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Metastatic and synchronous ovarian involvement in low-risk endometrial cancer; clinicopathological analysis with detection of DNA mismatch repair deficiency

Şener Gezer¹, Büşra Yaprak Bayrak²

¹Department of Gynecologic Oncology, Kocaeli University School of Medicine, Umuttepe, Kocaeli, Turkey ²Department of Pathology, Kocaeli University School of Medicine, Umuttepe, Kocaeli, Turkey

ABSTRACT

Objectives: This study aimed to investigate ovarian involvement in low-risk endometrial cancer, the associated risk factors, and impact on overall survival. We attempted to explore the differences in mismatch repair (MMR) deficiency between metastatic and synchronous ovarian tumoral involvement.

Material and methods: This was a retrospective study of patients with low-risk endometrial cancer who were treated at a tertiary center between January 2006 and December 2019. The primary outcome measures were the incidence and risk factors associated with metastatic and synchronous tumoral involvement of the ovary. Overall, survival data were also analyzed. Metastatic and synchronous tumors were compared with each other in terms of MMR deficiency with IHC staining.

Results: From a total of 360 low-risk endometrial cancer patients, 10 (2.8%) had ovarian metastasis and 12 (3.3%) had synchronous ovarian involvement. The median age of patients with metastasis was significantly lower than that of patients without ovarian involvement (49 vs 57 years, p = 0.004). Most patients in the metastatic group were in the < 50 age group (p < 0.001) and premenopausal period (p = 0.001). As a result of IHC staining performed on patients with ovarian involvement, MMR deficiency was found in six (60%) patients in the metastatic group and six (50%) patients in the synchronous group. No significant difference was found in overall survival between groups.

Conclusions: Younger age and premenopausal status were risk factors associated with ovarian metastasis. Overall survival did not show differences between all groups, and MMR deficiency was similar between metastatic and synchronous groups.

Key words: low-risk endometrial cancer; ovarian involvement; ovarian metastasis; synchronous ovarian cancer

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INTRODUCTION

Ovarian involvement in endometrial cancer patients can take two forms: metastasis of cancer in the endometrium and synchronous ovarian cancer. In stage I endometrial cancers, ovarian metastases occur in approximately five percent of cases; diagnosis is often confirmed preoperatively, but in some patients, the cancer can only be detected intraoperatively [1]. In the low-risk population (Endometrioid, < 1/2 myometrial invasion, absence of lymphovascular invasion), the incidence is as low as 0.5% [2]. The incidence of synchronous tumors of the endometrium and ovary ranges from 2–23% in the literature [3, 4].

Deep myometrial invasion, high-grade and non-endometrioid tumor types, lymphovascular invasion, serosal and tubal spread were defined as factors associated with ovarian involvement. Moreover, some studies were performed on stage I patients and most were not carried out on low-risk patient populations [1, 4–6]. It is interesting that a low-grade tumor with no myometrial or lymphovascular invasion can metastasize to the ovary. However, this raises the patient from the low-risk category to stage III. Synchronous tumors, on the other hand, represent a favorable prognosis compared with metastatic tumors [7, 8].

Corresponding author:

Şener Gezer

Department of Gynecologic Oncology, Kocaeli University School of Medicine, Kabaoğlu Mh, Baki Komsuoğlu Bulvarı No:515, Umuttepe, 41380 Kocaeli, Turkey e-mail: dr.senergezer@gmail.com

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Although only 5–10% of endometrial cancers with mismatch repair (MMR) deficiency are associated with Lynch syndrome, in fact, 20–40% of endometrial cancers experience MMR loss [9]. Genomic and immunohistochemical (IHC) studies have attempted to understand the biological behavior of synchronous and metastatic tumors. Although the clinical outcome of synchronous tumors is distinct from that of metastatic tumors, the investigation of MMR loss may give a new dimension to the clinicopathologic criteria we use to separate these tumors [10, 11].

It is important to know the frequency of ovarian involvement in endometrial cancer in preoperative counseling, especially if the protection of the ovaries is planned. In this study, we retrospectively analyzed low-risk endometrial cancer cases with ovarian involvement. We aimed to analyze the risk factors associated with metastasis or synchronous tumors and to investigate the impact on overall survival.

