



# POLISH HEART JOURNAL

Kardiologia Polska

The Official Peer-reviewed Journal  
of the Polish Cardiac Society  
since 1957

**Online first**

This is a provisional PDF only. Copyedited and fully  
formatted version will be made available soon

ISSN 0022-9032

e-ISSN 1897-4279

## **From potential to practice: Overcoming the immaturity of iPSC-derived cardiomyocytes for regenerative medicine**

**Authors:** Ewelina Krogulec, Aneta M Dobosz, Nataniel Stefanowski, Maria E Kendziorek,  
Justyna Janikiewicz, Agnieszka Dobrzyń

**Article type:** Review

**Received:** December 20, 2024

**Accepted:** January 16, 2025

**Early publication date:** February 27, 2025

This article is available in open access under Creative Common Attribution-Non-Commercial-No Derivatives 4.0 International (CC BY-NC-ND 4.0) license, allowing to download articles and share them with others as long as they credit the authors and the publisher, but without permission to change them in any way or use them commercially.

## **From potential to practice: Overcoming the immaturity of iPSC-derived cardiomyocytes for regenerative medicine**

**Short title:** Advanced maturation of iPSC-derived cardiomyocytes is a prerequisite for heart bioengineering

Ewelina Krogulec\*, Aneta M Dobosz\*, Nataniel Stefanowski, Maria E Kendziorek, Justyna Janikiewicz#, Agnieszka Dobrzyń#

Laboratory of Cell Signaling and Metabolic Disorders, Nencki Institute of Experimental Biology, Polish Academy of Sciences, Warszawa, Poland

\*Both authors equally contributed to the study.

#These authors share senior authorship.

### **Correspondence to:**

Justyna Janikiewicz, MD, PhD,  
Laboratory of Cell Signaling and Metabolic Disorders,  
Nencki Institute of Experimental Biology,  
Polish Academy of Sciences,  
Pasteura 3, 02–093 Warszawa, Poland,  
e-mail: j.janikiewicz@nencki.edu.pl

Prof. Agnieszka Dobrzyń, MD, PhD,  
Laboratory of Cell Signaling and Metabolic Disorders,  
Nencki Institute of Experimental Biology,  
Polish Academy of Sciences,  
Pasteura 3, 02–093 Warszawa, Poland,  
e-mail: a.dobrzyn@nencki.edu.pl

### **ABSTRACT**

Induced pluripotent stem cell-derived cardiomyocytes (iPSC-CMs) hold great promise for revolutionizing regenerative medicine. Preclinical studies indicate their potential to repair damaged myocardial tissue in animal models of heart disease. Despite ongoing advances in the field, the incomplete maturation of iPSC-CMs remains a critical barrier that significantly

hinders their translation into clinical applications. The maturation of cardiomyocytes is crucial for the successful integration of iPSC-CMs into damaged heart tissue. Compared to adult cells, immature CMs have impaired structural characteristics, contractile function and electrophysiological properties. Recent studies have focused on identifying key factors, such as altered cell metabolic pathways or mechanical and electrical stimulation, that may promote iPSC-CM maturation. Progress in this area have profound implications for the development of personalized disease models and cell therapies that promote the regeneration and repair of damaged heart tissue. This review describes the current achievements in the application of regenerative medicine using iPSC-CM and tissue engineering, highlighting the molecular mechanisms, culture strategies, and biophysical approaches that have contributed to improved maturation of these cells. Numerous studies are currently being carried out using both *in vitro* and *in vivo* models to better understand the complex mechanism of regeneration of the damaged heart. The combination of stem cell therapy and 3D cardiac cell cultures aims to repair and regenerate damaged cardiac tissue more effectively.

**Key words:** cardiac tissue engineering, cardiomyocytes maturation, heart disease, iPSC-derived cardiomyocytes, regenerative medicine

## INTRODUCTION

Ischemic heart disease (IHD) is the most common cardiovascular disease which is caused by reduced blood flow to the cardiac muscle, leading to chronic oxygen deficiency, permanent damage and apoptosis of cardiomyocytes (CMs) [1]. Due to the limited proliferative capacity of CMs, damaged cells are replaced by fibroblasts, prompting ongoing research into effective methods for regenerating cardiac muscle and reversing pathological fibrosis [2, 3]. In recent years, numerous studies have investigated heart tissue regeneration using stem cells [4]. Notably, induced pluripotent stem cells (iPSCs) offer a number of advantages that make them particularly promising tool for both basic and applied cardiac research [5]. Since iPSCs are reprogrammed from readily available patient-derived somatic cells, such as peripheral blood [6] or urine cells [7], they eliminate the need for invasive biopsies, address ethical concerns, and minimize the risk of immune rejection.

Despite the intensive development of protocols for differentiating iPSCs into cardiac cells [8–11], the incomplete maturation of iPSC-derived cardiomyocytes (iPSC-CMs) remains a persistent challenge. iPSC-CMs often resemble fetal rather than adult CMs in terms of

structural, metabolic, and electrophysiological characteristics. iPSC-CMs are smaller, less elongated, and predominantly mononuclear compared to adult CMs [12]. They display disorganized and incomplete sarcomeres, lack a mature T-tubule system, and contain irregularly arranged myofibrils with immature Z- and I-bands [13, 14]. The iPSC-CMs rely more on glycolysis than fatty acid oxidation — the primary energy pathway in mature CMs [15]. Additionally, their mitochondria are diminutive, perinuclear and lack well-developed cristae [16]. Unlike adult CMs, iPSC-CMs have lower contractile force, less synchronized dynamics and higher spontaneous beating rates [17]. They generate cardiac currents but are deficient in the IK1 current, which is necessary for the stabilization of the resting potential [18]. Furthermore, iPSC-CMs display mixed atrial, nodal and ventricular-like action potentials [19]. Immature iPSC-CMs also show higher MYH6 and lower myosin heavy chain 7 (MYH7) gene expression compared to adult CMs, and express both atrial (MYL7) and ventricular (MYL2) isoforms, emphasizing their heterogeneity [20].

The maturation of CMs is a complex process governed by key signaling pathways, including Wnt [10], Notch [21], and Hippo [22], and tightly regulated by transcription factors such as GATA4, MEF2, NKX2.5, and Tbx5 [23]. In recent years, extensive efforts have been dedicated to refining the multifaceted genetic and epigenetic mechanisms involved in CMs development, alongside optimizing environmental and mechanical factors such as extracellular matrix (ECM), mechanical stretching, and culture conditions, to enhance similarity of iPSC-CMs to native heart cells [24]. This review discusses current advances in maturation strategies aimed at improving iPSC-CMs for therapeutic purposes (Figure 1).

## **POWER OF PERSUASION — BIOCHEMICAL COMPOUNDS AND SMALL MOLECULES TRIGGER IPSC-CM MATURITY**

Recent studies report an important role for a variety of biochemical factors and small molecules in facilitating the differentiation and maturation of CMs from iPSCs [25]. CHIR99021, a potent inhibitor of GSK3 $\beta$  kinase, is one of the key molecules involved in the differentiation of iPSCs into cardiomyocytes. This inhibitor works mainly by activating the Wnt/ $\beta$ -catenin signaling pathway, which is required to direct iPSCs towards the mesodermal lineage - the first step in differentiation into CMs [11]. Further analysis of CHIR99021 showed that incubation of iPSCs with this compound at early stages of differentiation induces mesodermal markers, which provide the basis for subsequent stages of differentiation towards the cardiac lineage [10, 25]. The effect of CHIR99021 is enhanced when combined with other agents that act on parallel pathways. The combination of CHIR99021 with rapamycin, an mTOR kinase inhibitor, has

been shown to increase differentiation efficiency by reducing p53-dependent apoptosis. By promoting cell survival, this combination significantly improved the efficiency of cardiomyocyte harvest and their functional quality [25, 26]. Another key step in achieving efficient differentiation of iPSC-CMs is the inhibition and activation of the Wnt pathway. After the initial activation of Wnt signaling by CHIR99021, inhibition by IWP-4 factor, promotes the expression of cardiac markers — cTnT and GATA-4 — which are essential for cardiac function [27].

CMs use fatty acids (FA) as a major source of metabolic energy, so enriching iPSC-CMs culture medium with FA at later stages of differentiation helps to mimic the energy profile of mature cardiomyocytes, supporting both their metabolism and the structural maturation. The culturing of CMs in glucose-deprived medium but supplemented with palmitate, oleate, linoleate, and 3,3',5-triiodothyronine (T3) increases the electrophysiological efficiency of cardiomyocytes and improves their overall metabolic profile [28–30]. In addition, treatment of iPSCs with fatty acids during differentiation into CMs resulted in increased mitochondrial oxidative capacity, characteristic of mature heart cells [29].

