Dear Readers,
Dear Writers,
Dear Colleagues,

I am writing to all International Maritime Health (IMH) Journal Cooperators and Friends. The year 2019 is nearly finished. It was a good year for the IMH improvement and growth. We have more and more authors and valuable publications. The newly created award "The best IMH scientific article of the year" has shown that we publish interesting papers. The number of the citations is growing. The evaluation of the IMH is also getting better every year.

For the upcoming Christmas Holidays and the New Year we would like to wish you all good health, peace and a lot of happiness. Have a wonderful time with your Families and Friends.

At the same time, please don't forget about the IMH Journal...

Maria Jeżewska IMH Editor-in-Chief International Maritime Health Editorial Board



Merry Christmas and Happy New Year 2020