This is a provisional PDF only. Copyedited and fully formatted version will be made available soon.





ORGAN POLSKIEGO TOWARZYSTWA GINEKOLOGICZNEGO THE OFFICIAL JOURNAL OF THE POLISH GYNECOLOGICAL SOCIETY

ISSN: 0017-0011

e-ISSN: 2543-6767

Diagnostic accuracy of serum human epididymis protein 4 in ovarian cancer patients with different ethnic groups and menopausal status: a meta-analysis and systematic evaluation

Authors: Rui Sun, Lin Liu, Zhengli Feng, Ao Ni, Qing Guo

DOI: 10.5603/GP.a2022.0128

Article type: Research paper

Submitted: 2021-12-18

Accepted: 2022-03-08

Published online: 2022-10-27

This article has been peer reviewed and published immediately upon acceptance. It is an open access article, which means that it can be downloaded, printed, and distributed freely, provided the work is properly cited. Articles in "Ginekologia Polska" are listed in PubMed.

ORIGINAL PAPER / GYNECOLOGY

Diagnostic accuracy of serum human epididymis protein 4 in ovarian cancer patients with different ethnic groups and menopausal status: a meta-analysis and systematic evaluation

Rui Sun¹, Lin Liu², Zhengli Feng¹, Ao Ni³, Qing Guo¹

¹Shijiazhuang Obstetrics and Gynecology Hospital, Shijiazhuang, China

²Dalian Hunter Information Consulting Co. LTD, China

³*FuNing People's Hospital, China*

Corresponding author:

Qing Guo

Shijiazhuang Obstetrics and Gynecology Hospital, 206 Zhongshan East Road, 050000 Shijiazhuang, China

e-mail: guoqing919@outlook.com

ABSTRACT

Objectives: We aimed to analyze and evaluate the diagnostic value of serum human epididymis protein 4 (HE4) in ovarian cancer (OC) of patients with different menopausal status.

Material and methods: A comprehensive electronic and manual search of the relevant literature was performed through several databases such as CNKI, Wanfang database, VIP database, Chinese biomedical database, web of science, PubMed, EMBASE, and Cochrane database. We collected Chinese and English articles to

assess the diagnostic value of HE4 for ovarian cancer in female with different menopausal status. The quality of the studies included in the systematic review was assessed using the Quality Assessment of Diagnostic Accuracy Studies (QUADAS-2) tool.

Results: A total of 14 publications were included in this study and we didn't find publication bias in them. The sensitivity, specificity, positive likelihood ratio, and negative likelihood ratio of HE4 for the diagnosis of ovarian cancer in postmenopausal vs. premenopausal female were 0.71 (95% CI, 0.63–0.78) vs 0.78 (95% CI, 0.74–0.81); 0.91 (95% CI, 0.85–0.95) vs 0.90 (95% CI, 0.86–0.93); 11.90 (95% CI, 6.42–22.07) vs 11.03 (95% CI, 6.44–18.89); and 0.30 (95% CI, 0.22–0.39) vs 0.24 (95% CI, 0.20–0.29), respectively.

Conclusions: Serum HE4 has greater diagnostic value in detecting ovarian cancer, especially in Asian postmenopausal female.

Key words: ovarian cancer; meta-analysis; HE4; tumor markers; diagnosis

INTRODUCTION

Ovarian cancer (OC) is one of the most common malignant tumors in female. Its mortality rate accounts for 5% in female cancers. The five-year survival rate for patients with advanced ovarian cancer is only 22-30%. Over the past 30 years, the survival rate of ovarian cancer patients has not been significantly improved and accompanied with ethnic difference [1]. At the same time, there were significant racial differences in incidence, 5-year survival, mortality, early diagnosis and susceptibility of OC [2]. Thus, the diagnosis of ovarian cancer cannot be generalized, and the strategy with the best sensitivity should be selected according to different ethnic and population distributions.

Unlike other biomarkers, the expression of human epididymal protein 4 (HE4) is tissue-specific due to the specific expression of WAP four-disulfide core domain 2

(WFDC2) in ovarian carcinoma, especially in serous and endometrioid cancers [3]. HE4 is a serine protease inhibitor containing 124 amino acids (20–25 kDa) of the WFDC domain protein family [4]. It can interact with a variety of proteins, including MUC16 (CA-125) and other WFDC members, such as SPINT4 (Serine peptidase inhibitor, Kunitz type 4). Importantly, HE4 overexpression has been found to be associated with ovarian cancer [5]. EOC is driven by ERK/mitogen-activated protein kinase (MAPK), hypoxia-inducible factor 1α (HIF1 α) and matrix metalloproteinases [6].

Several studies have shown that HE4 has high sensitivity and specificity for diagnosing ovarian cancer, and that HE4 shows greater advantages over other biomarkers in diagnosing ovarian cancer alone. However HE4 level is greatly affected by age, and the age of menopause in female of different countries or ethnic groups is also greatly affected by many aspects such as parity, hormones, living environment and lifestyle [7]. Although many studies have included HE4 as a promising tumor marker in the detection of ovarian cancer, NCCN and ESMO/ESGO practice guidelines do not recommend the use of HE4 due to conflicting results from studies across countries [8]. Therefore, it is necessary to explore the applicability of race and menopausal status to HE4 in order to maximize the feasibility of it in the diagnosis of ovarian cancer.

MATERIAL AND METHODS

We performed a meta-analysis of data from multiple studies in the present study to systematically offer a comprehensive update on the feasibility of serum HE4 in the diagnosis of ovarian cancer female of different ethnic groups and menopausal status.