Growth factors and hormones also play a key role in promoting the differentiation of iPSCs into cardiomyocytes. Vascular endothelial growth factor enhances cardiomyocyte differentiation via Flk-1 receptor activation [31]. Furthermore, insulin-like growth factor-1 (IGF-1) and hepatocyte growth factor (HGF) synergistically upregulate cardiac markers such as GATA4, facilitating cardiomyocyte transdifferentiation [32]. Forskolin, by increasing cAMP levels through adenylate cyclase activation, enhances electrophysiological maturation during iPSC differentiation [33]. Additionally, glucocorticoids such as dexamethasone stabilize the differentiation environment and promote cardiac gene expression [34].

## **HEART-TO-HEART TALK IN TISSUE ENGINEERING: TRANSFORMING FROM 2D TO 3D PLATFORMS**

Traditional two-dimensional (2D) *in vitro* cell culture models are unable to fully reproduce the physiological or pathological characteristics of adult CMs, mainly due to the lack of ECM connectivity to divergent cardiac cell types [35, 36]. In fact, 2D static co-cultures of iPSC-CMs and cardiac fibroblasts (CF) or endothelial cells (EC) co-subjected to bioelectromechanical cues have been reported to effectively overcome fetal-like CM properties as observed by organized ultrastructure, the presence of transverse tubules, oxidative metabolism, and functional calcium handling [23, 35–38]. In addition, studies of the EC-CM interaction model have shown that EC produce cardioprotective hypoxia-inducible factor 1 $\alpha$ - (HIF1 $\alpha$ ) and NO-dependent mechanism

against myocardial ischaemia and reperfusion injury [39]. More importantly, co-culture of human iPSC-CMs with bone marrow-derived mesenchymal stem cells improved the maturation and functionality of hiPSC-CMs *in vitro* and enhanced the survival and therapeutic potential of iPSC-CM for failing myocardial tissues *in vivo* [40].

Notwithstanding numerous efforts to improve the intrinsic limitations of routine 2D iPSC-CM cultures combined with microelectrode arrays, they still operate in a physiological and structural context far removed from the complexity of the native cardiac tissue in spatial architecture, contractility and metabolism [36]. As a result, three-dimensional (3D) cardiac culture models — the most willingly vascularised — were better suited to more accurately mimic cell-to-cell interactions and arrangements [41, 42]. Two primary platforms were used in this area of tissue engineering - scaffold-based and scaffold-free 3D models, which allowed the analysis of iPSC-CM in both artificial and neutral ECM microenvironments, respectively [43]. Multicellular microtissues and multilineage cardiac organoids serve as simplified organ structures tailored to monitor cardiogenesis and model disease [44]. Treatment of cardiac organoids consisting of fibroblasts, human iPSC-derived cardiomyocytes and endothelial cells (iPSC-EC) with the synthetic adenosine analogue 2-Cl-C.OXT, which has neovascularising effects, enhanced platform's contraction combined with CM maturation [45]. Nanowired human cardiac organoids composed of iPSC-CMs, CFs and established vascular stem cell lines significantly improved inner organoid maturation and therapeutic efficacy in treating infarcted hearts [43].

On the other hand, the use of hydrogels, decellularised ECM and bioprinting enables generation of 3D scaffolds with different geometries [41]. The Heart-on-a-Chip microfluidic device provides electrical, mechanical (e.g. shear stress, stretch forces) and biochemical (vascular endothelial/fibroblast growth factors) stimuli to mature CMs and integrates sensors for continuously controlled monitoring of tissue contractile functions and oxygen concentration [41, 46]. Using fluidic micro-modalities enables more complex, three-dimensional cardiac tissue to be created [42]. The AngioChip system from a synthetic polymeric elastomer allowed for an incorporation of self-organised human iPSC-CMs with HUVEC cells and supported a perfusable vascular system through a central microchannel [47]. Patient-derived atrial and ventricular iPSC-CMs or human iPSC line BJ1D were co-embedded with CFs in hydrogel within the Biowire II Platform and subjected to the slow electrical conditioning. Electric stimulus effectively supported CM differentiation and promoted sarcomeric organisation, the expression of chamber-specific proteins, calcium handling, and the reliance of differentiated CMs on glycolysis [47–49]. Such approach allowed for up to 8 months enabled modelling of

polygenic left ventricular hypertrophy starting from iPSC patient cells [49]. Additionally, a filtration Layer-by-Layer technique of 3D-bioprinting was applied to develop a vascularised human iPSC-CM tissue combined with fabricated ECM-fibronectin-gelatin nanofilms [50]. Moreover, introduction of normal human cardiac fibroblasts or cardiac microvascular endothelial cells into the iPSC-CM tissues supported contraction and provided blood capillary-like networks in 3D generated-iPSC-CM construct [50, 51]. A bi-layer patch composed of human iPSC-CMs and endothelial cells/pericytes of patient origin was combined with a personalised hydrogel bioink and implanted on the epicardial surface of a nude rat infarct model [52]. The two-layer configuration improved the survival and maturation of the human iPSC-CM and led to a rapid inosculation of microvessels on the injured myocardium [52].

### **WAITING FOR THE CUES: PHYSICAL STIMULATION**

In recent years, many studies have used nanofibrous mats as scaffolds for iPSC-CM differentiation, mimicking the architecture of the ECM and providing them with an optimal growth environment [52–54]. The above-mentioned mats are mainly made of biodegradable polymers such as poly(lactic-co-glycolic acid), poly( $\epsilon$ -caprolactone), polyurethane and natural polymers, such as collagen, fibrin, and gelatin [55]. Present data demonstrated that iPSC-CMs cultured on nanofiber scaffolds exhibited improved maturation, manifested by increased expression of contractile proteins (cardiac actin and troponin T) and mature cardiac proteins, such as  $\beta$ -MHC and MLC2v [55–57]. Moreover, orientation of cardiomyocytes along the nanofibers is associated with augmented contractility and more synchronized beating [57, 58].

In native heart tissue, maturing cardiomyocytes are exposed to mechanical forces — including stretch and shear — that continuously stimulate the cells during cardiac contraction, promoting their maturation and mimicking *in vivo* conditions. Therefore, the use of elastic substrates and casts for iPSC-CMs culture supported cell alignment, increased expression of maturity genes (connexin-43), and improved sarcomere organization [59, 60]. In addition, mechanical stress ameliorates the contractile force and electrophysiological properties of CMs, including action potential duration and calcium handling [61–63].

Another valuable method for promoting the maturation of iPSC-CMs is electrical stimulation. Such biophysical cues imitate natural electrical signals, significantly increasing the expression levels of TNNT2, ACTC1, TNNT2, MYH7, and MYL7 and improving calcium handling capacity [64]. In addition, iPSC-CMs subjected to electrical stimulation showed a positive force-frequency relationship in contractility and an increase in peak calcium flux, indicating advanced tissue maturation [65]. Notably, electrical stimulation of CMs resulted in

sarcomeric elongation, significant up-regulation of gap junction protein alpha 1 (GJA1) and potassium inwardly rectifying channel subfamily J member 2 (KCNJ2) [66]. Additionally, exposure of hiPSC-CMs to synchronized electrical and mechanical stimulation resulted in increased N-cadherin localization towards the plasma membrane, shortened sarcomeres, and reduced transmembrane calcium current, suggesting a more mature phenotype [67].

## **THE NEW RULES OF THE OLD GAME — GENETIC AND EPIGENETIC APPROACHES TO IMPROVE iPSC-CM MATURATION**

Gene editing strategies have emerged as powerful tools to promote maturation of iPSC-CMs by targeting specific genes and pathways known to influence cardiomyocyte development, structural organization, and functionality. Latest research have demonstrated that cyclin D2 (CCND2) overexpression showed promising results in activating cell cycle progression in hiPSC-CMs [68, 69]. Transplantation of CCND2-overexpressing hiPSC-CMs into mouse or pig hearts with myocardial infarction significantly augmented myocardial repair [68, 69]. Furthermore, overexpression of N-cadherin (CDH2) in hiPSC-CMs increased their survival, engraftment and integration into infarcted mouse hearts, leading to better cardiac function and reduced infarct size [70]. Combinatorial overexpression of the transcription factors KLF15, ESRRA, and HOPX improved multiple aspects of hiPSC-CM maturation, including calcium handling, ATP generation, and morphological characteristics [71]. Similarly, enhanced electrophysiological maturation, Ca<sup>2+</sup> signaling and structural development were observed in hiPSC-CMs overexpressing KCNJ2 or Kir2.1 [72, 73].

In the intervening years, epigenetic mechanisms such as DNA methylation, histone modifications, and non-coding RNAs, have gained considerable interest as they provide a promising approach to generate more mature iPSC-CMs by adjusting gene expression without altering the underlying DNA sequence [74]. Another current issue in the field is also residual epigenetic memory, which causes variation in the potential of iPSCs for lineage-specific differentiation and makes the origin of the cell source crucial for the final transplant outcome [75, 76]. A whole-genome screening identified 96 miRNAs capable of increasing the proliferation of hiPSC-derived cardiomyocytes, whereby most of them targeted components of the Hippo signaling pathway [77]. Further studies showed that overexpression of miR-199a or miR-302d activated cell cycle re-entry in hiPSC-CMs [77–79]. Upregulation of miR-1, let 7i, and miR-452 or knockout of miR-122 and miR-200a increased cell size, elevated fatty acid usage, and enhanced contractile force in hESC-CMs or hiPSC-CMs [80–82].