MATERIAL AND METHODS

Patient cohort

From January 2006 to December 2019, we conducted a retrospective review of patients with endometrial cancer who were treated at a tertiary center. The Institutional Review Board approved the study (KU GOKAEK 2020/6), and all procedures were performed in accordance with the principles of the Declaration of Helsinki. Demographic, clinical and pathologic data were obtained through the hospital's electronic record system and from paper charts. Age, gravidity, parity, Body Mass Index (BMI), menopausal status, systemic diseases, adjuvant therapies, and pathologic variables were noted. We identified patients with concurrent endometrial and ovarian involvement from a low-risk endometrial cancer cohort (endometrioid type, Grade 1 and 2 tumors, less than ½ myometrial invasion and without lymphovascular spread). All patients underwent hysterectomy with salpingo-oophorectomy, pelvic, and/or paraaortic lymphadenectomy in accordance with the risk category, inspection of the abdomen, and washing cytology procedures. Adjuvant therapies such as chemotherapy and radiotherapy were individualized for all patients, but no patient received neoadjuvant therapy.

The primary outcome measures were the risk factors associated with metastatic and synchronous tumoral involvement of the ovary. Overall survival data were also obtained from the population registry agency, which gives certain information about the patient's death and minimized lost to follow-up. Metastatic and synchronous tumors were compared with each other in terms of MMR deficiency with IHC staining.

Histopathological examination

Pathologic specimens were reviewed by experienced gynecologic pathologists. After fixation in 10% neutralized

formaldehyde, all hysterectomy and salpingoophorectomy tissues were cut into 3-mm thick slices for tumor viewing. The materials were completely embedded in paraffin and cut into 5-µm-thick sections. The cut preparations were then dyed with hematoxylin and eosin (H&E) and examined with a light microscope. The Scully criteria were used to separate synchronous ovarian tumors from ovarian metastases of endometrial cancers [12].

Immunohistochemical examination

Immunohistochemical staining of DNA-MMR protein expression was performed on endometrial and ovarian samples in blocks fixed with formalin and embedded in paraffin. Representative whole 5-µm-thick sections were performed with IHC. Anti-PMS2 (A16-4, 1:200; Ventana Medical Systems, Arizona, USA), anti-MLH1 (M1, 1:200 dilution; Ventana Medical Systems, Arizona, USA), anti-MSH2 (G219-11229, 1:50 dilution, Ventana Medical Systems, Arizona, USA), and anti-MSH6 (SP93, 1:200 dilution; Ventana Medical Systems, Arizona, USA) were evaluated. Tissues were stained with antibodies against PMS2, MSH6, MLH1, and MSH2 following deparaffinization. Slides were counterstained with hematoxylin & eosin. Complete loss of nuclear staining for at least one MMR protein was defined as MMR deficiency. Stromal and inflammatory cells of the adjacent normal mucosa with intact nuclear staining were used as an internal positive control.

Statistical analysis

All statistical analyses were performed using IBM SPSS for Windows version 20.0 (SPSS, Chicago, IL, USA). Kolmogorov-Smirnov and Shapiro-Wilk's tests were used to assess the assumption of normality. Categorical variables were summarized as counts (percentages). Continuous variables were presented as the median (25th-75th percentile) since the normality assumption did not hold. Comparisons of continuous variables between groups were carried out using the Kruskal-Wallis test with Dunn's test for multiple comparisons. Associations between two categorical variables were examined by Chi-square test. Multinomial logistic regression analysis was used to determine the factors affecting the outcome variable. The Kaplan-Meier method was used for the survival analysis, and a univariate log-rank test was used to assess statistical significance. Overall survival was defined as the time from surgery to death from any cause. All statistical analyses were carried out with five percent significance and a two-sided p value < 0.05 was considered as statistically significant.

