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DOI: 10.5603/FM.a2019.0051
Article type: ORIGINAL ARTICLES
Submitted: 2019-03-18
Accepted: 2019-04-10
Published online: 2019-05-06

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Abscess fluid cells formed in the palato-gingival area

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Abstract
An abscess is a pocket of pus that forms around the root of an infected tooth. In this study, we aimed to investigate the extracellular matrix proteases ADAMTS1, ADAMTS4, osteonectin, and osteopontin expressions in abscess fluid cells in palato-gingival indications after implantation and prosthesis operation. In this clinical study, abscess fluids belonging to 17 patients who applied to the Department of Oral and Maxillofacial Surgery were examined histopathologically and immunohistochemically. In the histopathological examination of the abscess fluid, separation of chromatin bridges in the nuclei of neutrophil cells, pyknosis and apoptotic changes in the nucleus, degenerative change in the cytoplasm, and occasional vacuolar structures were observed. The positive reaction of ADAMTS1 was observed in fibroblast cells, plasma cells, and macrophage cells. The positive reaction of ADAMTS4 was observed in fibroblast cells, osteoclast cells, and some apoptotic leukocyte cells. Osteopontin expression in osteoclastic cells and polymorphonuclear cells was defined as positive. Osteonectin expression was positive in polymorphonuclear leukocytes and hypertrophic fibroblast cells. In conclusion, ADAMTS1 and ADAMTS4 may induce bone destruction with its distinctive property in alveolar bone resorption, which promotes the activation of osteoclasts, which can accelerate the destruction of the extracellular matrix in the acute phase. Furthermore, osteoclastic activity increased with the increase of osteonectin and osteopontin protein expression due to inflammation in the abscess cases.

Key words: tooth abscess, ADAMTS1, ADAMTS4, osteonectin, osteopontin

Introduction
The term tooth or dentoalveolar abscess is used to define the localised pus collection on the alveolar bone at the root apex. It usually occurs secondary to dental caries, trauma, deep fillings, or failed root canal treatment. After the chamber of untreated paper clay has deteriorated, the colonisation of the root canals becomes apparent with a mixture of various bacteriological agents (1). Lymphocytes act in any immunological reaction as they are in non-immunitis. In chronic inflammation, there is a relationship between the T lymphocytes and macrophages, with activated T lymphocytes and macrophages acting on each other, causing both cells to become inflamed mediators. Active lymphocytes secrete a series of chemical mediators. These are cytokines, the main stimulators of macrophages. Macrophages release interleukin-1 (IL-1) and tumour necrosis factor (TNF) containing cytokines. These also
activate lymphocytes. The macrophages and T cells constantly stimulate each other in the inflammatory focus from the antigen effect from the onset (2, 3).

An abscess is a collection of localised inflammation that causes the formation of pus in the tissue. It occurs when pyogenic bacteria are placed deep into the tissue. Focal accumulation of neutrophils starts abscess formation. Immediately, a band of dilate veins forms, and fibroblastic proliferation occurs, which surrounds the abscess at the outermost limit of the abscess. After tooth extraction, alveolar bone resorption has been reported to significantly reduce the residual bone volume, and implants that are required for optimal restoration can disrupt the proper position (4-6). This situation is more pronounced in the front of the maxilla, and palate-labial indications occur during the implant and prosthesis operation. Immediate placement of the implants in the extraction sockets can prevent this unwanted resorption (7, 8). A disintegrin and metalloproteinase with thrombospondin motifs (ADAMTS) proteases are secreted enzymes that act on a wide variety of extracellular matrix (ECM) substrates including pro-collagen, proteoglycans, hyalectans, and cartilage oligomeric matrix protein (8, 9). The ADAMTS1 gene is responsive to inflammation that is not expressed in normal tissues, but it is induced by lipopolysaccharide stimulation (10). The major enzymes ADAMTS4 and 5 are involved in the degradation of the main proteoglycan agonist in articular cartilage and have been shown to be the target for therapeutic inhibition leading to the development of osteoarthritis (11).