Although in-depth heart profiling has indicated the essential involvement of DNA methylation and histone modifications in regulating gene expression at different stages of myocardial development and regeneration [83, 84], the understanding of how these epigenetic marks contribute to the maturation and proliferation of hiPSC-CMs remains limited. The usage of polyinosinic-polycytidylic acid, a mimic of viral RNA, primed cardiac progenitor cells for more efficient and robust maturation into cardiomyocytes by altering the acetylation of lysine 9 on histone H3 [85]. A recent study showed that inhibition of lysine demethylase 5 (KDM5), which specifically demethylates lysine 4 of histone H3 (H3K4me3), enhanced the maturation of iPSC-CMs by promoting fatty acid oxidation, oxidative phosphorylation, and myofibrillar organization [86]. Additionally, hiPSC-CMs overexpressing CXXC zinc finger protein 1, binding to the Set1/COMPASS complex responsible for deposition of the histone modification H3K4me3, displayed more mature phenotype [87]. Of particular interest is also ALKBH5, which indirectly promotes the expression of genes involved in cell cycle progression and proliferation in iPSC-CMs by demethylating the mRNA of YTHDF1 [88].

#### **ALL IN GOOD TIME: LONG TERM CULTURING OF iPSC-CMS**

The incubation time of iPSC-CMs *in vitro* cultures positively influences cell morphology, structural organization and functional properties. Long-term cardiac cell maintenance results in cell hypertrophy and anisotropy, and a significant increase in multinucleated cardiomyocytes [88–90]. However, there is some controversy about the tendency of the beating rate during *in vitro* cell maturation. Although spontaneous beating becomes apparent as early as 7–8 days post differentiation, in some studies the beating rate increased gradually [91, 92], while in others it decreased with longer incubation times [93]. Moreover, transcript levels of cardiac contractile genes were reported to increase with the length of culture [94].

Long time of CMs culture maintenance led to increased myofibril density and more organized sarcomeric arrangement [89, 90, 93–95]. Initially, iPSC-CMs contain a small number of narrow, diffusely distributed, poorly aligned myofibrils and immature high-density Z-bands, which develop into sarcomeres with a clear band pattern including the Z-, I-, and A-bands at between 30 and 90 days. Around 140 day M-bands started to form and became clearly detectable at 231–360 days [89, 90, 93–95]. On the other hand, the ventricular-like type of maturation was confirmed by an increase in MYH7 transcript levels [92–94] and a decrease in the percentage of cTnT-positive cells over time [89].

The mitochondrial network also changed over the course of the *in vitro* culture. As the cells grew, the mitochondria became larger in size, more elongated, and more evenly and

densely distributed throughout the entire volume of the cell. They formed a system of interconnected channels with generated membrane potential, arranged along the contractile myofilaments [92]. Mitochondrial integrity, functional viability, and membrane potential also increased with culture time [91]. Moreover, metabolic function per mitochondrion increased at the late time point, and there was a partial shift in iPSC-CMs from a predominantly glycolytic metabolism to an intensified use of OXPHOS and  $\beta$ -oxidation.

Prolonged iPSC-CMs maintenance also revealed dynamic developmental behavior in calcium handling properties [91, 92, 96]. As the cells aged, they displayed significantly greater L-type  $\text{Ca}^{2+}$  current density ( $I_{\text{Ca,L}}$ ) and increased  $I_{\text{Ca,L}}$ -evoked  $\text{Ca}^{2+}$  transient amplitude, together with a functional increase in key  $\text{Ca}^{2+}$  removal mechanisms, NCX and SERCA, which contributed to increased sarcoplasmic reticulum  $\text{Ca}^{2+}$  release and faster diastolic  $\text{Ca}^{2+}$  removal from the cytosol in late versus early cultures [96].

In terms of electrophysiological maturation during long-term culture of CMs, the maximum rate of depolarization ( $dV/dt \text{ max}$ ) increased dramatically between CMs early and late in the culture, although the values were lower than those reported for adult human CMs [95].

Reduced basal inward-rectifier  $\text{K}^+$  current ( $I_{\text{K1}}$ ) is typical for iPSC-CMs, but during prolonged culture,  $I_{\text{K1}}$  density increased, which was shown by an *in silico* model to be a key determinant of action potential shortening in older cells. Moreover, electrophysiological maturation of hiPSC-CMs is associated with increased peak  $\text{Na}^+$  current ( $I_{\text{Na}}$ ), which contributes to increased action potential upstroke velocity, although it is still low compared to adult ventricular cardiomyocytes [96].

## **CURRENT ACHIEVEMENTS AND CLINICAL PERSPECTIVES OF iPSC-CMS: NOT JUST A MATTER OF SCALE AND HOSPITALITY**

Although the use of iPSC-CMs has overcome the limitations of tissue availability for *in vitro* studies, their application in the therapy of heart diseases is associated with several challenges, including cell quality, low cell survival after transplantation, arrhythmogenicity or immune rejection [97]. Due to the aforementioned obstacles that still need to be resolved, the near future application of iPSC-derived cardiomyocytes will remain linked to the unparalleled possibilities of patient-specific cardiac disease modelling, their use in cytotoxicity studies and drug discovery.

The iPSC-CMs have been used, among others, to model cardiac channelopathies, caused by mutations in genes encoding cardiac ion channels, mainly for sodium ( $\text{Na}^+$ ),

potassium ( $K^+$ ) and calcium ( $Ca^{2+}$ ) channels, respectively [98]. Models of LQTS1 and LQTS2 disease have been successfully developed by several research groups [99–106]. In addition, iPSC-CM cells were employed in studies investigating the pathophysiological phenotypes and mechanisms of catecholaminergic polymorphic ventricular tachycardia [107–109] and Brugada syndrome [110–112].

In addition, iPSC-CMs have also found application in another group of heart diseases, cardiomyopathies, which are associated with dysfunction of the heart's muscular and electrical functions, leading to heart failure or sudden cardiac death, and are linked to inherited mutations in genes [113]. Ultimately, iPSC-based modelling has changed the understanding of the variable clinical presentation and the combined impact of different pathogenic gene variants in this group of diseases, especially in hypertrophic cardiomyopathy [114, 115], dilated cardiomyopathy [116, 117] and arrhythmogenic right ventricular cardiomyopathy [118].

On the other hand, iPSC-CMs, as a promising cellular therapeutic platform, offer a potential route to induce cardiac regeneration by cell replacement approach only upon successful engineering of their adolescence. Recently, an efficient and reproducible generation of human iPSC-derived cardiomyocytes (bCMs) and cardiac organoids (bCO) has been proposed using stirred suspension cardiac differentiation and bioreactor formats, which only potentiate experimental reproducibility, disease modelling and clinical translation [119]. The resulting bCMs were highly viable after cryo-recovery, had improved contraction kinetics, greater metabolic and structural maturity and predominantly ventricular identity compared to standard monolayer-differentiated cardiomyocytes [119]. More importantly, the suspension-delivered bCOs were primarily composed of CMs and modelled the ventricular wall and the formation of the central chamber [119].

Pararely, either autologous or potentially immune-shielded allogeneic transplants of iPSC-CMs remains a long-term priority for cardiac cell therapy to reach clinical application [120]. Autologous graft of rhesus macaques iPSC-derived sodium/iodide symporter-labelled cardiomyocytes (RhiPSC-NIS-CMs) demonstrated proper growth, maturation kinetics and electromechanical integration with host cells in chronically infarcted myocardium. This long-term engraftment was monitored by non-invasive serial positron emission tomography/computed tomography imaging and it remained stable for over 1 year, whereas allogeneic RhiPSC-CMs without immunosuppression underwent rejection within 8 weeks of transplantation [120]. If viable and integrable human iPSC-CMs were to engraft and mature in a similar way, it would be a remarkable milestone in the unlimited supply and far-reaching transition to large-scale format and further bedside use for cardiomyopathies.

