

The page is decorated with various snowflake designs in blue and grey. The largest snowflakes are a dark blue color, while smaller ones are in a lighter grey. They are scattered across the page, with a higher concentration around the central text.

Dear Readers,  
Dear Writers,  
Dear IMH Friends,

We wish You all a Merry Christmas and a Happy New Year 2022.

Health, Peace and Love!

Let's deal with the pandemic!

With gratitude and sympathy  
IMH Editorial Board