

Kardiologia Polska

The Official Peer-reviewed Journal of the Polish Cardiac Society since 1957

Online first

This is a provisional PDF only. Copyedited and fully formatted version will be made available soon

ISSN 0022-9032 e-ISSN 1897-4279

Comparison of the Diagnostic Performance of Transesophageal Echocardiography and Positron Emission Tomography in Patients with Cardiovascular Implantable Electronic Device Infections

Authors: Nazli Turan Serifler, Turkan Seda Tan Kurklu, Irem Muge Akbulut Koyuncu, Irem

Muge Akbulut Koyuncu, Ayse Irem Demirtola, Sibel Turhan

Article type: Original article **Received:** February 29, 2024

Accepted: July 23, 2024

Early publication date: July, 24, 2024

This article is available in open access under Creative Common Attribution-Non-Commercial-No Derivatives 4.0 International (CC BY-NC-ND 4.0) license, allowing to download articles and share them with others as long as they credit the authors and the publisher, but without permission to change them in any way or use them commercially.

Comparison of the Diagnostic Performance of Transesophageal Echocardiography and

Positron Emission Tomography in Patients with Cardiovascular Implantable Electronic

Device Infections

Short title: Is positron emission tomography a good tool for lead endocarditis?

Nazli Turan Serifler¹, Turkan Seda Tan Kurklu², Irem Muge Akbulut Koyuncu², Irem Muge

Akbulut Koyuncu², Ayse Irem Demirtola³, Sibel Turhan²

¹Department of Cardiology, Ankara Etlik City Hospital, Ankara, Turkey

²Department of Cardiology, Ankara University School of Medicine, Ankara, Turkey

³Department of Cardiology, Ankara City Hospital, Ankara, Turkey

Corresponding author:

Nazli Turan Serifler, MD, Department of Cardiology, Ankara Etlik City Hospital, Ankara,

Turkey, nazlituran113@gmail.com Telephone: +905069975720

Adress: Ankara Etlik City Hospital, Ankara, Turkey

What's New?

Our study, the first to compare the performance of direct transesophageal echocardiography

(TEE) and 18F-FDG PET/CT (F-18 fluoro-2-deoxy-glucose positron emission tomography) in

diagnosing lead endocarditis in patients with CIEDs, has significant implications for clinical

practice. While no previous study has directly compared 18F-FDG PET/CT to TEE, earlier

research has already demonstrated its superiority in diagnosing lead endocarditis and pocket

infections. Our study's findings, which support this, show that 18F-FDG-PET/CT is a superior

imaging modality for diagnosing lead endocarditis compared to TEE. This is particularly

relevant in cases where TEE struggles to distinguish thrombus, vegetation, or fibrosis on the

lead, making 18F-FDG PET/CT a valuable additional imaging modality for vegetation

discrimination. These results strongly advocate for the use of 18F-FDG PET/CT in cases where

there is suspicion of lead endocarditis and TEE is insufficient.

Abstract

Background: Modified Duke criteria and transesophageal echocardiography (TEE) are often

insufficient to diagnose infective endocarditis in patients with cardiovascular implantable

electronic devices (CIED).F-18-fluoro-2-deoxy-glucose positron emission tomography (18F-FDG-PET/CT) is an encouraging method for detecting lead endocarditis.

Aims: Comparing the diagnostic performance of 18F-FDG-PET/CT and TEE in detecting lead endocarditis (LE).

Methods: We included 40 patients admitted to hospital diagnosed with CIED infection. Patients were classified as 'LE-positive' and 'LE-negative' according to TEE and 18F-FDG-PET/CT findings. After three-months of follow-up, the patients' lead cultures, tissue and blood cultures, and clinical responses after antibiotic treatment were reviewed using Duke criteria. The final exact diagnosis was compared with 18F-FDG-PET/CT and TEE findings.

Results: No involvement was observed on 18F-FDG-PET/CT in 12 patients (30%). While the remaining 25% of patients involvement in the device pocket, two patients had systemic involvement. In the follow-up of 23 patients diagnosed with LE by TEE, 14 were compatible with LE. Seventeen of 18 patients suspected of LE were diagnosed with definite LE by 18F-FDG-PET/CT. Six of the 22 patients with negative 18F-FDG-PET/CT scans were false negative and diagnosed as definite IE. 18F-FDG-PET/CT had a sensitivity of 73.9% and a specificity of 94.1%. It was observed that there was a statistically significant difference between TEE and PET (P = 0.006). This vital difference, a key finding of our research, underscores the improved diagnostic accuracy of 18F-FDG-PET compared with TEE in diagnosing lead endocarditis.

Conclusion: 18F-FDG-PET/CT is superior to TEE in diagnosing IE in patients with CIED.

Keywords: Cardiovascular implantable electronic devices, positron emission tomography, transesophageal echocardiography

Introduction

Infective endocarditis is a severe condition that results in significant morbidity and mortality [1]. Its incidence ranges from 3 to 10 cases per 100,000 annually and steadily increases. This rise is linked to the growing use of cardiac implantable devices and the expanding heart valve repair and replacement procedures, driven by the increasing life expectancy in recent years [2].

Cardiovascular implantable electronic devices have recently been widely utilized to improve the quality of life and prolong the lifespan of heart disease patients [2]. Device-related infection is recognized as one of the most severe complications of cardiovascular implantable electronic device implantation. Providing an accurate incidence of cardiovascular implantable electronic devices (CIED) infections is challenging due to the variations in disease definition,

the diversity of the patient population, and the heterogeneity in patient numbers in the studies. Infections associated with the CIED occur at a rate ranging from 1% to 7%, depending on the kind and complexity of the implantation [2, 3]. Previously released data showed that infection rates increased significantly from 1.45% to 3.41%, with CRT-P/D devices experiencing the most significant increase [4]. The infection rate is highest shortly after the surgery (in the first three months). Infections are well recognized to cause increased morbidity and death, particularly in the case of systemic and delayed (3–12 months) localized infections [5].

