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Association of chemotactic cytokine receptor 5 (*CCR5*) gene polymorphism (59029 A/G, rs1799987) with diabetic kidney disease in patients with type 2 diabetes from Poland

Patrycja Pokrzywnicka[®]¹, Hanna Kwiendacz[®]¹, Katarzyna Nabrdalik[®]¹, Weronika Hajzler[®]², Piotr Adamczyk[®]³, Dariusz Moczulski[®]⁴, Wanda Trautsolt[®]¹, Władysław Grzeszczak[†][®]¹, Janusz Gumprecht[®]¹

¹Department of Internal Medicine, Diabetology and Nephrology, Faculty of Medical Sciences in Zabrze, Medical University of Silesia, Katowice, Poland

²Doctoral School, Department of Paediatric Haematology and Oncology, Faculty of Medical Sciences in Zabrze, Medical University of Silesia, Katowice, Poland

³Department of Paediatrics, Faculty of Medical Sciences in Katowice, Medical University of Silesia, Katowice, Poland ⁴Department of Internal Medicine and Nephrodiabetology, Medical University of Lodz, Poland

Abstract

Introduction: Diabetic kidney disease (DKD) pathogenesis is multifactorial and is a combination of metabolic, genetic, and environmental factors. Due to a long period of asymptomatic course, it is often diagnosed late when advanced stages of the disease are present. Among patients with diabetes, the presence of chemotactic cytokine receptor 5 (*CCR5*) gene polymorphism is suspected to be associated with the risk of DKD occurrence; however, the results of the research conducted so far are inconclusive. The aim of this study was to evaluate the *CCR5* gene polymorphism (rs1799987, 59029 A/G) association with DKD among patients with type 2 diabetes mellitus (T2DM), who are residents of the Upper Silesia region of Poland.

Material and methods: *CCR5* gene polymorphism (rs1799987, 59029 A/G) was assessed among consecutive patients with type 2 diabetes mellitus (T2DM) treated in a single outpatient diabetology clinic in Upper Silesia, Poland. Its association with DKD was examined. Additionally, selected clinical and demographic data were included in the analysis.

Results: Among 467 eligible study patients, there was no association between examined *CCR5* gene polymorphism and the presence of DKD in relation both to the American Diabetes Association definition (p = 0.6) and to the National Kidney Foundation definition (p = 0.3) of this complication.

Conclusion: The presented study did not confirm the association between the examined gene polymorphism and the risk of DKD; further studies in this area are needed in order to establish or explicitly exclude this association. **(Endokrynol Pol 2022; 73 (1): 103–109)**

Key words: diabetes mellitus type 2; diabetic kidney disease; CCR5; gene; polymorphism

Introduction

Diabetes is the main cause of chronic kidney disease (CKD) and at the same time the leading cause of end-stage renal disease (ESRD) worldwide. It is estimated that up to 30% of patients with diabetes mellitus type 1 (T1DM) and approximately 40% of those with diabetes mellitus type 2 (T2DM) will develop diabetic kidney disease (DKD) [1].

The pathogenesis of DKD is multifactorial and consists of metabolic, genetic, and environmental factors, and due to its long period of asymptomatic course, it is often diagnosed when advanced stages of the disease are present [2].To date, there are no universal methods that can select patients who are prone to the occurrence of DKD. Recently, several studies have highlighted the role of chemokines in the pathophysiology of DKD [3–5, 6]. Chemotactic cytokine receptor 5 (*CCR5*) takes part in the migration of some T-cells, monocytes, and NK cells towards sites where inflammation takes place; it is also constantly expressed on macrophages and T-lymphocytes. Among the most commonly examined polymorphisms there is a deletion of 32 base pairs (bp) in exon 3 [12]. Of interest, homozygotes presenting this deletion display a strong yet incomplete resistance to human immunodeficiency virus (HIV) infection and, in the case of heterozygotes, delayed progression to acquired immunodeficiency syndrome (AIDS) is observed [13]. Another frequently described polymorphism in the

Hanna Kwiendacz, M.D., Department of Internal Medicine, Diabetology, and Nephrology, Faculty of Medical Sciences in Zabrze, Medical University of Silesia, Katowice, Poland, 3 Maja Street 13–15, 41–800 Zabrze, tel/fax: +48 32 370 44 88; e-mail: hkwiendacz@sum.edu.pl promoter region (rs1799987), which causes increased transcriptional activity of the *CCR5* gene [11]. To date, outcomes of several studies suggest that the 59029 G/A polymorphism is associated with an increased risk of DKD in patients with T1DM [14–16] and with T2DM [11, 17–23]. There is also a study that failed to confirm this association [11, 14–22]. The *CCR5* gene polymorphism has been assessed in many ethnical groups, among others in a group of Polish patients with T1DM [15] and T2DM [19]. We decided to examine the population of T2DM patients inhabiting the Upper Silesia Region in order to confirm the association of *CCR5* gene polymorphism (59029A/G, rs1799987) and the risk of DKD.