## CONCLUSIONS

The technology of patient-specific cardiomyocytes derived from iPSCs enables the mimicry of genetic heart disease, aspects of its metabolic deterioration, and evaluation of possible cardiotoxic response to drugs in high-throughput screenings [41, 44, 121]. Although iPSC-CMs hold great promise for recapitulating relevant organ features, their immaturity remains a major obstacle. Recent advances in techniques to mature cardiomyocytes derived from iPSC-CMs are bringing the applications of these cells in regenerative medicine and tissue engineering closer. Structural, functional and electrophysiological differences between immature iPSC-CMs and mature cardiomyocytes require the development of new strategies for their maturation. In the last few years, a broad repertoire of studies has identified key effectors of iPSC-CMs maturation, including biochemical factors, changes in metabolic pathways, mechanical and electrical stimulation, the role of the extracellular matrix, and three-dimensional culture systems. It is expected that the use of an integrated approach, combining multiple iPSC-CM maturation factors, will lead to a fully functional heart cells that can integrate into native tissue. Only a comprehensive and multidisciplinary path will be able to shape the field of cardiovascular research, deliver personalized disease models and regenerative therapies. However, further studies are required to improve the critical area of maturation techniques and to ensure the long-term functionality and safety of therapeutic iPSC-CM-based platforms. In order to advance these therapies clinically, we are still eagerly seeking more robust cell retention, stimulation of vascularisation, inclusion of novel scaffolding and electroconductive materials, or other bioengineering approaches [120, 122]. Furthermore, the ongoing refinement of methods to increase the maturity of these cells, together with their potential for drug screening and more appropriate disease modelling, suggests a future where iPSC-based therapies could become a routine part of clinical practice and truly revolutionize the treatment of heart diseases.

### Article information

**Conflict of interest:** None declared.

**Funding:** None.

**Open access:** This article is available in open access under Creative Common Attribution-Non-Commercial-No Derivatives 4.0 International (CC BY-NC-ND 4.0) license, which allows downloading and sharing articles with others as long as they credit the authors and the publisher,

but without permission to change them in any way or use them commercially. For commercial use, please contact the journal office at [polishheartjournal@ptkardio.pl](mailto:polishheartjournal@ptkardio.pl)

## REFERENCES

1. GBD 2013 Mortality and Causes of Death Collaborators. Global, regional, and national age–sex specific all-cause and cause-specific mortality for 240 causes of death, 1990–2013: A systematic analysis for the Global Burden of Disease Study 2013. *Lancet*. 2015; 385(9963): 117–171, doi: 10.1016/s0140-6736(14)61682-2, indexed in Pubmed: 25530442.
2. Laflamme MA, Murry CE. Regenerating the heart. *Nat Biotechnol*. 2005; 23(7): 845–856, doi: 10.1038/nbt1117, indexed in Pubmed: 16003373.
3. Tomasek JJ, Gabbiani G, Hinz B, et al. Myofibroblasts and mechano-regulation of connective tissue remodelling. *Nat Rev Mol Cell Biol*. 2002; 3(5): 349–363, doi: 10.1038/nrm809, indexed in Pubmed: 11988769.
4. Gill JK, Rehsia SK, Verma E, et al. Stem cell therapy for cardiac regeneration: past, present, and future. *Can J Physiol Pharmacol*. 2024; 102(3): 161–179, doi: 10.1139/cjpp-2023-0202, indexed in Pubmed: 38226807.
5. Huang Y, Wang T, López ME, et al. Recent advancements of human iPSC derived cardiomyocytes in drug screening and tissue regeneration. *Microphysiol Syst*. 2020; 4: 2, doi: 10.21037/mps-20-3, indexed in Pubmed: 39430371.
6. Fuerstenau-Sharp M, Zimmermann ME, Stark K, et al. Generation of highly purified human cardiomyocytes from peripheral blood mononuclear cell-derived induced pluripotent stem cells. *PLoS One*. 2015; 10(5): e0126596, doi: 10.1371/journal.pone.0126596, indexed in Pubmed: 25970162.
7. Yin X, Li Q, Shu Y, et al. Exploiting urine-derived induced pluripotent stem cells for advancing precision medicine in cell therapy, disease modeling, and drug testing. *J Biomed Sci*. 2024; 31(1): 47, doi: 10.1186/s12929-024-01035-4, indexed in Pubmed: 38724973.
8. Hsueh YC, Pratt RE, Dzau VJ, et al. Novel method of differentiating human induced pluripotent stem cells to mature cardiomyocytes via Sfrp2. *Sci Rep*. 2023; 13(1): 3920, doi: 10.1038/s41598-023-31144-3, indexed in Pubmed: 36894665.
9. Breckwoldt K, Letuffe-Brenière D, Mannhardt I, et al. Differentiation of cardiomyocytes and generation of human engineered heart tissue. *Nat Protoc*. 2017; 12(6): 1177–1197, doi: 10.1038/nprot.2017.033, indexed in Pubmed: 28492526.

10. Lian X, Zhang J, Azarin SM, et al. Directed cardiomyocyte differentiation from human pluripotent stem cells by modulating Wnt/ $\beta$ -catenin signaling under fully defined conditions. *Nat Protoc.* 2013; 8(1): 162–175, doi: 10.1038/nprot.2012.150, indexed in Pubmed: 23257984.
11. Lian X, Hsiao C, Wilson G, et al. Robust cardiomyocyte differentiation from human pluripotent stem cells via temporal modulation of canonical Wnt signaling. *Proc Natl Acad Sci U S A.* 2012; 109(27): E1848–E1857, doi: 10.1073/pnas.1200250109, indexed in Pubmed: 22645348.
12. Wu P, Deng G, Sai X, et al. Maturation strategies and limitations of induced pluripotent stem cell-derived cardiomyocytes. *Biosci Rep.* 2021; 41(6): BSR20200833, doi: 10.1042/BSR20200833, indexed in Pubmed: 33057659.
13. Denning C, Borgdorff V, Crutchley J, et al. Cardiomyocytes from human pluripotent stem cells: From laboratory curiosity to industrial biomedical platform. *Biochim Biophys Acta.* 2016; 1863(7 Pt B): 1728–1748, doi: 10.1016/j.bbamcr.2015.10.014, indexed in Pubmed: 26524115.
14. Yang X, Pabon L, Murry CE. Engineering adolescence: Maturation of human pluripotent stem cell-derived cardiomyocytes. *Circ Res.* 2014; 114(3): 511–523, doi: 10.1161/CIRCRESAHA.114.300558, indexed in Pubmed: 24481842.
15. Lopaschuk GD, Jaswal JS. Energy metabolic phenotype of the cardiomyocyte during development, differentiation, and postnatal maturation. *J Cardiovasc Pharmacol.* 2010; 56(2): 130–140, doi: 10.1097/FJC.0b013e3181e74a14, indexed in Pubmed: 20505524.
16. Garbern JC, Lee RT. Mitochondria and metabolic transitions in cardiomyocytes: Lessons from development for stem cell-derived cardiomyocytes. *Stem Cell Res Ther.* 2021; 12(1): 177, doi: 10.1186/s13287-021-02252-6, indexed in Pubmed: 33712058.
17. Hinata Y, Kagawa Y, Kubo H, et al. Importance of beating rate control for the analysis of drug effects on contractility in human induced pluripotent stem cell-derived cardiomyocytes. *J Pharmacol Toxicol Methods.* 2022; 118: 107228, doi: 10.1016/j.vascn.2022.107228, indexed in Pubmed: 36273536.
18. Hoekstra M, Mummery CL, Wilde AAM, et al. Induced pluripotent stem cell derived cardiomyocytes as models for cardiac arrhythmias. *Front Physiol.* 2012; 3: 346, doi: 10.3389/fphys.2012.00346, indexed in Pubmed: 23015789.
19. Ma J, Guo L, Fiene SJ, et al. High purity human-induced pluripotent stem cell-derived cardiomyocytes: electrophysiological properties of action potentials and ionic currents.

- Am J Physiol Heart Circ Physiol. 2011; 301(5): H2006–H2017, doi: 10.1152/ajpheart.00694.2011, indexed in Pubmed: 21890694.
20. Grancharova T, Gerbin KA, Rosenberg AB, et al. A comprehensive analysis of gene expression changes in a high replicate and open-source dataset of differentiating hiPSC-derived cardiomyocytes. *Sci Rep.* 2021; 11(1): 15845, doi: 10.1038/s41598-021-94732-1, indexed in Pubmed: 34349150.
  21. MacGrogan D, Münch J, de la Pompa JL. Notch and interacting signalling pathways in cardiac development, disease, and regeneration. *Nat Rev Cardiol.* 2018; 15(11): 685–704, doi: 10.1038/s41569-018-0100-2, indexed in Pubmed: 30287945.
  22. Zhou Q, Li L, Zhao B, et al. The hippo pathway in heart development, regeneration, and diseases. *Circ Res.* 2015; 116(8): 1431–1447, doi: 10.1161/CIRCRESAHA.116.303311, indexed in Pubmed: 25858067.
  23. Karbassi E, Fenix A, Marchiano S, et al. Cardiomyocyte maturation: Advances in knowledge and implications for regenerative medicine. *Nat Rev Cardiol.* 2020; 17(6): 341–359, doi: 10.1038/s41569-019-0331-x, indexed in Pubmed: 32015528.
  24. Yang H, Yang Y, Kiskin F, et al. Recent advances in regulating the proliferation or maturation of human-induced pluripotent stem cell-derived cardiomyocytes. *Stem Cell Res Ther.* 2023; 14(1): 228, doi: 10.1186/s13287-023-03470-w, indexed in Pubmed: 37649113.
  25. Qiu XX, Liu Y, Zhang YF, et al. Rapamycin and CHIR99021 coordinate robust cardiomyocyte differentiation from human pluripotent stem cells via reducing p53-dependent apoptosis. *J Am Heart Assoc.* 2017; 6(10): e005295, doi: 10.1161/JAHA.116.005295, indexed in Pubmed: 28971953.
  26. Fan C, Tang Y, Zhao M, et al. CHIR99021 and fibroblast growth factor 1 enhance the regenerative potency of human cardiac muscle patch after myocardial infarction in mice. *J Mol Cell Cardiol.* 2020; 141: 1–10, doi: 10.1016/j.yjmcc.2020.03.003, indexed in Pubmed: 32169551.
  27. Wu KH, Wang SuY, Xiao QR, et al. Small-molecule-based generation of functional cardiomyocytes from human umbilical cord-derived induced pluripotent stem cells. *J Cell Biochem.* 2019; 120(2): 1318–1327, doi: 10.1002/jcb.27094, indexed in Pubmed: 30317643.
  28. Yang X, Rodriguez ML, Leonard A, et al. Fatty acids enhance the maturation of cardiomyocytes derived from human pluripotent stem cells. *Stem Cell Reports.* 2019; 13(4): 657–668, doi: 10.1016/j.stemcr.2019.08.013, indexed in Pubmed: 31564645.

