

Folia Morphol.
Vol. 80, No. 3, pp. 691–698
DOI: 10.5603/FM.a2020.0105
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ISSN 0015–5659
eISSN 1644–3284
journals.viamedica.pl

A cadaveric analysis of anatomical variations of the anterior belly of the digastric muscle

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[Received: 2 June 2020; Accepted: 20 July 2020; Early publication date: 2 September 2020]

Background: The anterior belly of the digastric muscle (ABDM) presents highly variable and frequent anatomical variations. Since the ABDM functions as a landmark for clinical procedures involving the submental region, it is important to have a comprehensive understanding of its variations. In this study, we sought to improve our knowledge of ABDM variations in the ethnically diverse whole-body donor population in Northern California. Specific aims were: (1) to determine the frequency of ABDM and anterior belly (AB) accessory muscle variations in cadavers donated to the UC Davis Body Donation Programme, (2) to classify these variations identified in this population using the previously proposed nomenclatures by Yamada (1935) and Zlabek (1933), and (3) to investigate the innervation and arterial supply to the representative ABDM and AB accessory muscle variations. Materials and methods: During the 2018 and 2019 gross anatomy dissection laboratories at the UC Davis School of Medicine, the submental regions of 48 cadavers were examined and classified.

Results: Fifteen (31.2%) cadavers presented ABDM and AB accessory muscle variations. These variations were clearly categorised using the morphology of the ABDMs and attachments of the AB accessory muscles. We also identified three previously unreported types of variations, two of which presented the fusion of right and left ABDMs and one presenting an ectopic tubercle beneath the mandibular symphysis to which a pair of AB accessory muscles were attached. Conclusions: Anterior belly of the digastric muscle variations were found in 1 in 3 individuals in the local Northern California population. Knowledge of the prevalence and common patterns of ABDM variations in the general population would be valuable information when an operation or examination is performed in the submental region. (Folia Morphol 2021; 80, 3: 691–698)

Key words: anatomical variation, submental region, suprahyoid muscle, cadaver, gross anatomy laboratory

INTRODUCTION

The anterior belly of the digastric muscle (ABDM) typically originates from the digastric fossa of the mandible and inserts onto the body and greater horn of the hyoid bone and the intermediate tendon that it

shares with the posterior belly of the digastric muscle. Variations in this arrangement were reported as early as in the 18th century [25], in the 19th century (e.g. [11]), and a broad range of variations were classified by Zlabek [28] and Yamada [25]. The frequency of ABDM

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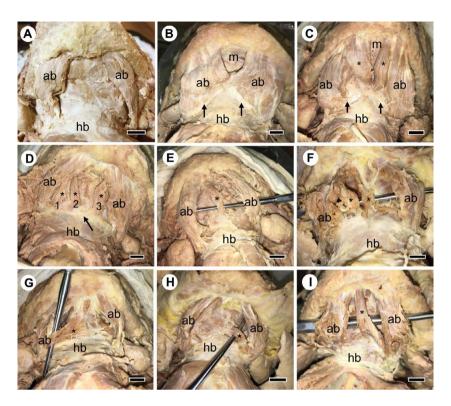


Figure 1. Summary of 1 standard and 8 variations of anterior belly of the digastric muscle (ABDM) observed in the 2018 gross anatomy laboratory. The age of each cadaver and brief description of the observed variations are summarised; A. 76-year-old male presenting a standard pattern of the ABDM and the mylohyoid muscle; B. 62-year-old male with fused sheet-like ABDMs. Atavistic type; C. 55-year-old male with a pair of anterior belly (AB) accessory muscles. Bilateral origin (anterior) type; D. 60-year-old male with three AB accessory muscles (1–3). All three accessory muscles insert into the fibrous tendinous arch. Bilateral origin (anterior) type; E. 63-year-old male with an AB accessory muscle on the right side. Unilateral origin (anterior) type; G. 90-year-old female with an AB accessory muscle on the right side. Unilateral insertion (posterior) type; H. 70-year-old male with an AB accessory muscle on the left side. Unilateral insertion (posterior) type; I. 57-year-old female with an AB accessory muscle traversing across the midline. The insertion side of the accessory muscle is bifurcated. Mixed type with variation of bifurcation; ab — anterior belly of the digastric muscle; hb — hyoid bone; asterisk — accessory anterior belly muscles; arrows — fibrous tendinous arch. The scale bar corresponds to 1 cm.