Material and methods

Five hundred consecutive T2DM patients treated in the Outpatients Diabetology Clinic in Zabrze, Poland, who fulfilled the inclusion and did not fulfil the exclusion criteria, were invited to take part in this cross-sectional study. Eventually 467 of them took part in the final analysis; the reasons for disqualification of the others are described in the following sections of the manuscript. The pattern of patients' division into the study and control groups was similar to the one we used to examine the association of the *ELMO1* (Engulfment and cell motility 1) gene and DKD in our previous study on a different group of patients with T2DM [24]. The inclusion criteria for the current study were as follows: T2DM and the presence (cases) or lack of DKD (controls). We initially divided the study participants into two groups (illustrated in Fig. 1): the study and control group I consisted of T2DM patients with/without DKD diagnosed according to the American Diabetes Association's (ADA) definition. In a subgroup of patients without elevated albumin excretion, there were 31 with eGFR < 60 mL/min/1.73 m², but all of them had recurrent infections, and therefore, due to possible bias, they were disqualified from further analysis.

Kidney biopsy is the only certain way to establish whether CKD is caused by DM and can be classified as DKD [25], but this is an invasive method and not used in everyday practice. Therefore, in order to increase the likelihood of a proper diagnosis of DKD, we decided to select a second study and control group (group II) on the basis of the DKD definition proposed by the National Kidney Foundation (NKF).

The exclusion criteria for the study were as follows: age under 18 years, types of diabetes other than T2DM, previously diagnosed neoplastic disease, and diseases that can cause CKD (like chronic glomerulonephritis, chronic interstitial nephritis). The study protocol was approved by the Ethical Committee of the Medical University of Silesia in Katowice (NN-6501-34/05) and was performed in accordance with ethical standards and with the 1964 Helsinki declaration and its later amendments. Also, all eligible patients gave written informed consent to participate in the study.

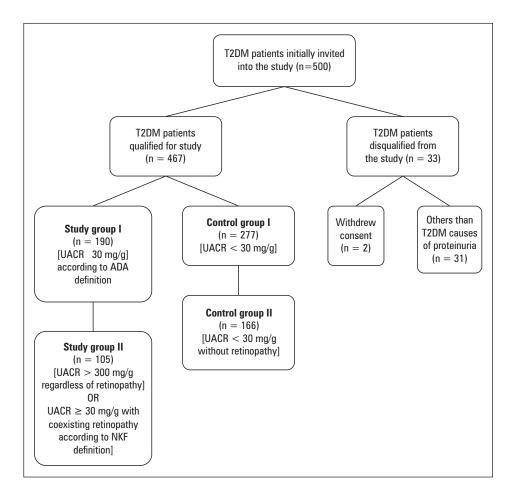


Figure 1. Patients' allocation into study and control groups and reasons for disqualification. T2DM — type 2 diabetes mellitus; UACR — urine albumin-creatinine ratio; American Diabetes Association; NKF — National Kidney Foundation

Methods

This was a cross-sectional study including T2DM patients with and without DKD. After written consent was obtained, basic demographic data were collected, and patients' medical histories were established on the basis of available medical records. Data regarding hypertension, smoking status, and concomitant micro and macrovascular diabetic complications was gathered. The urine albumin-creatinine ratio (UACR) value was drawn from the patients' medical history (we analysed outcomes of three morning urine samples collected over the period of six months and estimated UACR using immunoturbidimetric methods). On the same day, anthropometric parameters, i.e. weight (kg) and height (m), were measured by standard methods, and the body mass index (BMI) was calculated as weight divided by height squared (kg/ m²). Moreover, blood pressure was measured (after 5 minutes of rest) three times, in a sitting position using a Microlife BP AG1-20 sphygmomanometer, and the first measurement was discarded. On the day of the enrolment, patients had a blood sample drawn

in order to have it analysed for haemoglobin A_{1c} (HbA₁) and serum creatinine concentration, and for it to be stored for subsequent SNP genotyping. HbA_{1c} was measured using a high-performance liquid chromatography method (HPLC) [26]. Jaffe's method was used to determine serum creatinine concentration [27], and on its basis eGFR was calculated according to the CKD-EPI formula [28]. In a period of 7 days after enrolment for the study, each patient was examined by the same ophthalmologist. In order to determine the presence of diabetic retinopathy a fundus examination in a slit lamp after dilating the pupils was performed.