29. Horikoshi Y, Yan Y, Terashvili M, et al. Fatty acid-treated induced pluripotent stem cell-derived human cardiomyocytes exhibit adult cardiomyocyte-like energy metabolism phenotypes. *Cells*. 2019; 8(9): 1095, doi: 10.3390/cells8091095, indexed in Pubmed: 31533262.
30. Lin B, Lin X, Stachel M, et al. Culture in glucose-depleted medium supplemented with fatty acid and 3,3',5-triiodo-L-thyronine facilitates purification and maturation of human pluripotent stem cell-derived cardiomyocytes. *Front Endocrinol (Lausanne)*. 2017; 8: 253, doi: 10.3389/fendo.2017.00253, indexed in Pubmed: 29067001.
31. Shimoji K, Yuasa S, Onizuka T, et al. G-CSF promotes the proliferation of developing cardiomyocytes in vivo and in derivation from ESCs and iPSCs. *Cell Stem Cell*. 2010; 6(3): 227–237, doi: 10.1016/j.stem.2010.01.002, indexed in Pubmed: 20207226.
32. Zwi-Dantsis L, Mizrahi I, Arbel G, et al. Scalable production of cardiomyocytes derived from c-Myc free induced pluripotent stem cells. *Tissue Eng Part A*. 2011; 17(7-8): 1027–1037, doi: 10.1089/ten.TEA.2010.0235, indexed in Pubmed: 21087204.
33. Wobus AM, Wallukat G, Hescheler J. Pluripotent mouse embryonic stem cells are able to differentiate into cardiomyocytes expressing chronotropic responses to adrenergic and cholinergic agents and Ca<sup>2+</sup> channel blockers. *Differentiation*. 1991; 48(3): 173–182, doi: 10.1111/j.1432-0436.1991.tb00255.x, indexed in Pubmed: 1725163.
34. Mauritz C, Schwanke K, Reppel M, et al. Generation of functional murine cardiac myocytes from induced pluripotent stem cells. *Circulation*. 2008; 118(5): 507–517, doi: 10.1161/CIRCULATIONAHA.108.778795, indexed in Pubmed: 18625890.
35. Bufi S, Santoro R. Three-dimensional iPSC-based in vitro cardiac models for biomedical and pharmaceutical research applications. *Int J Mol Sci*. 2024; 25(19): 10690, doi: 10.3390/ijms251910690, indexed in Pubmed: 39409018.
36. Sacchetto C, Vitiello L, de Windt LJ, et al. Modeling cardiovascular diseases with hiPSC-derived cardiomyocytes in 2D and 3D cultures. *Int J Mol Sci*. 2020; 21(9): 3404, doi: 10.3390/ijms21093404, indexed in Pubmed: 32403456.
37. Ronaldson-Bouchard K, Yeager K, Teles D, et al. Engineering of human cardiac muscle electromechanically matured to an adult-like phenotype. *Nat Protoc*. 2019; 14(10): 2781–2817, doi: 10.1038/s41596-019-0189-8, indexed in Pubmed: 31492957.
38. Scuderi GJ, Butcher J. Naturally engineered maturation of cardiomyocytes. *Front Cell Dev Biol*. 2017; 5: 50, doi: 10.3389/fcell.2017.00050, indexed in Pubmed: 28529939.



39. Leucker TM, Bienengraeber M, Muravyeva M, et al. Endothelial-cardiomyocyte crosstalk enhances pharmacological cardioprotection. *J Mol Cell Cardiol.* 2011; 51(5): 803–811, doi: 10.1016/j.yjmcc.2011.06.026, indexed in Pubmed: 21791217.
40. Yoshida S, Miyagawa S, Fukushima S, et al. Maturation of human induced pluripotent stem cell-derived cardiomyocytes by soluble factors from human mesenchymal stem cells. *Mol Ther.* 2018; 26(11): 2681–2695, doi: 10.1016/j.ymthe.2018.08.012, indexed in Pubmed: 30217728.
41. Kistamás K, Lamberto F, Vaiciuleviciute R, et al. The current state of realistic heart models for disease modelling and cardiotoxicity. *Int J Mol Sci.* 2024; 25(17): 9186, doi: 10.3390/ijms25179186, indexed in Pubmed: 39273136.
42. Abulaiti M, Yalikun Y, Murata K, et al. Establishment of a heart-on-a-chip microdevice based on human iPS cells for the evaluation of human heart tissue function. *Sci Rep.* 2020; 10(1): 19201, doi: 10.1038/s41598-020-76062-w, indexed in Pubmed: 33154509.
43. Tan Y, Coyle RC, Barrs RW, et al. Nanowired human cardiac organoid transplantation enables highly efficient and effective recovery of infarcted hearts. *Sci Adv.* 2023; 9(31): eadf2898, doi: 10.1126/sciadv.adf2898, indexed in Pubmed: 37540743.
44. Varzideh F, Mone P, Santulli G. Bioengineering strategies to create 3D cardiac constructs from human induced pluripotent stem cells. *Bioengineering (Basel).* 2022; 9(4): 168, doi: 10.3390/bioengineering9040168, indexed in Pubmed: 35447728.
45. Kitsuka T, Itoh M, Amamoto S, et al. 2-Cl-C.OXT-A stimulates contraction through the suppression of phosphodiesterase activity in human induced pluripotent stem cell-derived cardiac organoids. *PLoS One.* 2019; 14(7): e0213114, doi: 10.1371/journal.pone.0213114, indexed in Pubmed: 31295264.
46. Veldhuizen J, Chavan R, Moghadas B, et al. Cardiac ischemia on-a-chip to investigate cellular and molecular response of myocardial tissue under hypoxia. *Biomaterials.* 2022; 281: 121336, doi: 10.1016/j.biomaterials.2021.121336, indexed in Pubmed: 35026670.
47. Lai BF, Lu RX, Davenport Huyer L, et al. A well plate-based multiplexed platform for incorporation of organoids into an organ-on-a-chip system with a perfusable vasculature. *Nat Protoc.* 2021; 16(4): 2158–2189, doi: 10.1038/s41596-020-00490-1, indexed in Pubmed: 33790475.
48. Zhao Y, Rafatian N, Wang EY, et al. Engineering microenvironment for human cardiac tissue assembly in heart-on-a-chip platform. *Matrix Biol.* 2020; 85-86: 189–204, doi: 10.1016/j.matbio.2019.04.001, indexed in Pubmed: 30981898.