anatomical variations in dissected cadavers reported in the literature differs significantly, ranging from 5% to 70% [8, 13, 17, 25, 28]. These differences could be attributed to the small sample size in some studies as well as characteristics stemming from the common ancestry of the sample population. Types of structural variations reported for the ABDM and its accessory muscles also demonstrate significant diversity, including non-standard morphology of the ABDM itself, the location and number of anterior belly (AB) accessory muscles, and relationships of AB accessory muscles with the mylohyoid muscle [3, 8, 25, 28]. These complexities present a challenge in categorising ABDM variations.

In the current study we examined 48 cadavers for the incidence and types of variations in the ABDM and AB accessory muscles. These variations were classified according to the schema proposed by Yamada (1935) [25] and Zlabek (1933) [28]. During the course of this investigation three previously undescribed variations were found, and the blood supply and innervation

of the representative variants were investigated. Our study confirms that variations in the ABDM are common, and that many novel variations may remain to be described. These variations may be of interest to developmental biologists studying the origins of the suprahyoid muscles as well as to clinicians who perform examination and surgeries in the submental and digastric triangles of the neck.

MATERIALS AND METHODS

Forty-eight cadavers (male 23, female 25, average age 75) dissected by first year medical students in the gross anatomy laboratory over a 2-year period (2018 and 2019) at the UC Davis School of Medicine were included in this study. Bodies were originally donated to the UC Davis Body Donation Programme. During the dissection of the submental region in the laboratory, an atypical arrangement of the ABDM, being accompanied with bilateral accessory muscle bundles, was identified in 1 cadaver (Fig. 1C). This finding prompted

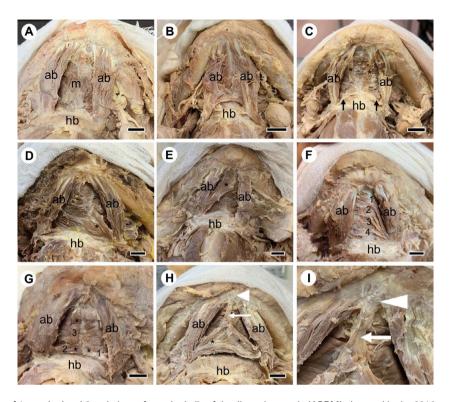


Figure 2. Summary of 1 standard and 8 variations of anterior belly of the digastric muscle (ABDM) observed in the 2019 gross anatomy laboratory. The age of each cadaver and brief description of the observed variations are summarised; A. 95-year-old female presenting a standard pattern of the ABDM and the mylohyoid muscle; B. 70-year-old female with fused sheet-like ABDMs. Atavistic type; C. 87-year-old female with a pair of thin anterior belly (AB) accessory muscle strips. Bilateral origin (anterior) type; D. 88-year-old female with an AB accessory muscle on the left side. Unilateral insertion (posterior) type; E. 66-year-old female with an AB accessory muscle on the right side. Unilateral insertion (posterior) type; F. 94-year-old female with 4 sprigs of AB accessory muscles on the left side. Unilateral insertion (posterior) type; G. 83-year-old male with 3 AB accessory muscles, origin and insertion types on the right and insertion type on the left. Complex type; H. 81-year-old male with bilateral AB accessory muscles. Complex type. Arrow head indicates the ectopic tubercle and arrow indicates the fibrous bundle (origin type variation) connecting the tubercle and the two-insertion type AB accessory muscles; I. A magnified view of the tubercle and fibrous bundle shown in panel H; ab — anterior belly of the digastric muscle; hb — hyoid bone; asterisk — accessory anterior belly muscles; arrows — fibrous tendinous arch. The scale bar corresponds to 1 cm.

