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# Biodegradable nanofiber coated human umbilical cord as nerve scaffold for sciatic nerve regeneration in albino Wistar rats

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Background: Human umbilical cord (hUC) is encompassed by a mucoid connective tissue called Wharton's jelly (WJ), made of hyaluronic acid, collagen, and stromal cells to support the blood vessels of hUC. This study was aimed to determine the in vitro neuronal differentiation of WJ-derived mesenchymal stem cells (WJMSCs), and in vivo axonal regeneration potential of nanofiber coated human Wharton's jelly as a neuronal graft after sciatic nerve injury in immunosuppressed albino Wistar rats.

Materials and methods: Wharton's jelly-derived mesenchymal stem cells could be differentiated to neuron-like cells by inducing with neuronic supplementing media. The test animal's axotomized nerves were implanted with trimmed human umbilical cord devoid of vascularity and nanocoated with electro-spun poly-l-lactic acid nanofibers. The control animals were bridged with native sciatic nerve reversed and sutured. Post-surgical functional recovery was studied by walking track, pinprick, muscle weight, and sweating quantification. At the end of the 4th week, the animals were euthanized, and magnetoneurography was performed. The explanted grafts were quantified by immunohistochemistry for immuno-rejection, neural scarring, neural adhesion axon regeneration, fibre diameter, myelin thickness, and G-ratio. The sciatic function index values were similar by walking track analysis for both the test and control groups.

**Results:** The animals had functional and sensation recovery by the end of 2 weeks. No mortality, signs of inflammation, and acute immune rejection were observed post-surgery.

Conclusions: The hUCWJ devoid of vascular elements can be a perfect peripheral nerve graft, and we hypothesis that the cryopreserved hUC could be an ideal resource for axonal regeneration in the future. (Folia Morphol 2024; 83, 1: 72–82)

Keywords: umbilical cord, Wharton's jelly, mesenchymal stem cells, nanofiber, sciatic nerve, axonal regeneration

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#### INTRODUCTION

Traumatic peripheral nerve injury is a global problem and can cause devastating functional disabilities [11]. Several hundred thousand cases of peripheral nerve injury occur each year, results from stretch-related injuries, lacerations, or compressive trauma. The affected limb displays painful neuropathy symptoms, such as hyperalgesia, pain-related gait, and swelling. Ascending spinal pathways subsequently distribute nociceptive pain to multiple cortical, limbic structures and hypothalamus [15]. Current treatment modalities for peripheral nerve injuries involve end-to-end suturing of uninjured nerve ends for minor injuries and the use of autologous nerve grafts and neural prosthesis for significant damages. The application of nerve grafts for peripheral nerve repair is associated with donor site morbidity, the need for multiple surgeries, limited tissue availability, and inadequate functional reinnervation [28]. Allografts and cell suspension from the fetal central nervous system as the most effective neuro graft and have been substantially studied for their ability to develop and integrate within the host organism. However, ethical, social, and political issues act as a barrier to the application of fetal tissues [3, 13].

The unique morphologic properties of the human umbilical cord make them productive and the alternate source for mesenchymal stem cells (UC-MSCs), primarily as compared with umbilical cord blood [4, 16]. The UC-MSCs secretes different cytokines, chemokines, and growth factors known neurogenic cytokines, such as neurotrophin 3, endothelial growth factor, and midkine, may be a potential MSC source for neural stem cell therapies. The extracellular matrix of human umbilical cords (hUC) is rich in collagen IV and V, hyaluronan, and sulfated glycosaminoglycans [14, 21].

In the present basic research, we investigated the *in vitro* differentiation of human umbilical cord mesenchymal stem cells (hUC-MSCs) to neuron-like cells. The differentiated cells were verified for positive expression of neuronal markers by a reverse transcriptase-polymerase chain reaction and immunocytochemistry. Furthermore, an attempt was made to use human umbilical cord devoid of blood vessels as a neural graft to replace axotomized sciatic nerve in albino Wistar rats to restore impaired motor or sensory functions.

# **MATERIALS AND METHODS**

The study was conducted after proper approval from various committees, including the Animal ethical

committee and the stem cell ethics committee (IC-SCR). All the animals involved in this research were treated humanely, and experiments were conducted as per the guidelines of the Committees for the purpose of Control and Supervision of Experiments on Animals (CPCSEA).

