



Dear Readers,
Dear Writers,
Dear IMH Friends,

The year 2020 is coming to an end.

It has been a very difficult time for all of us.

The COVID-19 pandemic has changed our professional and social lives.

It has changed us and our families. It has affected our health.

The pandemic has challenged many fields, particularly medicine and pharmaceuticals.

On the eve of a new year, we celebrate many achievements of science and medicine.

We trust that the vaccination will be delivered to all the people in the world very soon. However, we still wait for the effective remedy. This is the greatest challenge of all.

And in this extraordinary reality I venture to wish you all a very healthy Christmas.

A big thank you to all the Authors for bringing wonderful articles to IMH this year.

We always await new interesting reports, especially now, about the fight against the pandemic on land and at sea.

Let this Christmas be filled with warmth and peace.

Let it be the time of reflection on our lives.

Be patient; look after yourselves and your families. Avoid any unnecessary risk and keep the distance.

Stay healthy!

Maria Jeżewska
IMH Editor-in-Chief