Search Strategy

In this study, two researchers independently searched all Chinese and English articles published from January 2011 to August 2021 on ovarian cancer with serum HE4 diagnosis. The databases were as follows: CNKI, Wanfang database, VIP database, Chinese biomedical database, web of science, PubMed, EMBASE, Cochrane. Index words were as follows: Ovarian Neoplasms, Ovarian Cancer, Human epididymal protein 4, Human epididymal protein secreted 4, HE4, and WFDC2. The search strategy is as follows: [Human epididymal protein 4 (Title/Abstract)] or [Human epididymal protein 4 (Title/Abstract)] or [WFDC2 (Title/Abstract)] or [HE4 (Title/Abstract)] and [Neoplasm, Ovarian (Title/Abstract)] or [Ovarian Neoplasms (Title/Abstract)] or [Ovarian Neoplasms (Title/abstract)] or [Neoplasm, Ovarian (Title/Abstract)] or [Neoplasm, Ovary (Title/Abstract)] or [Ovary Neoplasm (Title/Abstract)] or [Neoplasm, Ovarian (Title/Abstract)] or [Ovary Cancer (Title/Abstract)] or [Cancer, Ovary (Title/Abstract)] or [Cancers, Ovary (Title/Abstract)] or [Ovarian Cancers (Title/Abstract)] or [Ovarian Cancer (Title/Abstract)] or [Cancer, Ovary (Title/Abstract)] or [Cancers, Ovarian (Title/Abstract)] or [Ovarian Cancers (Title/Abstract)] or [Cancer of Ovarian (Title/Abstract)] or [cancer of the Ovarian (Title/Abstract)] or [Ovarian NeoplasmsTerms (Mesh)] and [predictive value *(Title/Abstract) or sensitivity and specificity (MeSH)] or [title (predictive/Abstract) and value* (Term/Abstract) accuracy* (Title/Abstract)].

Inclusion and exclusion criteria

Inclusion criteria were as follows: (1) a case group of patients with definitive pathological diagnosis of primary ovarian cancer and a control group of women with pathologically confirmed benign gynaecological disease and/or healthy women. This pathological examination of biopsy specimens represents the diagnostic gold standard in accordance with the International Federation of Gynecology and Obstetrics guidelines; (2) Clinical diagnostic tests for serum HE4 and ovarian cancer included all study types (retrospective studies were not excluded); (3) The study subjects included patients with ovarian cancer, benign pelvic diseases or healthy female; (4) Specimen collection was collected from the investigators before surgery or cytotoxic therapy; (5) The statistical method was correct, the study data were reliable, and four key clinical parameters (the number of true positive, false positive, true negative and false negative cases) could be extracted; (6) The diagnostic cutoff value was described; (7) The source and detection method of the reagent were clear; (8) The article was published in Chinese and English; (9) The study population was greater than or equal to 20 patients.

Exclusion criteria were as follows: (1) editorials, case reports, letter, reviews or studies without complete data; (2) sensitivity and specificity were not reported or could not be calculated; (3) duplicate publications; (4) no description of histopathological diagnosis in all or part of the study population; (5) the study population had recurrent ovarian cancer or had received cytotoxic therapy; (6) the study objectives were not consistent with this experiment.

Data extraction

All of the literature was independently selected by two reviewers based on the inclusion and exclusion criteria. They then extracted the following information from the related studies: year of publication, author, country of origin, sample size, assay methods, cut-off values, and data regarding true positive (TP), false positive (FP), false negative (FN) and true negative (TN) rates with histology as the gold standard.

The disagreements of study's eligibility were resolved by full-text review and discussion. And if the two reviewers could not reach a consensus, a third reviewer would be consulted.

Quality evaluation of included studies

The revised Quality Assessment of Diagnostic Accuracy Studies (QUADAS-2) tool was used to assess the quality of all studies and the potential for bias. The tool consists of two parts: the risks of bias and concerns regarding applicability. The risks of bias were evaluated from four parts: patient selection, reference standard, index test, flow and timing. The concerns of applicability were assessed in three domains: patient selection, index test, and reference standard. If a study was judged as"low" on all domains, it meant an overall judgement of "low risk of bias" or "low concern regarding applicability". Else, if it was evaluated as "high" or "unclear" in one or more domains, it would be judged as having be judge regarding applicability" or "risk of bias". This process was performed using Review Manager 5 (http://ims.cochrane.org/revman/download). As is shown in Figure 1.

Statistical Analysis

The statistical analysis was performed using STATA 16.0 software (STATA Corp LCC, College Station, TX, USA). We extracted the number of participants with a TP, FP, FN or TN from each study and then calculated the pooled sensitivity, specificity, positive likelihood ratio (PLR), negative likelihood ratio (NLR), diagnostic odds ratio (DOR) and corresponding 95% confidence intervals (95% CI). Also, we constructed the forest plots of accuracy indexes. In order to describe the relationship between specificity and test sensitivity, we constructed a summary receiver operating characteristic (SROC) curve based on the TP and FP rates. The closer the area under the curve (AUC) close to 1, the better diagnostic performance of urine HE4 was. The threshold effect was an important cause of heterogeneity in diagnostic testing which could be confirmed by the Spearman correlation coefficient and probability (P) value between the logistic regression of sensitivity and 1–specificity. Q and I² tests were used to assess the heterogeneity caused by non-threshold effects. P < 0.10 for the Q test or an I² value greater than 50% indicated a substantial heterogeneity. Then the random effects model could be applied. Else, we would use a fixed effects model. The function of potential sources of between-study heterogeneity was to explore the subgroup and sensitivity analyses. Deeks' funnel plots were used to assess potential publication bias with STATA 16.0 software. All statistical tests were two-sided, and p < 0.05 was considered statistically significant.