The animals were purchased from Tamil Nadu Veterinary and Animal Science University. The experimental grafts were recovered from animals after euthanasia was done by certified veterinary technician. The euthanasia was done by using a pre-euthanasia anaesthetic (Telazol or PreMix 0.5 mL/10 pounds) to render the animal unconscious before injecting the euthanasian drug (Sodium Pentobarbital 117 mg//pound). The control animals involved in the research were maintained till natural death in the small animal facility in Frontier Mediville. There were no criteria needed for euthanizing animals prior to the planned end of the experiment.

For the collection of the amniotic membrane and cord blood, a written informed consent was administered to the patients or their parents. The patients were prescreened for HBsAg, HIV I and II, HCV, CMV, and venereal diseases. The study was conducted after a proper approval from various committees, which includes animal ethical committee and stem cell ethics committee (IC-SCR).

In vitro studies: neuronic differentiation of Wharton's jelly-derived mesenchymal stem cells (WJMSCS)

Derivation of poly-l-lactic acid (PLLA) nanofibers. PLLA nanofibers were derived by dissolving PLLA pellets in 1,1,1,3,3,3 hexafluoroisopropanol (HFIP, Sigma Aldrich 105228) and electrospun at a flow rate of  $12-14\,\mu\text{L/min}$ , with an applied voltage of  $10-18\,\text{kV}$  and  $15\,\text{cm}$  from a 4.5% (w/v) polymer solution [26]. The nanofibers can be directly coated on cell culture plates for *in vitro* experience and hUCs prior to *in vivo* experiments.

The hUCs were collected in Hanks balanced salt solution (HBSS, Himedia-TS1003) with antibiotic solution (Himedia A002A) from C-section delivery and transported to the laboratory with chilled packs within 6 hours. The hUCs were washed well with normal saline (0.9% W/V) and antibiotics to remove the residual blood from the veins and artery. Further, the hUCs were dissected free from vascularity. The dissected tissues, approximately 50 mg were minced using sterile method into small fragments 1–2 mm. The

minced tissue was also digested with 0.5 mg/mL collagenase (Sigma, C9722) and 0.2 mg/mL hyaluronidase (Sigma H3506) for 2 hours at 37°C. After enzymatic digestion, cold Dulbecco's phosphate buffered saline (DPBS, Himedia-TS1006) was added to cease the enzymatic activity. Further, the digested Wharton's jelly was washed by centrifuging twice with DPBS at 1500 rpm. The pellet along tissue debris was plated in the PLLA nanofiber coated plates with Dulbecco's modified eagle's media (DMEM with 4500 mg/mL glucose) and 2 mM l-glutamine (GIBCO-119950), supplemented with 10% fetal bovine serum (FBS, GIBCO-26140079). After 48 hours, the floating cells and debris were removed. The 2/3 confluent flask with adherent fibroblast cells was passaged using TrypLE Select (GIBCO). The Passage 2 cells were characterized using immunocytochemistry and flow cytometry [24].

#### Characterisation of Wharton's jelly cells

Immunocytochemistry. The cells were fixed with 4% paraformaldehyde in phosphate-buffered saline pH 7.4 for 15 min at room temperature, followed by permeabilization with 0.25% Triton X and were incubated for 1 hour with primary antibodies: anti CD73 (Abcam ab54217), anti CD90 (Abcam ab23894), anti-CD (Abcam ab44967), anti CD44 (Abcam ab9124), anti CD34 (Abcam ab8536), anti CD45 (Abcam ab40763). The primary monoclonal antibodies were added to the six-well culture plates as 1/100 dilution in 5% bovine serum albumin (BSA, Himedia, TC 194). After that, the cells were washed with DPBS and incubated with fluorescein isothiocyanate (FITC, Abcam ab5765) or phycoerythrin (PE, Abcam ab97024) conjugated secondary antibody at room temperature for 1 hour. The nucleus was stained using 4',6-diamidino-2-phenylindole 300 nm in Distilled water as per manufactures protocol (DAPI, Sigma D9542). The immune-stained cells were observed under fluorescent microscope (Olympus), and images were captured.

Flow cytometry. The cultured WJMSCs were detached with 0.25% trypsin and 0.2% EDTA, further blocked with 1% BSA in DPBS and incubated with Abcam primary antibody (20 μg/mL in 1% BSA) at 4°C overnight. Cells were washed twice with DPBS and incubated with the fluorophore (FITC or PE) conjugated secondary antibody at room temperature for 30 min. The cells were fixed with 2% paraformaldehyde and approximately 10<sup>6</sup> cells were subjected to flow cytometry by FACS Calibur (Becton-Dickinson) [24, 25].

