

Perivascular adipose tissue from the internal mammary artery in patients with severe coronary artery atherosclerosis

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KEY WORDS

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ABSTRACT

BACKGROUND The internal mammary artery (IMA) is routinely used as an arterial graft for coronary artery bypass grafting with an excellent long-term patency rate, but its protective mechanism is unclear.

AIMS We evaluated the differences between the expression of several gene in perivascular adipose tissue from the IMA (PVAT-IMA) as compared with other fat depots in patients with severe coronary artery disease.

METHODS A total of 53 patients (13 women) with severe coronary artery disease and preserved left ventricular ejection fraction were scheduled for coronary artery bypass grafting. Clinical assessment, anthropometric parameters, and quantification of fat depots were performed in all patients. The relative expression of the following genes were obtained in PVAT-IMA, as well as epicardial, pericardial, and subcutaneous (SF) fat samples: angiotensinogen (*AGT*), angiotensin I converting enzyme 1 and 2 (*ACE1* and *ACE2*), glucagon-like peptide receptors type 1 and 2 (*GLP1R* and *GLP2R*), phospholipid transfer protein (*PLTP*), adiponectin (*ADIPOQ*), omentin-1 (*ITLN1*), and uncoupling protein 1 (*UCP1*).

RESULTS The expression of *UCP1* (median [interquartile range [IQR], 2.5 [0.91–16.6]; $P < 0.01$) and *AGT* (2.22 [0.65–6.2]; $P < 0.01$) was higher in PVAT-IMA compared with the SF depot. *ADIPOQ* expression was higher in pericardial and epicardial fat depots as compared with PVAT-IMA. The expression of *ITLN1* was increased in PVAT-IMA as compared with epicardial and pericardial fat ($P < 0.001$).

CONCLUSIONS PVAT-IMA revealed differences in the expression of selected genes in relation to SF. We found a higher expression of *ITLN1* in PVAT-IMA compared with other adipose tissue depots, which could be associated with protective mechanisms against atherosclerosis in IMA. However, this remains a subject for further studies.

INTRODUCTION Obesity is an important risk factor for coronary artery disease and atherosclerosis.^{1,2} Both diseases result from inflammatory responses among various genetic and non-genetic factors.³ However, perivascular adipose tissue (PVAT) releases adipokines and other vasoactive factors.^{4,5} Visceral and epicardial adiposity revealed closer association with cardiovascular risk compared with subcutaneous fat,^{6,7} possibly due to stronger immune cell infiltration and higher expression of proinflammatory cytokines in this adipose tissue depot.⁸ Although

recent papers have suggested an important role of PVAT in arterial atherosclerosis, the internal mammary artery (IMA) is an exception and shows nearly no atherosclerosis.⁹ Recently, PVAT from the IMA (PVAT-IMA) has been evidenced to have vasodilatory effect.¹⁰ It is a primary arterial graft used for coronary artery bypass grafting (CABG) with the best 10-year life-patency.^{11,12} Overweight patients were found to have partially reduced endothelial function in the IMA.¹³ The evidence supporting the potential explanations and properties of PVAT-IMA depot is still

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WHAT'S NEW?

We report a specific analysis study of different genes in adipose tissue derived from the perivascular mammary artery and epicardial, pericardial, or subcutaneous fat. The most prominent differences were found between adipose tissue from the perivascular internal mammary artery and the epicardium, particularly, a higher expression of omentin-1 (*ITLN1*) in fat from the internal mammary artery. We consider it as one of the possible explanations of the protective properties of the internal mammary artery grafts against atherosclerosis.

limited. Therefore, our aim was to assess the relative expressions of selected genes in PVAT-IMA in relation to other fat depots in patients with severe coronary artery disease (CAD).

METHODS The study group was recruited from the Department of Cardiac Surgery at the Medical University of Silesia in Katowice and scheduled for elective CABG. The study protocol conforms to the ethical principles of the Declaration of Helsinki and was approved by the Ethics Committee of the Medical University of Silesia (KNW/0022/KB1/127/I/13/14). All patients signed written informed consent. In brief, all patients had a detailed clinical evaluation with a special focus on anthropometric parameters. Adipose tissue samples were obtained during cardiac surgery. The final study group included 53 patients with severe CAD and preserved left ventricular ejection fraction. Exclusion criteria were as follows: heart failure, ventricular dysfunction, acute coronary syndrome, kidney or liver dysfunction, infectious disease or inflammation in the past 60 days, obesity by causes other than primary, obesity treatment procedures, unintentional weight loss or malnutrition, cancer in the past 5 years, any other concomitant cardiac surgery procedures. All risk factors and cardiovascular diseases were defined according to the guidelines.¹⁴

