Address for correspondence: Dr. A. Ibraheem Zaki, MSc, MD, Faculty of Medicine, King Abdul Aziz University, Jeddah, Saudi Arabia, P.O. Box 42806, Jeddah 21551, Female Section Building 7, tel: +966505931745, e-mail: rafiah-az@hotmail.com

Anatomical study of the carotid bifurcation and origin variations of the ascending pharyngeal and superior thyroid arteries

A. Al-Rafiah, A.A. EL-Haggagy, I.H.A. Aal, A.I. Zaki

Faculty of Medicine, King Abdulaziz University Hospital, Jeddah, KSA, Saudi Arabia

[Received 12 October 2010; Accepted 13 January 2011]

Background: Human anatomy texts in current use have very little precise information as to the frequency of variations in the bifurcation of the common carotid artery, and a clear description of the relation between external and internal carotid arteries as well as the variation of the origin of the ascending pharyngeal and superior thyroid arteries is limited.

Material and methods: Sixty common carotid arteries in the sagittal section of the head and neck of 30 human adult cadavers were obtained from the Anatomy Department of King Abdulaziz University. The data collected were analysed using the Chi square-test.

Results: The carotid bifurcation was at the level of the superior border of the thyroid cartilage in 48.3% of cases, 25% were opposite the hyoid bone, and 18.3% were at the level between the thyroid cartilage and the hyoid bone. The bifurcation appeared at a lower level than the superior border of the thyroid cartilage in 5% of cases, while in 3.3% of cases the bifurcation level was seen higher than the hyoid bone. The usual anteromedial position of the external carotid artery to the internal carotid artery was found in 51.7% of cases, whereas it was medial to the internal carotid artery in 36.7% of cases. In 10% it was seen in an anterior position and only in 1.7% the external carotid artery was lateral to the internal carotid artery. In 93.3% of the cases the ascending pharyngeal artery originated from one root, while in the remaining 6.7% of cases it originated from two roots. In 80% of cases the superior thyroid artery arose from the external carotid artery. In 18.3% of cases it originated from the common carotid artery, and in 1.7% it arose from a thyrolingofacial trunk.

Conclusions: The carotid bifurcation can occur as high as the hyoid bone, or as low as the cricoid cartilage. The anteromedial position of the external carotid artery (ECA) in relation to the internal carotid artery (ICA) was the most common anatomical position. The origins and configurations of the ascending pharyngeal artery and the superior thyroid artery are variable. (Folia Morphol. 2011; 70, 1: 47–55)

Key words: carotid arteries, superior thyroid artery, ascending pharyngeal artery
INTRODUCTION

Human anatomy texts in current use have very little precise information as to the frequency of variations in the bifurcation of the common carotid artery (CCA). Also, a clear description of the relation between the external and internal carotid arteries as well as the variation of the origin of the ascending pharyngeal and superior thyroid arteries is lacking. The CCA divides into two terminal branches: the internal and external carotid arteries (ICA and ECA). The ECA arises from the CCA somewhat medial to, and in front of, the ICA [30]. The ascending pharyngeal artery (APA) arises from the external carotid artery and is the only medial branch. The APA ascends on the pharynx deep to the ICA [25]. The superior thyroid artery (STA) is the first branch of the ECA; it arises from the anterior surface of the ECA just below the level of the greater cornu of the hyoid bone [31]. Ozgur et al. [27] emphasised that knowledge of the CCA and its branches are important for vascular surgical procedures in the neck region.

Gulsen et al. [12] mentioned that the CCA generally bifurcates into the internal and external carotid arteries at the level of C3–4. Ito et al. [17] found that the location of the external and internal carotid arteries was reversed. Anil et al. [4] reported a case with the right APA arising from the carotid bifurcation (CB). Bergman et al. [6] found that the APA sometimes arose in common with the occipital artery. Hayashi et al. [14] stated that the APA is frequently said to originate from the back of the ECA near the bifurcation of the CCA. Lucev et al. [23] mentioned that lack of experience regarding possible variations could lead to fatal errors if one blood vessel should be mistaken for another. For example, the unexpected origin of the STA from the CCA could be a cause of a possible mistake. The great blood vessels of the neck have numerous variations, and their explorations are essential for a better anatomic knowledge of the neck. This knowledge is very important in choosing a surgical approach and for diagnosis in radiology. The aim of the present work is to study the variations of the level of CCA bifurcation as well as the variations of the origin of the ascending pharyngeal and superior thyroid arteries in human adult cadavers.