#### Induction of WJMSCS to neuronic differentiation

The WJMSCs at cell culture passage five were used for differentiation experiments. Briefly, WJMSCs were induced to neuronic lineage differentiation by serum-free neurocult media (stem cell technologies). Control cultures were maintained in DMEM media supplemented with 10% FBS. The cells were replenished with new medium every alternate day and cultured for 3 weeks in the medium. The cultures were maintained in triplicates, and significant change in cell morphology was noted. At the end of the 3<sup>rd</sup> week, the cells were fixed for immunocytochemistry [7].

#### In vivo small animal experiment

Surgical procedure. Sciatic nerve injury and graft implantation of biological nerve graft were conducted as described earlier methods [27, 34]. Albino Wistar rats 12 Nos male (6 Nos for umbilical grafts + 6 Nos for control autografts) approximately weighing 200 ± 20 g were used for axonal regeneration studies. Wistar rats were anesthetized intraperitoneally by using ketamine (75 mg/kg) and xylazine (20 mg/kg). The left hind limb sciatic nerve was exposed through a gluteal muscle incision, and about 1 cm sciatic nerve was transected at the mid-thigh level. The umbilical cord graft was trimmed with stereomicroscope following sterile protocols to remove the blood vessels and to match the size (length and width) of rat sciatic nerves. The test group rat axotomized nerve was bridged by suturing with human umbilical cord. These animals were administered with hydrocortisone (50 mg/kg) to prevent immune rejection as human umbilical cords were transplanted in rats. The control group axotomized sciatic nerve was reversed and sutured. Behaviour analysis was performed every week post-surgery to study the functional recovery of test and control rats by walking track analysis, pin-prick test, muscle weight, and sweating quantification. At the end of the 4th week, the animals were euthanized, and magnetoneurography (MNG) was performed in the umbilical cord grafted sciatic nerve, autografted sciatic nerve, and control native sciatic nerve from right hind limb. The explanted grafts were quantified by immunohistochemistry for immune-rejection, neural scarring, neural adhesion, axon regeneration, fibre diameter, myelin thickness, and G-ratio [8].

Functional tests were performed before the injury, immediately after transplantation, and after that weekly for 12 weeks after transplantation. Locomotor

activity was evaluated to assess the animal's locomotor function using the walking track analysis as described below.

#### Walking track analysis

The most commonly used method of evaluation of the function of target organs after nerve injury in the rat is walking track analysis [2, 10]. The sciatic function index (SFI), is calculated using three measures of hind leg footprints acquired by walking track analysis: the 1–5 toe spread (TS), the 2–4 intermediate toe spread (ITS) and the print length (PL). The SFI was measured at a weekly interval between the 1st and 8th postoperative weeks. Triple measures were performed for each print and represented statistically. SFI = 0 was considered normal, whereas SFI = 100 was considered to indicate full damage. N is the values for normal rat, and E is for experimental rat.

$$SFI = -38.3 \times \left(\frac{EPL - NPL}{NPL}\right) + 109.5 \times \left(\frac{ETS - NTS}{NTS}\right) + 13.3 \times \left(\frac{EIT - NIT}{NIT}\right) - 8.8$$

## Pin-prick test

The pin-prick test (PP) was used for sensitivity repair recovery. The test consisted of the pin-prick with a forceps of the animal-operated hind limb to evaluate the sensory recovery. The animal was pin-pricked from the toes to the knee until limb withdrawal was observed. Sensory recovery was graded on a scale from 0 to 3. Where grade 0 — represent the lack of response to pain stimulus, grade 1 — represents the limb withdrawal on stimuli above the ankle, grade II — withdrawal below the ankle, in the heel region, and grade III — limb withdrawal after the application of stimuli in the metatarsal region.

# Toe spread test

Toe spread test was used for motor recovery evaluation. It is because the non-operated, normal rat extends and spreads the toes when it is hung by the tail. As in sensory recovery, motor recovery was graded on a scale from 0 to 3, where grade 0 — digital movement absence, grade I — any movement, grade II — toe spread, and grade III — toe extension and abduction.