examinations of anatomical variations in the submental region, leading to identifying 15 cadavers with non-standard muscle arrangements in the submental region involving the ABDM and the mylohyoid muscle (Figs. 1, 2). Two cadavers (Fig. 1B, C) were also examined further for the innervation and blood supply to the ABDM and its accessory muscle (Fig. 3).

RESULTS

Structural variations of the submental region muscles

We have identified anatomical variations comprising atypical arrangements of the ABDM with or without the involvement of the mylohyoid muscle. From 48 cadavers, 15 exhibited submental muscle variations (8 out of 24 cadavers in the year of 2018 and 7 out of 24 cadavers in the year of 2019). Of these 15 cadavers, 8 were male and 7 were female. The average frequency of the bodies with ABDM variations

in the 2 years was 31.2%, and year-to-year frequency was comparable (2018, 33.3% and 2019, 29.2%).

In the current study, in an attempt to provide consistency for organizing ABDM variations, we applied the classifications proposed by Yamada (1935) [25] and Zlabek (1933) [28]. Their classification system of non-standard ABDM comprises six types, primarily based on the position(s) of the AB accessory muscles. They are: 1) atavistic type, 2) origin (anterior) type, 3) insertion (posterior) type, 4) mixed type, 5) complex (composite) type, and 6) deletion type. In our study, the deletion type, which is characterised by the lack of the ABDM, was not observed. Below, the 5 types of AB variations identified in 15 cadavers in our gross anatomy laboratory sessions are described.

Atavistic type

The atavistic type ABDM is characterised by its broad attachment at the origin site (mandibular side)

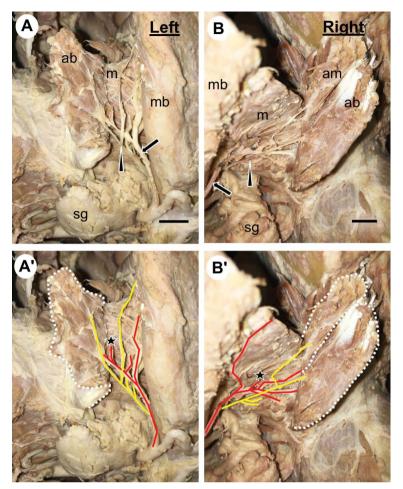


Figure 3. Arterial blood supply and innervation to the anterior belly of the digastric muscle (ABDM) and anterior belly (AB) accessory muscle of the atavistic and origin variations. The submental regions of the atavistic type variation (Fig. 1B) and origin type variation (Fig. 1C) were further dissected to follow the paths of the submental artery and the nerve to mylohyoid. The ABDM and AB accessory muscle were detached from the mandible and reflected to show the arterial supply and innervation: A. A'. The dissection of the left side of the submental region of the cadaver shown in Figure 1B; B, B'. The dissection of the right side of the submental region of the cadaver shown in Figure 1C. In panels A and B, black arrow indicates the submental artery and arrowhead indicates the nerve to mylohyoid. In panels A' and B' the paths of the submental artery and the nerve to mylohyoid are indicated in red and yellow, respectively. The asterisk indicates the location where a branch of the submental artery penetrates the mylohyoid muscle to enter the oral cavity. The white broken line indicates the border of the ABDM and AB accessory muscle; ab — the anterior belly of the digastric muscle; am — the anterior belly accessory muscle; m — mylohyoid; mb — mandible. The scale bar corresponds to 1 cm.

as well as the insertion site (hyoid side). The medial borders of the right and left AB muscles touch at the midline to cover the surface of the mylohyoid [25, 28]. The term "atavistic" was proposed because this type of ABDM arrangement has been reported as a standard form in certain non-human primates [4, 22, 25]. In the current study, 2 cadavers exhibited symmetric atavistic type variations (Figs. 1B, 2B). Both of them presented a sheet of ABDM, formed by fusion of the right and left anterior bellies. The ABDM sheet and the mylohyoid muscle below were physically separate.