Risk factors for infective endocarditis associated with CIED include younger age during implantation, male gender, diabetes mellitus, end-stage renal failure, previous history of device infection, malignancy, heart failure, chronic obstructive pulmonary disease, steroid use, and anticoagulant use [2, 6]. Also, procedure-related factors like postoperative hematoma, intervention following lead displacement, device replacement or revision, absence of antibiotic prophylaxis, temporary pacing, lack of adequate experience, prolonged procedure duration, an abdominal device pocket, epicardial leads, and the presence of two or more leads heighten the risk of infection [6–8].

Diagnosing CIED infections to ascertain whether the disease is confined to the device pocket or involves the leads and/or heart valves represents a significant challenge [9]. Currently, the diagnosis of infective endocarditis (IE) relies on modified Duke criteria, and additionally, an international infection criteria diagnostic algorithm was introduced in 2019 to refine the diagnosis of CIED infections [6]. Transesophageal echocardiography (TEE) is often the preferred imaging method for assessing lead endocarditis. Nevertheless, TEE may sometimes need to be revised in establishing a diagnosis due to challenges distinguishing lead reflections and echoes, atypical vegetation localizations, and difficulties discerning vegetation and thrombus [10].

In recent years, single-photon emission computed tomography (SPECT/CT) and positron emission tomography (18F-FDG-PET/CT) have emerged as promising tools for diagnosing endocarditis [11, 12]. These advanced imaging modalities offer significant advantages, particularly in conditions where the Duke criteria exhibit low sensitivity, such as prosthetic valve endocarditis and CIED infection. Notably, in diagnosing pocket infections, 18F-FDG PET/CT demonstrates an impressive sensitivity and specificity of up to 93% [13].

This study aims to evaluate and compare the diagnostic performance of 18F-FDG PET/CT and TEE in identifying lead endocarditis in patients with an implantable cardiac electronic device and suspected lead endocarditis due to pocket infection.

Methods

Between 2014 and 2018, we studied patients who reported to our hospital with a device pocket infection. All patients showed evidence of device pocket infection, and the investigation focused on whether or not they had lead endocarditis. Inclusion criteria were a device pocket infection diagnosis, availability of clinical and laboratory records, TEE and 18-FDG PET/CT data, and at least three months of clinical follow-up to confirm the diagnosis of endocarditis. Exclusion criteria were being under 18 years of age and exclusion of IE based on the 18-FDG PET/CT or TEE results.

Between 2014 and 2018, around 78 patients came to our hospital with a suspected device pocket infection and endocarditis. However, 18-FDG PET/CT scans were not accessible for 30 of these individuals. Between 2014 and 2016, eight of 18F-FDG PET/CT scans were performed. It was reported that the prevalence of 18F-FDG PET/CT imaging increased after 2016. Additionally, four patients were removed since their TEE images were obtained from outside sources. The remaining four patients were discharged from our facility owing to treatment refusal and were unavailable for clinical follow-up. As a result, statistical analyses were done on 40 patients (Figure 1).

The study protocol was approved by our center's local ethical committee (decree no: 02-123-19, date: 28/01/2019).

The medical records of all of the patients were reviewed. Blood cultures, TEE, and PET/CT imaging findings were noted. All patients underwent both transthoracic echocardiography and TEE examinations. Transthoracic and transesophageal echocardiographic evaluations were performed using multifrequency transthoracic transducers ranging from 2.5 FPA to 1.5–3.6 MHz and 5 MHz multiplane transesophageal transducers. The masses detected during TEE were classified based on their mobility and number: fixed masses were immobile structures encircled circularly, causing thickening around the lead (Figure 2), while mobile masses were thin fibrillary structures attached to the lead (Figure 3), and the presence of multiple structures was termed as multiple masses (Figure 4).

All patients also underwent an 18F-FDG PET/CT scan. The patients who underwent the scan met the three physician approvals and high clinical suspicion conditions required for 18F-FDG PET/CT scans in our country. A positive diagnosis of CIED infection via 18F-FDG PET/CT was established in the presence of abnormally elevated 18F-FDG uptake localized to the pocket or leads. Based on the 18F-FDG PET/CT scan results, patients were categorized into two groups: with or without lead endocarditis (LE). An 18F-FDG uptake pattern suggestive of

lead involvement (post-venous entry) and/or indicative of septic emboli or cardiac valve involvement was deemed a positive PET/CT examination for lead endocarditis (Figure 5). Conversely, an increased 18F-FDG uptake confined to the CIED generator pocket without lead involvement was considered negative for lead endocarditis.

During the pocket removal procedure, tissue samples were obtained and sent for culture. Lead extraction was performed according to the guidelines, and cultures of the intravascular segments of the extracted leads were conducted. Patients were classified as having pocket infection if cellulitis affecting the pocket area, purulent discharge from the incision site (excluding uncomplicated suture abscess), wound dehiscence, erosion of the skin by the generator or electrodes, signs of abscess or fistula formation, systemic symptoms or signs of systemic infection were observed.

