



# POLISH HEART JOURNAL

Kardiologia Polska

The Official Peer-reviewed Journal  
of the Polish Cardiac Society  
since 1957

**Online first**

This is a provisional PDF only. Copyedited and fully  
formatted version will be made available soon

ISSN 0022-9032

e-ISSN 1897-4279

## **Wavelet transform analysis reveals differences between patients with impaired LVEF and healthy individuals**

**Authors:** Marcin Gruszecki, Damian Kaufmann, Michał Świąteczak, Krzysztof Młodziński,  
J Patrick Neary, Jyotpal Singh, Jacek Rumiński, Ludmiła Daniłowicz-Szymanowicz

**Article type:** Short communication

**Received:** March 18, 2024

**Accepted:** June 24, 2024

**Early publication date:** July 8, 2024

This article is available in open access under Creative Common Attribution-Non-Commercial-No Derivatives 4.0 International (CC BY-NC-ND 4.0) license, allowing to download articles and share them with others as long as they credit the authors and the publisher, but without permission to change them in any way or use them commercially.

# **Wavelet transform analysis reveals differences between patients with impaired LVEF and healthy individuals**

**Short title:** Comparative WT: Impaired LVEF Patients vs. Healthy Individuals

Marcin Gruszecki<sup>1,2</sup>, Damian Kaufmann<sup>3</sup>, Michał Świąteczak<sup>3</sup>, Krzysztof Młodziński<sup>3</sup>, J Patrick Neary<sup>4</sup>, Jyotpal Singh<sup>4</sup>, Jacek Rumiński<sup>2</sup>, Ludmiła Daniłowicz-Szymanowicz<sup>3</sup>

<sup>1</sup>Department of Radiology Informatics and Statistics, Faculty of Health Sciences, Medical University of Gdansk, Gdańsk, Poland

<sup>2</sup>Department of Biomedical Engineering, Faculty of Electronics, Telecommunications and Informatics, Gdansk University of Technology, Gdańsk, Poland

<sup>3</sup>Department of Cardiology and Electrotherapy, Faculty of Medicine, Medical University of Gdansk, Gdańsk, Poland

<sup>4</sup>Faculty of Kinesiology and Health Studies, University of Regina, Regina, Canada

## **Correspondence to:**

Marcin Gruszecki, PhD, DSc,  
Department of Radiology Informatics and Statistics,  
Medical University of Gdansk,  
Tuwima 15, 80–210 Gdańsk, Poland,  
phone: +48 58 349 15 08,  
e-mail: mgruszecki@gumed.edu.pl

## **INTRODUCTION**

Heart failure (HF) is a global pandemic affecting 64 million people worldwide, with increasing incidence, morbidity, mortality, and economic burden [1]. Forecasts indicate rising prevalence, especially among the elderly and in low-to-middle socio-demographic index regions [2]. Left ventricular ejection fraction (LVEF) significantly impacts HF treatment and prognosis [3]. The sequence of physiological changes related to reduced LVEF remains uncertain. Limited research explores these mechanisms. This study employs wavelet transformation (WT) to investigate oscillatory interactions, exploring aging and decreased LVEF effects on cardiovascular dynamics. We analyze central (electrocardiogram [ECG]) and peripheral (blood

pressure [BP]) measurements, hypothesizing modified wavelet quantities in HF patients compared to healthy individuals.

## **METHODS**

### **Subjects**

Participants abstained from alcohol for 24 hours, and from tea, coffee, nicotine, cocoa, and methylxanthine-containing items for 12 hours prior to the experiment. Intense exercise was not allowed for 6 hours before testing. Before each procedure, participants rested quietly for 10 minutes.