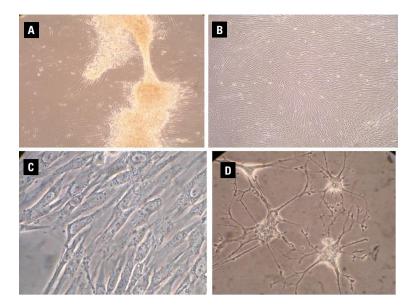
## Sweating quantification

The sweating of paws reflects autonomic nerve activity. Reinnervation of albino Wistar rat's hind paws sweats glands after peripheral nerve injury can be quantified by counting active sweat glands after induction by pilocarpine.

The albino Wistar rats were anesthetized with ketamine and xylazine as above. The implanted left hind paw was cleaned with distilled water and dried using nitrogen gas, and pilocarpine (80 mg/kg) was administered through *intra peritoneum* (*i.p.*) route. The sweat droplets were collected for 2–3 min after injection. After collection, micropipettes were centrifuged for oil and sweat separation, and the aqueous layer was quantified to measure the sweat volume.

## Magento neurography

Magento neurography endpoint measurements were carried out 4, 8, and 12 weeks following the ex vivo MNG technique following the protocol described by Cudlip et al. (2002) [9]. The animals were anesthetized with urethane i.p. 12.5% (1 mL/100 g). The sciatic nerve was exposed from its origin in the lumbar spine to distal to the trifurcation at knee level to acquire a segment of maximum length. To prevent axon leakage, the proximal part and the three branches of the sciatic nerve were ligated with a 6-0 suture and were transected proximally and distally to the knots, respectively. The MNG recording chamber was filled with ringers lactate buffer containing glucose, 1 g/L, at 21  $\pm$  0.1°C. The sciatic nerve was guided through the recording sensor coils and the stimulation cuff and stretched to in vivo length by clamping the two sutures in the recording chamber. The distal nerve end was stimulated with a biphasic constant current pulse of 50 µs delivered by two separate stimulus units (Digitimer DS3), connected in parallel. To guarantee supramaximal stimulation, the stimulator was finally set to 1.4 times the strength of the lowest current that produced a maximal signal. Every time the stimulation cuff changed position; this stimulus strength was redetermined. Both the right (control — normal nerve) and left (Test 6 Nos for Umbilical cord and 6 for native nerve graft surgery) sciatic nerve were measured. In the recording setting of the right nerve, the stimulation cuff cathode was positioned 10 mm distal to the suture line. Sensor 1 and sensor 2 were placed 4 mm and 14 mm proximal to the suture line, respectively. Only axons with fibres regenerating across the lesion were stimulated and recorded by applying distal stimulation and proximal recording. For the contralateral (unoperated) nerve, similar recording settings were used, and an imaginary suture line was created at the same distance



**Figure 1.** Expansion and differentiation of umbilical cord derived stem cells, **A.** Primary culture of collagenase digested umbilical cord stem cells; **B.** Passaged mesenchymal stem cells ( $\times$ 40); **C.** P4 umbilical cord mesenchymal stem cells control undifferentiated cells ( $\times$ 400); **D.** Umbilical cord mesenchymal stem cells differentiated to neuron like cells ( $\times$ 400).

from the distal nerve end as present in the repaired nerve. [29].

## Muscle weight

After explanting the sciatic nerves for MNG measurement, the gastrocnemius muscles were simultaneously dissected and detached from their origin, insertion and weighed immediately. Muscle weight was expressed as the ratio of the left (operated) over the right (control) muscle weight.

# Histological and immunohistochemical studies

At sacrifice 4 weeks later, the nerves were histologically evaluated for traumatic neuroma formation, Wallerian degeneration, perineural scar formation, and morphometric analysis. The distal sections were analysed for the differences in total fascicular area, myelinated fibres per nerve, fibre density, myelin area per nerve, myelinated fibre diameter, axon diameter, myelin thickness, or G-ratio.

The nerve impulse conduction speed was calculated using G ratio, a value representing the division of the axon's diameter by the nerve fibre diameter. According to Torch et al. (1989) [31], G ratio between 0.6 and 0.79 was considered normal in nerve conduction. G ratio below 0.6 implies dense myelinization, while the values above 0.79 evinces poor myelinization and conduction abnormality quantification of Nissl-stained sensory neurons was performed according to the empirical method of Coggeshall et al.