SNP genotyping

Genomic DNA was extracted from patients' peripheral blood lymphocytes: 4.9 mL of venous blood was collected into S-Monovette tubes (Sarstedt, 6.4 mg of potassium EDTA) and centrifuged for 10 minutes (1000 rpm, Sigma 3K15); the buffy coat was aspirated into 2 mL cryovials and stored at -20°C until DNA isolation. After defrosting, the material was transferred to 50 mL Falcon tubes (Sarstedt) and erythrocyte lysis buffer was added (0.32 mol/L sucrose, 0.01 mmol/L TrisHCL, 5 mmol/L magnesium chloride, and 1% Triton X-100). After 30 minutes of incubation at 4°C, the material was centrifuged (10 minutes, 3000 rpm, 4°C, Sigma 3K15). The supernatant was removed, and the leukocyte sediment was purified with lysis buffer again as before. DNA was extracted from the leucocyte sediment via a DNAzol Reagent (Life Technologies, USA) in accordance with the manufacturer's instructions. The quality and quantity of DNA was examined with Gen Quant II (Pharmacia Biotech, Sweden). The polymerase chain reaction (PCR) identified base pairs (bp) with an rs1799987 polymorphism. The reaction substrates were as follows: 200 ng DNA, 1.5 mmol/L magnesium chloride, 0.2 mmol/L deoxy-nucleoside triphosphates, 20 pmol primer CCR5 F 5'-CCC GTG AGC CCA TAG TTA AAA CTC-3', and 20 pmol primer CCR5 R 5'-TCA CAG GGC TTT TCA ACA GTA AGG-3', and 0.5 units of DNA polymerase DyNAzyme TMII (Finnzymes). PCR thermal cycles were as follows: denaturation at 94°C for 5 minutes and then 35 cycles: 1 minute at 94°C, 1 minute at 55°C, and 1 minute at 72°C; at the end — 10 minutes at 72°C. Digestion with Bsp1286I restriction enzyme lasted for 2 hours at 37°C. The PCR product was dispersed via electrophoresis on 2% agarose gel with ethidium bromide, enabling DNA visualisation in UV. Allele G was in two DNA bands (131 and 136 bp). Allele A had no cutting spot for the enzyme, and the DNA band was 267 bp long. The method was validated in the laboratory. The length of the fragments was estimated in comparison with a 50 bp long DNA Ladder (Fermentas). The results were documented via a ViberLourmet with a UV transilluminator.

Statistical analysis

In the statistical analysis Microsoft Excel and Statistica 12.0 software (StatSoft Inc., USA) were used. In order to establish the distribution of quantitative variables, the Shapiro-Wilk normality test was used.

For continuous data of normal distribution, descriptive statistics were presented as mean \pm standard deviation (SD). For categorical and qualitative variables, absolute values and percentages were presented. Accordance with Hardy-Weinberg equilibrium (HWE) was tested with Pearson's χ^2 test. In order to perform comparative analyses, we used the t-test or Mann-Whitney U-test for variables with normal distribution and other types of distribution, respectively. A p value < 0.05 was considered to be statistically significant.

Results

Out of 500 T2DM patients who were invited to participate in the study, 467 meeting the criteria took part in the final analysis. Figure 1 shows patients' allocation into the groups and reasons for disqualification.

Basic demographic and clinical profiles of patients divided into study and control groups are presented in Tables 1 and 2.

The distribution of genotype frequencies of the *CCR5* gene polymorphism both in study and control group I and group II was in accordance with the Hardy-Weinberg equilibrium, which is presented in Tables 3 and 4.

On the basis of χ^2 Pearson's test, we established that there was no association between examined *CCR5* gene polymorphism and the presence of DKD in the study and control group I (Tab. 3, ADA definition, p = 0.6) nor in the study and control group II (Tab. 4, NKF definition, p = 0.3).