RESULTS

Screening results

The results of the study selection process are shown in Table 1. We obtained 4343 articles from the initial electronic search. After excluding 1457 duplicates, we excluded 135 articles published due to publishing before 2011. Based on the article title and abstract, researchers removed 1336 articles in the categories of conference, review, and case reports, 39 in the categories of animal experiments, and 1315 articles incompatible with this study. Subsequently, the remaining 61 articles were read in full, and 41 articles in total were excluded, including inconsistent content, incorrect experimental statistical methods, incomplete data and failure to obtain the full text. Finally, a total of 14 studies were included in the final analysis.

Characteristics and quality assessment of included studies

In this meta-analysis, 14 diagnostic studies consisted of a total of 1191 patients with ovarian cancer and 3148 patients in the control group (patients with non-malignant gynecological tumors or healthy female). In addition, eight Asian studies (China, Korea, Vietnam, Iran) [7, 9–14] and six non-Asian studies (Italy, Sweden, Poland, Ireland, Brazil) were included (Tab. 2) [15–21]. All patients with ovarian cancer were diagnosed with postoperative histopathology. All studies were published between 2011 and 2021, with sample sizes ranging from 92 to 832 individuals. Serum HE4 levels were measured in these studies using different assays, such as: chemiluminescent microparticle immunoassay (CMIA), enzyme-linked immunosorbent assay (ELISA), enzyme immunoassay (EIA). We assessed the quality of 14 articles by using the QUADAS-2 tool. According to the results of methodological assessment, the quality of all included articles was acceptable. Characteristics of the included studies and details of the methodological assessment are shown in Table 3.

Diagnostic accuracy

The between-study variability (i.e., heterogeneity) was high for both sensitivity $(I^2 = 72.07\%)$ and specificity $(I^2 = 90.07\%)$. It suggested a high levels of heterogeneity in the 14 studies. So, we applied the random effects model. The major cause of heterogeneity was the threshold effect. In the meta-analysis, the SROC curve showed the distribution of each study was not "shoulder-arm", revealing that the heterogeneity was caused by other factors and the threshold effect was not significant. In conclusion, the pooled sensitivity and specificity were 0.76 (95% CI, 0.71–0.80) and 0.92 (95% CI, 0.88–0.94), respectively (Fig. 3a) after employing the random-effects model. Moreover, the pooled PLR was 11.59 (95% CI, 7.12–18.87), the NLR was 0.25 (95% CI, 0.20–0.31) (Fig. 3b), the DOR was 46.88 (95% CI, 24.86–88.42) (Fig. 3c), and the AUC of the SROC was 0.90 (95% CI, 0.87–0.92) (Fig. 3d). These results showed that serum HE4 may serve as an effective marker for the diagnosis of ovarian cancer.

Analysis

Considering the difference in the distribution of ovarian cancer and the change of serum HE4 level in different populations, we performed analysis according to the patient's ethnicity and menopausal status to further explore its clinical value in the diagnosis of ovarian cancer and the best applicable population (Tab. 1). The results of the analysis of pre-menopausal female showed that the pooled sensitivity of serum HE4 for the diagnosis of ovarian cancer was 0.71 (95% CI, 0.63–0.78) and the specificity was 0.91 (95% CI, 0.85–0.95) (Fig. 4a). Pooled sensitivity in postmenopausal female was 0.78 (95% CI, 0.74–0.81) and specificity was 0.90 (95% CI, 0.86–0.93) (Fig. 4b). The sensitivity of HE4 in diagnosing premenopausal ovarian cancer patients was slightly lower than that in postmenopausal patients, while the specificity was slightly higher. As is shown in the Figure 5, the results of analysis in different geographical populations showed that the pooled sensitivity was 0.76 (95% CI, 0.68–0.83) and the specificity was 0.93 (95% CI, 0.91–0.95) in Asian populations. The pooled sensitivity was 0.77 (95% CI, 0.72–0.81) and the specificity was 0.90 (95% CI, 0.83–0.95) in the non-Asian population. Compared with European and American patients, Asian patients had slightly lower sensitivity and slightly higher specificity.

Sensitivity analysis and publication bias

A single study included in this meta-analysis was evaluated each time to determine the effect of the individual data set on the specificity and sensitivity. The results showed that the study by Bandiera, Zhang, Lycke, Kim, McKendry et al. had a vital impact on the results of this experiment (Fig. 6). Subsequently, the above six articles were excluded and tested for diagnostic accuracy again. The sensitivity and specificity of HE4 in the diagnosis of ovarian cancer were 0.76 (95% CI, 0.71–0.80) and 0.92 (95% CI, 0.88–0.94), respectively. Compared with the precious results, the

sensitivity and specificity of HE4 in the diagnosis of ovarian cancer were slightly increased. We conducted Deeks' funnel plot asymmetry test regarding publication bias. A significant publication bias (p = 0.29) was found in the pooled analysis of these studies (Fig. 7).