The diagnosis of lead endocarditis was based on the Duke criteria: "definite LE" if there were two major criteria or one major and three minor criteria, or five minor criteria present; "possible LE" if there was one major and one minor criterion or three minor criteria present; and "no LE" if these criteria were not met or an alternative diagnosis was made. Subsequently, patients' TEE and 18F-FDG PET/CT results were classified as "definite LE" or "no LE". Throughout the 3-months follow-up, the patient's blood, tissue, and lead culture results were monitored. Whether or not the patients received antibiotic treatment, their clinical symptoms and biochemical analyses were evaluated at specific intervals. Complete blood count, CRP, and sediment tests were performed weekly for inpatients and every 2 or 4 weeks for outpatients. Physical examination (peripheral signs of endocarditis, appearance of a battery pocket, newly developed murmur) and symptom inquiry (fever, fatigue, loss of appetite, muscle and joint pain) were performed. Findings were noted. Patients who developed hemodynamic instability during follow-up and resulted in death were recorded. After three months of follow-up, all these results were reviewed according to the Duke criteria, and a definitive diagnosis was made. This final diagnosis was then compared with the 18F-FDG-PET/CT and TEE findings, providing a comprehensive overview of the patient's condition.

Statistical Analysis

The R Statistical software version 4.3.0 (R Foundation for Statistical Computing, Vienna, Austria) was used for statistical analyses. Descriptive statistics were presented as the mean standard deviation for normally distributed variables, median (min–max) for non-normally distributed variables, and frequency (percentage) for nominal variables. Categorical variables were compared using Chi-square or Fisher's exact Chi-square tests. The success of TEE and

18F-FDG PET/CT alone in detecting lead endocarditis was evaluated with the McNemar test. ROC (Receiver Operating Characteristic) analysis was performed to compare TEE, 18F-FDG PET (positron emission tomography), and TTE (transthoracic echocardiography). DeLong test for two associated ROC curves was used to evaluate statistical significance. Results were considered statistically significant for P < 0.05.

Results

A total of 40 patients diagnosed with pocket infection and hospitalized with a preliminary diagnosis of lead endocarditis were included in our study. The mean age of the patients was 61.5 years, and 65% were male. Twelve patients had a single-chamber implantable cardioverter-defibrillator (30%), four patients had a dual-chamber implantable cardioverter-defibrillator (10%), six patients had a single-chamber pacemaker (15%), six patients had a dual-chamber pacemaker (15%). Twelve patients had biventricular-implantable cardioverter-defibrillator (ICD) (30%). Other baseline characteristics are summarized in Table 1.

Forty patients presented with signs of pocket infection (pain, erythema, swelling, discharge, wound dehiscence), 21 patients (52.5%) with fever and fatigue, and three patients (7.5%) with symptoms of decompensated heart failure. Six patients had a history of IE or had undergone multiple pocket revisions due to previous infections, and all six had previously received numerous antibiotic treatments. Blood cultures were positive in 15 patients (37.5%), with pathogens listed in Table 1. Methicillin-resistant coagulase-negative staphylococci (MRCoNS) (26.6%) and Methicillin Sensitive Staphylococcus Aureus (MSSA) (26.6%) were the most commonly identified pathogens. Tissue culture was positive in 9 patients, with MSSA being the most frequently isolated microorganism in 4 patients. Lead culture was positive in 2 patients. Eighteen patients (45%) were treated with medical or pocket revision during followup, so the lead culture was not obtained. Due to the study's retrospective nature, lead culture results of 10 patients (25%) could not be obtained from medical records. It was noted that eight out of ten patients with negative lead culture had a history of antibiotic use before transvenous lead extraction. TEE was utterly negative in 17 patients (42.5%). Among the remaining patients, 12 (52.1%) had a mobile mass on the lead, 4 (17.3%) had a fixed mass, and 7 (30.4%) had multiple masses. According to the modified Duke criteria, two patients were classified as having no definitive lead endocarditis, 17 patients had definite lead endocarditis, and 21 patients had possible lead endocarditis. Among the 21 patients initially classified as having possible endocarditis, six were later diagnosed with definite lead endocarditis during follow-up.

All patients underwent 18F-FDG-PET/CT. Eighty percent of the patients had received antibiotic treatment before the scan, and 35% had been on antibiotics for at least seven days. 18F-FDG PET/CT showed no uptake in 12 patients (30%). Among the remaining patients, 25% showed only involvement of the pocket, while systemic involvement was observed in 2 patients (Table 1). Devices and leads were removed entirely in twenty-two patients (55%), and lead cultures identified a pathogenic bacterium in two patients. Twelve patients (30%) received medical treatment, and six (15%) underwent pocket revision (Table 1). During follow-up, twenty-three patients were diagnosed with definite lead endocarditis, while seventeen were considered free of lead endocarditis. The definitive diagnosis was based on a reevaluation of the Duke score, which included pathological criteria (extracted lead culture), alternative diagnoses, and new findings during follow-up.

Nine patients (20%) died during follow-up. Two patients underwent emergency surgery due to complications during transvenous lead extraction, leading to multiple organ failure and subsequent death. Four patients died due to the progression of heart failure symptoms and rhythm disturbances during follow-up. One patient was diagnosed with leukemia, and another with lung cancer. One patient died from a severe acute lung infection during the acute phase.

Among the 23 patients initially suspected of lead endocarditis based on TEE, follow-up confirmed the diagnosis in 14 cases. Of the 18 patients initially suspected of lead endocarditis based on 18F-FDG PET/CT, 17 were diagnosed with definite lead endocarditis during follow-up. Among the 22 patients with negative PET/CT scans, six had false negative results and were diagnosed with definite endocarditis (Table 2). Although neither imaging method alone is statistically sufficient to diagnose lead endocarditis, 18F-FDG PET/CT alone comes closer to diagnosing lead endocarditis.