Adipose tissue samples were collected without damage during CABG. The following 4 types of fat tissue were analyzed: subcutaneous fat at sternotomy (subcutaneous fat [SF]), within the thorax (pericardial fat), PVAT-IMA and adherent to the origin of the right coronary artery (epicardial fat [EF]). Then, the harvested samples were promptly stored at -80°C . RNA was extracted using the polymerase chain reaction with TRI Reagent (MRC Inc., Cincinnati, Ohio, United States).¹⁵ Adipose tissue samples precipitation with carrier reagent was performed prior to homogenization. Finally, RNA was resolved in 100 μl of nuclease-free water and the concentration was determined by measuring the absorbance at 260 nm in a spectrophotometer (BioPhotometer, Eppendorf (Eppendorf AG, Hamburg, Germany)). Using the High Capacity cDNA Reverse Transcription Kit (Thermo Fisher Scientific, Warsaw,

Poland) in a reaction volume of 20 μl , RNA was reverse transcribed and the reaction mixture was diluted in a ratio of 1 to 4 with nuclease-free water. Real-time quantitative polymerase chain reaction (QPCR) was performed in 2 steps. The glyceraldehyde 3-phosphate dehydrogenase (*GAPDH*) gene was used as a reference gene. For QPCR template, 2 μl of the reverse transcription reaction mixture was used. Real-time QPCR was performed using the SYBR Select Master Mix (Thermo Fisher Scientific, Warsaw, Poland) in a total volume of 20 μl that contained 200 nM of each (forward and reverse) gene-specific primers. All QPCR primers were delivered from the PrimerBank database (<https://pga.mgh.harvard.edu/primerbank>).¹⁶ The probability of false-positive results from genomic DNA was ruled out because primer pairs spanned the intron/exon boundary. All reactions were performed using the Roche Light Cycler 480 Instrument II (Roche Diagnostics, Warsaw, Poland) with a standardized thermal profile protocol.

The increase in fluorescence was measured in real time and threshold cycle values (Ct) were received. The target gene Ct number was normalized to the endogenous reference human *GAPDH*. Then, gene expression relative to SF was evaluated with the formula $2^{-(\Delta\Delta\text{Ct})}$.¹⁷ The relative expressions of the following genes were assessed: angiotensinogen (*AGT*), angiotensin I converting enzyme 1 and 2 (*ACE1* and *ACE2*), receptors for glucagon-like peptide 1 and 2 (*GLP1R* and *GLP2R*), phospholipid transfer protein (*PLTP*), adiponectin (*ADIPOQ*), omentin-1 (*ITLN1*), and uncoupling protein-1 (*UCP1*).

Statistical analysis Results are shown as means (SD) for normally distributed variables. For variables with a nonnormal distribution, we used medians (interquartile ranges [IQRs]) or numbers (percentages).

The distribution was tested for the normality with the Kolmogorov–Smirnov test. Baseline parameters were compared between the subgroups using the Wilcoxon test for variables with nonnormal distribution. Associations between parameters were assessed using the Pearson or Spearman rank correlation analysis, depending on the parametric or nonparametric distribution of variables. A *P* value of less than 0.05 was considered significant. Statistical analysis was performed using the Statistica software (version 10.0, Stat Soft, Warsaw, Poland)

RESULTS Study group characteristics A total of 53 patients (40 men and 13 women) with severe CAD were included in the study group. All patients had preserved left ventricular ejection fraction with no indications for heart valve surgery and required only a single CABG procedure. Patients characteristics are presented in

TABLE 1 Clinical characteristics of the study group (n = 53)

Parameter	Value
Age, y, mean (SD)	64.7 (7.4)
Female / male sex	13 (25) / 40 (75)
Diabetes	26 (49)
Dyslipidemia	53 (100)
Total cholesterol, mg/dl, mean (SD)	152 (34)
LDL cholesterol, mg/dl, mean (SD)	86 (29)
HDL cholesterol, mg/dl, mean (SD)	43 (11)
Triglycerides, mg/dl, mean (SD)	119 (50)
Hypertension	53 (100)
Smoker or exsmoker	27 (51)
Number of vessels with CAD, mean (SD)	2.7 (0.5)
Prior MI	9 (17)
Body mass index, kg/m ² , mean (SD)	29.9 (4.5)
Overweight	28 (53)
Obesity	21 (39)
Body fat, %, mean (SD)	32.2 (7.7)
WC, women >80 cm or men >94 cm	42 (79)
WC, cm, mean (SD)	102.4 (12.6)
Metabolic syndrome	30 (56)
Cardiovascular pharmacotherapy	
Acetylsalicylic acid	53 (100)
β-Blocker	53 (100)
ACEI or ARB	53 (100)
Statin	53 (100)
CCB	21 (39)
Diuretics	11 (21)
Insulin	5 (9)
Oral diabetes medications	21 (40)

Data are presented as number (percentage) unless otherwise indicated.

