Table S1 The most debilitating symptoms of MS reported by the patients

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|  | **Symptom** | **Number of responses** |
| 1 | Fatigue | 184 (73.6%) |
| 2 | Balance problems | 142 (56.8%) |
| 3 | Visual disturbances | 102 (40.8%) |
| 4 | Motor/ambulation problems | 89 (35.6%) |
| 5 | Pain | 87 (34.8%) |
| 6 | Tremor | 43 (17.2%) |
| 7 | Bowel/bladder dysfunction  | 40 (16%) |
| 8 | Speech impairment | 26 (10.4%) |