The sensitivity, specificity, and positive/negative predictive values of 18F-FDG PET/CT, TEE, and TTE were calculated (Table 3). In a comparative analysis of diagnostic metrics between TEE and 18F-FDG PET/CT, as well as TEE and TTE (transthoracic echocardiography), the following results were obtained: For sensitivity, there was no statistically significant difference between TEE and 18F-FDG PET/CT (P = 0.23) or between TEE and TTE (P = 1.0). This robustly suggests that TEE's sensitivity is consistently comparable to 18 FDG PET/CT and TTE in detecting the condition under study. Regarding specificity, a statistically significant difference was observed between TEE and 18F-FDG PET/CT (P < 0.001), with 18F-FDG PET/CT showing higher specificity. Similarly, a significant difference was found between TEE and TTE (P = 0.008), with TEE demonstrating higher specificity than TTE.

Significant differences were noted for the positive predictive value (PPV). The difference between TEE and 18F-FDG PET/CT was statistically significant (P < 0.001), with 18F-FDG PET/CT exhibiting a higher PPV. However, no significant difference was found between TEE and TTE (P = 0.37). Lastly, the negative predictive value (NPV) also showed significant differences. The difference between TEE and 18F-FDG PET/CT was statistically significant (P = 0.04), with 18F-FDG PET/CT having a higher NPV. A significant difference was also observed between TEE and TTE (P = 0.03), with TEE showing a higher NPV than TTE. Our findings suggest that 18F-FDG PET/CT generally provides higher specificity and predictive values than TEE. However, TEE's sensitivity remains consistent across the methods compared, indicating its reliability in detecting the condition under study.

In the analysis of ROC curves comparing TEE and 18F-FDG-PET/CT, DeLong's test for two correlated ROC curves was employed to assess the statistical significance of the difference in the area under the curve (AUC) between the two diagnostic methods (Figure 6). The results of DeLong's test indicated a significant difference in the AUC values between TEE and 18F-FDG-PET/CT (P = 0.006). The AUC for TEE was estimated at 0.54, while the AUC for 18F-FDG-PET/CT was significantly higher at 0.84. This significant difference, a key finding of our research, underscores the improved diagnostic accuracy of 18F-FDG-PET/CT compared with TEE in diagnosing lead endocarditis. The same method was applied to compare TEE and TTE. The analysis revealed no statistically significant difference between the AUC of TEE and TTE (P = 0.20); this showed that the diagnostic performances of the two methods were statistically indistinguishable for lead endocarditis.

Discussion

Our investigation constitutes a retrospective study comparing the diagnostic efficacy of TEE and 18F-FDG-PET/CT in identifying lead endocarditis among patients previously diagnosed with pocket infection and monitored with a preliminary diagnosis of lead endocarditis. Our investigation demonstrated that 18F-FDG-PET/CT outperformed TEE in diagnosing lead endocarditis. The findings of our study underscore the potential benefits of integrating 18F-FDG-PET/CT into the diagnostic protocol for patients with suspected lead endocarditis and intracardiac devices.

Our study evaluated the sensitivities and diagnostic performances of TTE and TEE, and no significant difference was found. In the survey by Klug et al. [14], TEE is superior (sensitivity 94%) to TTE (sensitivity 23%) in diagnosing lead endocarditis. The results

of our study are due to their retrospective nature. We attribute this to the differences in the people performing echocardiographic evaluations, changes in image quality, and the small study population.

Our study, which rigorously evaluated the diagnostic powers of 18F-FDG PET-CT and TEE in diagnosing lead endocarditis, revealed a significant finding. It was demonstrated that these imaging techniques, when used alone, were insufficient in diagnosing lead endocarditis (P > 0.05). This finding aligns with the survey conducted by Gomes et al. [15], where imaging techniques were compared head-to-head in 46 patients receiving TEE, multidetector computed tomography angiography (MDCTA), and 18F-FDG PET/CT. In patients with prostheses, the sensitivity was 75%, 75%, and 83%, respectively (100% when combined), while the specificity for all three methods was 86%. Our research findings highlight the need for a comprehensive and sequential evaluation when diagnosing endocarditis. It is crucial to remember that additional imaging methods should be used together for diagnostic superiority when necessary. This approach, as our findings support, significantly enhances the accuracy and effectiveness of the diagnosis.

Our results align with those of a prior single-center study conducted by Graziosi et al. [16], involving a cohort of 17 patients, with the notable distinction of a larger patient cohort in our research, emphasizing its superior statistical power. Despite the retrospective nature of our study, the reassessment of patients during follow-up allowed for a revision of their diagnoses. This revealed a notable discrepancy between the final diagnosis received by a significant proportion of patients compared to the initial diagnosis of lead endocarditis based on Duke criteria, underscoring the considerable difficulty and frequent ambiguity associated with diagnosing lead endocarditis. Consequently, there is a heightened demand for advanced imaging modalities over-reliance solely on TEE for diagnosing lead endocarditis. Within this context, 18F-FDG-PET/CT emerges as a dependable imaging tool, as indicated by the findings of our study.

Our investigation illustrated the pivotal role this technique could play in diagnosis, particularly in patient cohorts characterized by inconclusive clinical and echocardiographic findings. The superiority of 18F-FDG-PET/CT in diagnosis stems from its capacity to visualize the extracardiac segment of leads, discern more precise distinctions between thrombus and vegetation, diagnose septic emboli even in clinically asymptomatic scenarios, and facilitate early identification of lead involvement. Specifically, echocardiography's inability to visualize the extracardiac segment of leads was highlighted in our study, wherein 18F-FDG-PET/CT revealed extracardiac lead involvement in two patients despite the absence of masses on TEE.