Discussion

In the presented study, we have not proven that there is an association between the *CCR5* gene polymorphism (rs1799987, 59029 A/G) and DKD occurrence in patients with T2DM living in the Upper Silesia Region in Poland. There were many studies performed to date examining this single nucleotide polymorphism's (SNP) association with DKD, but the inclusion criteria for the study groups differed between researchers, and none of them used the two available definitions of DKD, namely the one proposed by ADA and a more restricted one by NKF. Some of the studies mentioned below, as well as the 59029 A/G polymorphism of the *CCR5* gene, also examined a 32-base-pair (32-bp) deletion, but in this discussion we will focus solely on comparing the results considering the exact SNP examined in our study.

Surprisingly, only the results of the study conducted by Pettigrew et al. [16] are in accordance with our findings. The authors examined an association between CCR5 gene promoter polymorphism (rs1799987, 59029 A/G) and the presence of DKD in Irish Caucasian T1DM patients (267 cases with DKD and 442 controls without DKD). DKD was diagnosed on the basis of either UACR > 30 mg/mmol, the presence of renal replacement therapy, or urine protein excretion of

Variable	Study group I ($n = 190$)	Control group I ($n = 277$)	p value
Age mean ± SD [years]	62.0 ± 8.5	63.0 ± 8.8	≥ 0.05
Male [n (%)]	84 (44.2)	111 (40.1)	≥ 0.05
BMI mean ± SD [kg/m²]	29.6 ± 4.8	29.4 ± 4.6	≥ 0.05
T2DM duration time mean \pm SD [years]	11.7 ± 7.6	10.5 ± 7.2	≥ 0.05
HbA_{1c} mean \pm SD (%)	9.2 ± 1.9	8.6±1.7	< 0.001
eGFR mean ± SD [mL/min/1.73 m²]	81.4 ± 25.5	84.3 ± 22.5	≥ 0.05
Diabetic retinopathy [n (%)]	105 (55.3)	111 (40.1)	< 0.01
Hypertension [n (%)]	168 (88.4)	250 (90.3)	≥ 0.05
Macrovascular complications [n (%)]	78 (41.1)	104 (37.6)	≥ 0.05
Smoker [n (%)]	83 (43.7)	112 (40.4)	≥ 0.05
Insulin [n (%)]	99 (52.1)	118 (42.6)	< 0.05
Antidiabetic oral drugs [n (%)]	83 (43.7)	148 (53.4)	< 0.05
Exclusively dietary management [n (%)]	8 (4.2)	11 (4.0)	≥ 0.05
ACEI/ARB [n (%)]	89 (46.8)	106 (38.3)	≥ 0.05

Data presented as mean \pm SD or numbers of affected patients (percentages). ACEI — angiotensin converting enzyme inhibitors; ARB — angiotensin receptor blockers; BMI — body mass index; eGFR — estimated glomerular filtration, HbA_{1c} — haemoglobin A_{1c}; T2DM — type 2 diabetes mellitus; n — number of patients; p — statistical significance; SD — standard deviation

Table 2. Demographic and clinical profile of study and control group II

Variable	Study group II ($n = 105$)	Control group II ($n = 166$)	p value
Age mean \pm SD [years]	62.0 ± 8.7	62.75 ± 8.7	≥ 0.05
Male [n (%)]	44 (41.9)	67 (40.4)	≥ 0.05
BMI mean \pm SD [kg/m ²]	29.2 ± 4.5	29.1 ± 4.9	≥ 0.05
T2DM duration time mean \pm SD [years]	11.2 ± 7.3	10.6 ± 7.4	≥ 0.05
HbA_{1c} mean \pm SD (%)	9.0 ± 2.0	8.4 ± 1.6	< 0.01
eGFR mean ± SD [mL/min/1.73m²]	79.7 ± 26.4	82.7 ± 21.8	≥ 0.05
Diabetic retinopathy [n (%)]	105 (55.3)	111 (40.1)	< 0.01
Hypertension [n (%)]	92 (87.6)	147 (88.6)	≥ 0.05
Macrovascular complications [n (%)]	45 (42.9)	68 (41.0)	≥ 0.05
Smoker [n (%)]	43 (41.0)	68 (41.0)	≥ 0.05
Insulin [n (%)]	65 (61.9)	49 (29.5)	< 0.001
Antidiabetic oral drugs [n (%)]	38 (36.2)	107 (64.6)	< 0.001
Exclusively dietary management [n (%)]	2 (1.9)	10 (6.0)	≥ 0.05
ACEI/ARB [n (%)]	52 (49.5)	70 (42.2)	≥ 0.05

