

Treat the vessel, save the heart: a rare case of spontaneous sensitive carotid artery dissection

Irena Kalińska¹, Piotr Kułak¹, Urszula A. Szymańska¹, Jerzy Walecki^{2,3}, Dariusz A. Kosior^{1,4}

¹ Department of Cardiology and Hypertension with Electrophysiology Laboratory, Central Research Hospital, Ministry of the Interior and Administration, Warsaw, Poland

² Centre of Postgraduate Medical Education, Warsaw, Poland

³ Department of Radiology, Central Research Hospital, Ministry of the Interior and Administration, Warsaw, Poland

⁴ Mossakowski Medical Research Centre, Polish Academy of Sciences, Warsaw, Poland

Dissection of the carotid artery occurs rarely, and it is usually caused by serious trauma or sporadically can be spontaneous. In most cases, this condition leads to ischemic stroke. Otherwise, nonspecific symptoms may cause a delay in diagnosis and inappropriate management. We present a very rare case of dissection of the carotid artery complicated with carotid sinus syndrome requiring pacemaker implantation.

A 62-year-old white man with a history of hypertension presented to the department of cardiology due to syncope while riding a bike with a little injury of the right arm. The patient complained of recurrent headache in the temporal area for the last 2 years and an additional symptom, photopsia, which occurred just before the hospitalization. Horner syndrome was observed on physical examination. Routine laboratory tests were in the reference range. On admission, 12-lead electrocardiogram showed sinus rhythm of 61 bpm with normal PR and corrected QT intervals and nonspecific ST-T changes. Echocardiography with bubble study did not demonstrate any interatrial septum leak or any evidence of structural heart disease. Computed tomography revealed a small remote infarct in the temporal lobe. Further Holter electrocardiogram recording showed no rhythm or conduction disturbances within the following 48 hours. Carotid doppler ultrasound found hypoechoic plaque narrowing the intraluminal diameter to 2 mm through the right internal carotid artery (RICA) with peak velocity of 50 cm/s. To verify ultrasound abnormalities, cervical computed tomography angiography was performed, which showed dissection of the RICA (FIGURE 1A). The patient was disqualified by a surgeon from

interventional treatment, so anticoagulation with a low-molecular-weight heparin was initiated. In the next few days, the patient exhibited twice presyncope associated with bradycardia and hypotension. Simultaneously, telemetric monitoring detected episodes of atrioventricular junctional rhythm and a few 4.5-second pauses (FIGURE 1B). Therefore, we concluded that the possible cause of the recurrent syncope was carotid sinus hypersensitivity secondary to RICA dissection and the decision of dual-chamber pacemaker implantation was made. The procedure was successfully performed without any early complications and DDDR mode was programmed. Two months later, magnetic resonance angiography revealed complete luminal recovery of the RICA. Simultaneously, pacemaker interrogation showed no atrial and ventricular stimulation. If the following interrogations show no atrial or ventricular pacing, the device removal will be considered.

Dissection of the carotid artery is responsible for 2.5% of ischemic strokes in the general population, while carotid sinus syndrome is a rare complication of this condition.¹ According to the European Society of Cardiology guidelines, the pacemaker implantation should be considered in patients over 40 years with cardioinhibitory carotid sinus syndrome and frequent syncope.² Because of short but traumatic medical history and only few episodes of syncope with injury, the decision of pacemaker implantation was made in our patient. However, further observation revealed that the healing of carotid artery ruptured plaque led to full recovery of sinus node function. Hence, the question remains whether the pacemaker implantation

Correspondence to:

Urszula A. Szymańska, MD, PhD,
Department of Cardiology
and Hypertension
with Electrophysiology Laboratory,
Central Research Hospital,
Ministry of Interior
and Administration,
ul. Woloska 137, 02-507 Warszawa,
Poland, phone: +48 22 508 16 70,
email: u.a.szymanska@gmail.com
Received: February 27, 2020.

Revision accepted:

March 31, 2020.

Published online: March 31, 2020.

