guidelines, allow recognition of 'old MI'. Q waves in the precordial leads V_2 and $V_{3'}$ even with a short time duration of 20 ms, as seen in LAFB, should be considered pathological. Modified precordial leads V_2 and V_3 placed at one intercostal space below the conventional placement can help. If in these modified precordial leads the Q wave disappeared, it seems they are the result of LAFB. However, if they persist, they can be manifestations of an old MI [1, 2].

RBBB AND LAFB WITH NO OR SMALL S WAVE IN LEAD I

In most cases of RBBB and LAFB, the QRS axis deviation is located between –80 to –120 degrees. Rarely, when predominant left ventricular forces are present, the QRS axis deviation is near about –90 degrees, turning the pattern into an atypical form. In the situation of RBBB associated with LAFB, the S wave can be absent or very small in lead I. Such a situation is the result of not only purely LAFB but also with left ventricular hypertrophy (LVH) and/or focal block due to scar (extensive anterior MI) or fibrosis (cardiomyopathy). Sometimes this specific ECG pattern is mistaken as LBBB [9, 10].

RBBB with LAFB may imitate LBBB either in the limb leads (known as 'standard masquerading' — absence of S wave in lead I), or in the precordial leads (called 'precordial masquerading' — absence of S wave in leads V_e and V_e) [1].

Our ECG showed both these types of masquerading bundle branch block — absence of S wave in lead I and in leads V_5 and V_6 (Figs. 1, 2). The 'precordial masquerading' is seen in the presence of 'standard masquerading' in 25% of patients. In extreme situations, lead V_1 can, disorientatingly, resemble true LBBB; and in turn, lead aVR and modified leads V_1-V_3 placed at one intercostal space above the conventional level can help in the right diagnosis [1, 2].



Figure 2. Six-lead ECG — precordial leads, paper speed at 50 mm/s

The proper recognition of 'masquerading bundle branch block' may allow in making the proper clinical decision.

Firstly, it gives us information about the poor prognosis because of coexisting extensive heart damage and conduction disturbances associated with LVH, scar and/or fibrosis [1].

Secondly, it increases the risk of complete heart block [7, 8].

Thirdly, in the era of resynchronisation therapy (CRT), mistaken LBBB could lead to improper CRT implantation [11].

Conflict of interest: none declared

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