Complete right- and left- sided thoracic ducts associated with aberrant left vertebral artery: unreported case with surgical implications

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Complete right- and left- sided thoracic ducts associated with aberrant left vertebral artery: unreported case with surgical implications

Running header: A rare thoracic duct duplication

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Abstract
Anatomy is the keystone to an appropriate understanding of surgical and radiological sciences. Here the authors report on a rare case of complete right- and left-sided thoracic ducts (TDs) associated with aberrant left-vertebral artery (LVA) arising from the aortic arch. The TDs originated from right and left cisterna chyli and terminated separately close to the left venous angle. Superior to the aortic arch, the TDs showed
different relationships to the LVA; the right TD was ventral, while the left was dorsal in position. This report is associated with other variations detailed below, and may have important implications in cervicothoracic surgery.

**Key words: thoracic duct; aberrant vertebral artery; chylothorax**

### Introduction

As TDs have long been linked to essential normal or anomalous neurovascular structures, injuries to such ducts or related structures may cause complications in various surgeries and interventional procedures involving the duct and/or associated anomalous structures [4, 5]. Variations of the arterial system are rare compared to venous system, and may complicate various surgeries [6,7]. Accordingly, appropriate knowledge of vertebral artery variations may be indispensable in thoracic aortic surgery [8]. Based on anatomical and radiological research, various patterns (including TD duplication) have been highlighted in different studies [1,9,10]. However, studies showing the coexistence of complete TD duplication associated with aberrant LVA and other variations (such as accessory renal/mental vessels, accessory muscles and a unilateral absence of musculocutaneous nerves) have not yet been reported.

### Case presentation

During the superior mediastinum dissection of an elderly Japanese man in the Anatomy Department (total number of dissected bodies: 27, including this case) of Osaka Medical College, the presence of aberrant LVA arising from the aortic arch
between the left common carotid and subclavian arteries was noted. Interestingly, the LVA was crossed ventrally and dorsally by two TDs, terminating close to the left venous angle. The superficial (right) TD emerged from the deep surface of the esophagus, passing between the LVA and left common carotid artery, while the deeper one (left) passed deep to the left subclavian artery close to its origin from the aortic arch (Fig. 1). Deeper dissection showed that the two TDs passed superficially to the left vagus nerve, the left phrenic nerve and the left vertebral vein at termination (Fig. 2). Tracing to the posterior mediastinum revealed that the right TD arose from the right cisterna chyli (L1 – L2 level) and soon bifurcated twice (creating a ring formation) before forming a single duct and ascended deep to the esophagus. The left TD originated from left cisterna chyli (T12 level) and ascended without bifurcation to the superior mediastinum (Fig. 3). The supplementary Fig. 1 shows a lower magnification of the dissected superior and posterior mediastina. Surprisingly, additional variations such as an accessory mental foramen on the right side, an accessory left renal artery and an accessory left arm muscle with an absent musculocutaneous nerve (supplementary Fig. 2) were observed. Abnormal bilateral termination of short saphenous into the great saphenous vein (data not shown) was also observed.

**Discussion**

To the authors’ knowledge, this is the first case report highlighting a combination of complete right and left TDs having various relationships with aberrant LVA, in addition to other variations as mentioned above and shown in supplementary Figure 2. This pattern of duplicated TDs has not been shown in large-scale anatomical or radiological studies [1,9,10]. Focus here is placed on the surgical relevance of double
TDs and relationships to the aberrant LVA; the clinical relevance and developmental origin of other variations, and possible relationships to duplicated TDs and aberrant LVA, are beyond the scope of this study. This needs further research in a large number of cases.

Developmentally, the lower two-thirds of the TD are formed from the embryonic right TD, and the upper third is formed from the embryonic left duct. Disturbances during selective atrophy result in extensive TD variations such as the duplication shown in this case [2,9,10]. This selective atrophy failure may also explain the anomalous origin of LVA seen here. The presence of two complete right and left TDs terminating into the left venous angle should be considered during esophagostomy for chylothorax-related prevention and treatment via right- or left-sided video-assisted thoracoscopic surgery [1]. This case should also be considered by interventionalists conducting antegrade or retrograde embolization in chylothorax interventional suites [10]. Chylothorax work has also been reported to complicate internal thoracic artery harvesting in coronary heart surgery [3]. Accordingly, as the two TDs were closely related to the ventral and dorsal surfaces of the LVA, there is a risk of related injury during transposition of aberrant LVA [11] or during the various procedures of aortic arch repair [8]. The presence of multiple variations in this case calls for further investigation, and may be considered as a syndrome of anatomical variation.

Conclusions

This case of duplicated TD with various relationships to aberrant LVA may have important surgical implications.
Acknowledgement

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Conflicts of interest

The authors have no conflicts of interest to declare.

References

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FIGURES

Figure 1. Dissection of the cervicothoracic region showing cervical parts of right and left TDs (green and red arrows, respectively). The black star indicates the left venous angle. 1: aortic arch; 2: innominate artery; 3: left common carotid artery; 4: LVA; 5: left subclavian artery; 6: left innominate vein; 7: left internal jugular vein; 8: left subclavian vein; 9: esophagus; 10: Virchow lymph node.

Figure 2. Deeper dissection of the cervicothoracic region. Arrows indicate TDs. LVA: left vertebral artery; 1: vertebral vein; 2: left phrenic nerve; 3: esophagus; 4: left recurrent laryngeal nerve.
Figure 3. Dissection of posterior mediastinum showing the right and left TDs (green and red arrows), magnified in lower and upper framed rectangles. The esophagus was cut and displaced laterally to show the TDs. 1: right cisterna chyli; 2: left cisterna chyli; 3: Azygos vein; 4: esophagus; 5: diaphragmatic crura.

Supplementary Figure 1. Dissection of superior and posterior mediastinal regions showing TDs and LVA 1: Azygos vein; 2: left vertebral artery (LVA). The right and left TDs are indicated by green and red arrows, respectively.

Supplementary Figure 2. Coexistence of multiple variations in this case. A: bilateral mental foramina on the right facial side (arrows); B: accessory left renal artery (held with forceps); C: accessory muscle (arrow head) in the ventral left arm with absent musculocutaneous nerve; 1 and 2: short and long heads of biceps brachii, respectively; 3: median nerve.