In the atavistic variation shown in Figure 1B, the muscle width at the origin and insertion sites were equally broad and each ABDM presented as a rectangular muscle. Over the mylohyoid raphe the two lower angles of the right and left ABDM rectangular sheets merged, creating a small reverse triangular window below the mandibular symphysis (Fig. 1B). The ABDM attachment on the mandible extended laterally from the digastric fossa and the muscle attachment on the hyoid side extended from the midline on the fibrous tendinous arch towards the intermediate tendon of the

digastric muscle. The right and left tendinous arches angled upward and fused at the midline (Fig. 1B). This type of fibrous tendinous arch was initially described by Reid (1886) [16] as "aponeurotic-like tendon" and described also in more recent reports [18, 24]. In the atavistic variation shown in Figure 2B, the medial borders of the right and left ABDMs met at the mandibular symphysis. This positional shift of the attachments resulted in a fully fused ABDM sheet at the midline, forming a symmetric trapezoid muscle sheet overlaying the mylohyoid muscle. In these two atavistic variations (Figs. 1B, 2B), there was no recognizable accessory muscle and the ABDM itself appeared to have broadened to develop a muscle sheet. To the best of our knowledge, these atavistic type variations, in which right and left ABDMs are fused to form a symmetric muscle sheet, have not been reported in the literature.

Origin (anterior) type

The origin type is characterised by an AB accessory muscle conjoined to an ABDM at the origin (anterior) side that inserts into the fibrous tendinous arch attached to the hyoid bone [25, 28]. This variation may be presented bilaterally or unilaterally. The origin type is further subdivided into the continuous origin type, in which the AB accessory muscle overlaps with the ABDM with no space in-between, and the muscle-bundle origin type, in which the AB accessory muscle is visibly separated from the ABDM [25]. In the current study, we observed 5 muscle-bundle origin type variations; 3 were bilateral (Figs. 1C, D, 2C) and 2 were unilateral (Fig. 1E, F). In the bilateral origin type variations, 2 cadavers presented 2 AB accessory muscles (Figs. 1C, 2C) and 1 cadaver presented 3 accessory muscles (Fig. 1D). In the variation shown in Figure 1C, a robust pair of AB accessory muscles traversed from the mandible to the fibrous tendinous arch. This specific variation likely resembles the variation type previously described as "mento-hyoid" or "m. mentohyoideus" [11, 22] and in a more recent report, as bilateral AB accessory muscles inserting on the fibrous band [24]. The AB accessory muscles observed in the rest of origin type variations were much smaller and thinner. In the bilateral origin type variation shown in Figure 1D, all three accessory muscle strips originated from the medial border of the ABDMs and inserted into the fibrous tendinous arch. In the third bilateral origin type variation (Fig. 2C), the left accessory muscle strip originated from the mandible and inserted into the tendinous arch near the midline, while the right accessory strip originated from the anterior medial border of the ABDM and merged into the mylohyoid muscle. In the two unilateral origin type variations (Fig. 1E, F), accessory muscle strips were found on the right. In the variation shown in Figure 1E, the accessory muscle strip originated from the mandible medial to the digastric fossa and merged with the mylohyoid muscle near the hyoid bone. In the variation shown in Figure 1F, one accessory muscle strip originated from the medial border of the ABDM and the other originated from the mandible medial to the ABDM. Both AB accessory muscles inserted on the hyoid bone.