DISCUSSION

In this study, we conducted a systematic review to evaluate the accuracy and feasibility of serum HE4 as a biomarker for the diagnosis of ovarian cancer in populations of different ethnicities and menopausal status and to explore the best applicable population. At present, there are few studies on the ethnic aspects of OC, and to our knowledge, the first meta-analysis discusses the diagnostic value of HE4 for OC considering both the menopausal status of patients and ethnic factors. Serum HE4 expression was elevated in 76% of patients with ovarian cancer and was not abnormal in 92% of patients without ovarian cancer. Based on DOR (46.88), PLR (11.59), NLR (0.25) and other indicators, the probability of preoperative diagnosis of ovarian cancer is greatly increased if serum HE4 detection exceeds the normal level. After compared sensitivity (0.71 vs 0.78), specificity (0.91 vs 0.90), DOR (40.32 vs 46.14), PLR (11.90 vs 11.03), NLR (0.3 vs 0.24) between premenopausal and postmenopausal HE4 in the diagnosis of ovarian cancer, we found that HE4 is more helpful to the diagnosis of ovarian cancer in postmenopausal women but more sensitive to premenopausal women. Meanwhile, by further exploring the ethnicity, we discovered that serum HE4 may be more suitable for the diagnosis and screening of ovarian cancer in Asian female and the effect is close to the gold standard. Therefore, serum HE4 seems to be more suitable for the diagnosis of ovarian cancer in Asian postmenopausal female, and the conclusion was confirmed by Yu et al.'s study, which fully demonstrated that although serum HE4 has a high diagnostic value in the diagnosis of OC, it varies because of ethnicity and menopausal status [22].

Among the risk factors for ovarian cancer, parity, tubal ligation, and talc use are significantly and well recognized among ethnic differences, but the risk of hysterectomy is controversial. A meta-analysis showed an inverse association between hysterectomy and EOC risk in studies conducted before 2000, while a positive association was observed after 2000, suggesting that temporal transfer may have occurred for this association [23]. Peres et al. found that part of the reason for this shift may be a change in the pattern of hormone therapy usage [24]. Subsequently, their findings were supported in a study based on big data. It showed that differences in risk factors among ethnic groups do not fully explain ethnic differences in OC incidence. In the studies on high-permeability susceptibility genes, ethnic differences in BRCA1 or BRCA2 mutations have been found with a probability of 7% in white European female and 5% in Asian female [25]. In terms of genetic polymorphisms, the NFKB1-94 ins/delATTG polymorphism was significantly associated with the reduced risk of Asian populations(including OC), but with an increased risk of cancer in Caucasian populations [26]. At the same time, there are also ethnic differences in MTHFR gene polymorphisms, and they are strongly associated with the development of ovarian cancer [27]. Although the Kras3'-untranslated region Rs 61764370 polymorphism cannot be used to assess ovarian cancer in whites, it is unknown whether it can be used in other populations [28]. It is concluded that environmental and ethnic differences in gene expression may be one of the reasons for the differential expression of HE4 in ovarian cancer in different populations.

However, in OC patients with different age status and different regions, the selection of cut-off value of HE4 is affected. Bolster et al found in a NOBIDA Biobank sample that age was the main determinant of HE4 in healthy subjects, up 37% at 60 (compared with 20) and 101% at 80 [29]. In the study of Mokhtar, it was identified that in addition to age factors, there were significant differences in HE4 concentration between different ethnic groups (Malay and Indian), and the HE4 level of Indian was higher than that of Malay (p < 0.05) [30]. However, Gasiorowska

obtained the cut-off value of Post-menopausal HE4 in Polish population (93 pmol/L) significantly higher than Asian population (69 pmol/L) [30, 31]. According to well established methods, Lowe et al. [32] found an increased risk of ovarian cancer in healthy post-menopausal female by measuring their serum HE4 levels. In addition, several studies had demonstrated that HE4 was influenced by many factors, such as age, ethnicity, menstrual cycle, body mass index, tobacco, hormones, and coffee [35]. HE4 levels also appeared to increase with age, and this dependence is nonlinear. At the same time, the division of age at menopause varies greatly between ethnicities [29, 34]. In view of the above factors, it is very necessary to adjust the level of HE4 diagnosis according to age and ethnicity in order to be more accurately applied to the detection of ovarian cancer.

Recent studies have found that HE4 may be enriched through MAPK, steroid biosynthesis, cell cycle, p53 hypoxia pathway, focal adhesion, ECM receptor interaction, and cell adhesion molecule (CAM) pathways [35]. Overexpression of recruited HE4 enhances ovarian cancer proliferation, invasion, and metastasis in part through the interaction of annexin A2 [36], or participates in cell adhesion, migration, and tumor growth by activating the EGFR-MAPK signaling pathway in ovarian cancer cells [18]. Vitro studies have shown that HE4 promotes proliferation by participating in cell cycle regulation [37]. In addition, compared with the control group, HE4 gene knockout had a significant inhibitory effect on ovarian tumor growth in nude mice [38]. Thus, HE4 may play a role in the whole course of ovarian cancer disease progression, providing a reliable basis for its use as a biomarker for the diagnosis of ovarian cancer. The high expression of HE4 in patients with early ovarian cancer provides the possibility for it to become a sentinel biomarker for early warning of ovarian cancer. It is expected to be one of the indicators for screening ovarian cancer in the general population, improve the viability, fertility and life value of patients and reduce economic and psychological pressure.

Heterogeneity is a potential problem when interpreting the results of any metaanalysis. In this study, we found considerable heterogeneity among the included studies, and the Cochran-Q test for DOR yielded p < 0.05 showed that heterogeneity could not be explained by a threshold effect. Therefore, we explored potential sources of heterogeneity while performing stratified analyses according to patient ethnicity and menopausal status. Serum HE4 has a higher diagnostic accuracy for Asian ovarian cancer patients than non-Asian patients, but the heterogeneity remains high. We speculated that different disease stages of ovarian cancer patients, different cut-off values, types of instruments, and reagent sources may cause heterogeneity. Because of the limited amounts of eligible studies, we could not further prove the source of the heterogeneity. Therefore, prospective studies with large samples were needed to confirm this result in the future.