(1984) [8]. Briefly, nucleolar profiles (clearly visible nucleus with one or more nucleoli) were counted at 400× in every 10 sections starting with a randomly chosen part I. The calculations were multiplied by 10 and a correction factor to convert the nucleolar counts into neuronal numbers. This factor consisted of the nucleolar profile per 100 neurons after comparison of a randomly chosen section and the section adjacent to it. To study the dynamics of the lesion process, chromatolytic, eccentric, and pyknotic cells were quantified.

# Statistical comparison

The Shapiro-Wilk was used for normality assessment. ANOVA was used for normally distributed data and SFI data. Friedman's test was used for intragroup comparison, and the Kruskal-Wallis test was used for intergroup comparison. The significance level was set at 5%.

#### **RESULTS**

Wharton's jelly (WJ) is one of the sources of immuno-privileged stem cells and derived from extraembryonic mesoderm as neuro system. Hence, we attempted to study WJ as neural graft for regeneration of peripheral nerve injury. We approve that the human WJ cells correspond phenotypically and functionally to MSCs. Accordingly, the cells were plastic adherent with fibroblastic morphology (Fig. 1). Using flow cytometry analysis and immune-cytochemistry, we

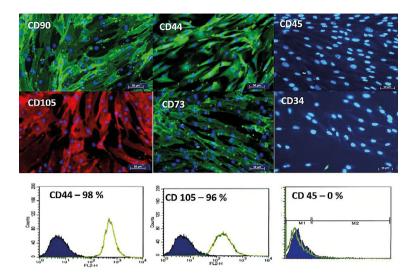
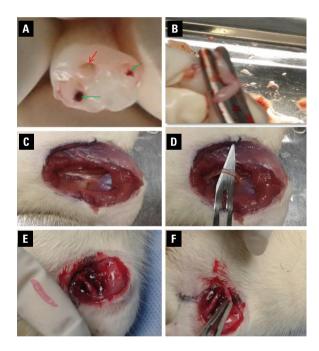
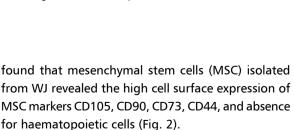
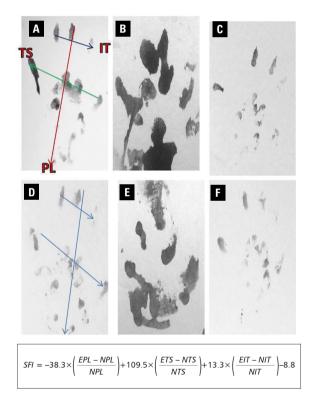


Figure 2. Immunohistochemistry and flowcytometry; immunocytochemistry and flowcytometry analysis of stem cells isolated from Wharton's jelly; red colour — tetramethyl rhodamine; green colour — fluorescein isothiocyanate; blue colour — 4'6-diamidino phenylindole stain for nucleus.



**Figure 3.** Sciatic nerve animal experiments, *in vivo* animal experiments; **A.** Cross section view of human umbilical cord showing one umbilical vein (red colour arrow) and two arteries (green arrows); **B.** Dissection of umbilical portion devoid of vascular elements; **C.** Exposure of left sciatic nerve; **D.** Separation of left sciatic nerve; **E.** Trimming the umbilical cord to the size of nerve; **F.** Suturing the umbilical cord portion to the cut end of the nerve.





**Figure 4.** Walking track analysis; Walking track analysis image, **A, B, C.** Control mice before autografting, 2 week post grafting, 4 week post grafting; **D, E, F.** Test rat before Wharton jelly grafting, 2 week post grafting, 4 weeks post grafting; IT — intermediate toe spread; TS — toe spread; PL — print length.

The *in vivo* animal experiments were successfully carried out (Fig. 3). The SFI values were standard by walking track analysis for both the test and control groups (Fig. 4). The test and control animals were

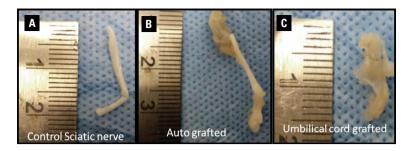


Figure 5. Explanted nerves; formaldehyde fixed explanted nerves after 2 months of implantation, A. Control sciatic nerve; B. Autografted control nerve; C. Umbilical cord grafted portion.

