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Ultra-long term histopathological workup of an Amplatzer muscular septal defect

occluders after surgical removal of the heart due to heart transplantation

**Short title:** Histological workup of an Amplatzer device

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Information on the *in vivo* biocompatibility and tissue reaction to nitinol after the application

of Amplatzer occluders is limited. There is also lack of data on whether the endothelialization

process of the device in atria and ventricle is different. In the literature, we have not found any

cases describing the long-term reaction of the cardiac endothelium after muscular device

ventricular septum closure.

We present an interesting case of an 18-year-old girl who underwent pulmonary banding

in infancy. This patient also had closure of multiple muscular ventricular septal defects (VSD)

with two Amplatzer muscular occluders (AMO) in early childhood during 2 sessions (the

second procedure was a hybrid procedure with surgical debanding performed in the second year

of age). Echocardiographic images have shown two AMOs closing VSDs in different parts of the interventricular septum. This patient was included in our analysis of long-term outcomes of transcatheter VSD closure which were recently published [1]. In the last few years this patient experienced increasing symptoms of heart failure related to cardiomyopathy. Magnetic resonance study (2022) confirmed diagnosis of restrictive cardiomyopathy. This patient also suffered with atrial fibrillation, which was successfully treated with cardioversion and pharmacologically with propafenone. Unfortunately, her medical treatment was ineffective, therefore this patient was qualified for the orthotopic heart transplantation. The operation was performed uneventfully in March 2024. The post-surgical period was also without any complications and the patient remains in good, stable clinical condition (August 2024).

Visualization of AMO indicated complete neo-endothelialization of both devices without any inflammatory reaction and calcifications (Figure 1A–C). It should also be pointed out that the cross-section of the entire occluder was evaluated histologically. The photograph in Figure 1 C shows a representative part of the occluder, which is generally accepted in histopathology.

The histopathological specimen of explanted heart confirmed the clinical diagnosis and was as follow: secondary restrictive cardiomyopathy due to endocardial fibrosis (Figure 1 D).

Evaluation of device neo-endothelialization after transcatheter closure of atrial septal defect (ASD) are very rare [2]. The major consequence of incomplete neo-endothelialization of the device is the possibility of thrombus formation and/or bacterial endocarditis. We have found no publications describing the neo-endothialization process in situations other than ASD in explanted human hearts. In our series of more than 2000 cases of percutaneous closures of interatrial communications, we observed one case of incomplete endothelialization after ASD followed by late meningitis and acute bacterial endocarditis 2 years after the procedure. Consequently, this device was surgically removed [3]. Recently incomplete neo-endothelialization was assessed in 35 % of ASD patients after 6 months of device implantation by cardiac computed angiography [4].

We can speculate that percutaneous closure of multiple muscular VSD in early childhood in our patient protected development of pulmonary hypertension and was a bridge to the successful heart transplantation.

In conclusion: 16 years after implantation of AMO, we demonstrate complete neoendothelialization coverage of the surface and entire cellular organization of the tissue between the polyester fibres within Amplatzer Muscular Ventricular Septal Occluder without any thrombus formation, inflammatory reaction nor calcification.

#### **Article information**

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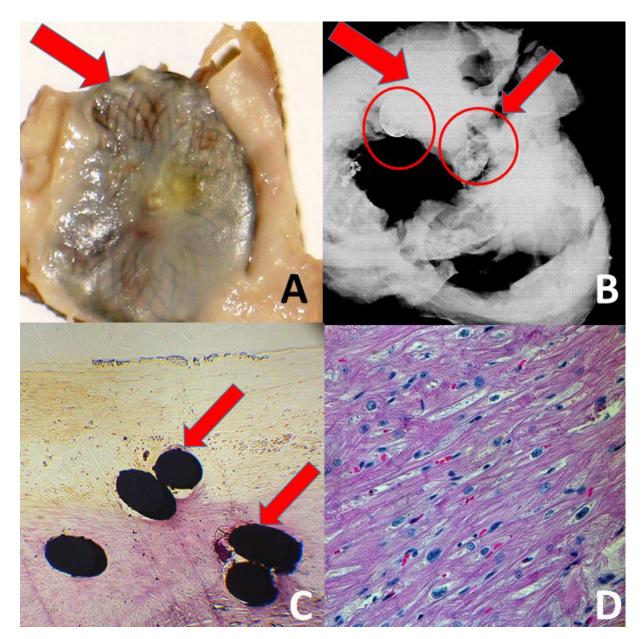
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**Figure 1.** Amplatzer muscular septal occluders in explanted heart. **A.** Excised device (red arrow) covered by thick endothelium. **B.** X-ray image with 2 implants (red circles and arrows). **C.** Histopathology of endo- and myocardium — red arrows nitinol struts of the device. **D.** Myocardium (hist-pat) with signs of hypertrophy and cardiomyopathy