There were also some limitations except heterogeneity. First, we included studies that enrolled healthy women in the control group, which may cause the increase of false in the pooled specificity for differentiating benign disease. Second, this study did not consider the age at menarche, BMI, smoking and other related factors that may affect serum HE4 levels in the study subjects, which may lead to bias in the inference results. Third, our study did not investigate the stage of ovarian cancer, and most of the patients with clinically confirmed ovarian cancer were currently in the advanced stage of the disease, from which the conclusion of this study may overestimate the diagnostic value of HE4. Fourth, the heterogeneity in our included studies might indicate the presence of confounding factors that caused bias. Last, we only included articles published in Chinese or English in our meta-analysis, that could introduce inevitable bias.

In conclusion, the current evidence suggested that serum HE4 was a potential biomarker for the diagnosis of ovarian cancer, which could greatly increase the accuracy of preoperative diagnosis of ovarian cancer for Asian post-menopausal female. But the quality of the included studies and patients who were suspected to have ovarian cancer were not included. According to such reasons, additional studies were needed to verify the results of this study and the accuracy of this method regarding to a high-quality diagnosis.

Acknowledgments

The author would like to thank Professor Qing Guo's team and the Fourth Shijiazhuang Hospital affiliated to Hebei Medical University for their support.

Author contributions

Qing Guo contributed to the conception of the study; Rui Sun, Lin Liu contributed significantly to analysis and manuscript preparation; Rui Sun performed the data analyses and wrote the manuscript; Zhengli Feng helped perform the analysis with constructive discussions; Ao Ni searched and selected the publications.

Funding

This study was not funded in terms of experimental design, data collection, data analysis, data interpretation, or the writing of this report.

Availability of data and materials

All data generated or analyzed during this study are included in this article and its tables and figures.

Conflict of interest

The authors declare that they have no competing interests.

REFERENCES

- Siegel RL, Miller KD, Jemal A. Cancer statistics, 2019. CA Cancer J Clin.
 2019; 69(1): 7–34, doi: <u>10.3322/caac.21551</u>, indexed in Pubmed: <u>30620402</u>.
- Park HK, Ruterbusch JJ, Cote ML. Recent trends in ovarian cancer incidence and relative survival in the united states by race/ethnicity and histologic subtypes. Cancer Epidemiol Biomarkers Prev. 2017; 26(10): 1511–1518, doi: 10.1158/1055-9965.EPI-17-0290, indexed in Pubmed: 28751475.
- Clauss A, Lilja H, Lundwall A. A locus on human chromosome 20 contains several genes expressing protease inhibitor domains with homology to whey acidic protein. Biochem J. 2002; 368(Pt 1): 233–242, doi: <u>10.1042/BJ20020869</u>, indexed in Pubmed: <u>12206714</u>.
- 4. Kant K, Tomar AK, Sharma P, et al. Human epididymis protein 4 quantification and interaction network analysis in seminal plasma. Protein Pept Lett. 2019; 26(6): 458–465, doi: <u>10.2174/0929866526666190327124919</u>, indexed in Pubmed: <u>30919767</u>.
- James NE, Chichester C, Ribeiro JR. Beyond the biomarker: understanding the diverse roles of human epididymis protein 4 in the pathogenesis of epithelial ovarian cancer. Front Oncol. 2018; 8: 124, doi: <u>10.3389/fonc.2018.00124</u>, indexed in Pubmed: <u>29740539</u>.
- 6. Zhu L, Zhuang H, Wang H, et al. Overexpression of HE4 (human epididymis protein 4) enhances proliferation, invasion and metastasis of ovarian cancer.

Oncotarget. 2016; 7(1): 729–744, doi: <u>10.18632/oncotarget.6327</u>, indexed in Pubmed: <u>26575020</u>.

- Wang Q, Wu Y, Zhang H, et al. Clinical value of serum HE4, CA125, CA72-4, and ROMA index for diagnosis of ovarian cancer and prediction of postoperative recurrence. Clin Lab. 2019; 65(4), doi: <u>10.7754/Clin.Lab.2018.181030</u>, indexed in Pubmed: <u>30969083</u>.
- Colombo N, Sessa C, du Bois A, et al. ESMO-ESGO Ovarian Cancer Consensus Conference Working Group. ESMO-ESGO consensus conference recommendations on ovarian cancer: pathology and molecular biology, early and advanced stages, borderline tumours and recurrent disease†. Ann Oncol. 2019; 30(5): 672–705, doi: <u>10.1093/annonc/mdz062</u>, indexed in Pubmed: <u>31046081</u>.
- Shin KH, Kim HH, Kwon BSu, et al. Clinical usefulness of cancer antigen (CA) 125, human epididymis 4, and CA72-4 levels and risk of ovarian malignancy algorithm values for diagnosing ovarian tumors in korean patients with and without endometriosis. Ann Lab Med. 2020; 40(1): 40–47, doi: <u>10.3343/alm.2020.40.1.40</u>, indexed in Pubmed: <u>31432638</u>.
- Zhang L, Chen Y, Wang Ke. Comparison of CA125, HE4, and ROMA index for ovarian cancer diagnosis. Curr Probl Cancer. 2019; 43(2): 135–144, doi: <u>10.1016/j.currproblcancer.2018.06.001</u>, indexed in Pubmed: <u>30017407</u>.
- 11. Chen X, Zhou H, Chen R, et al. Development of a multimarker assay for differential diagnosis of benign and malignant pelvic masses. Clin Chim Acta. 2015; 440: 57–63, doi: <u>10.1016/j.cca.2014.11.013</u>, indexed in Pubmed: <u>25447698</u>.