49. Zhao Y, Rafatian N, Feric NT, et al. A platform for generation of chamber-specific cardiac tissues and disease modeling. *Cell*. 2019; 176(4): 913–927.e18, doi: 10.1016/j.cell.2018.11.042, indexed in Pubmed: 30686581.
50. Amano Y, Nishiguchi A, Matsusaki M, et al. Development of vascularized iPSC derived 3D-cardiomyocyte tissues by filtration Layer-by-Layer technique and their application for pharmaceutical assays. *Acta Biomater*. 2016; 33: 110–121, doi: 10.1016/j.actbio.2016.01.033, indexed in Pubmed: 26821339.
51. Tadano K, Miyagawa S, Takeda M, et al. Cardiotoxicity assessment using 3D vascularized cardiac tissue consisting of human iPSC-derived cardiomyocytes and fibroblasts. *Mol Ther Methods Clin Dev*. 2021; 22: 338–349, doi: 10.1016/j.omtm.2021.05.007, indexed in Pubmed: 34514026.
52. Schaefer JA, Guzman PA, Riemenschneider SB, et al. A cardiac patch from aligned microvessel and cardiomyocyte patches. *J Tissue Eng Regen Med*. 2018; 12(2): 546–556, doi: 10.1002/term.2568, indexed in Pubmed: 28875579.
53. Iwoń Z, Krogulec E, Kierłańczyk A, et al. Hypoxia and re-oxygenation effects on human cardiomyocytes cultured on polycaprolactone and polyurethane nanofibrous mats. *J Biol Eng*. 2024; 18(1): 37, doi: 10.1186/s13036-024-00432-5, indexed in Pubmed: 38844979.
54. Iwoń Z, Krogulec E, Kierłańczyk A, et al. Improving rodents and humans cardiac cell maturity through polycaprolactone and polyurethane nanofibers. *Biomed Mater*. 2024; 19(2), doi: 10.1088/1748-605X/ad240a, indexed in Pubmed: 38290152.
55. Nikolova MP, Chavali MS. Recent advances in biomaterials for 3D scaffolds: A review. *Bioact Mater*. 2019; 4: 271–292, doi: 10.1016/j.bioactmat.2019.10.005, indexed in Pubmed: 31709311.
56. Iwoń Z, Krogulec E, Tarnowska I, et al. Maturation of human cardiomyocytes derived from induced pluripotent stem cells (iPSC-CMs) on polycaprolactone and polyurethane nanofibrous mats. *Sci Rep*. 2024; 14(1): 12975, doi: 10.1038/s41598-024-63905-z, indexed in Pubmed: 38839879.
57. Zhang M, Xu Y, Chen Y, et al. Three-dimensional poly-( $\epsilon$ -caprolactone) nanofibrous scaffolds promote the maturation of human pluripotent stem cells-induced cardiomyocytes. *Front Cell Dev Biol*. 2022; 10: 875278, doi: 10.3389/fcell.2022.875278, indexed in Pubmed: 35979378.

58. Silbernagel N, Körner A, Balitzki J, et al. Shaping the heart: Structural and functional maturation of iPSC-cardiomyocytes in 3D-micro-scaffolds. *Biomaterials*. 2020; 227: 119551, doi: 10.1016/j.biomaterials.2019.119551, indexed in Pubmed: 31670034.
59. LaBarge W, Mattappally S, Kannappan R, et al. Maturation of three-dimensional, hiPSC-derived cardiomyocyte spheroids utilizing cyclic, uniaxial stretch and electrical stimulation. *PLoS One*. 2019; 14(7): e0219442, doi: 10.1371/journal.pone.0219442, indexed in Pubmed: 31276558.
60. Ruan JL, Tulloch NL, Saiget M, et al. Mechanical stress promotes maturation of human myocardium from pluripotent stem cell-derived progenitors. *Stem Cells*. 2015; 33(7): 2148–2157, doi: 10.1002/stem.2036, indexed in Pubmed: 25865043.
61. Zhang X, Ye L, Xu H, et al. NRF2 is required for structural and metabolic maturation of human induced pluripotent stem cell-derived cardiomyocytes. *Stem Cell Res Ther*. 2021; 12(1): 208, doi: 10.1186/s13287-021-02264-2, indexed in Pubmed: 33762018.
62. Mihic A, Li J, Miyagi Y, et al. The effect of cyclic stretch on maturation and 3D tissue formation of human embryonic stem cell-derived cardiomyocytes. *Biomaterials*. 2014; 35(9): 2798–2808, doi: 10.1016/j.biomaterials.2013.12.052, indexed in Pubmed: 24424206.
63. Tulloch NL, Muskheli V, Razumova MV, et al. Growth of engineered human myocardium with mechanical loading and vascular coculture. *Circ Res*. 2011; 109(1): 47–59, doi: 10.1161/CIRCRESAHA.110.237206, indexed in Pubmed: 21597009.
64. Hernández D, Millard R, Sivakumaran P, et al. Electrical stimulation promotes cardiac differentiation of human induced pluripotent stem cells. *Stem Cells Int*. 2016; 2016: 1718041, doi: 10.1155/2016/1718041, indexed in Pubmed: 26788064.
65. Maihemuti W, Murata K, Abulaiti M, et al. Simultaneous electro-dynamic stimulation accelerates maturation of engineered cardiac tissues generated by human iPSC cells. *Biochem Biophys Res Commun*. 2024; 733: 150605, doi: 10.1016/j.bbrc.2024.150605, indexed in Pubmed: 39197194.
66. Masuda A, Kurashina Y, Tani H, et al. Maturation of human iPSC-derived cardiac microfiber with electrical stimulation device. *Adv Healthc Mater*. 2024; 13(27): e2303477, doi: 10.1002/adhm.202303477, indexed in Pubmed: 38768494.
67. Kroll K, Chabria M, Wang K, et al. Electro-mechanical conditioning of human iPSC-derived cardiomyocytes for translational research. *Prog Biophys Mol Biol*. 2017; 130(Pt B): 212–222, doi: 10.1016/j.pbiomolbio.2017.07.003, indexed in Pubmed: 28688751.

68. Zhao M, Nakada Y, Wei Y, et al. Cyclin D2 overexpression enhances the efficacy of human induced pluripotent stem cell-derived cardiomyocytes for myocardial repair in a swine model of myocardial infarction. *Circulation*. 2021; 144(3): 210–228, doi: 10.1161/CIRCULATIONAHA.120.049497, indexed in Pubmed: 33951921.
69. Zhu W, Zhao M, Mattapally S, et al. CCND2 overexpression enhances the regenerative potency of human induced pluripotent stem cell-derived cardiomyocytes: remuscularization of injured ventricle. *Circ Res*. 2018; 122(1): 88–96, doi: 10.1161/CIRCRESAHA.117.311504, indexed in Pubmed: 29018036.
70. Lou X, Zhao M, Fan C, et al. N-cadherin overexpression enhances the reparative potency of human-induced pluripotent stem cell-derived cardiac myocytes in infarcted mouse hearts. *Cardiovasc Res*. 2020; 116(3): 671–685, doi: 10.1093/cvr/cvz179, indexed in Pubmed: 31350544.
71. Kumar A, He S, Mali P. Systematic discovery of transcription factors that improve hPSC-derived cardiomyocyte maturation via temporal analysis of bioengineered cardiac tissues. *APL Bioeng*. 2023; 7(2): 026109, doi: 10.1063/5.0137458, indexed in Pubmed: 37252678.
72. Zhou J, Cui B, Wang X, et al. Overexpression of KCNJ2 enhances maturation of human-induced pluripotent stem cell-derived cardiomyocytes. *Stem Cell Res Ther*. 2023; 14(1): 92, doi: 10.1186/s13287-023-03312-9, indexed in Pubmed: 37061738.
73. Lieu DK, Fu JD, Chiamvimonvat N, et al. Mechanism-based facilitated maturation of human pluripotent stem cell-derived cardiomyocytes. *Circ Arrhythm Electrophysiol*. 2013; 6(1): 191–201, doi: 10.1161/CIRCEP.111.973420, indexed in Pubmed: 23392582.
74. Kim YJ, Tamadon A, Kim YY, et al. Epigenetic regulation of cardiomyocyte differentiation from embryonic and induced pluripotent stem cells. *Int J Mol Sci*. 2021; 22(16): 8599, doi: 10.3390/ijms22168599, indexed in Pubmed: 34445302.
75. Scesa G, Adami R, Bottai D. iPSC preparation and epigenetic memory: Does the tissue origin matter? *Cells*. 2021; 10(6): 1470, doi: 10.3390/cells10061470, indexed in Pubmed: 34208270.
76. Kim K, Zhao R, Doi A, et al. Epigenetic memory in induced pluripotent stem cells. *Nature*. 2010; 467(7313): 285–290, doi: 10.1038/nature09342, indexed in Pubmed: 20644535.