The experiments for the patient group were conducted at the Department of Cardiology and Electrotherapy, Medical University of Gdansk, Poland and for control group at Faculty of Kinesiology and Health Studies, University of Regina, Canada. The recruitment period for the patient group was from February 25, 2015, to July 28, 2018, and for the control group, it was from June 1, 2019, to November 1, 2019. Researchers in Poland and Canada utilized a Finometer (Finapres 2300, Ohmeda) to measure participants' BP, employing a finger-cuff for beat-to-beat BP monitoring from the left middle finger. Additionally, ECG signals were recorded using the Finometer device, which incorporates ECG electrodes for simultaneous electrocardiogram signal measurement alongside BP readings. Pre-processing steps included detrending and normalization [4].

### **Wavelet transform**

We used wavelet analysis to identify and study the physiological mechanisms behind cardiovascular system oscillations [5]. Further details on WT and related measures like wavelet amplitude and phase coherence are available in [4].

### **Statistical analysis**

Non-parametric statistical tests, specifically the Wilcoxon rank sum test, were employed to compare the median values of wavelet amplitude and phase between the control and patient groups due to the non-normal distribution of the data. For the body mass index (BMI) comparison (Supplementary material, *Table S1*), a t-test was used, as the BMI values in both groups followed a normal distribution. We determined statistical significance of phase coherence using surrogate data testing [6].

## RESULTS AND DISCUSSION

In our study, we examined two groups of volunteers: a patient group and a control group.

**Patient group:** The study included 16 individuals. Inclusion criteria: compensated ischemic HF with LVEF  $\leq 50\%$  treated per current guidelines and sinus rhythm. Exclusion criteria: age  $< 18$  years, history of sustained ventricular tachycardia, permanent supraventricular arrhythmia, paced rhythm, clinical instability within three months, incomplete or recent ( $< 3$  months) revascularization, II/III atrioventricular block and neuropathy.

The study group primarily consisted of males (94%), with an average age of 62 (6) years and a BMI of 29.1 (3.8)  $\text{kg/m}^2$  (age and BMI expressed as mean [standard deviation]). Most patients had a history of myocardial infarction (88%), hypertension (75%), hypercholesterolemia (69%), and were active smokers (75%). Diabetes was present in 25% of cases, and paroxysmal atrial fibrillation was also present in 25% of participants. Pharmacotherapy details indicated widespread use, including beta-blockers (94%), angiotensin-converting enzyme inhibitors/angiotensin receptor blockers (88%), statins (94%), antiplatelet drugs (88%), mineralocorticoid receptor blockers (50%), and diuretics or anticoagulants (25%). Patients were treated by current HF management guidelines, with any instances of treatment omission attributable to contraindications or adverse effects. The study followed Helsinki recommendations and obtained approval from the Ethics Committee of the Medical University of Gdansk (NKBBN/864/2022-2023).

**Control group:** Ten control participants (9 males and 1 female, age 28.5 [9.1] years, BMI = 24.1 [1.2]  $\text{kg/m}^2$ ). Inclusion criteria: healthy individuals, age  $> 18$  years, non-smokers and have no chronic or acute illnesses. Exclusion criteria: pregnant women and those with a history of drug or alcohol abuse. The Ethics Committee of University of Regina (REB#2017-013) approved this study and the experimental protocol. All control and patient participants provided signed informed consent forms.

**Figure 1** compares frequency content of control and patient groups using median time-averaged amplitude of WT across four frequency intervals [4]. Intervals I and II (0.6–2 Hz and 0.145–0.6 Hz) relate to cardiac and respiratory function, while interval III (0.052–0.145 Hz) pertains to smooth muscle cell activity, and interval IV (0.021–0.052 Hz) reflects smooth muscle autonomic innervation [7].

We noticed a significant decrease in ECG wavelet amplitude (**Figure 1A**) within the cardiac frequency range in patients, linked to impaired LVEF. Similarly, a decline in phase coherence between BP and ECG signals (**Figure 1C**) was observed in patients within this frequency range. Phase coherence was significant if it exceeded the 95<sup>th</sup> percentile of 120 inter-

subject surrogates (generated from 2-permutations of 16 subjects). BP-ECG phase coherence provides insights into dynamic heart electrical activity and cardiovascular hemodynamics interactions. Reduced coherence indicates cardiovascular dysfunction due to impaired LVEF, affecting BP. Conversely, in healthy individuals, BP-ECG coherence remains stable.