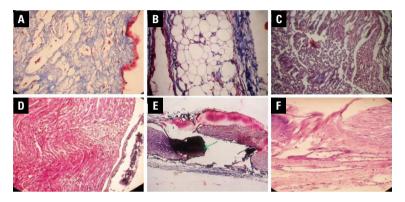


Figure 6. Histopathological Trichome staining for explanted nerves; A. Control umbilical cord prior to implantation; B. One month explanted rejected tissue; C. Two months old explanted umbilical cord tissue; D. Control sciatic nerve; E. Autografted sciatic nerve showing the axonal growth cone at site of axotomy (green arrow); F. Two months old autografted nerve at the site of axotomy.

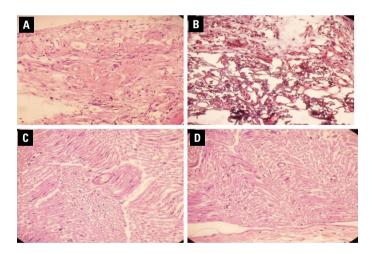


Figure 7. Immunohistochemistry for infiltration of CD25 activated T cells; **A.** Control umbilical cord — negative for CD25; **B.** Explanted umbilical cord positive for CD25; **C.** Control native sciatic nerve — negative for CD25; **D.** Immunostained sciatic nerve explanted control — negative for CD25.

able to recover their sensation on the grafted legs by the end of 2 weeks. No mortality, signs of inflammations, and graft rejection were observed in Wistar rats during the surgical experiment and post-surgery (Fig. 5). There was no evidence of fibrosis and neural scarring in both groups. Walking track analysis generated a significant value (p = 0.523), which implied similar healing and regeneration between the positive control and treated group (Fig. 6). The immuno-histochemistry for T antigen CD25 (Fig. 7) in explanted grafts indicates that WJ grafts are less immunogenic, although there was minimal infiltration of CD25 cells.

**Table 1.** Functional evaluation for control and test animals

S.No.	Functional evaluation	1 <sup>st</sup> week		2 <sup>nd</sup> week		3 <sup>rd</sup> week		4 <sup>th</sup> week	
		Control rats	Test rats	Control rats	Test rats	Control rats	Test rats	Control rats	Test rats
1	Pin-prick test	Grade I	Grade 0	Grade I	Grade 0	Grade II	Grade I	Grade III	Grade II
1	Toe spread test	Grade 0	Grade 0	Grade I	Grade 0	Grade I	Grade I	Grade II	Grade II
3	Sweating quantification [ $\mu$ L]	9.75 ± 1.7	7 ± 1.4	11 ± 1.8	8.25 ± 1.2	$14.25 \pm 0.9$	11 ± 1.8	16 ± 1.4	12.25 ± 2.0

Table 2. Action potential of sciatic nerve evaluation using a magnetoneurography system (MNG)

MNG	1 <sup>st</sup> week		2 <sup>nd</sup> week		3 <sup>rd</sup> week		4 <sup>th</sup> week	
	Control rats	Test rats	Control rats	Test rats	Control rats	Test rats	Control rats	Test rats
LATN1 [ms]	0.12 ± 0.09	$0.8 \pm 0.18$	$0.17 \pm 0.16$	0.11 ± 0.12	$0.22 \pm 0.08$	$0.15 \pm 0.14$	$0.28 \pm 0.15$	$0.23 \pm 0.12$
LATN2 [ms]	$0.18 \pm 0.06$	$0.9\pm0.10$	$0.26 \pm 0.12$	$0.18 \pm 0.15$	$0.30 \pm 0.16$	$0.23 \pm 0.14$	$0.36 \pm 0.10$	$0.43 \pm 0.12$
CVN1 [m/s]	$62\pm26.75$	$55\pm28.05$	$65 \pm 32.1$	$58\pm25.3$	$70.25 \pm 28.13$	$63 \pm 18.2$	$85\pm23.3$	$69\pm35.8$
CVN2 [m/s]	$46 \pm 24.3$	$33 \pm 16.8$	$54.31 \pm 23.5$	$39.64 \pm 28.5$	$66.32 \pm 22.06$	$43.28 \pm 26.71$	79.24 ± 17.8	52.21 ± 22.7
AMPN1 [mV]	$1.12 \pm 0.32$	$0.83 \pm 0.46$	$1.38 \pm 0.26$	$0.9\pm0.54$	$1.57 \pm 0.48$	$1.39\pm0.36$	$1.8 \pm 0.43$	$1.43 \pm 0.34$
AMPN2 [mV]	$0.52 \pm 0.28$	$0.31 \pm 0.35$	$0.68\pm0.33$	$0.43 \pm 0.26$	$0.74 \pm 0.49$	$0.61 \pm 0.47$	$0.86\pm0.34$	$0.77 \pm 0.29$

AMPN1 — initial nerve action potentials amplitudes; AMPN2 — final nerve action potential amplitudes; LATN1 — initial nerve action potentials latencies; LATN2 — final nerve action potential latencies; CVN1 — initial nerve action potentials conduction velocities; ms — millisecond; m/s — meters per second; mV — millivolt

The infiltration could be due to cross-species (human to rats) transplantation of graft. Moreover, no statistical difference in G-ratio was found between the autograft and WJ grafted group.