Abbreviations: ACEI, angiotensin-converting enzyme inhibitor; ARB, angiotensin II receptor blocker; CAD, coronary artery disease; CCB, calcium channel blocker; HDL, high-density lipoprotein; LDL, low-density lipoprotein; MI, myocardial infarction; WC, waist circumference

TABLE 1. The expressions of all genes were quantified in PVAT-IMA and compared with other fat depots. In brief, the expression of *UCP1* and *AGT* was higher in PVAT-IMA compared with SF (FIGURE 1A). We found differences in relative expressions of genes between PVAT-IMA and pericardial fat except *ITLN1* and *ADIPOQ* (FIGURE 1B). The expression of *ITLN1* was higher and the expression of *PLTP* and *ADIPOQ* was lower in PVAT-IMA compared with EF (FIGURE 1C).

The prevalence of cardiovascular risk factors and diseases in our study group was high and similar among patients with severe CAD.

Therefore, we could compare subgroups based on obesity or diabetes mellitus. Patients with obesity had increased expression of *GLP1R* compared with nonobese individuals (median [IQR], 0.97 [0.17–2.46] vs 0.2 [0.01–0.66]; $P = 0.01$). Diabetes was associated with lower expression of *AGT* compared with normoglycemic patients (median [IQR], 1.32 [0.17–4.5] vs 4.25 [1.68–8.4]; $P = 0.01$). There were no other differences in PVAT-IMA between those subgroups (data not shown).

The expression of *UCP1* was associated with *PLTP* ($r = 0.35$; $P = 0.02$) and *GLP1R* ($r = 0.3$; $P = 0.04$). Moreover, *ACE1* was associated with *AGT* ($r = 0.7$; $P < 0.001$). Expression of *ADIPOQ* in pericardial (median [IQR], 1.37 [0.5–4.5]; $P = 0.01$) and epicardial fat (median [IQR], 0.44 [0.23–2.3]; $P = 0.05$) was higher compared with PVAT-IMA. Also, in epicardial fat, the expression of *PLTP* was higher (median [IQR], 1.61 [0.96–3.1]; $P = 0.01$).

We found no differences in the expressions of the following genes between both fat depots: *ACE1* and *ACE2*, *GLP1R* and *GLP2R*, *AGT* and *UCP1*.

Perivascular fat in the internal mammary artery and epicardial fat

Associations between genes in both fat depots surrounding the arteries (PVAT-IMA and EF) were assessed. We found higher expression of *ADIPOQ* (median [IQR], 0.44 [0.23–2.3]; $P = 0.05$) and *PLTP* (median [IQR], 1.61 [0.96–3.1]; $P = 0.01$), and lower expression of *ITLN1* (median [IQR], 1.01 [0.17–6.1]; $P < 0.001$).

DISCUSSION Omentin is known as an anti-inflammatory and anti-atherogenic adipokine that has potentially beneficial effects on cardiovascular disorders.¹⁸ It is typically found in the epicardial and omental human fat.¹⁹ Our study showed increased expression of *ITLN1* in PVAT-IMA compared with EF. Nishimura et al¹⁸ showed an independent and inverse association between atherosclerosis and plasma omentin levels. Our findings may suggest that the *ITLN1* gene expression is higher in PVAT-IMA compared with EF (obtained from the right coronary artery with severe atherosclerosis) and it may be a protective association against atherosclerosis in the IMA. Du et al²⁰ showed similar findings. Moreover, the IMA is known to be the best arterial graft in CABG with excellent life-patency rate.²¹ However, the comprehensive mechanism explaining its exceptional properties is not well explained. On the other hand, quality and quantity (thickness) of epicardial adipose tissue are related with CAD and may help in risk stratification.⁷

We found no differences in the expressions of the following genes between both fat depots: *ACE1* and *ACE2*, *GLP1R* and *GLP2R*, and *UCP1*.