Insertion (posterior) type

The insertion type is characterised by the presence of an AB accessory muscle emerging from the intermediate tendon of the digastric muscle medial to the ABDM [25, 28]. The AB accessory muscle then extends anteromedially to the inter-digastric area. In the majority of cases, an insertion type AB accessory muscle merges with the mylohyoid muscle, most

often at the mylohyoid raphe. When there is a space physically separating the AB accessory from the ABDM, the variation is classified as a muscle-bundle insertion type. Alternatively, when the AB accessory muscle overlaps with the ABDM and extends to the mandible, it is classified as the continuous insertion type [25]. In the current study, we observed 5 cadavers presenting unilateral muscle-bundle insertion type variation (Figs. 1G, H, 2D-F). A single AB accessory muscle fanned out from the intermediate tendon medially to merge into the mylohyoid at the posterior half of the raphe (Figs. 1G, H, 2D) or at the anterior half of the raphe (Fig. 2E). In one of the insertion type variations, four very delicate sprigs of AB accessory muscles emerged from the intermediate tendon, all of which merged into the mylohyoid muscle at the raphe (Fig. 2F).

Mixed type

The mixed type is characterised by an AB accessory muscle traversing across the midline in the submental region [25, 28]. In the current study, we identified 1 cadaver presenting this variation (Fig. 1I). This AB accessory muscle originated from the right side on the mandible and divided into 2 muscle segments on the hyoid side, with the lateral segment inserting on the left digastric intermediate tendon and the medial segment inserting into the mylohyoid muscle at the raphe.

Complex (composite) type

The complex type is characterised by the coexistence of multiple variations described above, the origin (anterior), insertion (posterior), and mixed types, in one individual [25, 28]. We identified 2 cadavers presenting bilateral complex type variations (Fig. 2G, H). The complex variation shown in Figure 2G contained two insertion type AB accessory muscles and one origin type AB accessory muscle. The two insertion type AB accessory muscles were fan shaped, emerging from the right and left intermediate tendons (muscles 1 and 2) and merged with the mylohyoid muscle and with each other at the raphe. The origin type AB accessory muscle (muscle 3) emerged from the upper medial border of the ABDM and inserted into the mylohyoid muscle at the superior border of the AB accessory muscle 2 (Fig. 2G). The arrangement of these three AB accessory muscles is similar to the variation reported by Zdilla et al. (2018) [27]. The second complex type variation, shown in Figure 2H, consisted of insertion and origin type variations. However, it was unique in the sense that there was an ectopic bony tubercle directly beneath the mandibular symphysis. The presence of this type of ectopic tubercle has not been reported previously. Bundles of tendinous fibres connected the superior angle of the pair of insertion type accessory muscles to this ectopic tubercle (Fig. 2H, I). These fan-shaped AB accessory muscles emerged from the right and left intermediate tendons and merged at the midline with each other and with the mylohyoid muscle at the raphe (Fig. 2H).

Arterial blood supply and innervation to the ABDMs and AB accessory muscles

Arterial blood to the submental region is typically supplied by the submental artery, a branch of the facial artery [6]. Innervation to the anterior belly of the digastric muscle and mylohyoid muscle is typically provided by the nerve to the mylohyoid, a branch of the mandibular division of the trigeminal nerve [12]. To examine whether the arterial blood supply pattern may be altered by the presence of ABDM variations, we dissected the submental region of the 8 cadavers shown in Figure 1B-I and confirmed that the submental artery was the source of the blood supply in all of these cadavers. Innervation to the submental region was also examined in the atavistic type and origin type variations (Fig. 1B, C, respectively). Figure 3 summarises the passages of the submental artery and the nerve to mylohyoid in the submental regions of these cadavers. In the atavistic type ABDM variation (Fig. 3A, A'), the nerve to mylohyoid (indicated by the arrowhead) travelled between the mylohyoid muscle and the ABDM sheet to provide innervation to the both muscles. The submental artery (indicated by the arrow) travelled in parallel with the nerve to mylohyoid and then penetrated the mylohyoid muscle (indicated by the asterisk in Fig. 3A'), entering the oral cavity to supply the sublingual gland. This pattern of the submental artery supplying the sublingual gland is relatively common [7] and it is not associated with particular structural variations of the submental triangle muscles. In the bilateral origin type variation (Fig. 3B, B'), the nerve to mylohyoid also travelled in parallel with the submental artery to pass between the external surface of the mylohyoid muscle and the inner surface of the ABDM, and then continued to innervate the AB accessory muscle. Also, in this cadaver, a branch of the submental artery penetrated the mylohyoid muscle to enter the oral cavity to supply the sublingual gland (indicated by the asterisk in Fig. 3B').