The functional nerve recovery was assessed by the rats walking track analysis. As the walking footprints are shown in Figure 4, the sciatic nerve injury treated group showed recovery. The SFI value varies from 100 to 0. The value 0 indicates normal function, and 100 means complete loss of function. The SFI value of treated group suggests functional recovery. Further, no significant difference exists between the autograft and test animal group. The interpersonal correlation in measurement was high after the 3rd week. Inadequate definition of footprints was noted in the first 2 weeks. The functional recovery results by pin-prick test, toe spread test, and sweating quantifications indicate that by the end of the 4th week, the test rats transplanted with umbilical cord have grade II recovery. In contrast, the autografted controls had better sensitivity (Table 1). MNG values were recorded for the first 4 weeks, and the values were noted (Table 2). The initial and final nerve action potentials were significant and showed gradual improvements from 1st week to 4th week. There was no significant difference in muscle weight between control and test animals. Trichome staining and microscopic analysis revealed

that cross-section of an intra-muscular nerve bundle and blood vessel formation are seen in treated sciatic nerve when compared to cross-section of normal sciatic nerve. In the case of a longitudinal section of treated sciatic nerve, demarcation was observed between native sutured nerve and WJ (Fig. 6).

#### DISCUSSION

Clinical literature reports that less than 25% of nerve repair patients recover complete voluntary motor function and less than 3% recover full normal sensation [29]. The clinical results of these procedures have served as the impetus to continue the search for alternative methods of repairing peripheral nerve injuries. One such alternative is the use of various "nerve conduits" which may replace the need for nerve grafting. This is a novel attempt of using human umbilical cord Wharton's jelly (hUC-WJ), which is discarded as medical waste as a biological nerve graft for peripheral nerve injury. This experiment is to validate the efficacy of using the human cord as a nerve graft, as it is the natural reservoir of immune privileged stem cells in WJ. The immunomodulatory effects of hUC-MSCs are mediated by multiple factors. The hUC-MSCs could reduce or block MHC class II expressions on vascular endothelial cell surface in cardiac allografts and decrease proinflammatory cytokines interleukin 2 and interferon gamma, enhance anti-inflammatory cytokines, such as interleukin 10 and transforming growth factor betta1 expression in vivo. The soluble factors secreted by hUC-MSC have immunoregulatory effects as well [22]. For more than a decade there are several attempts exploring the use of umbilical cord as a graft for clinical application. In 1995, Angelo et al. [1] had conducted a large animal experiment using lamb autologous umbilical cord veins and arteries for femoral artery reconstructive surgeries. The preliminary results suggest that umbilical vessels could be used as vascular autograft provided with the immediate care of vasoactive graft during the perioperative period. Chen et al. (2012) [6] hypothesize that the hUC may be an adequate novel substitute for the reconstruction of the extrahepatic bile duct.

Wharton's jelly tissue is the combination of stromal microenvironment and hUC-MSCs, which could be appropriate for treating traumatic brain injury than hUC-MSCs cell suspension. Transplanting the human WJ tissue on the surface of the injured brain of Sprague Dawley rats developed significant protection with improved histologic and functional outcomes after traumatic brain injury [5]. Decellularized human umbilical arteries seeded with human umbilical vein endothelial cells preserved the extracellular matrix and retained function in vivo for up to 8 weeks in nude rats. These properties suggest the potential use of decellularized umbilical arteries as small-diameter vascular grafts [12]. Recent research with decellularized WJ as three-dimensional (3D) tissue engineered graft that can be used as osteogenic or chondrogenic grafts. The decellularized WJ graft experiments in murine calvarial defect model with green fluorescent protein labelled osteocytes indicates that this matrix can be used as a 3D porous, bioactive, and biocompatible scaffold for tissue engineering and regenerative medicine applications [17, 18]. Moreover, recent surgical advances make use of cryopreserved autologous umbilical cords as shunt conduits in neonatal cardiac surgery clinical trial (ClinicalTrials.gov; Identifier: NCT02766998).