Osteopontin (OPN) is a secreted phosphoprotein with various roles in the immune response. It is made by T cells and macrophages and binds to a series of integrins as an intact protein or as proteolytically cleaved fragments (9). Moreover, OPN is expressed in various cell types and tissues, such as preosteoblasts, osteoblasts, osteocytes (12), fibroblasts (13), dendritic cells, macrophages, and T cells (14). Osteonectin (ON) is a glycoprotein synthesised by the cells of an osteoblastic lineage, which is abundantly expressed in bones undergoing active remodelling. It binds hydroxyapatite, calcium, and type I collagen and inhibits mineralisation in vitro (15). Classically, ON has been used to follow the progression of in vivo and in vitro osteoblast cytodifferentiation (16-18).

In this study, we aimed to investigate the ECM proteases ADAMTS1, ADAMTS4, ON and OPN expressions in abscess fluid cells in palato-gingival indications after implantation and prosthesis operation.

**Materials and Methods**

*Patient follow up*
In this clinical study, abscess fluids belonging to 17 patients who applied to the Department of Oral and Maxillofacial Surgery were examined histopathologically and immunohistochemically. This study was registered as a prospective clinical trial with the Dental Faculty Hospital Trial Registry. Informed consent was obtained from the patients before enrolment in the clinical evaluation. A written informed consent form was obtained from the parents of children younger than 18 years old.

Fine-needle aspiration cytology

Fine-needle aspiration was performed with a 20-25 gauge needle (Figure 1). The abscess fluid that we obtained was conserved at +4°C degrees. Then, the materials were sent to the histology laboratory for routine histological procedures. The abscess fluid was subjected to high-speed centrifugation, the supernatant was discarded, and 10% (v/v) neutral formalin was added (pellet to formalin volume ratio, 1:3). After 2 h of fixation, the clear bright supernatant was discarded, and the tube was inverted on filter paper to allow excess fluid to drain. The pellet was then placed on filter paper using a spatula, and eosin stain solution was added using a Pasteur pipette. After the cell aggregate developed a red colour, it was wrapped in filter paper and placed in a cassette, which was then stored in a fixation box for tissue processing. The cells were examined using Harris haematoxylin and eosin staining. The abscess fluid was also immunostained and examined under Olympus BH-2 light microscopy.

Hematoxylin-Eosin Staining Procedure

1. Deparaffinize sections, 2 changes of xylene, 10 minutes each.
2. Re-hydrate in 2 changes of absolute alcohol, 5 minutes each.
3. 95% alcohol for 2 minutes and 70% alcohol for 2 minutes.
4. Wash briefly in distilled water.
5. Stain in Harris hematoxylin solution for 8 minutes.
6. Wash in running tap water for 5 minutes.
7. Differentiate in 1% acid alcohol for 30 seconds.
8. Wash running tap water for 1 minute.
9. Bluing in 0.2% ammonia water or saturated lithium carbonate solution for 30 seconds to 1 minute.
10. Wash in running tap water for 5 minutes.
11. Rinse in 95% alcohol, 10 dips.
12. Counterstain in eosin-phloxine solution for 30 seconds to 1 minute.
13. Dehydrate through 95% alcohol, 2 changes of absolute alcohol, 5 minutes each.
14. Clear in 2 changes of xylene, 5 minutes each.
15. Mount with xylene based mounting medium.