RESULTS

Our patient population consisted of a total of 360 patients with low-risk endometrial cancer, of which 10 (2.8%)

			Ovarian involvement		_		
		None (n = 338)	Metastasis (n = 10)	Synchronous (n = 12)	р		
Age		57 (24-82) ^a	49 (42-58) ^a	53 (42–69)	0.003		
Age group	< 50	71 (21) ^a	8 (80) ^a	4 (33)	. 0.001		
	> 50	267 (79) ^a	2 (20) ^a	8 (67)	< 0.001		
Gravida		3 (0–16)	3 (0-7)	3 (0-6)	0.471		
Parity		3 (0–13)	2 (0-4)	3 (0-4)	0.405		
BMI		28 (27–29)	28.1 (27–29)	27.8 (26–29)	0.919		
Menopause	Pre	74 (22) ^a	7 (70) ^a 6 (50)		0.001		
wenopause	Post	264 (78) ^a	3 (30) ^a	6 (50)	0.001		
Hypertension		163 (48)	2 (20)	5 (42)	0.185		
Diabetes		88 (26)	1 (10)	1 (8)	0.232		
Cl.	1	223 (66)	4 (40)	10 (83)	0.002		
Grade	II	115 (34)	6 (60)	2 (17)	0.093		
Tumor diameter (cm)		2.5 (0.1–9)	2.5 (1.5–6)	2.5 (0.5–6)	0.876		
The longest dia	meter of ovarian mass (cm)		3 (2–8)	6.7 (0.4–15)	0.470		
Lymphadenectomy		69 (20) ^b	5 (50)	8 (67) ^b	0.001		
Excised pelvic l	ymph node count	13 (0–44)	13 (0–35)	16 (0–29)	0.371		
Patients with pelvic lymph node metastasis		3 (1)	-	-			
Excised paraaortic lymph node count		0 (0-19) ^b	0 (0–10)	0 (0-9)b	0.001		
Patients with paraaortic lymph node metastasis		1 (0.3)	1 (10)	1 (8)			
Excised total lymph node count		14 (0–55)	17 (0–35)	18 (0-34)	0.158		
Total patients with lymph node metastasis		4 (1.2)	1 (10)	1 (8)			
Total metastatic lymph node count		0 (0-2) ^a	0 (0-1) ^a	0 (0–1)	0.006		
Chemotherapy		7 (2) ^{ab}	4 (40) ^a	7 (58) ^b	< 0.001		
Radiotherapy		15 (4)	2 (20)	2 (17)	0.041		

BMI — body mass index; Data are expressed as median (range) or n (%); ^a Statistically significant difference between 'None' and 'Metastasis' groups; ^b Statistically significant difference between 'None' and 'Synchronous' groups

had ovarian metastasis of the endometrium, and 12 (3.3%) had synchronous ovarian involvement of the endometrium and ovary. The median follow-up time was 74.5 months (Range: 6–167). Table 1 summarizes the clinicopathologic variables by group. The median age of patients with metastasis was significantly lower than that of patients without ovarian involvement (49 vs 57 years, p = 0.004). Most patients in the metastatic group were in the < 50 age group (p < 0.001) when patient age was divided into subgroups below and above 50 years. Furthermore, most of the metastatic patients were in the premenopausal period (p = 0.001).

Patients in the synchronous group had significantly more lymphadenectomy than those in the non-involvement group (p < 0.001). Although there was no difference in total and metastatic pelvic lymph node number among the groups, the number of excised paraaortic lymph nodes in the synchronous group was greater compared with the non-involvement group (p = 0.001). The total metastatic lymph node count was significantly higher in the metastatic

group than in the non-involvement group (p = 0.047). In the case of ovarian involvement with metastasis or synchronous tumor, adjuvant chemotherapy (p < 0.001) and radiotherapy (p = 0.041) were used significantly more often in the treatment protocol.

Multinomial logistic regression analysis for ovarian involvement identified that people < 50 years old were 16.1 times more likely to be in the metastasis group than those > 50 years old (Tab. 2). Patients with Grade 1 tumors were 1/0.17 = 5.88 times less likely to be in the metastasis group than those with Grade 2 tumors. Postmenopausal patients were 1/0.13 = 7.69 times less likely to be in the synchronous group than premenopausal patients. Patients without lymphadenectomy were 1/0.08 = 12.5 times less likely to be in the synchronous group than those with lymphadenectomy.