Furthermore, in eight patients with TEE-detected masses but indistinguishable between vegetation and thrombus, subsequent clinical follow-up and 18F-FDG-PET/CT imaging clarified the final diagnosis as thrombus, underscoring the superior discriminatory capability of 18F-FDG-PET/CT in distinguishing between thrombus and vegetation. Compared to other studies involving patients with CIED and diagnosed with infective endocarditis, the characteristics of our study population revealed a lower average age and a lower rate of positive blood, tissue, and lead cultures [16, 17]. The predominance of negative cultures in our patient cohort was attributed to a significant proportion of patients receiving multiple antibiotics before diagnosis.

Additionally, our patient population exhibited a lower incidence of device revision than other studies. In five patients, malignancy was diagnosed using 18F-FDG-PET/CT, leading to early diagnosis and treatment initiation. This outcome was interpreted as a positive extracardiac finding of 18F-FDG-PET/CT.

Some authors have advocated labeled leukocyte scintigraphy as an alternative diagnostic modality for identifying lead endocarditis. However, this approach is time-intensive [18]. Although labeled leukocyte scintigraphy exhibits somewhat greater specificity than 18F-FDG-PET/CT, its sensitivity is notably lower [19]. Nevertheless, due to its high specificity, labeled leukocyte scintigraphy may prove valuable as a secondary imaging tool in patients with suspected 18F-FDG-PET/CT findings [20]. Due to its heightened sensitivity in detecting inflammatory and infectious activity, 18F-FDG-PET/CT holds significant potential in diagnosing cardiovascular infections, with recent studies reporting promising outcomes in prosthetic valve and intracardiac device endocarditis [21–23]. For instance, Bensimhon et al. [24] observed that 18F-FDG-PET/CT might be particularly beneficial in diagnosing device infections within pacemaker pockets. Graziosi reported that 18F-FDG-PET/CT could enhance the diagnostic precision of modified Duke criteria, especially in cases categorized as probable infective endocarditis within the subset of device infections [16].

In a study by Ploux et al. [17], augmented involvement was noted in patients with CIEDs where TEE yielded negative results, but suspicion of device infection persisted, as evidenced by 18F-FDG-PET/CT. In all such cases, the CIEDs were obliterated, with subsequent culture analysis revealing microbial growth on the leads. Furthermore, differentiation between superficial infection and deep pocket infection was achieved. Pizzi et al. [25] demonstrated that including 18F-FDG-PET/CT, mainly 18F-FDG-PET/CT-Angiography, in the diagnostic workup of patients suspected of infective endocarditis can yield significant benefits. They found that the combination of Duke criteria and 18F-FDG-PET/CT, mainly when utilized in critical

situations (such as two postoperative periprosthetic pseudoaneurysms, two post-pericardiotomy syndromes, and two cases of pleuropericarditis), led to a substantial improvement in the diagnostic accuracy of IE.

Marciniak et al. [26] studied the sensitivity and specificity of 18F-FDG-PET/CT for lead endocarditis and pocket infection. The sensitivity for detecting pocket infection was reported to be 91.7% with a specificity of 70%, but the sensitivity and specificity for detecting lead endocarditis were 100% and 47.1%, respectively [26]. This study found that 18F-FDG PET/CT is more useful in identifying pocket infection than lead endocarditis. In our investigation, the sensitivity for diagnosing lead endocarditis was 73.9%, and the specificity was 94.1%. In addition to the group with infection findings, Marciniak's study included a control group of individuals who did not have infection symptoms. However, in our investigation, all patients were diagnosed with a pocket infection, and there was no control group without infection results. We attribute the considerable variation in sensitivity and specificity between the two investigations to the different patient groups used.

Potential drawbacks of this diagnostic tool include its relatively high cost and limited availability. Its price may be deemed high compared to TEE. However, 18F-FDG PET/CT scanning can be cost-effective if reserved for challenging diagnostic cases, such as patients with pacemakers and unknown fevers. Confirming the diagnosis earlier can help avoid uncertain treatments and repeat testing while enabling prompt initiation of definitive therapy, thereby reducing hospital stays. Additionally, unnecessary and costly use of materials can be avoided in patients without infection.

Study limitations: This retrospective investigation necessitates validation through larger patient cohorts and prospective studies. The retrospective design revealed deficiencies in interpreting imaging modalities (discordant TEE results across different interpreters) and obtaining culture outcomes (tissue, lead cultures). Most enrolled patients underwent multiple antibiotic therapies before culture sampling and 18F-FDG PET/CT imaging. This may have negatively impacted culture yields and constrained FDG uptake.

Our study was conducted with rigorous adherence to the approval process, which is a significant aspect of our research. One of the limitations we encountered was the small number of patients with a negative initial diagnosis (2 cases). This was primarily due to the high cost of 18F-FDG PET/CT and the stringent approval process. In our country, the test requires approval from three physicians, leading to its performance on highly suspected patients. As a result, the

number of negative patients in our study was low, impacting the results. Furthermore, these challenges in 18F-FDG-PET/CT imaging limited the sample size.

Confident investigators have underscored the importance of peripheral manifestations in IE and advocated for the utility of 18F-FDG-PET/CT in this context. However, due to the retrospective nature of this study, detailed documentation of peripheral endocarditis findings needed to be included in patient records, precluding evaluation of this aspect of 18F-FDG PET/CT. Our study has elucidated 18F-FDG-PET/CT's efficacy in early tumor detection.

Conclusion

In patients with suspected lead endocarditis involving implantable cardiac electronic devices, 18F-FDG PET/CT surpasses TEE in establishing an accurate diagnosis. Considering the impact of early diagnosis and treatment on mortality and morbidity in device infections, 18F-FDG PET/CT serves as a valuable diagnostic imaging modality for clinicians managing this complex scenario in patients suspected of lead endocarditis and experiencing diagnostic challenges.

Article information

Funding: They have no funding to disclose.