MATERIAL AND METHODS

The present study was carried on 60 common carotid arteries in the sagittal section of the head and neck of 30 adult cadavers obtained from the dissection room of the Anatomy Department, Faculty of Medicine, King Abdul Aziz University, Saudi Arabia. The CCA was dissected, and special attention was paid to the exposure and topographic localization of the CCA bifurcation. The level of bifurcation was determined in relation to the thyroid cartilage.

The location of the ECA in relation to the ICA was recorded, and an anatomical examination of the variations of the origins of the superior thyroid and the ascending pharyngeal arteries was carried out. The distance between the origin of each of these arteries and the bifurcation was measured. The side of the common carotid artery and the cadaver sex and age were not taken into account in the analysis of variations.

Various univariate analyses were used to assess each variation, to provide an understanding of some of the relationships between the variables. All data were entered and analysed using SPSS version 10. Analysis was done using chi-square test with a p value \( \leq 0.05 \) considered significant.

RESULTS

The bifurcation level of common carotid artery

The level of bifurcation in 29 cases (48.3%) corresponded to the superior border of the thyroid cartilage (Fig. 1). In 15 (25%) cases, the level was found opposite to the body of the hyoid bone (Fig. 2). Eleven (18.3%) cases showed the bifurcation at a higher level than the superior border of the thyroid cartilage (between the thyroid cartilage and the hyoid bone) (Fig. 3). The distance between the superior border of the thyroid cartilage and the site of bifurcation ranged from 0.3 to 1.8 cm. The bifurcation in 3 (5%) cases was found at a lower level than the superior border of the thyroid cartilage (Fig. 4). The distance between the superior border of the thyroid cartilage and the site of bifurcation ranged from 1.1 to 1.3 cm. In two (3.3%) cases the bifurcation was at a higher level than the hyoid bone (Figs. 5, 6).

The relationship between the external and internal carotid arteries

In 31 (51.7%) cases the ECA was anteromedial to the ICA (Figs. 2, 6). The external carotid artery in 22 (36.7%) cases was found medial to the internal carotid artery (Figs. 3, 4, 5, 7).

In six (10%) cases the ECA was situated anterior to the ICA (Fig. 8), and in only one (1.7%) case the external carotid artery lay lateral to the internal carotid artery (Fig. 1).

Ascending pharyngeal artery

In 58 (95%) cases the APA originated from the ECA (Figs. 3, 5, 8, 9). In two (3.3%) cases it arose
In one (1.7%) case it originated from the ICA (Fig. 6). The following two different patterns of origin of the ascending pharyngeal were found:
— pattern I was observed in 56 (93.3%) cases. The ascending pharyngeal artery originated from one root (Figs. 1, 3, 5, 6, 8);
— pattern II was observed in 4 (6.7%) cases. The artery originated from two roots (Figs. 9, 10).

The distribution of the localization of the ascending pharyngeal artery of pattern I

In 35 cases (58.3%) the APA originated from the medial side of the ECA (Fig. 5). In one (1.7%) case the origin of the APA was from the point of the carotid bifurcation (Fig. 1).

Origin of the artery above the level of bifurcation

In 19 (31.7%) cases the APA originated from the medial side of the external carotid (Figs. 3, 8). The distance of APA from the level of bifurcation was from
0.2 to 2.4 cm, and in one (1.7%) case it originated from the ICA (Fig. 6). The distance of the origin of the artery from the bifurcation was 1.1 cm.

The distribution of the localization of the ascending pharyngeal artery of pattern II

In three (5%) cases the APA originated from the ECA above the level of bifurcation (Fig. 9). The distance of the artery from the level of bifurcation was from 0.2 to 2.8 cm, and in one (1.7%) case it originated from the ECA from the bifurcation (Fig. 10).

Superior thyroid artery

The distribution of the localization of the superior thyroid artery was observed in 46 cases (76.7%); the superior thyroid artery originated from the ECA at the level of the bifurcation (Figs. 1, 3, 4).

In two (3.3%) cases, it originated from the ECA above the level of the bifurcation (Figs. 2, 7). The distance of the origin from the bifurcation was from 0.9 to 1.1 cm. In 11 (18.3%) cases it originated from the common carotid artery (Fig. 6). The distance of the origin from the bifurcation was from 0.4 to 1.0 cm. In one (1.7%) case it arose from a thyrolingofacial trunk (Fig. 5). In 59 (98.3%) cases the superior thyroid artery originated from the anteromedial aspect of the ECA (Figs. 2, 3, 4, 5, 10).