As a result of IHC staining performed on patients with ovarian involvement, MMR deficiency was found in six (60%) patients in the metastatic group and six (50%) patients in

Table 2. Multinomial logistic regression analysis for ovarian involvement								
Ovarian invo	lvement*	OR (95% CI)	р					
	Intercept		0.020					
	Tumor diameter	0.87 (0.55–1.39)	0.573					
	Age							
	≤ 50	16.10 (1.81–143.25)	0.013					
	> 50	1.00 (reference)						
	Menopause							
Metastasis	Post	0.65 (0.09–4.75)	0.672					
	Pre	1.00 (reference)						
	Grade							
	I	0.17 (0.04–0.73)	0.017					
	II	1.00 (reference)						
	Lymphadenectomy							
	No Yes	0.17 (0.002–1.65) 1.00 (reference)	0.125					
	Intercept		0.004					
	Tumor diameter	1.22 (0.85–1.75)	0.275					
	Age							
	≤ 50	0.31 (0.05–1.87)	0.202					
	> 50	1.00 (reference)						
	Menopause							
Synchron	Post	0.13 (0.02–0.68)	0.016					
	Pre	1.00 (reference)						
	Grade							
	I	3.33 (0.63–17.70)	0.157					
	II	1.00 (reference)						
	Lymphadenectomy							
	No Yes	0.08 (0.01–0.68) 1.00 (reference)	0.021					

 ${}^*\! \text{The reference category is 'None'; OR} \, - \, \text{odds ratio; CI} \, - \, \text{confidence interval}$

the synchronous group. All tumors had the same MMR protein expression status both endometrial and ovarian specimens. Immunohistochemical staining and survey results for metastatic and synchronous tumors are indicated in Tables 3 and 4. The mean age of patients with MMR deficiency was higher than MMR proficient patients (62 vs 51), while the number of premenopausal patients was similar (7/12 vs 7/10). MMR deficient tumors were more likely to be at higher grade when compared to MMR proficient tumors (9/12 vs 3/12).

The average survival was calculated as 144 months (Standard Error [SE]: 3.093, 95% CI: 138–150) for the non-involvement group, 143 months (SE: 16.136, 95% CI: 112–175) for the metastatic group, and 88 months (SE: 12.017, 95% CI: 64–111) for the synchronous group (Fig. 1). In binary comparisons between the non-involvement and metastatic group (p = 0.748), between the non-involvement and synchronous group (p = 0.128) and between the synchronous group and the metastatic group (p = 0.353), no significant difference was found in overall survival.

DISCUSSION

This study showed that 2.8% of low-risk endometrial cancer patients had ovarian metastasis and 3.3% had synchronous ovarian involvement. These rates are similar to those of Stage I endometrial cancer [4–6], though higher than the metastasis rate previously reported for low-risk patients [2]. Most of the metastatic patients in our cohort were young and premenopausal. This finding is contradicted by earlier studies, which concluded that synchronous tumors were more likely to occur in younger, premenopausal patients [4, 13, 14]. In addition, this feature has often been used to explain why synchronous tumors have a more favorable

Table 3. I	lmmun	nunohistochemical staining of mismatch repair in the metastatic group									
Patient no.	Age	Menopause	Grade	Diameter of endometrial tumor [cm]	Diameter of ovarian tumor [cm]	MSH2	MSH6	MLH1	PMS2	Dead or alive	Survey [month]
1	49	pre	- 1	1.5	2	+	+	+	+	Alive	91
2	48	post	II	2	4	+	+	-	-	Alive	130
3	49	pre	- 1	2.5	MT	+	+	+	+	Alive	101
4	44	pre	II	3	3	-	-	+	+	Alive	96
5	44	pre	- 1	1.5	3	-	-	+	+	Alive	15
6	42	pre	- 1	2.5	8	-	-	+	+	Alive	19
7	47	pre	II	3	1	+	+	+	+	Alive	161
8	58	post	II	2	3	+	+	-	-	Dead	23
9	49	pre	II	6	MT	+	+	+	+	Alive	109
10	55	post	II	2	2.5	+	+	-	-	Alive	98