Our study found significant differences in interval III for BP signals (Figure 1B) between control and patient groups. This may explain impaired myogenic activity in patients, suggesting increased vessel stiffness in older individuals [8].

Our observation of a notable decrease in BP signal wavelet amplitude in interval IV for the patient group (Figure 1B) is consistent with [7]. They noted reduced absolute spectral amplitude of laser Doppler flow signals in HF patients compared to healthy controls, indicating impaired smooth muscle autonomic innervation in those with impaired LVEF.

WT shows significant potential in cardiovascular medicine by analyzing complex physiological signals like ECG and BP signals in both time and frequency domains simultaneously. It aids in detecting and diagnosing various cardiovascular conditions by extracting relevant features, such as patterns associated with arrhythmias or ischemia in ECG signals [11]. Additionally, wavelet analysis helps in risk stratification for cardiovascular events by analyzing subtle variations and patterns in physiological signals [12]. Continuous monitoring of physiological signals through WT offers insights into cardiovascular disease progression and aids in predicting patient outcomes.

## **Limitations**

The patient group exhibits a higher BMI compared to the control group. Elevated BMI significantly affects heart function and cardiovascular health, correlating with a heightened risk of heart diseases such as coronary artery disease, HF, and atrial fibrillation [9, 10]. The varied drug regimens in our study pose challenges in evaluating their relative efficacy in treated patients. Additionally, 75% of the patient group were active smokers, and 25% had diabetes, potentially impacting the sympathetic nervous system (Figure 1B). Furthermore, limitations and sources of uncertainty with the Finometer include calibration, movement artifacts and processing algorithms, necessitating user awareness for reliable BP measurements. Finally, a limitation is the small number of patients.

## **Supplementary material**

Supplementary material is available at [https://journals.viamedica.pl/polish\\_heart\\_journal](https://journals.viamedica.pl/polish_heart_journal).