Kardiologia Polska. 2020; 78 (5): 478-479
doi:10.33963/KP.15269

Copyright by the Author(s), 2020

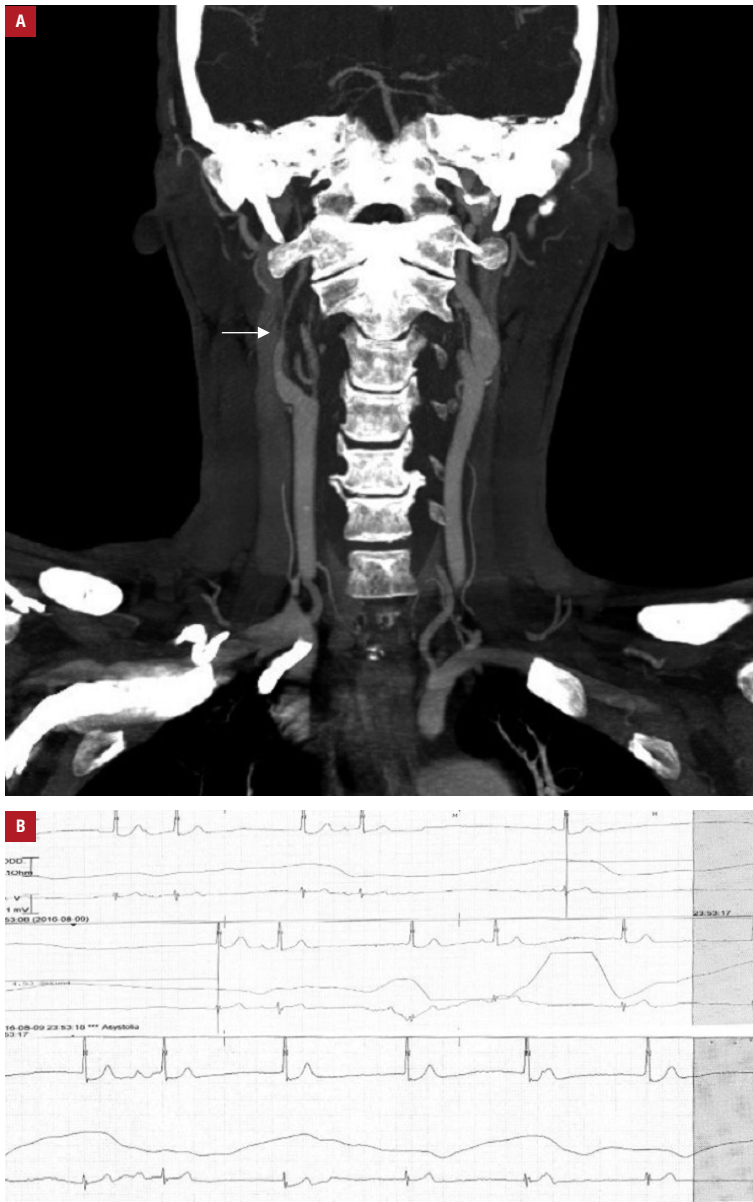


FIGURE 1 **A** – computed tomography angiography, coronal maximum intensity projection reconstruction, demonstrating a narrowing of the right internal carotid artery lumen secondary to dissection (arrow); **B** – telemetric monitoring: episodes of atrioventricular junctional rhythm and 4.5-second pause

was justified and whether surgical or endovascular treatment should have been reconsidered. However, further studies are needed to establish coherent management in such complications.

ARTICLE INFORMATION

CONFLICT OF INTEREST None declared

OPEN ACCESS This is an Open Access article distributed under the terms of the Creative Commons Attribution-Non Commercial-No Derivatives 4.0 International License (CC BY-NC-ND 4.0), allowing third parties to download articles and share them with others, provided the original work is properly cited, not changed in any way, distributed under the same license, and used for non-commercial purposes only. For commercial use, please contact the journal office at kardiologiapolska@ptkardio.pl.

HOW TO CITE Kalińska I, Kułak P, Szymańska UA, et al. Treat the vessel, save the heart: a rare case of spontaneous sensitive carotid artery dissection. *Kardiol Pol.* 2020; 78: 478-479. doi:10.33963/KP.15269

REFERENCES

- 1 Dulay D, Gould PA, Leung A, Krahn AD. Images in cardiovascular medicine. A sensitive dissection: profound bradycardia complicating carotid dissection. *Circulation.* 2008; 118: 152-153.
- 2 Brignole M, Moya A, de Lange FJ, et al. 2018 ESC Guidelines for the diagnosis and management of syncope. *Eur Heart J.* 2018; 39: 1883-1948.