**Immunohistochemical staining**

Sections of abscess fluid cells were brought to distilled water and washed in 3x5 min phosphate buffered saline (PBS; catalogue number 10010023, Thermo Fischer Scientific Fremont, CA, USA). Antigen retrieval was done in a microwave (Bosch®, 700 watt) for 3 min at 90°C. They were subjected to a heating process in a microwave oven at 700 watts in a citrate buffer (pH 6) solution for proteolysis. Sections were washed in 3x5 min PBS and incubated with hydrogen peroxide [K-40677109,64271 hydrogen peroxide (H₂O₂) Dortmund, Germany, Merck] (3 ml 30% H₂O₂ + 27 ml methanol) for 20 min. Sections were washed in 3x5 min PBS and blocked with ultra block (lot: PHL150128, Thermo Fischer, Fremont, CA, USA) for 8 min. After draining, the primary antibodies were directly applied to the sections, namely, ADAMTS1 monoclonal antibody 1:100, ADAMTS4 monoclonal antibody 1:100, ON monoclonal antibody 1:100, and OPN monoclonal antibody 1:100). Sections were incubated and left overnight at 4°C. Sections were washed in 3x5 min PBS and then incubated with biotinylated secondary antibody (lot: PHL150128, Thermo Fischer, Fremont, CA, USA) for 14 min. After washing with PBS, streptavidin peroxidase (lot: PHL150128, Thermo Fischer, Fremont, CA, USA) was applied to the sections for 15 min. The sections were washed in 3x5 min PBS, and DAB (lot: HD36221, Thermo Fischer, Fremont, CA, USA) was applied to sections for up to 10 min. Slides showing a reaction were stopped in PBS. Counterstaining was done with Harris’s haematoxylin for 45 s, dehydrated through ascending alcohol and cleared in xylene. (product number: HHS32 Sigma, hematoxylin solution, Harris modified, Sigma-Aldrich, Saint Louis, MO, USA). Slides were mounted with Entellan® (lot: 107961, Sigma-Aldrich, St. Louis, MO, USA) and examined under Olympus BH-2 light microscopy.

**Semi-quantitative score of histopathologic parameters**

Semi-quantitative score was determined by examining chromatin bridges breakage in nucleus of neutrophil cells, apoptotic changes in nucleus of leukocyte cells, vacuolar structures in leukocyte cells, ADAMTS-1 expression in fibroblast cells, ADAMTS-4 expression in fibroblast cells, osteopontin expression in polymorph nucleus of leukocyte cells, and
osteonectin expression in osteoclast cells in the histological sections of abscess fluid. Microscopic examination of these parameters was performed in 15 different fields and counting 10 cells in each area (Table 1 and 2).

**Statistical analysis**

Statistical analysis was performed using SPSS 21.0 for Windows statistical package. Statistical analysis was performed with mean ± standard deviation (SD) and categorical variables were presented with number and percent (%). Chi-square (χ²) test was used for comparison of qualitative variables between groups. Hypotheses were biased. p≤0.05, a statistically significant result was considered.

**Results**

**Statistical findings**

Statistical results of histopathological parameters are given in Table 1 and 2 in detail.

**Histological findings**

In the histopathological examination of the abscess fluid, we observed separation of chromatin bridges in the nuclei of neutrophil cells, pyknosis and apoptotic changes in the nucleus, degenerative change in the cytoplasm, and occasional vacuolar structures. The nucleus size in lymphocytes is normally close to that of the cytoplasm, while nuclear shrinkage and cytoplasm are larger due to infection (Figure 2).

**Immunohistochemical findings**

A positive reaction of ADAMTS1 was observed in fibroblast cells, plasma cells, and macrophage cells (Figure 3). In addition, a positive reaction of ADAMTS4 was observed in fibroblast cells, osteoclast cells, and some apoptotic leukocyte cells (Figure 4). The expression of OPN in osteoclastic cells and polymorphonuclear cells was defined as positive (Figure 5). The expression of ON was positive in polymorphonuclear leukocytes and hypertrophic fibroblast cells. In the periapical abscess, oedema and hyperaemia occur due to the infiltration
of periodontal membrane inflammation cells in the root tip. Bone resorption occurs with inflammation in the mouth (Figure 6).

Discussion

In this clinical study, we examined immunohistochemical expressions of ADAMTS1, ADAMTS4, ON, and OPN proteins in abscess fluid cells formed during surgical procedures applied to implant or prosthetic patients. In the literature review, we did not find a scientific study showing the relationship between the expressions of these proteins and abscess fluid cells. Immunohistochemical cross sections of these proteins in the abscess fluid were shown in detail (Figures 2-6).