## Article information

**Conflict of interest:** None declared.

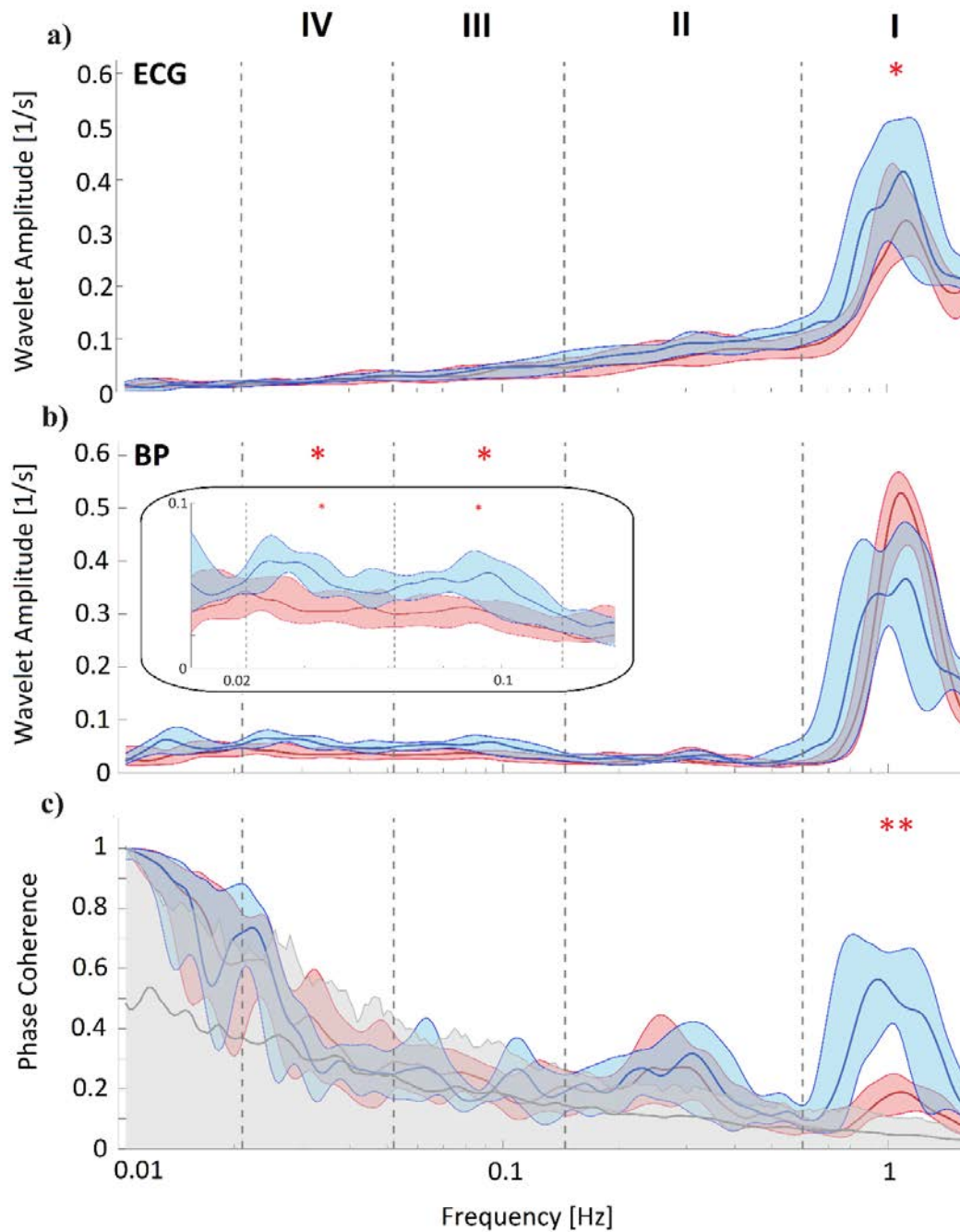
**Funding:** None.

**Open access:** This article is available in open access under Creative Common Attribution-Non-Commercial-No Derivatives 4.0 International (CC BY-NC-ND 4.0) license, which allows downloading and sharing articles with others as long as they credit the authors and the publisher, but without permission to change them in any way or use them commercially. For commercial use, please contact the journal office at [polishheartjournal@ptkardio.pl](mailto:polishheartjournal@ptkardio.pl)

## REFERENCES

1. Savarese G, Becher PM, Lund LH, et al. Global burden of heart failure: a comprehensive and updated review of epidemiology. *Cardiovasc Res.* 2023; 118(17): 3272–3287, doi: [10.1093/cvr/cvac013](https://doi.org/10.1093/cvr/cvac013), indexed in Pubmed: [35150240](https://pubmed.ncbi.nlm.nih.gov/35150240/).
2. Lippi G, Sanchis-Gomar F. Global epidemiology and future trends of heart failure. *AME Medical Journal.* 2020; 5(15), doi: [10.21037/amj.2020.03.03](https://doi.org/10.21037/amj.2020.03.03).
3. Kaufmann D, Szwoch M, Kwiatkowska J, et al. Global longitudinal strain can predict heart failure exacerbation in stable outpatients with ischemic left ventricular systolic dysfunction. *PLoS One.* 2019; 14(12): e0225829, doi: [10.1371/journal.pone.0225829](https://doi.org/10.1371/journal.pone.0225829), indexed in Pubmed: [31790492](https://pubmed.ncbi.nlm.nih.gov/31790492/).
4. Gruszecki M, Lancaster G, Stefanovska A, et al. Human subarachnoid space width oscillations in the resting state. *Sci Rep.* 2018; 8(1): 3057, doi: [10.1038/s41598-018-21038-0](https://doi.org/10.1038/s41598-018-21038-0), indexed in Pubmed: [29449606](https://pubmed.ncbi.nlm.nih.gov/29449606/).
5. Holme NL, Zilakos I, Elstad M, et al. Cerebral blood flow response to cardiorespiratory oscillations in healthy humans. *Auton Neurosci.* 2023; 245, doi: [10.1016/j.autneu.2022.103069](https://doi.org/10.1016/j.autneu.2022.103069), indexed in Pubmed: [36584666](https://pubmed.ncbi.nlm.nih.gov/36584666/).
6. Lancaster G, Iatsenko D, Pidde A, et al. Surrogate data for hypothesis testing of physical systems. *Physics Reports.* 2018; 748: 1–60, doi: [10.1016/j.physrep.2018.06.001](https://doi.org/10.1016/j.physrep.2018.06.001).
7. Bernjak A, Stefanovska A, McClintock PVE, et al. Coherence between fluctuations in blood flow and oxygen saturation. *Fluctuation and Noise Letters.* 2012; 11(1), doi: [10.1142/s0219477512400135](https://doi.org/10.1142/s0219477512400135).
8. Levy BI. Artery changes with aging: degeneration or adaptation? *Dialog Cardiovas Med.* 2001; 6: 104–111.