77. Diez-Cuñado M, Wei Ke, Bushway PJ, et al. miRNAs that induce human cardiomyocyte proliferation converge on the hippo pathway. *Cell Rep.* 2018; 23(7): 2168–2174, doi: 10.1016/j.celrep.2018.04.049, indexed in Pubmed: 29768213.
78. Bian W, Chen W, Nguyen T, et al. miR-199a overexpression enhances the potency of human induced-pluripotent stem-cell-derived cardiomyocytes for myocardial repair. *Front Pharmacol.* 2021; 12: 673621, doi: 10.3389/fphar.2021.673621, indexed in Pubmed: 34149424.
79. Xu F, Yang J, Shang J, et al. MicroRNA-302d promotes the proliferation of human pluripotent stem cell-derived cardiomyocytes by inhibiting in the Hippo pathway. *Clin Sci (Lond).* 2019; 133(13): 1387–1399, doi: 10.1042/CS20190099, indexed in Pubmed: 31239293.
80. Miklas JW, Clark E, Levy S, et al. TFPa/HADHA is required for fatty acid beta-oxidation and cardiolipin re-modeling in human cardiomyocytes. *Nat Commun.* 2019; 10(1): 4671, doi: 10.1038/s41467-019-12482-1, indexed in Pubmed: 31604922.
81. Kuppusamy KT, Jones DC, Sperber H, et al. Let-7 family of microRNA is required for maturation and adult-like metabolism in stem cell-derived cardiomyocytes. *Proc Natl Acad Sci U S A.* 2015; 112(21): E2785–E2794, doi: 10.1073/pnas.1424042112, indexed in Pubmed: 25964336.
82. Fu JD, Rushing SN, Lieu DK, et al. Distinct roles of microRNA-1 and -499 in ventricular specification and functional maturation of human embryonic stem cell-derived cardiomyocytes. *PLoS One.* 2011; 6(11): e27417, doi: 10.1371/journal.pone.0027417, indexed in Pubmed: 22110643.
83. Wang Z, Cui M, Shah AM, et al. Mechanistic basis of neonatal heart regeneration revealed by transcriptome and histone modification profiling. *Proc Natl Acad Sci U S A.* 2019; 116(37): 18455–18465, doi: 10.1073/pnas.1905824116, indexed in Pubmed: 31451669.
84. Gilsbach R, Schwaderer M, Preissl S, et al. Distinct epigenetic programs regulate cardiac myocyte development and disease in the human heart in vivo. *Nat Commun.* 2018; 9(1): 391, doi: 10.1038/s41467-017-02762-z, indexed in Pubmed: 29374152.
85. Biermann M, Cai W, Lang Di, et al. Epigenetic priming of human pluripotent stem cell-derived cardiac progenitor cells accelerates cardiomyocyte maturation. *Stem Cells.* 2019; 37(7): 910–923, doi: 10.1002/stem.3021, indexed in Pubmed: 31087611.
86. Deogharia M, Venegas-Zamora L, Agrawal A, et al. Histone demethylase KDM5 regulates cardiomyocyte maturation by promoting fatty acid oxidation, oxidative

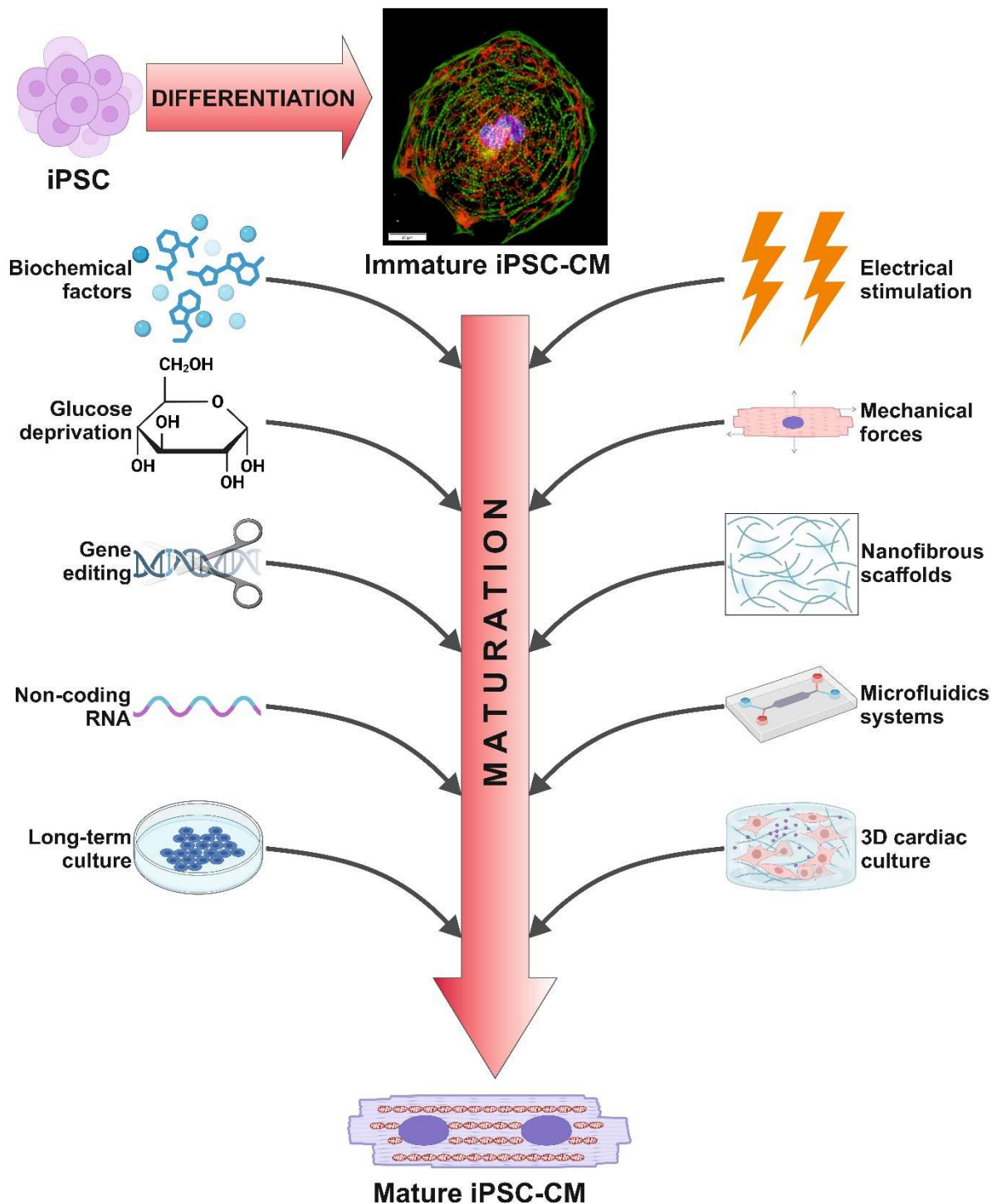
- phosphorylation, and myofibrillar organization. *Cardiovasc Res.* 2024; 120(6): 630–643, doi: 10.1093/cvr/cvae014, indexed in Pubmed: 38230606.
87. Li C, Zhang Y, Shen J, et al. Cfp1 controls cardiomyocyte maturation by modifying histone H3K4me3 of structural, metabolic, and contractile related genes. *Adv Sci (Weinh).* 2024; 11(11): e2305992, doi: 10.1002/advs.202305992, indexed in Pubmed: 38196272.
88. Han Z, Wang X, Xu Z, et al. ALKBH5 regulates cardiomyocyte proliferation and heart regeneration by demethylating the mRNA of YTHDF1. *Theranostics.* 2021; 11(6): 3000–3016, doi: 10.7150/thno.47354, indexed in Pubmed: 33456585.
89. Dias TP, Pinto SN, Santos JI, et al. Biophysical study of human induced Pluripotent Stem Cell-Derived cardiomyocyte structural maturation during long-term culture. *Biochem Biophys Res Commun.* 2018; 499(3): 611–617, doi: 10.1016/j.bbrc.2018.03.198, indexed in Pubmed: 29601816.
90. Lundy SD, Zhu WZ, Regnier M, et al. Structural and functional maturation of cardiomyocytes derived from human pluripotent stem cells. *Stem Cells Dev.* 2013; 22(14): 1991–2002, doi: 10.1089/scd.2012.0490, indexed in Pubmed: 23461462.
91. Ebert A, Joshi AU, Andorf S, et al. Proteasome-Dependent regulation of distinct metabolic states during long-term culture of human iPSC-derived cardiomyocytes. *Circ Res.* 2019; 125(1): 90–103, doi: 10.1161/CIRCRESAHA.118.313973, indexed in Pubmed: 31104567.
92. Lewandowski J, Rozwadowska N, Kolanowski TJ, et al. The impact of in vitro cell culture duration on the maturation of human cardiomyocytes derived from induced pluripotent stem cells of myogenic origin. *Cell Transplant.* 2018; 27(7): 1047–1067, doi: 10.1177/0963689718779346, indexed in Pubmed: 29947252.
93. Kamakura T, Makiyama T, Sasaki K, et al. Ultrastructural maturation of human-induced pluripotent stem cell-derived cardiomyocytes in a long-term culture. *Circ J.* 2013; 77(5): 1307–1314, doi: 10.1253/circj.cj-12-0987, indexed in Pubmed: 23400258.
94. Kumar N, Dougherty JA, Manring HR, et al. Assessment of temporal functional changes and miRNA profiling of human iPSC-derived cardiomyocytes. *Sci Rep.* 2019; 9(1): 13188, doi: 10.1038/s41598-019-49653-5, indexed in Pubmed: 31515494.
95. Fukushima H, Yoshioka M, Kawatou M, et al. Specific induction and long-term maintenance of high purity ventricular cardiomyocytes from human induced pluripotent stem cells. *PLoS One.* 2020; 15(11): e0241287, doi: 10.1371/journal.pone.0241287, indexed in Pubmed: 33137106.