MT — microscopic tumor

	Survey (month)	12	112	70	94	18	78	6	57	29	9	107	87
	Dead or alive	Dead	Alive	Dead	Alive	Alive	Alive	Alive	Alive	Alive	Dead	Alive	Alive
	PMS2	1	+	+	+	+	+	+	+	+	+	+	+
	MLH1	ı	+	+	+	+	1	+	+	+	+	ı	1
	MSH6	+	+	1	+	ı	+	+	+	+	+	ı	+
	MSH2	+	+	1	+	+	ı	+	+	+	+	ı	+
	Capsul invasion	+	I	+	1	I	+	1	ı	1	1	I	ı
Table 4. Immunohistochemical staining of mismatch repair in the synchronous group	Diameter of ovarian tumor (cm)	9	2.5	12	2.5	12	10	14	4	7.5	15	0.4	-
	Diameter of endometrial tumor (cm)	1	5.5	4	4	4	ю	2	9	1.5	2	1.5	0.5
	Grade of ovarian tumor	_	=	=	=	_	1	-	_	1	ı	1	1
	Grade of endometrial tumor	_	=	_	-	=	_	-	_	-	_	-	_
	Type of synchronous tumor	Endometrioid	Endometrioid	Endometrioid	Endometrioid	Endometrioid	Clear cell	Endometrioid	Endometrioid	Granulosa	Clear cell	Brenner	Clear cell
chemical staining	Menopause	pre	post	pre	pre	pre	post	post	pre	post	post	post	Dre
unohisto	Age	52	26	47	47	53	69	65	45	28	53	65	49
Table 4. Imm	Patient no.	-	2	3	4	2	9	7	8	6	10	11	12

prognosis than metastatic tumors [15]. Böss et. al. [16], reported that patients with metastasis to the ovary tended to be younger than patients with synchronous tumors. Similarly, higher rates of ovarian metastasis were detected under the age of 40 when ovarian conservation was performed in early-stage endometrial cancer patients [17].

Well-characterized risk factors that may be responsible for ovarian involvement in endometrial cancer are myometrial invasion, higher tumor grade, and lymphovascular space invasion [5, 6]. Modaress et al. [18], showed a 66-fold increase in ovarian metastasis with myometrial invasion. In addition, serosal invasion, tubal involvement, and positive abdominal cytology emerged as independent risk factors in clinical stage I patients [6]. But there are not many studies examining ovarian involvement in low-risk patients where all these factors are the same-negative. In a study by Ignatov et al., they reported 0.5% rate of ovarian metastasis in low-risk patients, and they could not find a difference in overall survival with ovarian involvement [2].

The size of the endometrial tumor was similar between groups. Also, the diameter of the ovarian tumor was larger in the synchronous group, but the difference was not statistically significant. If the ovary was invaded by a synchronous tumor rather than metastasis, the diameter of the tumor would probably be larger [1, 4]. There were two patients with microscopic ovarian metastasis, and if these patients had not had an oophorectomy, the skipped occult metastasis could have resulted in reduced progression-free survival.

Although more lymphadenectomy was performed in the synchronous group, the total metastatic lymph node count was found to be greater in the metastatic group. Bese et al. [19], reported that performing lymphadenectomy was found to be a significant risk factor for recurrence in synchronous tumors. The larger ovarian mass in the synchronous group is associated with more lymph node resection and may be the cause of the good prognosis observed in this group. In all, 7/12 (58%) of synchronous tumors had the same endometrioid histology. Soliman et al. [14], reported 68% concordant endometrioid adenocarcinoma and noted that the most favorable prognosis was associated with the same endometrioid histology. Young, premenopausal, overweight, and nulliparous women in this study had a median survival of 10 years and a good prognosis. Similarly, Chiang et al. [20], reported a survival of 63 months with the same histology and 48 months with a different histology in synchronous tumors.

In general, the prognosis in patients with synchronous ovarian involvement is better than in metastatic involvement [21]. In a gynecologic oncology group study, the reported five-year survival rates were higher (86% vs 58%) with synchronous tumors [13]. Bese et al. [19], reported

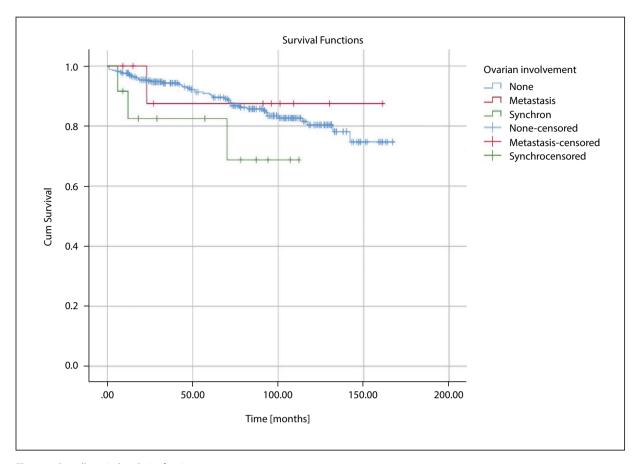


Figure 1. Overall survival analysis of patients

a dramatic change in 10-year survival rates of 61.3% and 36.6% in synchronous and metastatic groups, respectively. The critical point of this study was that only 25% of the study population consisted of Stage patients. Simultaneously detected endometrial and ovarian carcinomas with a grade 1 tumor had a significantly lower five-year recurrence rate (8% vs 22.4%) compared with patients with at least one tumor above grade 1 [13]. In the present study, no significant difference was detected in overall survival between three groups (no involvement, synchronous, or metastatic).