- Kim B, Park Y, Kim B, et al. Diagnostic performance of CA 125, HE4, and risk of Ovarian Malignancy Algorithm for ovarian cancer. J Clin Lab Anal. 2019; 33(1): e22624, doi: <u>10.1002/jcla.22624</u>, indexed in Pubmed: <u>30009497</u>.
- 13. Huy NV, Van Khoa Vo, Tam LeM, et al. Standard and optimal cut-off values of serum ca-125, HE4 and ROMA in preoperative prediction of ovarian cancer in Vietnam. Gynecol Oncol Rep. 2018; 25: 110–114, doi: <u>10.1016/j.gore.2018.07.002</u>, indexed in Pubmed: <u>30109256</u>.
- Shen Z, Zhu CC, Qian LL. Using HE4, RMI, ROMA and CPH-I in the differential diagnosis of adnexal masses. European Journal of Gynaecological Oncology. 2021; 42(1): 139, doi: <u>10.31083/j.ejgo.2021.01.2192</u>.
- 15. Farzaneh F, Honarvar Z, Yaraghi M, et al. Preoperative evaluation of risk of ovarian malignancy algorithm index in prediction of malignancy of adnexal masses. Iran Red Crescent Med J. 2014; 16(6): e17185, doi: <u>10.5812/ircmj.17185</u>, indexed in Pubmed: <u>25068046</u>.
- Lycke M, Kristjansdottir B, Sundfeldt K. A multicenter clinical trial validating the performance of HE4, CA125, risk of ovarian malignancy algorithm and risk of malignancy index. Gynecol Oncol. 2018; 151(1): 159–165, doi: <u>10.1016/j.ygyno.2018.08.025</u>, indexed in Pubmed: <u>30149898</u>.
- 17. Horała A, Swiatly A, Lorek J, et al. Assessment of diagnostic utility of multivariate diagnostic models in differential diagnosis of ovarian tumors. Ginekol Pol. 2018; 89(10): 568–572, doi: <u>10.5603/GP.a2018.0097</u>, indexed in Pubmed: <u>30393846</u>.
- 18. McKendry K, Duff S, Huang Y, et al. The value of human epididymis 4, Ddimer, and fibrinogen compared with CA 125 alone in triaging women presenting with pelvic masses: a retrospective cohort study. Acta Obstet

Gynecol Scand. 2021; 100(7): 1239–1247, doi: <u>10.1111/aogs.14126</u>, indexed in Pubmed: <u>33590896</u>.

- Terlikowska KM, Dobrzycka B, Witkowska AM, et al. Preoperative HE4, CA125 and ROMA in the differential diagnosis of benign and malignant adnexal masses. J Ovarian Res. 2016; 9(1): 43, doi: <u>10.1186/s13048-016-</u> <u>0254-7</u>, indexed in Pubmed: <u>27436085</u>.
- 20. Bandiera E, Romani C, Specchia C, et al. Serum human epididymis protein 4 and risk for ovarian malignancy algorithm as new diagnostic and prognostic tools for epithelial ovarian cancer management. Cancer Epidemiol Biomarkers Prev. 2011; 20(12): 2496–2506, doi: <u>10.1158/1055-9965.EPI-11-0635</u>, indexed in Pubmed: <u>22028406</u>.
- 21. Anton C, Carvalho FM, Oliveira EI, et al. A comparison of CA125, HE4, risk ovarian malignancy algorithm (ROMA), and risk malignancy index (RMI) for the classification of ovarian masses. Clinics (Sao Paulo). 2012; 67(5): 437–441, doi: <u>10.6061/clinics/2012(05)06</u>, indexed in Pubmed: <u>22666786</u>.
- 22. Shen Y, Zhao Li, Lu S. Diagnostic performance of HE4 and ROMA among Chinese women. Clin Chim Acta. 2020; 500: 42–46, doi:
 <u>10.1016/j.cca.2019.10.002</u>, indexed in Pubmed: <u>31626761</u>.
- 23. Jordan SJ, Nagle CM, Coory MD, et al. Has the association between hysterectomy and ovarian cancer changed over time? A systematic review and meta-analysis. Eur J Cancer. 2013; 49(17): 3638–3647, doi: 10.1016/j.ejca.2013.07.005, indexed in Pubmed: 23890943.
- 24. Peres LC, Alberg AJ, Bandera EV, et al. Premenopausal hysterectomy and risk of ovarian cancer in African-American women. Am J Epidemiol. 2017; 186(1): 46–53, doi: <u>10.1093/aje/kwx055</u>, indexed in Pubmed: <u>28444120</u>.