In one (1.7%) case, it arose from the lateral aspect of the ECA and ran in front of the CCA to descend to the thyroid gland (Fig. 1).

Statistical analysis

The statistical analyses between each two variables were done. The che-square test value equaled 0.954, which is a p value > 0.05. No significant results were shown.

DISCUSSION

The carotid bifurcation

Several anatomic textbooks state that the common carotid artery bifurcates into the external and internal carotid arteries at the level of the superior border of the thyroid cartilage [1, 20, 31, 34].

The present study showed that normal bifurcation of the CCA was found in 48.3% of cases. Lucev et al. [23] found this to be true in 50% of cases and
Ilic et al. [16] reported a similar finding in 58% of cases. In addition, Espalieu et al. [9] found it to be true in 65% of cases, as well as Von Poisel and Golth [34] who found it in 67%.

In the present work, the CCA may bifurcate higher or lower than the usual level; a high bifurcation is more common. The bifurcation can occur as high as the hyoid bone or even higher than, or as low as, the lower border of the thyroid cartilage. These variations are of clinical importance for surgical approaches in the head and neck region.
Standring [31] mentioned a higher level of bifurcation opposite the hyoid bone. He reported this level as the most common bifurcation level. In this study, the extent of bifurcation at this level was 25%. This is in agreement with Ito et al. [17], who found this level in 31.2% of cases, and it was detected in 12.5% of the cases examined by Lucev et al. [23]. It was also described by Kipré et al. [19] in 13% of his examined cases.

In 18.3% of cases in this study the bifurcation was observed at a higher level than the superior border of the thyroid cartilage. This finding corresponds to Von Poisel & Golth [34] and Krmpotić-Nemanić et al. [20], who found it in 20% of cases. It also corresponds to Lucev et al. [23], who found it in 25%, whereas Ilić et al. [16] found this higher level in 31% of cases. In contrast to this study, Kipré et al. [19] found it in 75% of cases.

In 5% of cases examined in this study the carotid bifurcation was found at the level below the upper border of the thyroid cartilage. Ilić et al. [16] found this level in 11% of cases, Lucev et al. [23] found it in 12.5% of cases, and Kipré et al. [19] recorded it in 15% of cases.
In this study the level of the carotid bifurcation above the hyoid bone was found in 3.3% of cases. This is in agreement with the results of Nikolić [26], who found the bifurcation at this level in 2% of cases, and Ilić et al. [16] who found it in only 1% of cases.

Relation between the external carotid artery and the internal carotid artery

According to the findings of this study, there are different patterns of relationships between these two arteries. The anteromedial position of the ECA was present in 51.7% of cases, which corresponds to the result of Krmpotić-Nemanić et al. [20], who reported this position in 50% of cases, while Lucev et al. [23] found it in 30% of cases.

Ozgur et al. [27] mentioned that the most common position of the ECA in relation to the ICA was the medial position. In this study, the medial position was found in 36.7% of cases, whereas it was in only 10% of the examined cases of Lucev et al. [23].

In this study the anterior position of the ECA was found in only 10% of cases, while Krmpotić-Nemanić et al. [20] reported this position in 21% of cases, and Lucev et al. [23] found it in 47.5% of cases.

In this study the lateral position of the ECA in relation to the ICA was found in only 1.7% of cases. Also, three case reports of the same position were reported by Handa et al. [13], Teal et al. [33], and Prendes et al. [28]. Lucev et al. [23] found the lateral position in 10% of cases.

Anangwe et al. [3] found that the ECA was situated anterolateral to the ICA in 30% of cases. This is in contrast to Lucev et al. [23], who reported it in only 2.5% of cases. This position was not encountered in the current study.

The ascending pharyngeal artery

Knowledge of variations in the origin of the APA is vital for the exact identification of the neck vessels during surgery, to avoid a fatal mix-up with the ICA [5, 11, 20].

In the present study, the APA arose from the ECA at the level of carotid bifurcation in 56.7% of cases; it is found to be 65% in study of Hollinshead [15], and Czerwinski [8] who found it in 74.1% of cases.

In the current work, the APA originated from the ICA in 1.7% of cases. This finding was in agreement with the study of Zumre et al. [35], who detected it in 2.5% of cases, and Hayashi et al. [14], who found it in 2% of cases. This was also in accordance with the findings in the case report of Chitra [7].