The presence of ovarian involvement elevates endometrial carcinoma to Stage Illa and assigns it to a high-risk category. However, the treatment options offered by institutions may vary, and the prognosis is therefore uncertain. Adjuvant therapy is often individualized based on stage, pathological outcomes, and risk factors. Some authors advocate not giving adjuvant chemotherapy or radiotherapy because of the lack of a statistically significant difference in overall survival in synchronous primary cancer patients [20]. However, Ayhan et al. [22], suggested adjuvant therapy in patients with advanced stages of ovarian cancer to improve survival. After adjusting risk factors such as stage, grade, and residual tumor tissue Heitz et al. [23], suggested chemother-

apy for synchronous tumors and additional radiotherapy if the endometrial component is advanced.

MMR deficiency may be encountered in 20–40% of endometrial cancers and in 6.4% of ovarian cancers [24, 25]. Shikama et al., compared IHC results with clinicopathological findings of endometrium cancer. Patients with MMR proficiency were found to be significantly older, nulliparous, obese, and hypertensive compared to those with MMR deficiency. Overall survival was better in patients with MMR deficiency, but this was not significant [26]. Similarly in our study, MMR-deficient patients with ovarian involvement tended to be older and at higher grade. Clinicopathological features of 7054 patients diagnosed endometrial cancer with MMR deficiency were also evaluated in a systematic review [27]. Patients with MMR-deficient tumors were significantly younger, less likely to have grade I tumor, and had lower BMI.

MMR deficiency was reported 11% to 59% in synchronous tumors [24, 28]. Previous studies have reported that MMR deficiency may be associated with optimal prognosis depending on low stage and grade in endometrial cancers [29, 30]. However, studies in low-risk patients revealed that MMR-deficient tumors had worse progression-free survival

and higher recurrence rates despite similar overall survival [31]. The reason for this condition is that most of these patients had not received adjuvant therapy, and MMR-deficiency can improve the response to treatment [32]. Conversely, in high-intermediate-risk patients, the recurrence rate of endometrial cancer for women with MMR deficiency was significantly higher regardless of adjuvant therapy [33]. In a study by Yoneoka et al. [34], MMR deficiency was observed in 28.3%, MMR expression status was the same for endometrial and ovarian tumors, and no survival advantage was reported. We also found similar MMR expression status and survival between metastatic and synchronous groups.

Recently, a new generation of sequencing (NGS) technology has been used to explain the clonal relationship between endometrial cancer and ovarian cancer. It has been revealed that 95% of synchronous tumors clinically diagnosed as double primary cancers are actually clonal tumors [11, 12]. This means that simultaneous endometrial and ovarian tumors are not independent primary tumors. Despite the clonality, some authors hypothesize indolent spread phenomena instead of a 'fully' metastatic disease [35]. One possible explanation is that these cells cannot spread to distant areas through the bloodstream, but spread transtubally to nearby areas, such as the ovary, and perform pseudometastase [27]. This theory can also help us understand why patients with these tumors often paradoxically exhibit good clinical outcomes.

The limitation of this study is that it was conducted in a single institution and used a retrospective study design. Another limitation is that disease-free survival was not accepted as a primary outcome; rather, the more precise overall survival was used. It is certain that multicentric studies involving greater numbers of patients are needed.

CONCLUSIONS

We found that ovarian involvement in low-risk endometrial cancer is rare, with a similar frequency to those previously reported in the literature. Younger age and premenopausal status were risk factors associated with ovarian metastasis. The probability of postmenopausal patients being in the synchronous group was lower than that of premenopausal patients. Overall survival did not show differences between all groups, and MMR-deficiency was similar between metastatic and synchronous groups.

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Conflict of interests

The authors have no conflict of interest to disclose.

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