9. Sciomer S, Moscucci F, Salvioni E, et al. Role of gender, age and BMI in prognosis of heart failure. *Eur J Prev Cardiol.* 2020; 27(2\_suppl): 46–51, doi: [10.1177/2047487320961980](https://doi.org/10.1177/2047487320961980), indexed in Pubmed: [33238736](https://pubmed.ncbi.nlm.nih.gov/33238736/).
10. Powell-Wiley TM, Poirier P, Burke LE, et al. American Heart Association Council on Lifestyle and Cardiometabolic Health; Council on Cardiovascular and Stroke Nursing; Council on Clinical Cardiology; Council on Epidemiology and Prevention; and Stroke Council. Obesity and cardiovascular disease: a scientific statement from the American Heart Association. *Circulation.* 2021; 143(21): e984–e1010, doi: [10.1161/CIR.0000000000000973](https://doi.org/10.1161/CIR.0000000000000973), indexed in Pubmed: [33882682](https://pubmed.ncbi.nlm.nih.gov/33882682/).
11. Biscay F, Arini PD, Rincón Soler AI, et al. Classification of ischemic and non-ischemic cardiac events in Holter recordings based on the continuous wavelet transform. *Med Biol Eng Comput.* 2020; 58(5): 1069–1078, doi: [10.1007/s11517-020-02134-8](https://doi.org/10.1007/s11517-020-02134-8), indexed in Pubmed: [32157593](https://pubmed.ncbi.nlm.nih.gov/32157593/).
12. Rocha T, Paredes S, Carvalho P, et al. A wavelet-based approach for time series pattern detection and events prediction applied to telemonitoring data. *Annu Int Conf IEEE Eng Med Biol Soc.* 2011; 2011: 6037–6040, doi: [10.1109/IEMBS.2011.6091492](https://doi.org/10.1109/IEMBS.2011.6091492), indexed in Pubmed: [22255716](https://pubmed.ncbi.nlm.nih.gov/22255716/).



**Figure 1. A–B.** Display median time-averaged wavelet transformation for signals recorded from patient and control groups, respectively. Thick red and blue lines represent patient and control groups, with shaded areas indicating the interquartile range (25<sup>th</sup> to 75<sup>th</sup> percentiles). **A.** Shows electrocardiogram (ECG) signal results, while **B.** shows BP signal results. **B.** The statistically significant frequency intervals III and IV were enlarged. **C.** Shows median wavelet phase coherence between blood pressure and ECG. Thick colored lines represent median values, with colored shading indicating interquartile range (25<sup>th</sup> to 75<sup>th</sup> percentiles). Coherence below the 95<sup>th</sup> percentile of surrogates is not significant (light grey line/shading). Significant group differences are denoted by asterisks: \* $P < 0.05$ ; \*\* $P < 0.01$