Conflict of interest: The authors declare no conflict of interest.

Compliance with ethical standards: This retrospective data analysis study did not require informed consent. The study protocol was approved by our center's local ethical committee (decree no: 02-123-19, date: 28/01/2019).

Open access: This article is available in open access under Creative Common Attribution-Non-Commercial-No Derivatives 4.0 International (CC BY-NC-ND 4.0) license, allowing to download articles and share them with others as long as they credit the authors and the publisher, but without permission to change them in any way or use them commercially.

References

- 1. Cahill TJ, Prendergast BD. Infective endocarditis. Lancet. 2016; 387(10021): 882–893, doi: 10.1016/S0140-6736(15)00067-7, indexed in Pubmed: 26341945.
- Traykov V, Dzhinsov K, Matusik PT. Infections of cardiac implantable electronic devices: epidemiology, mechanisms, and preventive measures. Kardiol Pol. 2023; 81(9): 859–869, doi: 10.33963/v.kp.97249, indexed in Pubmed: 37660391.
- 3. Ellis CR, Greenspon AJ, Andriulli JA, et al. Randomized trial of stand-alone use of the antimicrobial envelope in high-risk cardiac device patients. Circ Arrhythm

- Electrophysiol. 2023; 16(5): e011740, doi: <u>10.1161/CIRCEP.122.011740</u>, indexed in Pubmed: <u>36960716</u>.
- 4. Joy PS, Kumar G, Poole JE, et al. Cardiac implantable electronic device infections: who is at greatest risk? Heart Rhythm. 2017; 14(6): 839–845, doi: 10.1016/j.hrthm.2017.03.019, indexed in Pubmed: 28315744.
- 5. Han HC, Wang J, Birnie DH, et al. Association of the timing and extent of cardiac implantable electronic device infections with mortality. JAMA Cardiol. 2023; 8(5): 484–491, doi: 10.1001/jamacardio.2023.0467, indexed in Pubmed: 37017943.
- 6. Blomström-Lundqvist C, Traykov V, Erba PA, et al. ESC Scientific Document Group. European Heart Rhythm Association (EHRA) international consensus document on how to prevent, diagnose, and treat cardiac implantable electronic device infections-endorsed by the Heart Rhythm Society (HRS), the Asia Pacific Heart Rhythm Society (APHRS), the Latin American Heart Rhythm Society (LAHRS), International Society for Cardiovascular Infectious Diseases (ISCVID) and the European Society of Clinical Microbiology and Infectious Diseases (ESCMID) in collaboration with the European Association for Cardio-Thoracic Surgery (EACTS). Europace. 2020; 22(4): 515–549, doi: 10.1093/europace/euz246, indexed in Pubmed: 31702000.
- 7. Tarakji KG, Krahn AD, Poole JE, et al. Risk factors for CIED infection after secondary procedures: insights from the WRAP-IT trial. JACC Clin Electrophysiol. 2022; 8(1): 101–111, doi: 10.1016/j.jacep.2021.08.009, indexed in Pubmed: 34600848.
- 8. Essebag V, Verma A, Healey JS, et al. BRUISE CONTROL Investigators. Clinically significant pocket hematoma increases long-term risk of device infection: BRUISE CONTROL INFECTION study. J Am Coll Cardiol. 2016; 67(11): 1300–1308, doi: 10.1016/j.jacc.2016.01.009, indexed in Pubmed: 26988951.
- 9. Toriello F, Saviano M, Faggiano A, et al. Cardiac implantable electronic devices infection assessment, diagnosis and management: a review of the literature. J Clin Med. 2022; 11(19), doi: 10.3390/jcm11195898, indexed in Pubmed: 36233765.
- 10. Sordelli C, Fele N, Mocerino R, et al. Infective endocarditis: echocardiographic imaging and new imaging modalities. J Cardiovasc Echogr. 2019; 29(4): 149–155, doi: 10.4103/jcecho.jcecho_53_19, indexed in Pubmed: 32089994.
- 11. Mikail N, Hyafil F. Nuclear Imaging in Infective Endocarditis. Pharmaceuticals (Basel). 2021; 15(1): 14, doi: 10.3390/ph15010014, indexed in Pubmed: 35056069.
- 12. Bourque JM, Birgersdotter-Green U, Bravo PE, et al. 18F-FDG PET/CT and radiolabeled leukocyte SPECT/CT imaging for the evaluation of cardiovascular