The formation of periradicular lesions involves inflammatory cell infiltration, necrosis, abscess formation, apical periodontal ECM degradation, and resorption of root and alveolar bone as the result of continuous stimulation from bacteria in the root canal (19). Clinical practices have indicated that periodontal, endodontic, and implant-phase infection is an important predictor of implant development and reduces the chances for successful implant placement (20-24). The goal of implant therapy is to improve the quality of life of patients by allowing the removal of removable dentures and reducing the burden on sensitive soft tissues. Periapical implant lesions show a pathological osteolysis area at the apex of the osseointegrated implant (25-28). Contamination of implants may be explained by the presence of necrotic and traumatised bone tissue and/or impaired host defence mechanisms. The detection of enzymes from polymorphonuclear granulocytes (PMN) at high concentrations in peri-implanted regions may indicate increased PMN cell activity (29). A high number of PMN cells associated with a significant amount of mucosal inflammation around the implants have been identified (30). A few histopathological and immunohistochemical analyses of the peri-implantitis indications of the tissues surrounding the implants, namely clinical signs of inflammation, revealed advanced bone loss and the presence of large inflammatory cell infiltrates (31-34). Esposito et al. (32) analysed the properties of soft tissues surrounding implants that fail immunohistochemically. They reported that a marginal portion of the specimens was characterised by intense inflammation and immunological responses. Demircan et al. (35) reported that the ADAMTS enzyme levels and activities should be illuminated at both the protein and mRNA levels of tissue inhibitor proteins in bone formation. Moreover, ADAMTS8 is released from neutrophils or macrophages during the acute phase of lesion formation and promotes the formation and activation of osteoclasts (36). In addition, ADAMTS1 and ADAMTS4 may play an important role in aortic inflammation.
Inflammatory cells such as macrophages play critical roles in the progression of aortic aneurysms by producing proinflammatory cytokines and proteolytic enzymes (37). The ADAMTS1 and ADAMTS4 proteins may support tissue destruction and disease formation by various mechanisms. Mimata et al. (38) found that ADAMTS4 expression is upregulated in fibroblast-like synoviocytes in patients with IL-6 rheumatoid arthritis. It has been indicated that IL-6 may induce ADAMTS4 expression from fibroblast-like synoviocytes in cartilage destruction in rheumatoid arthritis. In our study of ADAMTS1 and ADAMTS4 immunohistochemical analysis, fibroblast cells, macrophage cells, and some apoptotic leucocytes as well as ADAMTS1 and ADAMTS4 expressions in osteoclast cells were positive. It was thought that ADAMTS1 and ADAMTS4 may be predictive of the modulation of inflammation and bone metabolism as well as tissue damage, including alveolar bone resorption and the development of gingival lesions in the early phase after prosthetic and implant operations. Several recent studies have demonstrated the effect of cytokines, such as IL-1β, TNF-a, and transforming growth factor-β on the expression of ADAMTS4 and ADAMTS5 in fibroblast-like synoviocytes (38-40).

Moreover, OPN is induced in macrophages by several inflammatory cytokines including TNF-alpha, IL-1p, interferon-gamma (IFN-γ), and IL-6. Other factors, such as angiotensin-II, oxidised low-density lipoprotein, and phorbol-ester, are inducers of OPN (41-43). In addition, OPN changes chronic inflammatory responses. Chronic inflammation is characterised by the persistence of injury to macrophages and disease sites (14). During cell-mediated immune responses against bacterial and viral pathogens, OPN plays a pivotal role in T cell and macrophage responses (44). Moreover, OPN has been shown to downregulate IL-10. It is thought to increase bone destruction associated with endodontic infections (45).

