

Right coronary artery agenesis

Brak prawej tętnicy wieńcowej

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Abstract

The following study presents a 75-year-old female patient who was admitted to the hospital due to atypical chest pain and paroxysmal dyspnoea. After imaging and laboratory diagnostics, the absence of the right coronary artery (RCA) was confirmed. A solitary coronary artery is a relatively rare congenital anomaly with a not fully understood aetiology. Most patients remain asymptomatic throughout their lives, while some may experience nonspecific symptoms such as chest pain or decreased exercise tolerance. These patients are initially diagnosed with coronary artery disease, which delays the recognition of RCA absence. The gold standard for diagnosing the absence of RCA is cardiac computed tomography (CT). Treatment is primarily conservative, but in cases requiring intervention, surgical treatment is utilized.

Keywords: cardiac computed tomography, CT, absence of the right coronary artery, RCA, SCA

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Introduction

Congenital absence of the right coronary artery (RCA) is a fairly rare congenital anomaly that can lead to serious consequences, including death. It can be caused by its agenesis, congenital obstruction during foetal life or be a component of another congenital heart disease [1]. Coronary artery anomalies are often detected incidentally during

the examination of patients with complaints of coronary artery disease. Cardiac CT is an excellent tool for differentiating between coronary artery disease and coronary artery anomalies because of its high spatial and contrast resolution [2]. In most cases, the defect is asymptomatic, but some patients may develop more serious complications such as myocardial ischaemia or stable angina with the development of atherosclerosis in the coronary vessels [3].

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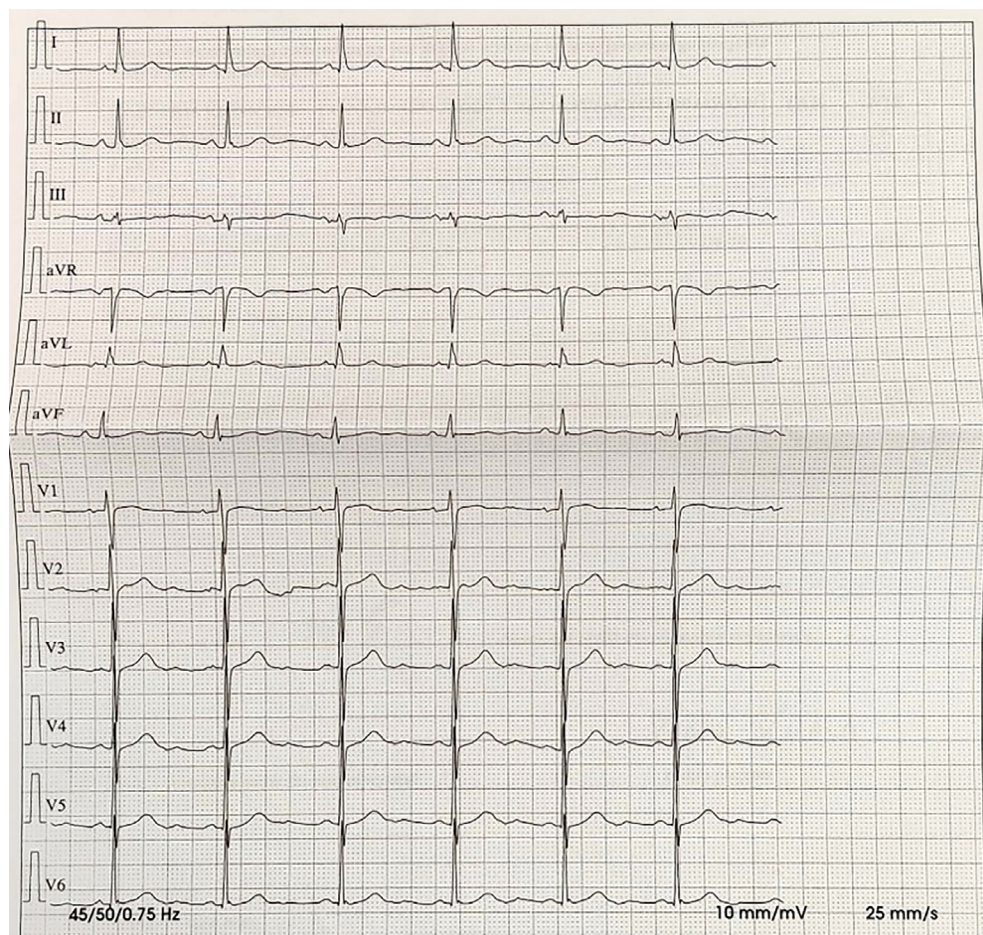


Figure 1. The result of the electrocardiogram of the patient

Case report

A 75-year-old female patient was admitted to the hospital for diagnosis due to atypical left-sided chest pain and paroxysmal dyspnoea. The patient was hospitalised in 2018 for the same symptoms. At that time, a cardiac exercise test was performed on a moving treadmill according to the Bruce protocol. The test was negative and there was low exercise tolerance. An echocardiogram of the heart showed no segmental wall motion abnormalities. Ejection fraction was 60%, mild mitral regurgitation, mild left ventricular diastolic dysfunction and trace pulmonary and tricuspid regurgitation were found. Electrocardiography showed ST-segment depression of more than 1.5 mm in leads III and aVF and non-specific intraventricular conduction abnormalities (Figure 1). The patient was then discharged from the hospital for conservative treatment – acetylsalicylic acid, telmisartan, potassium and rosuvastatin. Subsequently, the patient was under the supervision of a cardiology outpatient clinic.