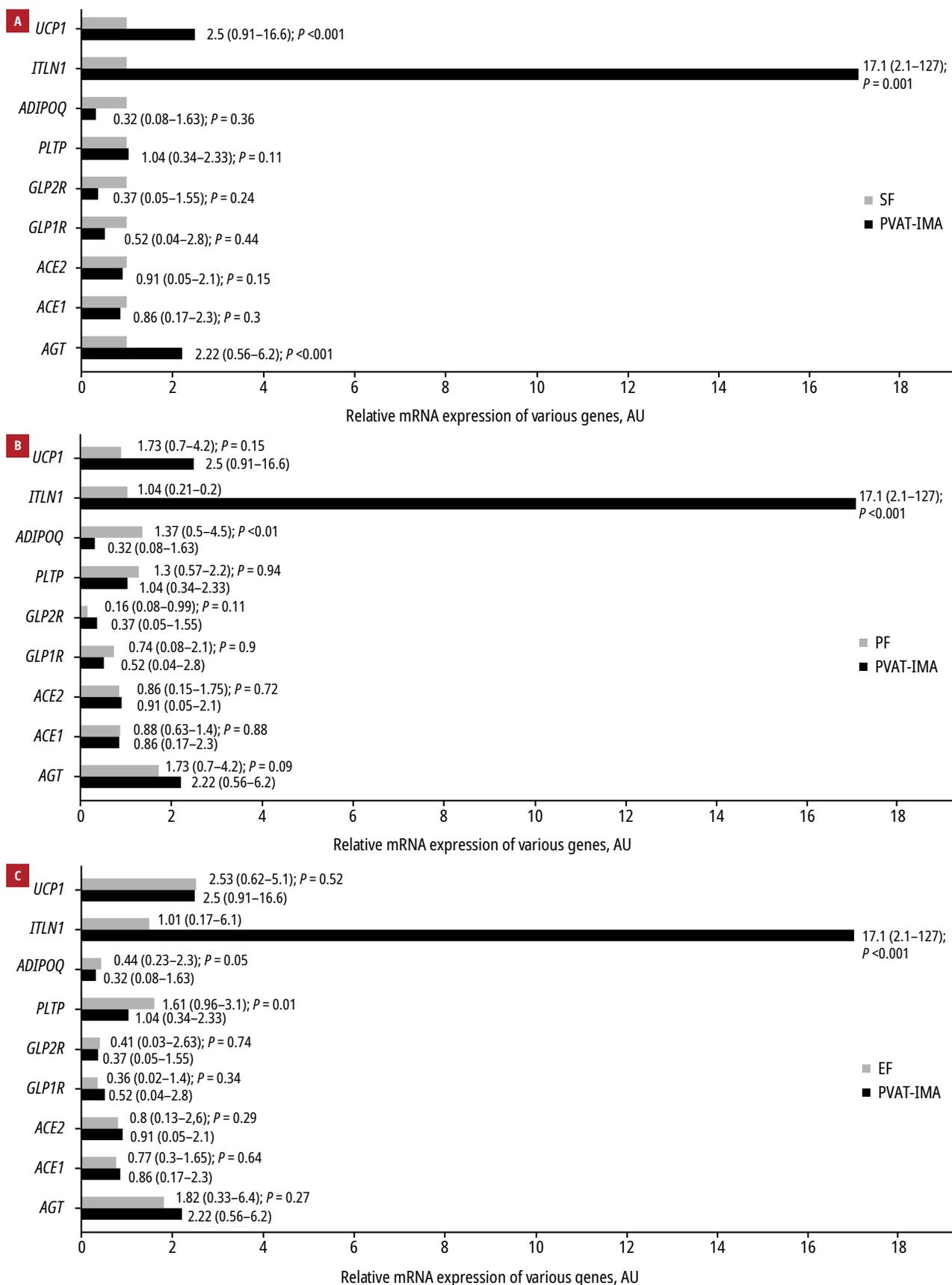


FIGURE 1 Expression of various genes in perivascular adipose tissue samples from the internal mammary artery (PVAT-IMA) ($n = 53$) compared with: **A** – subcutaneous fat (SF) depot obtained from the sternal region in the same patients; **B** – pericardial fat (PF) depot obtained from thoracic adipose tissue in the same patients; **C** – epicardial fat (EF) depot obtained from the epicardium near the proximal segment of the right coronary artery in the same patients. Statistical analysis using the Wilcoxon test with the medians (interquartile ranges). All panels present the magnitude of change in relation to the subcutaneous fat value. Abbreviations: ADIPOQ, adiponectin; AU, arbitrary unit; ACE1, angiotensin I converting enzyme 1; ACE2, angiotensin I converting enzyme 2; AGT, angiotensinogen; GLP1R, glucagon-like peptide 1 receptor; GLP2R, glucagon-like peptide 2 receptor; ITLN1, omentin-1; PLTP, phospholipid transfer protein; UCP1, uncoupling protein 1; others, see TABLE 1