DISCUSSION

The digastric muscle is a suprahyoid muscle that depresses the mandible to assist chewing and speech, and also to stabilise the hyoid bone during swallowing and speaking [2, 20]. Reflecting the digastric muscle's contribution to these vital human activities, it has been reported that declined volume of the digastric muscle is correlated with the severity of dysphagia in stroke patients [21].

Developmentally, the digastric muscle is a hybrid muscle consisting of two muscle bellies derived from separate embryological origins; the anterior belly originates from the first pharyngeal arch, whereas the posterior belly originates from the second pharyngeal arch. The mylohyoid muscle, located adjacent to the anterior belly muscle, shares a common embryological origin with the ABDM. Accordingly, innervation and blood supply are typically shared between these two muscles, i.e., both are innervated by the nerve to the mylohyoid and supplied by the submental artery, respectively [14, 19].

Schematic representations of the types of variations identified in this report, "atavistic, origin, insertion, mixed, complex" are summarised in Figure 4. In the origin type variations, two AB accessory muscles had their distal end fused with the mylohyoid muscle (Figs. 1E, 2C). All of the insertion type AB accessory muscles found in the insertion type only variations (Figs. 1G, H, 2D-F) and in the complex type variations (Fig. 2G, H) consistently had their proximal ends fused with the mylohyoid muscle at the raphe. In the literature, fusion of AB accessory muscle and the mylohyoid has also been repeatedly reported [8, 25, 28]. The frequent fusion of the AB accessory muscle and the mylohyoid muscle may indicate that these two muscles develop from a common embryonic primordium during embryogenesis.

In this study, we observed three variations that have not been previously reported in literature. Two are the atavistic type variations (Figs. 1B, 2B) in which right and left ABDMs are fused to form a symmetric muscle sheet. No AB accessory muscles were observed in these variations. The closest variation to these atavistic variations we could find in the literature was a variation in which right and left AB accessory muscles fused at the midline of the submental triangle. In this case, the ABDMs and the accessory muscles were still visibly discernible by distinct striations of the muscle fibres [1]. Another is the complex type variation with an ectopic tubercle elongated from the mandible at

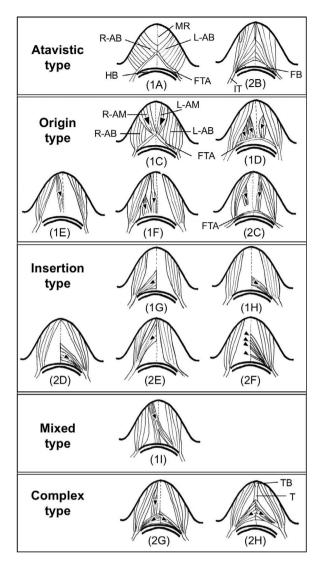


Figure 4. Schematic representations of the anterior belly of the digastric muscle (ABDM) and anterior belly (AB) accessory muscle variations identified in this report. Sketches highlighting the arrangements of the ABDM and AB accessory muscle variations are shown. Among the 15 variations we have identified, 2 were atavistic type, 5 were origin type, 5 were insertion type, 1 was mixed type and 2 were complex type. Letters in parenthesis shown below the drawings correspond to the listings in Figures 1 and 2. An arrowhead indicates an AB accessory muscle; FTA — fibrous tendinous arch; FB — fibrous band; HB — hyoid bone; IT — intermediate tendon; R-AB, L-AB — right or left anterior belly of the digastric muscle; R-AM, L-AM — right or left AB accessory muscle; MR — mylohyoid raphe; TB — tubercle; T — tendon.