- 25. Hall MJ, Reid JE, Burbidge LA, et al. BRCA1 and BRCA2 mutations in women of different ethnicities undergoing testing for hereditary breast-ovarian cancer. Cancer. 2009; 115(10): 2222–2233, doi: <u>10.1002/cncr.24200</u>, indexed in Pubmed: <u>19241424</u>.
- 26. Wang D, Xie T, Xu J, et al. Genetic association between NFKB1 -94 ins/del ATTG Promoter Polymorphism and cancer risk: a meta-analysis of 42 casecontrol studies. Sci Rep. 2016; 6: 30220, doi: <u>10.1038/srep30220</u>, indexed in Pubmed: <u>27443693</u>.
- 27. Yang B, Fan S, Zhi X, et al. Geographical and ethnic distribution of MTHFR gene polymorphisms and their associations with diseases among Chinese population. Clin Genet. 2017; 92(3): 243–258, doi: <u>10.1111/cge.12929</u>, indexed in Pubmed: <u>27888505</u>.
- 28. Zhang SY, Shi J. rs61764370 polymorphism of Kras and risk of cancer in Caucasian population: A meta-analysis. J Cancer Res Ther. 2016; 12(2): 699–704, doi: <u>10.4103/0973-1482.147379</u>, indexed in Pubmed: <u>27461636</u>.
- 29. Bolstad N, Øijordsbakken M, Nustad K, et al. Human epididymis protein 4 reference limits and natural variation in a Nordic reference population.
 Tumour Biol. 2012; 33(1): 141–148, doi: <u>10.1007/s13277-011-0256-4</u>, indexed in Pubmed: <u>22105734</u>.
- 30. Mokhtar Nm, Thevarajah M, Ma N, et al. Human epididymis protein 4 reference intervals in a multiethnic asian women population. Asian Pac J Cancer Prev. 2012; 13(12): 6391–6395, doi: <u>10.7314/apjcp.2012.13.12.6391</u>, indexed in Pubmed: <u>23464464</u>.
- 31. Gasiorowska E, Kluz T, Lipski D, et al. Human Epididymis Protein 4 (HE4) Reference Limits in Polish Population of Healthy Women, Pregnant Women,

and Women with Benign Ovarian Tumors. Dis Markers. 2019; 2019: 3890906, doi: <u>10.1155/2019/3890906</u>, indexed in Pubmed: <u>31583027</u>.

- 32. Lowe KA, Shah C, Wallace E, et al. Effects of personal characteristics on serum CA125, mesothelin, and HE4 levels in healthy postmenopausal women at high-risk for ovarian cancer. Cancer Epidemiol Biomarkers Prev. 2008; 17(9): 2480–2487, doi: <u>10.1158/1055-9965.EPI-08-0150</u>, indexed in Pubmed: <u>18768519</u>.
- 33. Urban N, Thorpe J, Karlan BY, et al. Interpretation of single and serial measures of HE4 and CA125 in asymptomatic women at high risk for ovarian cancer. Cancer Epidemiol Biomarkers Prev. 2012; 21(11): 2087–2094, doi: <u>10.1158/1055-9965.EPI-12-0616</u>, indexed in Pubmed: <u>22962406</u>.
- 34. Escudero JM, Auge JM, Filella X, et al. Comparison of serum human epididymis protein 4 with cancer antigen 125 as a tumor marker in patients with malignant and nonmalignant diseases. Clin Chem. 2011; 57(11): 1534–1544, doi: <u>10.1373/clinchem.2010.157073</u>, indexed in Pubmed: <u>21933899</u>.
- 35. Chen Y, Mu X, Wang S, et al. WAP four-disulfide core domain protein 2 mediates the proliferation of human ovarian cancer cells through the regulation of growth- and apoptosis-associated genes. Oncol Rep. 2013; 29(1): 288–296, doi: 10.3892/or.2012.2114, indexed in Pubmed: 23129262.
- 36. Zhuang H, Tan M, Liu J, et al. Human epididymis protein 4 in association with Annexin II promotes invasion and metastasis of ovarian cancer cells. Mol Cancer. 2014; 13: 243, doi: <u>10.1186/1476-4598-13-243</u>, indexed in Pubmed: <u>25362534</u>.
- 37. Zhu YF, Gao GL, Tang SB, et al. Effect of WFDC 2 silencing on the proliferation, motility and invasion of human serous ovarian cancer cells in

vitro. Asian Pac J Trop Med. 2013; 6(4): 265–272, doi: <u>10.1016/S1995-</u> <u>7645(13)60055-3</u>, indexed in Pubmed: <u>23608327</u>.

38. Lu R, Sun X, Xiao R, et al. Human epididymis protein 4 (HE4) plays a key role in ovarian cancer cell adhesion and motility. Biochem Biophys Res Commun. 2012; 419(2): 274–280, doi: <u>10.1016/j.bbrc.2012.02.008</u>, indexed in Pubmed: <u>22342977</u>.

Table 1.

Variables	SEN	I ² (%)	SPE	I ² (%)	PLR	NLP	DOR	AUC
	(95% CI)		(95%		(95%	(95%	(95%	
			CI)		CI)	CI)	CI)	
Total	0.76	72.07	0.92	90.07	11.59	0.25	46.88	0.90
	0.71-		0.88–		7.12–	0.20–	24.86-	0.87–
	0.80		0.94		18.87	0.31	88.42	0.92
Subgroup	analysis							
Pre	0.71	62.46	0.91	91.61	11.90	0.30	40.32	0.88
	0.63–0.78		0.85–		6.42–	0.22–	20.36–	0.85–
			0.95		22.07	0.39	79.84	0.90
Pro	0.78	37.61	0.90	76.23	11.03	0.24	46.14	0.87
	0.74–0.81		0.86–		6.44–	0.20–	23.25–	0.83–
			0.93		18.89	0.29	91.56	0.89
Asian	0.76	83.35	0.93	76.07	14.93	0.24	63.27	0.95
	0.68–0.83		0.91–		8.33–	0.16–	26.25–	0.93–
			0.95		26.77	0.35	152.52	0.97
	0.77	45.52	0.90	92.01	8.30	0.26	32.31	0.84

Ν	on-	0.72–0.	.81	_	0.83–	4	4.37–	0.2	21–	14.47–	0.80-
SA	i Byn			Ø	C9 .95	1	15.79	0.3	32 C ØI	17729116	0.87
Asia Asia n 8	Non- Non- Asian Asia 6 n	Asia Asia n 642	Non- Non- Asian Asia 649 n	Pre e	Post Post 979 87	Undetermin Undetermin ed d 1		ia sia n 35 s	Non- asian 1290 asia n	Pre Pre 199 1	Post 115 7
8	6	642	649	39 3	797	1	18	858	129 0	199 1	115 7

AUC — area under the SROC curve; CI — confidence interval; DOR — diagnostic odds ratio; NLR — negative likelihood ratio; PLR — positive likelihood ratio; SEN — sensitivity; SPE — specificity

Table 2.