Additionally, ON is a non-collagenous protein of the bone matrix that is quite ubiquitously expressed (46, 47). Moreover, ON has also been observed in bovine odontoblasts (48, 49) and in odontoblasts and predentin in human prenatal and postnatal samples (50). This extracellular distribution may be related to the specific polarised tissue organisation where only the odontoblast process is included in the mineralised matrix (51). On the other hand, the cellular processes of ON-producing odontoblasts are in contact with mechanical stresses, heat shocks, and cariogenic bacteria products (52, 53). Our data also suggest that ON expression increased due to bone tissue damage.
Despite the results, there are a few limitations. When the histopathological parameters were evaluated statistically in a total of 17 patients in according to semi-quantitative score, the remarkable results are as follows:

1) No patient was found to break the chromatin bridges in the nucleus of neutrophil cells. But, this deformity was prominent in nine patients.
2) Apoptotic changes in leukocyte cell nuclei, vacuolar structures in leukocyte cells, and osteopontin expression in polymorph nucleus of leukocyte cells were moderate in ten patients.
3) ADAMTS-1 expression in fibroblast cells was prominent in eleven patients.
4) ADAMTS-4 expression in fibroblast cells was prominent in twelve patients.
5) Osteonectin expression in osteoclast cells were moderate in nine patients.

When these parameters were evaluated cumulatively; remarkable protein expression results are as follows:

1) Osteopontin expression in osteoclast cells was seen in all patients.
2) Osteopontin expression was detected in polymorphous nuclei of leukocyte cells in 85.7% of patients.
3) ADAMTS-4 expression was detected in fibroblast cells in 71.4% of patients.
4) ADAMTS-1 expression was detected in fibroblast cells in 57.1% of patients.

Conclusions

We consider that ADAMTS1 and ADAMTS4 may induce bone destruction with their distinctive property of alveolar bone resorption, which promotes the activation of osteoclasts, which can accelerate the destruction of ECM in the acute phase. In cases of acute and chronic abscesses, ON and OPN protein increases were observed in osteocyte cells due to maxilla and mandibular bone tissue damage. Bone destruction was also thought to be induced due to a marked increase in osteoclast activity.

References


**Figures and Tables Legends**

**Figure 1.** Fine-needle aspiration for abscess fluid formed in the palato-gingival area.
Figure 2. Haematoxylin-eosin staining. Separation of chromatin bridges in the nuclei of neutrophil cells (white arrows) and degenerative changes and apoptosis in some leukocyte cells (red arrow). Scale bar = 50 μm.

Figure 3. ADAMTS1 immunostaining. Positive expression of ADAMTS1 in fibroblast cells (yellow arrow), plasma cells (black arrow), and macrophage cells (blue arrow). Scale bar = 50 μm.
Figure 4. ADAMTS4 immunostaining. Positive expression of ADAMTS4 in fibroblast cells (yellow arrow), osteoclast cells (green arrow), and some apoptotic leukocyte cells (red arrow). Scale bar = 50 μm.

Figure 5. Osteopontin (OPN) immunostaining. Positive OPN expression in osteoclastic cells (green arrow) and degenerative polymorphonuclear cells (red arrow). Scale bar = 50 μm.
Figure 6. Osteonectin (ON) immunostaining. Positive ON expression in polymorphonuclear leukocytes (red arrow) and hypertrophic fibroblast cells (yellow arrow). Scale bar = 50 μm.

Table 1. Valid and cumulative percent of histopathological parameters.

<table>
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<th>Histopathological parameters</th>
<th>Patient (n)</th>
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<th>Valid Percent</th>
<th>Cumulative Percent</th>
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<td>14,3</td>
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<td>14,3</td>
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<tr>
<td>Apoptotic changes in nucleus of leukocyte cells</td>
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<td>14,3</td>
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<td>Total</td>
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<td>100,0</td>
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</table>
Table 2. Semi-quantitative score of histopathological parameters in patients (n: number of patients). The quantification of all parameters: 0: no change, 1: too week, 2: week, 3: middle, 4: strong. (Scoring was determined by examining histological parameters in 15 different regions within the microscope field, and 10 cells counted in each area).

<table>
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<th>Scores (0-4) in patients</th>
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<th>Apoptotic changes in nucleus of leukocyte cells</th>
<th>Vacuolar structures in leukocyte cells</th>
<th>ADAMTS-1 expression in fibroblast cells</th>
<th>ADAMTS-4 expression in fibroblast cells</th>
<th>Osteopontin expression in polymorph nucleus of leukocyte cells</th>
<th>Osteonectin expression in osteoclast cells</th>
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