96. Seibertz F, Sutanto H, Dülk R, et al. Electrophysiological and calcium-handling development during long-term culture of human-induced pluripotent stem cell-derived cardiomyocytes. *Basic Res Cardiol.* 2023; 118(1): 14, doi: 10.1007/s00395-022-00973-0, indexed in Pubmed: 37020075.
97. Li Q, Wang J, Wu Q, et al. Perspective on human pluripotent stem cell-derived cardiomyocytes in heart disease modeling and repair. *Stem Cells Transl Med.* 2020; 9(10): 1121–1128, doi: 10.1002/sctm.19-0340, indexed in Pubmed: 32725800.
98. Campuzano O, Beltrán-Alvarez P, Iglesias A, et al. Genetics and cardiac channelopathies. *Genet Med.* 2010; 12(5): 260–267, doi: 10.1097/GIM.0b013e3181d81636, indexed in Pubmed: 20386317.
99. Brandão KO, van den Brink L, Miller DC, et al. Isogenic sets of hiPSC-CMs harboring distinct KCNH2 mutations differ functionally and in susceptibility to drug-induced arrhythmias. *Stem Cell Reports.* 2020; 15(5): 1127–1139, doi: 10.1016/j.stemcr.2020.10.005, indexed in Pubmed: 33176122.
100. Takaki T, Inagaki A, Chonabayashi K, et al. Optical recording of action potentials in human induced pluripotent stem cell-derived cardiac single cells and monolayers generated from long QT syndrome type 1 patients. *Stem Cells International.* 2019; 2019: 7532657, doi: 10.1155/2019/7532657, indexed in Pubmed: 30956674.
101. Crotti L, Neves R, Dagradi F, et al. From patient-specific induced pluripotent stem cells to clinical translation in long QT syndrome type 2. *Eur Heart J.* 2019; 40(23): 1832–1836, doi: 10.1093/eurheartj/ehz023, indexed in Pubmed: 30753398.
102. Mehta A, Ramachandra CJA, Singh P, et al. Identification of a targeted and testable antiarrhythmic therapy for long-QT syndrome type 2 using a patient-specific cellular model. *Eur Heart J.* 2018; 39(16): 1446–1455, doi: 10.1093/eurheartj/ehx394, indexed in Pubmed: 29020304.
103. Ma D, Wei H, Lu J, et al. Characterization of a novel KCNQ1 mutation for type 1 long QT syndrome and assessment of the therapeutic potential of a novel IKs activator using patient-specific induced pluripotent stem cell-derived cardiomyocytes. *Stem Cell Res Ther.* 2015; 6(1): 39, doi: 10.1186/s13287-015-0027-z, indexed in Pubmed: 25889101.
104. Wang Y, Liang P, Lan F, et al. Genome editing of isogenic human induced pluripotent stem cells recapitulates long QT phenotype for drug testing. *J Am Coll Cardiol.* 2014; 64(5): 451–459, doi: 10.1016/j.jacc.2014.04.057, indexed in Pubmed: 25082577.

105. Itzhaki I, Maizels L, Huber I, et al. Modelling the long QT syndrome with induced pluripotent stem cells. *Nature*. 2011; 471(7337): 225–229, doi: 10.1038/nature09747, indexed in Pubmed: 21240260.
106. Moretti A, Bellin M, Welling A, et al. Patient-specific induced pluripotent stem-cell models for long-QT syndrome. *N Engl J Med*. 2010; 363(15): 1397–1409, doi: 10.1056/NEJMoa0908679, indexed in Pubmed: 20660394.
107. Stutzman MJ, Kim CS, Tester DJ, et al. Characterization of N-terminal RYR2 variants outside CPVT1 hotspot regions using patient iPSCs reveal pathogenesis and therapeutic potential. *Stem Cell Reports*. 2022; 17(9): 2023–2036, doi: 10.1016/j.stemcr.2022.07.002, indexed in Pubmed: 35931078.
108. Acimovic I, Refaat MM, Moreau A, et al. Post-translational modifications and diastolic calcium leak associated to the novel RyR2-D3638A mutation lead to CPVT in patient-specific hiPSC-derived cardiomyocytes. *J Clin Med*. 2018; 7(11): 423, doi: 10.3390/jcm7110423, indexed in Pubmed: 30413023.
109. Fatima A, Xu G, Shao K, et al. In vitro modeling of ryanodine receptor 2 dysfunction using human induced pluripotent stem cells. *Cell Physiol Biochem*. 2011; 28(4): 579–592, doi: 10.1159/000335753, indexed in Pubmed: 22178870.
110. Zhong R, Schimanski T, Zhang F, et al. A preclinical study on Brugada syndrome with a CACNB2 variant using human cardiomyocytes from induced pluripotent stem cells. *Int J Mol Sci*. 2022; 23(15), doi: 10.3390/ijms23158313, indexed in Pubmed: 35955449.
111. Zhu Y, Wang L, Cui C, et al. Pathogenesis and drug response of iPSC-derived cardiomyocytes from two Brugada syndrome patients with different  $Na_v1.5$ -subunit mutations. *J Biomed Res*. 2021; 35(5): 395–407, doi: 10.7555/jbr.35.20210045, indexed in Pubmed: 34628405.
112. Li W, Stauske M, Luo X, et al. Disease phenotypes and mechanisms of iPSC-derived cardiomyocytes from brugada syndrome patients with a loss-of-function SCN5A mutation. *Front Cell Dev Biol*. 2020; 8: 592893, doi: 10.3389/fcell.2020.592893, indexed in Pubmed: 33195263.
113. Wexler RK, Elton T, Pleister A, et al. Cardiomyopathy: An overview. *Am Fam Physician*. 2009; 79(9): 778–784, indexed in Pubmed: 20141097.
114. Mori H, Xu D, Shimoda Y, et al. Metabolic remodeling and calcium handling abnormality in induced pluripotent stem cell-derived cardiomyocytes in dilated phase



- of hypertrophic cardiomyopathy with MYBPC3 frameshift mutation. *Sci Rep.* 2024; 14(1): 15422, doi: 10.1038/s41598-024-62530-0, indexed in Pubmed: 38965264.
115. Escribá R, Larrañaga-Moreira JM, Richaud-Patin Y, et al. iPSC-based modeling of variable clinical presentation in hypertrophic cardiomyopathy. *Circ Res.* 2023; 133(2): 108–119, doi: 10.1161/CIRCRESAHA.122.321951, indexed in Pubmed: 37317833.
116. Korover N, Etzion S, Cherniak A, et al. Functional defects in hiPSCs-derived cardiomyocytes from patients with a PLEKHM2-mutation associated with dilated cardiomyopathy and left ventricular non-compaction. *Biol Res.* 2023; 56(1): 34, doi: 10.1186/s40659-023-00442-5, indexed in Pubmed: 37349842.
117. Dai Y, Amenov A, Ignatyeva N, et al. Troponin destabilization impairs sarcomere-cytoskeleton interactions in iPSC-derived cardiomyocytes from dilated cardiomyopathy patients. *Sci Rep.* 2020; 10(1): 209, doi: 10.1038/s41598-019-56597-3, indexed in Pubmed: 31937807.
118. Caspi O, Huber I, Gepstein A, et al. Modeling of arrhythmogenic right ventricular cardiomyopathy with human induced pluripotent stem cells. *Circ Cardiovasc Genet.* 2013; 6(6): 557–568, doi: 10.1161/CIRCGENETICS.113.000188, indexed in Pubmed: 24200905.
119. Prondzynski M, Bortolin RH, Berkson P, et al. Efficient and reproducible generation of human iPSC-derived cardiomyocytes using a stirred bioreactor. *bioRxiv.* 2024, doi: 10.1101/2024.02.24.581789, indexed in Pubmed: 38464269.
120. Lin Y, Sato N, Hong S, et al. Long-term engraftment and maturation of autologous iPSC-derived cardiomyocytes in two rhesus macaques. *Cell Stem Cell.* 2024; 31(7): 974–988.e5, doi: 10.1016/j.stem.2024.05.005, indexed in Pubmed: 38843830.
121. Andrysiak K, Stępniewski J, Dulak J. Human-induced pluripotent stem cell-derived cardiomyocytes, 3D cardiac structures, and heart-on-a-chip as tools for drug research. *Pflugers Arch.* 2021; 473(7): 1061–1085, doi: 10.1007/s00424-021-02536-z, indexed in Pubmed: 33629131.
122. Yadid M, Oved H, Silberman E, et al. Bioengineering approaches to treat the failing heart: From cell biology to 3D printing. *Nat Rev Cardiol.* 2022; 19(2): 83–99, doi: 10.1038/s41569-021-00603-7, indexed in Pubmed: 34453134.



**Figure 1.** Latest developments in strategies to improve induced pluripotent stem cell-derived cardiomyocytes (iPSC-CM) maturation. Biophysical methods including electrical stimulation, microfluidics devices, nanofibrous scaffolds, mechanical forces, 3D cardiac culture. Biochemical methods including biochemical factors, glucose deprivation (replaced by fatty acids), gene editing, non-coding RNA, long-term culture. Black box shows immunostaining of iPSC-CM cells, blue color — cell nucleus with DAPI; red color — mitochondria with MitoTracker Red CMXRos; green color — F-actin with ActinGreen 488 ReadyProbes Reagent