- infection in the multimodality context: ASNC Imaging Indications (ASNC I2) Series Expert Consensus Recommendations from ASNC, AATS, ACC, AHA, ASE, EANM, HRS, IDSA, SCCT, SNMMI, and STS. Clin Infect Dis. 2024 [Epub ahead of print]; Online ahead of print, doi: 10.1093/cid/ciae046, indexed in Pubmed: 38466039.
- Erba PA, Lancellotti P, Vilacosta I, et al. Recommendations on nuclear and multimodality imaging in IE and CIED infections. Eur J Nucl Med Mol Imaging. 2018;
 45(10): 1795–1815, doi: 10.1007/s00259-018-4025-0, indexed in Pubmed: 29799067.
- 14. Klug D, Lacroix D, Savoye C, et al. Systemic infection related to endocarditis on pacemaker leads: clinical presentation and management. Circulation. 1997; 95(8): 2098–2107, doi: 10.1161/01.cir.95.8.2098, indexed in Pubmed: 9133520.
- 15. Gomes A, van Geel PP, Santing M, et al. Imaging infective endocarditis: adherence to a diagnostic flowchart and direct comparison of imaging techniques. J Nucl Cardiol. 2020; 27(2): 592–608, doi: 10.1007/s12350-018-1383-8, indexed in Pubmed: 30066279.
- 16. Graziosi M, Nanni C, Lorenzini M, et al. Role of ¹⁸F-FDG PET/CT in the diagnosis of infective endocarditis in patients with an implanted cardiac device: a prospective study. Eur J Nucl Med Mol Imaging. 2014; 41(8): 1617–1623, doi: 10.1007/s00259-014-2773-z, indexed in Pubmed: 24802193.
- 17. Ploux S, Riviere A, Amraoui S, et al. Positron emission tomography in patients with suspected pacing system infections may play a critical role in difficult cases. Heart Rhythm. 2011; 8(9): 1478–1481, doi: 10.1016/j.hrthm.2011.03.062, indexed in Pubmed: 21463705.
- 18. Holcman K, Rubiś P, Stępień A, et al. The diagnostic value of 99mtc-hmpao-labelled white blood cell scintigraphy and 18F-FDG PET/CT in cardiac device-related infective endocarditis-a systematic review. J Pers Med. 2021; 11(10), doi: 10.3390/jpm11101016, indexed in Pubmed: 34683157.
- 19. Dibble EH, Yoo DC, Baird GL, et al. FDG PET/CT of infection: should it replace labeled leukocyte scintigraphy of inpatients? AJR Am J Roentgenol. 2019; 213(6): 1358–1365, doi: 10.2214/AJR.18.20475, indexed in Pubmed: 31461320.
- 20. Rouzet F, Chequer R, Benali K, et al. Respective performance of 18F-FDG PET and radiolabeled leukocyte scintigraphy for the diagnosis of prosthetic valve endocarditis. J Nucl Med. 2014; 55(12): 1980–1985, doi: 10.2967/jnumed.114.141895, indexed in Pubmed: 25453046.
- 21. Ten Hove D, Slart RH, Sinha B, et al. F-FDG PET/CT in infective endocarditis:

- indications and approaches for standardization. Curr Cardiol Rep. 2021; 23(9): 130, doi: 10.1007/s11886-021-01542-y, indexed in Pubmed: 34363148.
- 22. Gomes A, van Geel PP, Santing M, et al. Imaging infective endocarditis: adherence to a diagnostic flowchart and direct comparison of imaging techniques. J Nucl Cardiol. 2020; 27(2): 592–608, doi: 10.1007/s12350-018-1383-8, indexed in Pubmed: 30066279.
- 23. Sitnik M, Cienszkowska K, Kobylecka M, et al. Insidious infective endocarditis: should we use positron emission tomography more often? Kardiol Pol. 2024; 82(2): 233–234, doi: 10.33963/v.kp.96588, indexed in Pubmed: 37768022.
- 24. Bensimhon L, Lavergne T, Hugonnet F, et al. Whole body [(18) F]fluorodeoxyglucose positron emission tomography imaging for the diagnosis of pacemaker or implantable cardioverter defibrillator infection: a preliminary prospective study. Clin Microbiol Infect. 2011; 17(6): 836–844, doi: 10.1111/j.1469-0691.2010.03312.x, indexed in Pubmed: 20636421.
- 25. Pizzi MN, Roque A, Fernández-Hidalgo N, et al. Improving the diagnosis of infective endocarditis in prosthetic valves and intracardiac devices with 18f-fluordeoxyglucose positron emission tomography/computed tomography angiography: initial results at an infective endocarditis referral center. Circulation. 2015; 132(12): 1113–1126, doi: 10.1161/CIRCULATIONAHA.115.015316, indexed in Pubmed: 26276890.
- 26. Marciniak-Emmons MB, Świerżyńska E, Mazurek A, et al. Computed tomography with positron emission tomography is more useful in local than systemic infectious process related to cardiac implanted electrotherapy device: a prospective controlled multicenter diagnostic intervention PET-Guidance Trial. Int J Cardiovasc Imaging. 2022; 38(12): 2753–2761, doi: 10.1007/s10554-022-02663-3, indexed in Pubmed: 36445676.

Table 1. Main characteristics of the study group

		Value
Gender, n (%)	Male	26 (65%)
Gender, if (70)	Female	14 (35%)
Age, mean (SD)		61.5 (13.5)
Device types, n (%)	Single-chamber ICD	12 (30%)
	Single-chamber PM	6 (15%)

	Dual-chamber PM	6 (15%)
	BV-ICD	12 (30%)
	DDD-ICD	4 (10%)
	Candida	1 (6.6%)
	Enterococcuc Faecalis	1 (6.6%)
Positive blood cultures, n	MRCoNS	4 (26.6%)
(%)	Polymicrobial	1 (6.6%)
	MSSA	4 (26.6%)
	Streptococcus	2 (13.3%)
	VRE	2 (13.3%)
	Mobile mass	12 (42.1%)
TEE positivity, n (%)	Immobilized mass	4 (17.3%)
	DDD-ICD	7 (30.4%)
	Candida	1 (11.1%)
	MRCoNS	1 (11.1%)
	Polymicrobial	1 (11.1%)
Positive tissue cultures n (%)	MSSA	4 (44.4%)
	Streptococcus	1 (11.1%)
	VRE	1 (11.1%)
	Negative	10 (25%)
Lead cultures, n (%)	Positive	2 (5%)
	Absent	28 (70%)
Initial Modified Duke criteria, n (%)	Not Lead Endocarditis	2 (5%)
	Possible Lead Endocarditis	21(52.5%)
	Definite Lead Endocarditis	17 (42.5%)
Follow-up, n (%)	Death	9 (22.5%)
	Recurrent infection	3 (7.5%)