In our experiment, WJ sutured to the sciatic nerve transection showed functional recovery of rat model at the site of nerve injury. Axonal regeneration was observed during the explant after 4 weeks of surgery. Functional recovery was evidenced by walking track analysis and histopathological studies. Walking track analysis is a quantitative method of analysing

functional recovery of peripheral nerve in the rats. The performance of hind limbs after nerve injuries are analysed by examining footprints, known as the SFI [32]. In our studies the performance and analysis infers the explanted tissue analysis shows similar healing between auto grafted and treated group. To add on histopathology evaluation had sections of developing axons and neoangiogenic vessels. Axonal regeneration may be aided due to the presence of MSCs in WJ. The WJ-derived MSCs avoid ethical issues involved in embryonic stem cell research and being immune-privileged, which makes them an advantageous cell type for allogeneic transplantation [23, 30]. The in vitro culture studies proved that these MSCs are plastic adherent cells positive for markers CD105, CD90, CD73, CD44 and could be differentiated to neuron-like cells. WJ-MSCs have the ability to differentiate into WJ-Schwann cells like cells (WJ-SCLCs) that effectively enhance the outgrowth of neurites in vitro. In addition, implantation of WJ-SCLCs-laden acellular nerve grafts isolated and decellularized from male Sprague-Dawley rats were superior to acellular nerve grafts alone in inducing functional recovery after sciatic nerve injury [7]. A novel method using lyophilization and enzymes to prepare acellular nerve scaffold was effective in removal of cells, myelin and maintain the integrity and mechanical properties of nerve fibre than the traditional methods. The combination of hUC-MSCs with acellular nerve scaffold promotes repair and regeneration of the sciatic nerve Sprague-Dawley animal model [20, 22]. In another similar studies tonsils derived mesenchymal stem cells (T-MSCs) were differentiated to Schwann cells (SC) in vitro. T-MSCs were able to express SC-specific markers, support of neurite outgrowth, and formation of myelin sheaths. Moreover, T-MSC-SC transplantation produced functional improvements in a mouse model of sciatic nerve mild injury [19].

Wharton's jelly-MSCs may serve as a valuable source of SCs for use in transplantation, and human WJ-SCLCs may be effective for promoting the regeneration of peripheral nerves. Topical administration of human WJ-MSC bound to a delivery agent such as hydrogel may even provide sustained therapeutic effects with localized delivery of cells to the affected area [33]. For proper development of therapeutic approaches, it is essential to elucidate the possible mechanism by which stem cells play a pivotal role in aiding in functional recovery after peripheral nerve injury. We hypothesis that the

therapeutic benefits such as angiogenesis, neurogenesis, synaptogenesis, cell fusion, and reduction of apoptosis could be achieved in the zone of the injury by implanting human umbilical cord. The elevation of neuronal-specific genes and varying levels of neural and astrocyte-specific proteins could be confirmed by immunolabelling after explantation of the graft. We envisage further elucidation of these ongoing investigations in the hope of using hUC WJ as nerve graft that will meet the complete clinical requirements.

## Limitation of the study

It was challenging to suture the nanocoated umbilical cord with native rat sciatic nerve as it was very tiny. We should have used gelatine glue instead of suturing. However, the outcome of this experiment was excellent. All the experimental rats resumed the functional recovery, no immunorejection was observed.

## **CONCLUSIONS**

In conclusion, we emphasize that the in vivo animal experimentation of the human umbilical cord WJ devoid of vascular elements, allantoic duct, and amniotic epithelium can be a perfect neuro graft for peripheral nerve injuries. WJ is a natural reservoir of immune-privileged stem cells, which share properties of adult and embryonic stem cells should be a boon in nerve remodelling. Moreover, the presence of hyaluronic acid, collagen and growth factors guide the neurogenesis. The nerve repair and reconstruction data from animal experiments can be translated to clinical practice followed by clinical trials. However, some factors such as cognitive capacity and coping, which are known to influence outcome following nerve repair, are challenging to study in animal models. Furthermore, the molecular and cellular mechanism of neurogenesis needs to be analysed using an immune deficient animal model. Future concurrent research is necessary to elucidate the use of cryopreserved umbilical cords as neural grafts as it has been a recent practice to bank umbilical cords along with cord blood.

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