In 2022, she was referred for a computed tomography (CT) scan of the heart (Figure 2), which described an absent right coronary artery (RCA) and a super-dominant circumflex branch (Cx). The trunk of the left coronary artery (LM) diverges at a typical location from the left aortic sinus. The anterior interventricular branch (LAD) typically diverges from the LM, giving off 3 diagonal branches (Dg), the right ventricular branch (RV) and the conus arteriosus branch (Con). The Cx departs typically from the LM, gives off the marginal branch (OM), posterolateral branch (PL), posterior descending branch (PDA), marginal branch (AM), RV and one of the terminal branches of the SNode, the other terminal branch reaches the area of the right aortic sinus. Single calcified atherosclerotic plaques are present in the Cx, LAD and OM, narrowing the vessel lumen by approximately 20–40%.

The patient is currently under the supervision of a cardiology outpatient clinic, is treated conservatively, reports no complaints and there are no indications for surgical treatment.

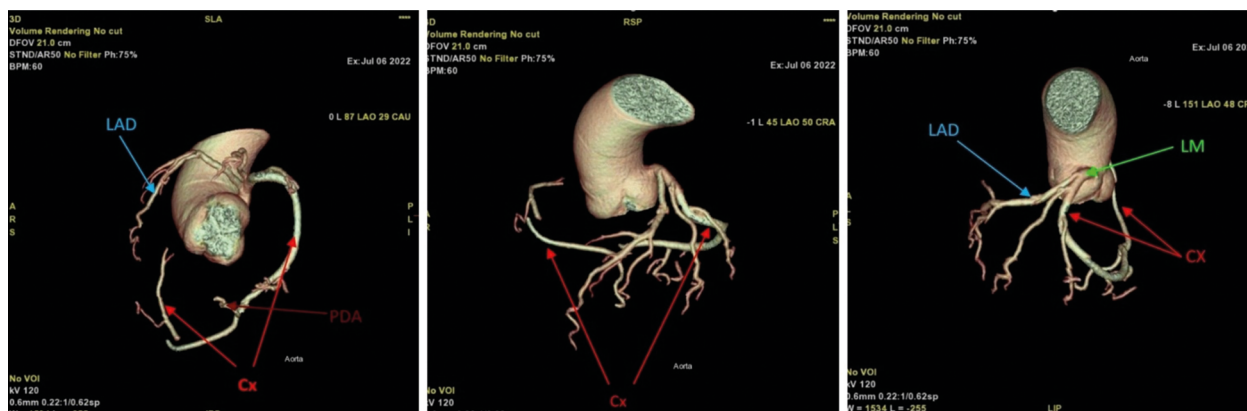


Figure 2. Computed tomography – volumetric reconstruction images

Discussion

Single coronary artery (SCA) is a relatively rare congenital anomaly. Its incidence ranges from 0.014% to 0.066% [2]. Congenital absence of the RCA is a subtype of SCA first described in 1948 by White and Edwards. The mechanism describing the causes of this phenomenon is not fully understood, although it may be related to a defect during foetal development or congenital occlusion of the coronary vessel lumen [4, 5]. The majority of patients with coronary artery anomalies have no symptoms specific to the defect or develop early sudden death [4]. Often patients with right coronary artery agenesis are misdiagnosed with ischaemic heart disease or remain undiagnosed [1]. Consequently, there is no established specific diagnostic protocol for patients with defects of this type [4]. This was the situation in the case of the patient described here, who was completely asymptomatic for most of her life and the absence of a right coronary artery was diagnosed during the diagnosis of ischaemic heart disease at an older age. For the non-invasive diagnosis of coronary artery anomalies, cardiac CT is a very good tool, which also allows three-dimensional reconstructions of the coronary anatomy. Cardiac CT is currently the gold standard for the diagnosis of coronary artery anomalies [4]. There is no standardised procedure for the treatment of SCA. Conservative treatment is mainly based on anticoagulants, statins and blood pressure lowering. In cases that require it, surgical treatment such as pacemaker implantation, coronary revascularisation and others are used [1].

Conclusions

Congenital absence of the coronary artery is a rare condition that may not present with any clinical symptoms as well as non-specific manifestations. The gold standard for the diagnosis of SCA is cardiac computed tomography, which is a non-invasive test that allows accurate imaging of the coronary circulation, detection of any lesions in it and confirmation of the diagnosis.

Additional information

Ethics statement

Not applicable.

Author contributions

Not applicable.

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Conflict of interest

The authors declare no conflict of interest.

Supplementary material

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Streszczenie

W poniższej pracy przedstawiono przypadek 75-letniej pacjentki, która została przyjęta do szpitala z powodu nietypowego bólu w klatce piersiowej i napadowej duszności. Po wykonanej diagnostyce obrazowej i laboratoryjnej potwierdzono brak prawej tętnicy wieńcowej. Pojedyncza tętnica wieńcowa jest stosunkowo rzadką wadą wrodzoną o nie do końca poznanej etiologii. Większość pacjentów przez całe życie pozostaje bezobjawowa, natomiast u części występują niespecyficzne objawy takie jak: bóle w klatce piersiowej czy obniżenie tolerancji wysiłku fizycznego. Ci pacjenci są w pierwszej kolejności diagnozowani w kierunku choroby niedokrwiennej serca, co opóźnia rozpoznanie braku RCA. Złotym standardem w rozpoznawaniu braku RCA jest tomografia komputerowa serca. Leczenie jest głównie zachowawcze, natomiast w przypadkach tego wymagających stosuje się leczenie operacyjne.

Słowa kluczowe: tomografia komputerowa serca, TK, brak prawej tętnicy wieńcowej, RCA, SCA

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