	Recovery	28 (70%)
Treatment, n (%)	Medical Treatment	12 (30%)
	Transvenous Lead Extraction	19 (47.5%)
	Surgical Treatment	3 (7.5%)
	Pocket Revision	6 (15%)
18F-FDG PET, n (%)	No involvement	12 (30%)
	Pocket involvement	10 (25%)
	Lead and pocket involvement	16 (40%)
	Systemic involvement	2 (5%)

18F-FDG PET — positron emission tomography; BV-ICD — biventricular pacemaker and implantable cardioverter defibrillator; DDD-ICD — dual chamber pacemaker-defibrillator; ICD — implantable cardioverter-defibrillators; MRcONS — methicillin-resistant coagulase-negative staphylococci; MSSA — methycilline sensitive staphylococcus aureus; PM — pacemaker; TEE — transesophageal echocardiography; VRE — vancomycin-resistant enterococcus

Table 2. Performance of Positron Emission Tomography and Transesophageal Echocardiography in Diagnosing Lead Endocarditis when Used Alone as an İmaging Modality.

	Definitive Diagnosis					
			Lead	Lead		
			endocarditis	endocarditis	<i>P</i> -value	
			(-)	(+)		
			n (%)	n (%)		
	TEE	absent	8 (47.1%)	9 (52.9%)	1.000*	
Pre-			9 (39.1%)	14 (60.9%)	1.000	
diagnosis	18F-FDG	absent	16 (72.7%)	6 (27.3%)	0.125*	
	PET	present	1 (5.6%)	17 (94.4%)	0.123	

18F-FDG PET — positron emission tomography; TEE — transesophageal echocardiography

^{*}McNemar test used

Table 3. Sensitivity and specificity of Positron Emission Tomography, Transesophageal Echocardiography, and Transthoracic Echocardiography in detecting lead infection in patients suspected of lead endocarditis.

	TEE (95% CI)	18F-FDG PET (95% CI)	<i>P</i> -value	TEE (95% CI)	TTE (95% CI)	<i>P</i> -value
Sensitivity	0.61 (0.41–	0.74 (0.54– 0.87)	0.23	0.61 (0.41–	0.57 (0.37–	1.0
	0.78)	0.87)		0.78)	0.74)	
Specificity	0.47 (0.26–	0.94 (0.73– 0.99)	<0.001	0.47 (0.26–	0.18 (0.06–	0.008
Specificity	0.69)	0.99)	<0.001	0.69)	0.41)	0.008
PPV	0.61 (0.41–	0.94 (0.74–	<0.001	0.61 (0.41–	0.48 (0.31–	0.37
11 V	0.78)	0.99)	\0.001	0.78)	0.66)	0.57
NPV	0.47 (0.26–	0.73 (0.52– 0.87)	0.04	0.47 (0.26–	0.23 (0.08– 0.50)	0.03
	0.69)	0.87)		0.69)	0.50)	0.03

18F-FDG PET — positron emission tomography; CI — confidence interval calculated; NPV — negative predictive value; PPV — positive predictive value; TEE — transesophageal echocardiography; TTE — transthoracic echocardiography

Figure 1. The flow of patients. TEE, transesophageal echocardiography; 18F-FDG PET/CT, F-18 fluoro-2-deoxy-glucose positron emission tomography.

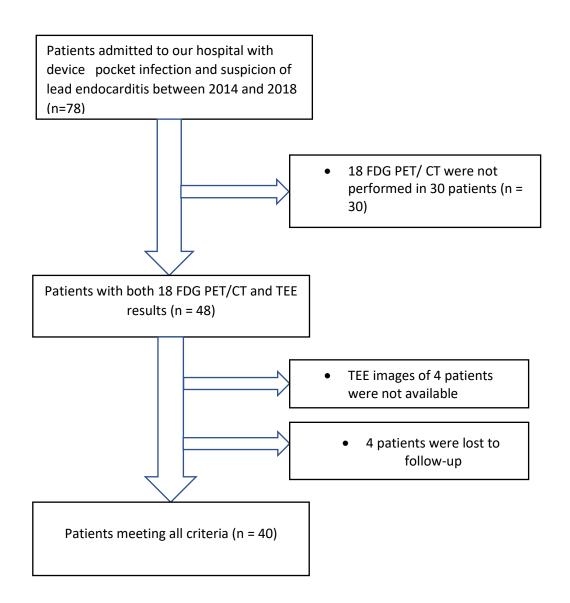


Figure 2. A fixed mass encircling the lead was observed during a transesophageal echocardiography study.



Figure 3. A mobile mass around the lead was observed during a transesophageal echocardiography study.



Figure 4. Multiple masses around the lead were observed during a transesophageal echocardiography study.



Figure 5. Positive PET/CT examination demonstrating uptake of 18-FDG by the leads.

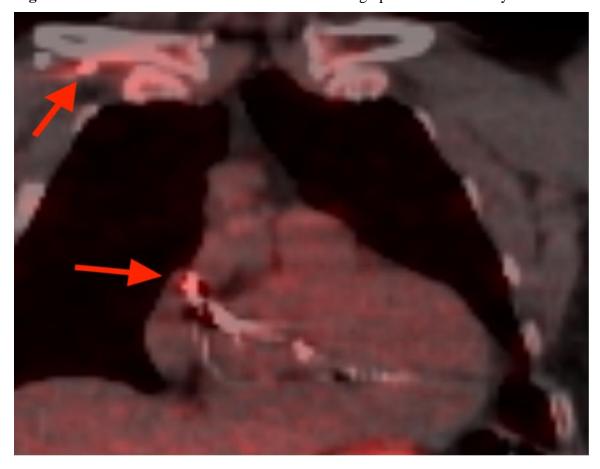


Figure 6. ROC Curves Comparing Positron Emission Tomography, Transesophageal Echocardiography, and Transthoracic Echocardiography