Given the patient characteristics, we found that diabetes was associated with increased *UCP1* and *AGT* in PVAT-IMA. *UCP1* is involved in non-shivering thermogenesis and in the pathogenesis of obesity.²² The *UCP1* gene is located at chromosome 4 and is considered to be involved in the pathogenesis of cardiometabolic diseases.²³ It has been suggested that brown adipose tissue (BAT) activity, mediated by the *UCP1* expression, may contribute to 5% of the basal metabolic rate,²⁴ indicative of a regulatory role of BAT in energy balance and body weight. In human adults, the level of *UCP1* in BAT decreases with age and it is inversely associated with adiposity.^{25,26} Indeed, individuals with low levels of BAT activity are more susceptible to the above-mentioned diseases.^{27,28} *UCP1* is regulated both at the gene and the mitochondrial level to ensure a high thermogenic capacity to tissue.²⁹ Recent studies showed that activation of *UCP1* has become a therapeutic strategy against obesity and diabetes.³⁰ It might participate in the pathogenesis of obesity-related metabolic diseases.³¹ In obese patients, *UCP1* polymorphism was associated with weight, body fat mass, and risk of type 2 diabetes mellitus.³² Our study revealed higher expression of the *UCP1* gene in PVAT-IMA compared with SF. Additionally, the *UCP1* expression in PVAT-IMA was associated with *PLTP* and *GLP1R*.

AGT is expressed in adipose tissue and it might be involved in the development of upper-body obesity.³³ Recent studies showed that numerous traditional cardiovascular risk factors are associated with the synthesis of *AGT*.³ We found a higher expression of the *AGT* gene in PVAT-IMA as compared with SF. The increased adipose tissue secretion of *AGT* is a potential link between insulin resistance and high blood pressure, especially in obese patients.³⁴ We also found that patients with diabetes had a lower expression of *AGT* compared with normoglycemic patients. Similar results were observed in patients after cardiac surgery.³⁵ Overproduction of *AGT* in adipose tissue induces adipose inflammation, glucose intolerance, and insulin resistance.³⁶

Although the physiological role of *ADIPOQ* has not yet been fully clarified, previous studies showed that an increased *ADIPOQ* expression in PVAT might contribute to the maintenance of endothelial function in obese patients.¹³ In our study group with the mean (SD) BMI of 29.9 (4.5) kg/m², the expression of *ADIPOQ* in PVAT-IMA was significantly lower compared with epicardial and pericardial fat depots. There are reports suggesting that low plasma adiponectin concentrations were associated with atherosclerosis³⁷⁻³⁹ and elevated serum adiponectin concentrations were independently associated with a decreased risk for diabetic macroangiopathy.⁴⁰ On the other hand, it was

reported that adiponectin shows an inverse association with CAD.^{41,42} Adiponectin levels were found to be decreased in obesity despite anti-atherogenic and anti-inflammatory effects.⁴³ A recently published meta-analysis suggested that an elevated adiponectin level is an independent predictor of cardiovascular mortality in patients with CAD.⁴⁴ It is a better predictor of coronary endothelial function than other factors such as body mass index, immunoreactive insulin, and TG.⁴⁵ Our study showed that patients with severe CAD had a lower expression of *ADIPOQ* in PF and EF as well as lower *PLTP* in EF.

The adenylyl-cyclase pathway is stimulated by *GLP1R* and in this way insulin is synthesized and released to the blood.^{46,47} Agonists of *GLP1R* became a target in treating diabetes mellitus.⁴⁸⁻⁵⁰ Our patients with obesity had an increased expression of *GLP1R* in PVAT-IMA compared with nonobese individuals.

This study showed that the expression of *ITLN1* in PVAT-IMA was higher compared with other fat depots including surrounding atherosclerotic arteries. The mechanism of IMA relaxation is still unknown and requires more research. The level of *ITLN1* expression may play a role in that mechanism. Higher levels of mentioned adipokine expression should be the subject of further studies assessing the cause-and-effect relationship.

Our study has some limitations. It was a cross-sectional study. There was no control group as it is not possible to have a true healthy control with other indications for cardiac surgery procedure.

In conclusion, we found no differences in the expressions of the following genes between both fat depots: *AGT*, *GLP1R* and *GLP2R*, and *UCP1*, but diabetes was associated with increased *UCP1* and *AGT* expressions in PVAT-IMA.

ARTICLE INFORMATION

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CONTRIBUTION STATEMENT AK and MH are the guarantors of this work and, as such, had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

CONFLICT OF INTEREST None declared.

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