In the present work, the APA originated from the ECA above the level of bifurcation in 36.7% of cases. This is in accordance with the study of Anil et al. [4], who found it in 30% of cases. In 5% of the cases of this study the APA originated from the carotid bifurcation. This is in agreement with Anil et al. [4] who detected the same origin.

In this study, 6.7% of cases of the APA originated by two roots from the ECA, it either arose above the level of bifurcation or from the point of bifurcation. Chitra [7] observed two ascending pharyngeal arteries: one from the occipital artery and another from the ICA. Czerwinski [8] stated that the APA originated from the CCA in 2% of cases. Bergman et al. [6] reported that it might arise from the CCA in 7–9% of cases, while Chitra [7] found it to be a branch of the occipital artery. These variations were not encountered in the current study.

Finally, the statistical results show that the place of origin of the APA depends significantly on the position of the ECA in relation to the ICA. This correlation between the origin of the APA and the position of the ECA in relation to the ICA was not discussed in the available literature.

The superior thyroid artery

In the current study, the superior thyroid artery (STA) originated from the ECA at the carotid bifurcation in most of the examined cases (76.7%). This finding was consistent with the findings of Czerwinski [8], who found this origin in 62% of cases and Hayashi et al. [14], who found it in 70% of cases; however, Lucev et al. [23] found this to be true only in 30% of cases and Ozgur et al. [27] detected it in 40% of cases. Akyol et al. [2], Kaneko et al. [18], Matsumoto et al. [24] and Smith and Larsen [29], showed that the STA originated from the common carotid artery. The incidence of this variation ranged from 1% to 18% of cases in the studies of Akyol et al. [2] and Lemaire et al. [21]. In the current study, the STA originated from the CCA in 18.3% of cases. This result was identical to the results of Faller and Scharer [10] and Czerwinski [8], but it differed from those of Hayashi et al. [14], who found this origin in 30% of cases, Lucev et al. [23] who found it in 47.5% of cases, and Lo et al. [22] who found it in 52.3% of cases. This finding was also recorded by Von Poisel and Golth [34], who found it only in 6.41% of cases.

In the present work the distance of the origin of the superior thyroid artery from the carotid bifurcation ranged from 0.2 to 3.3 cm. This is in agreement
with Stephen et al. [32], who reported a case of the origin of the superior thyroid artery which arose from the common carotid artery 2.7 cm proximal to its bifurcation. He also recorded a case of the STA originating 2.5 cm proximal to the carotid bifurcation. Moreover, he stated that the origin of the STA was very rarely more than 1 cm proximal to the bifurcation. The implications of such a low origin for surgical approach to the thyroid are significant.

In this study, the origin of the STA above the level of the bifurcation was found in only 3.3% of cases. This was in disagreement with Ozgur et al. [27], who reported it in 25% of cases.

In this study, thyrolingofacial trunk was seen in 1.7% of the cases. This finding was in agreement with Zumre et al. [35], who observed a thyrolingofacial trunk in 2.5% of cases.

The present study results showed some differences with respect to similar previous study results from the available literature, which suggests that the vessels show great variability. Thus, physicians must be very cautious and take all possibilities into consideration.

CONCLUSIONS AND RECOMMENDATIONS

The present work shows that carotid bifurcation can occur as high as the hyoid bone, or as low as the cricoid cartilage. The anteromedial position of the ECA in relation to the ICA was the most common anatomical position, although other positions were also encountered. The origin and configuration of the APA are quite variable. The superior thyroid artery can arise at the level of the bifurcation, from the common carotid artery, or from the thyrolingofacial trunk. Anatomical knowledge of the variability of carotid bifurcation levels, the position of the ECA in relation to ICA, as well as the variations of the origin of the APA and STA will be useful for surgeons, to avoid unnecessary complications.

ACKNOWLEDGEMENTS

I would like to thank my family for the support they provided me through my entire life, and in particular, I must acknowledge my husband and my children, without whose love, encouragement, and patience I would not have finished this research.

My endless thanks and appreciation to my dearest mother for her support.

In conclusion, I recognize that this research would not have been possible without the assistance of the University and my supervisors, Prof. Amira El-Haggagy, Dr Iman Abdul Al and Dr Azza Zaki in the faculty of medicine in particular.

All authors agreed and affirmed to the contents of this article. There is “no conflict of interests” to disclose.

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