Data presented as mean \pm SD or numbers of affected patients (percentages). ACEI — angiotensin converting enzyme inhibitors; ARB — angiotensin receptor blockers; BMI — body mass index; eGFR — estimated glomerular filtration; HbA_{1c} — haemoglobin A_{1c}; T2DM — type 2 diabetes mellitus; n — number of patients; p — statistical significance; SD — standard deviation

> 0.5 g/24 h [29]. Based on the obtained results, researchers concluded that there is no significant association between the above-mentioned SNP and DKD [16].

To the best of our knowledge, there are only two studies that have examined the association between *CCR5* gene polymorphism (rs1799987, 59029 A/G) and the presence of DKD performed in Poland [15, 19]. In the study by Buraczynska et al. there were 910 T2DM

patients and 596 healthy volunteers as controls. T2DM patients were divided into two groups based on the presence or lack of microangiopathic complications such as neuropathy, retinopathy, and nephropathy. DKD was diagnosed based on albuminuria \geq 300 mg/24 h in at least two consecutive urine samples. On the basis of performed analyses, it transpired that the frequency of A allele was significantly higher in patients with DKD

Table 3. Distribution of the genotype frequencies of the CCR5 gene polymorphism (rs1799987, 59029 A/G) in the study and control groups I (p = 0.6 on the basis of χ^2 Pearson's test)

Variable	Study group I (n = 190)	Control group I (n = 277)
AA genotype [n (%)]	82 (43.2)	110 (39.7)
AG genotype [n (%)]	79 (41.6)	117 (42.2)
GG genotype [n (%)]	29 (15.3)	50 (18.1)

Data presented as numbers of patients (percentages).

HWE study group I: $\chi^2 = 1.83$, p = 0.18 (Hardy-Weinberg equilibrium)

HWE control group I: $\chi^2 = 4.80$, p = 0.06

[19]. A similar conclusion was drawn by Mlynarski et al., who examined 520 T1DM patients (DKD was diagnosed in T1DM patients with UACR > 250 mg/g in men and UACR > 355 mg/g in women) in comparison with 320 controls [T1DM patients having DM for at least 15 years and with UACR < 17 mg/g (men) or < 25 mg/g (women)] and concluded that the *CCR5* gene polymorphism (rs1799987, 59029 A/G) was associated with DKD, i.e. A allele carriers had significantly higher risk of developing DKD, but it was limited to male patients [15].

There have also been other European studies concerning *CCR5* gene polymorphism and DKD. For example, Yang et al. performed an analysis on a group of 260 British Caucasian patients with T1DM and 104 controls, examining the same SNP as we did. The results obtained by Yang et al. differ slightly from those presented by Mlynarski et al. [15]; in the British population the presence of A allele and AA genotype was associated only with the presence of T1DM itself but not with DKD. Moreover, as far as DKD's presence was concerned, there was only a trend without statistical significance, indicating that the presence of the GG genotype (contrary to A allele proposed by Mlynarski et al. [15]) might be of consequence for developing this microvascular complication of diabetes [14].

59029 A/G CCR5 gene polymorphism was also the subject of research on other continents, but there is no consistency in terms of which allele and genotype predispose to DKD [14, 15, 20-23, 30]. GG genotype and the presence of G allele of 59029 A/G CCR5 gene polymorphism was significantly more prevalent in Caucasian patients of Turkish origin with DM, atherosclerosis, and with ESRD undergoing haemodialysis, which was proven in the study by Bagci et al. Their study included 225 patients on renal replacement therapy and 201 healthy controls [20]. G allele of 59029 A/G CCR5 gene polymorphism also turned out to be significantly associated with DKD in a subgroup of 203 Chinese T2DM patients with impaired renal function in a trial conducted by Yahya et al. among a multicultural group of Malaysian, Chinese, and

Table 4. Distribution of the genotype frequencies of the CCR5 gene polymorphism (rs1799987, 59029 A/G) in the study and control groups II (p = 0.3 on the basis of χ^2 Pearson's test)

Variable	Study group II (n = 105)	Control group II (n = 166)
AA genotype [n (%)]	48 (45.7)	61 (36.8)
AG genotype [n (%)]	41 (39.1)	73 (44.0)
GG genotype [n (%)]	16 (15.3)	32 (19.3)