the symphysis, to which a pair of insertion type AB accessory muscles are attached via a tendinous fibre (Fig. 2H). These three newly identified variations suggest the fluidity of muscle development in the submental region.

Utilising three-dimensional reconstructions of human embryos, it has been reported that the developing mylohyoid and ABDM initially establish an anterior attachment with Meckel's cartilage at the late embryonic stages. While Meckel's cartilage is being encased by the mandibular bone during the late embryonic and early foetal stages, the attachment of these muscles shifts from Meckel's cartilage to the mandibular bone that is extending over the cartilage [15]. Such transitions could lead to erroneous muscle reattachment, possibly causing fragmentation of developing muscles as well as ectopic insertion, which may result in the formation of AB accessory muscles as well as their fusion with the mylohyoid muscle (as described in numerous previous reports) and the AB accessory muscle variations (in the current report). Radlanski et al. (2001) [15] also described that during the early stage of mylohyoid muscle development, some of the muscle fibres gained the direction of striation corresponding to that of developing digastric muscle nearby. This observation may imply a possible developmental process for the origin type AB accessory muscles that are presented in Figure 1C in this report and also the "mento-hyoid muscle" and "m. mentohyoideus" described by Macalister (1875) [11] and Stracker (1908) [22], respectively.

It has been proposed that the relative spatial relationship of an AB accessory muscle with the nerve to mylohyoid, superficial or deep, indicates the origin of muscular primordium from which the AB accessory muscle developed [18]. These authors suggest that the nerve to the mylohyoid penetrates into the middle of the common muscular primordium of the mylohyoid and ABDM during embryogenesis. Consequently, the ABDM develops superficial to, and the mylohyoid muscle develops deep to, the nerve to the mylohyoid. According to this classification system, the sheet-like atavistic type ABDM variation (Fig. 1B) originated from the primordium of the ABDM, not from the primordium of the mylohyoid muscle, since it is positioned superficial to the nerve to the mylohyoid (Fig. 3A'). Similarly, the origin type AB accessory muscle shown in Figure 1C originated from the primordium of the ABDM, since it is located superior to the nerve to the mylohyoid (Fig. 3B'). Although it is often challenging to dissect intact innervation to small AB accessory muscles, this classification system would be useful to ascertain their embryological origin in relation to the mylohyoid muscle.

Clinically, structural variations of the ABDM have implications in surgeries involving the muscles of the submental region such as correction of facial paralysis and an array of cosmetic surgeries for improving the frontal neck contour [5, 9, 10, 23, 26]. The ABDM variations, especially those with atavistic type varia-

tion and robust AB accessory muscles, could cause misidentification of the suprahyoid muscle groups which affects diagnosis involving the submandibular region [1, 26, 27]. Therefore, attracting attention to the frequent occurrence and morphological complexity of ABDM variations in the general population has significant clinical importance.

CONCLUSIONS

In our current report, we examined 48 cadavers and found that 15 cadavers presented ABDM variations (31.2%) in the ethnically diverse donor population in Northern California. Since the ABDM is an important landmark for procedures involving the submental region, the high prevalence of non-standard arrangements calls for close attention.

Acknowledgements

The authors are grateful to the staff of the UC Davis Body Donation Programme for their support and wish to express gratitude to the individuals who donated the bodies for the advancement of medical education and research. The authors declare that they have no conflict of interest to report.

Conflict of interest: None declared

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