**Supplementary material**

|  |  |  |
| --- | --- | --- |
| No. | Item | kappa coefficient |
| 1 | Random sequence generation | 1 |
| 2 | Allocation concealment | 1 |
| 3 | Blinding of participants and personnel | 1 |
| 4 | Blinding of outcome assessment | 1 |
| 5 | Incomplete outcome data | 0 |
| 6 | Selective reporting | 1 |
| 7 | Other bias | 1 |

Table S2. Consistency Evaluation of the Risk-of-Bias Assessment