Data presented as numbers of patients (percentages) HWE study group II: $\chi^2 = 2.03$, p = 0.15

HWE control group II: $\chi^2 = 1.43$, p = 0.23

Indian subjects. Conversely, on the basis of data from India (417 T2DM patients and 197 healthy controls), Yadav et al. concluded that AA genotype and A allele were significantly more frequent both in subjects with T2DM compared to healthy controls and in patients with DKD (understood as the presence of diabetic retinopathy, eGFR < 60 mL/min/1.73 m², and proteinuria > 500 mg/day for at least 3 months) compared to T2DM patients without renal complications [22]. Convergent conclusions were drawn by Prasad et al., who observed in a group of Indian T2DM patients (196 with DKD and 225 without) a significant association of the presence of allele A and chronic renal insufficiency (serum creatinine \geq 3.0 mg/dL) [30]. Similarly, Mokubo et al. revealed that the CCR5 59029A(+) genotype showed an independent positive correlation with the onset or progression of DKD on the basis of the observation of almost 200 Japanese T2DM patients [23].

Several meta-analyses were performed to verify the association between the 59029 A/G CCR5 gene polymorphism and risk of DKD [31-34]. Two of them focused only on the same SNP as examined in our study, i.e. 59029A/G polymorphism of CCR5 gene [31, 34], and in others our SNP was 1 in 55 [33] or 1 in 443 [32] analysed genetic variants. Cao et al. concluded that CCR5 gene promoter polymorphism (rs1799987, 59029 A/G) was significantly related to greater susceptibility to DKD, especially among Asian patients with T2DM [31]. Zhang et al., on the basis of their meta-analysis, indicated that this SNP's polymorphism (i.e. CCR5 gene promoter polymorphism [rs1799987, 59029 A/G]) might affect individual susceptibility to microangiopathic complications of diabetes [34]. Meta-analysis results of Nazir et al. suggest that among several examined polymorphisms, CCR5 gene polymorphism showed a significant positive association and protective effect in DKD[33]. Tziastoudi et al. conducted a meta-analysis of genetic association studies for the role of inflammation and the immune system in DKD, on the basis of which CCR5 gene polymorphism turned out to be associated with an increased risk of DKD, but the authors emphasize that the presented results should be interpreted cautiously because the number of conducted studies was not large enough to draw unequivocal and certain conclusions [32].

Because the results of our study are in contradiction with most of the research conducted in this topic so far, it is worth considering the possible explanation for this phenomenon and a good occasion to rethink the ongoing question of why not every patient with diabetes develops vascular complications. One of the theories indicates that it is due to genetic predisposition (clustering in families, concordance in twins, data from genome-wide association studies) [35]. Unfortunately, from the present evidence, we still cannot state that a certain genotype can protect individuals from developing complications in the case of uncontrolled disease and unfavourable environmental factors. The latter constitute another direction of research on the development of complications, which are understood not only as personal behavioural contributions (i.e. lifestyle behaviours such as inadequate nutrition, low physical activity, sleep deprivation, smoking, and alcohol consumption) but also social ones (interpersonal, occupational, and psychological factors) and natural environment (toxins, green spaces, noise and air pollution) [36]. However, there is no certain evidence that specific characteristics of the patients' environment might protect them from diabetes complications independently of genotype in the case of uncontrolled glycaemia. The only factor so far that has proven protective effect in relation to the occurrence and progression of complications is the proper treatment to target with an appropriate combination of drugs [37, 38]. It might be that patients in our study were different from other populations examined to date in terms of drugs used and the metabolic control obtained, which is why the outcomes differ.

The results of the presented study are negative, but this does not diminish their value, because negative studies are of great importance in medicine and especially in genetics, because they indicate the directions for further studies [39]. The limitation of the study, which should be acknowledged, is the relatively small sample size and the fact that only one SNP was examined. On the other hand, we used two available definitions of DKD, which ensures the proper selection of study participants.

Conclusions

The presented study did not confirm the association between *CCR5* gene promoter polymorphism 59029 A/G (rs1799987) and the risk of DKD patients with T2DM, represented by almost 500 of them living in the Upper Silesia Region.

The results of our study contradict other analyses performed in groups of Polish patients with DM; therefore, further studies in this area are needed in order to establish or explicitly exclude this association.

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