Table 3.

Author	Yea	Count	Sin	nple	Cu	t-off Va	lues		TP(a)		FP(b)			FN(c)			TN(d)		Test
	r	ry	S	ize		(pmol/I	.)													Metho
																				rds
			Case	Co	All	Pre	Post	Al	Pr	Pos	All	Pre	Pos	All	Pre	Pos	All	Pr	Pos	-
				n-				1	e	t			t			t		e	t	
				tro																
				l																
Bandiera	201	Italy	11	30	70	70	140	91	22	68	8	6	2	23	4	19	29	10	195	CMIA
	1		4	5													7	2		
Zhang	201	China	18	17	14	140	140	12	36	84	9	0	9	61	27	34	16	115	51	ECLIA
	9		1	5	0			0									6			

Lycke	201	Swed	13	47	70	70	140	10	19	81	41	22	19	35	4	31	43	21	217	ECLIA
	8	en	5	6				0									5	8		
Farzaneh	201	Iran	43	56	73	75	100	30	12	16	3	2	0	15	9	6	51	45	9	EIA
	4																			
Anton	201	Brazil	37	83	87	68	104	28	9	19	19	7	12	9	3	6	64	28	36	EIA
	2																			
Horała	201	Polan	35	57	87.	59.7	104.	30	6	24	2	9	2	5	2	3	55	32	14	ECLIA
	8	d			6		9													
Shin	202	Korea	39	22	/	92.1	121	21	6	15	10	4	6	18	13	5	21	15	63	ECLIA
	0			7													7	4		
Wang	201	China	35	95	/	69.8	114.	32	11	21	0	0	0	3	3	0	95	69	26	ECLIA
	9						9													
Chen	201	China	60	70	87.	72.3	97.5	53	18	35	2	1	2	7	2	5	68	21	46	ECLIA
	5				6															
Kim	201	Korea	70	76	79.	83	85.5	56	10	45	55	15	22	14	4	11	70	55	173	ECLIA
	9			2	6												7	2		
Huy	201	Vietn	30	24	55.	55.4	59.3	24	10	13	21	13	4	6	3	4	22	20	26	ECLIA
	8	am		7	4												6	4		
Terlikow	201	Polan	96	12	72.	70.3	109.	81	28	53	18	9	1	15	5	10	110	78	40	ECLIA
ska	6	d		8	3		1													
McKend	202	Irelan	89	18	/	51.8	94.3	62	14	48	43	25	18	27	7	20	14	43	99	ECLIA
ry	1	d		5													2			
Shen	202	China	22	28	70	49.5	64.5	16	73	95	28	23	5	59	33	26	25	19	60	ECLIA
	1		7	2				8									4	4		

CMIA — chemiluminescent microparticle immunoassay; ECLIA — enzyme-linked immunosorbent assay; EIA — enzyme immunoassay; ELASA — Enzyme Linked Immunosorbent Assay; FN — falsenegative rate; FP — false-positive rate; NR — not reported; TN — true negative rate; TP — true positive rate



Figure 1. Summary the assessment of methodological quality of included studies by QUADAS-2 tool



Figure 2. Flowchart depicting the study selection process for this

systematic review and meta-analysis



b



а



d



С

Figure 3 Forest plots of estimated efficacy for serum HE4 in the diagnosis of ovarian cancer. (a) sensitivity (left) versus specificity (right); b, positive likelihood ratio (left) versus negative likelihood ratio (right) (NLR); c, diagnostic odds ratio (DOR); d, SROC curve.



b





d



Figure 4: Forest plot of the estimated effect size of serum HE4 for the

diagnosis of ovarian cancer in different women. a, (premenopausal

women) sensitivity (left) versus specificity (right); b, (postmenopausal

women) sensitivity (left) versus specificity (right); c, (Asian female)

sensitivity (left) versus specificity (right); d, (non-Asian female)

sensitivity (left) versus specificity (right);



b





d



С

Figure 5: Forest plot of the estimated effect size of serum HE4 for the diagnosis of ovarian cancer in different women. a, (premenopausal women) positive likelihood ratio (PLR) (left) versus negative likelihood ratio (NLR) (right); b, (postmenopausal women) positive likelihood ratio (PLR) (left) versus negative likelihood ratio (NLR) (right); c, (Asian female) positive likelihood ratio (PLR) (left) versus negative likelihood ratio (NLR) (right); d, (non-Asian female) positive likelihood ratio (PLR) (left) versus negative likelihood ratio (NLR) (right).



Figure 6: Sensitivity analysis to assess articles with high impact on the

results of this study



Figure 7: Deek's Funnel Plot Asymmetry Test for the assessment of

potential publication bias.

Study	1	OC					Contr	ol		
Asia	Non-	Asia	Non-	Pr	Pos	Undetermin	Asia	Non-	Pre	Pos
n	Asian	n	Asian	е	t	ed	n	asian		t
8	6	642	649	39	79	1	185	1290	199	115
				3	7		8		1	7

Table 2: