

Identification of related long non-coding RNAs and mRNAs in subclinical hypothyroidism complicated with type 2 diabetes by transcriptome analysis — a preliminary study

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Abstract

Introduction: The pathology mechanism of subclinical hypothyroidism and subclinical hypothyroidism complicated with type 2 diabetes remained uncertain. We aimed to find potential related long non-coding RNAs (lncRNAs) and mRNAs in the above diseases.

Material and methods: Transcriptome sequencing was performed in three patients with subclinical hypothyroidism (S), three patients with subclinical hypothyroidism complicated with type 2 diabetes (SD), and three healthy controls (N). Differentially expressed mRNAs (DEmRNAs) and differentially expressed lncRNAs (DElncRNAs) were screened in S *vs.* N, SD *vs.* N, and SD *vs.* S group, and the nearby and co-expressed DEmRNAs of DElncRNAs were screened in S *vs.* N and SD *vs.* N. Moreover, functional analysis of DEmRNAs was then performed by Metascape.

Results: In total, 465, 1058, and 943 DEmRNAs were obtained in S *vs.* N, SD *vs.* N, SD *vs.* S, respectively, and 191 overlapping genes were obtained in S *vs.* N and SD *vs.* N group. Among which, LAIR2, PNMA6A, and SFRP2 were deduced to be involved in subclinical hypothyroidism, and GPR162, APOL4, and ANK1 were deduced to be associated with subclinical hypothyroidism complicated with type 2 diabetes. A total of 50, 100, and 88 DElncRNAs were obtained in S *vs.* N, SD *vs.* N and SD *vs.* S, respectively. Combining with the interaction network of DElncRNA-DEmRNA, PAX8-AS1, co-expressed with KIR3DL1, was identified to function in subclinical hypothyroidism, and JHDM1D-AS1, co-expressed with ANK1, was deduced to play a role in subclinical hypothyroidism complicated with type 2 diabetes. **Conclusions:** Dysfunctional lncRNAs and mRNAs may be involved in the development of subclinical hypothyroidism and subclinical hypothyroidism complicated with type 2 diabetes. **(Endokrynol Pol 2020; 71 (3): 213–226)**

Key words: subclinical hypothyroidism; subclinical hypothyroidism complicated with type 2 diabetes; lncRNAs; mRNAs

Introduction

Hypothyroidism, as a result of insufficient thyroid hormone secretion, leads to a decline in the body's metabolic activity and other clinical syndromes [1]. Clinical hypothyroidism and subclinical hypothyroidism (SCH) were identified according to the degree of thyroid function reduction. SCH was biochemically defined as an elevated serum thyroid stimulating hormone (TSH) level, whereas the stable serum free T4 level was within the population reference range. Patients with SCH varied among populations and ranged from 3% to 15%, with a higher incidence associated with increasing age, female sex, and suboptimal iodine status [2]. The SCH was distinguished by the degree of TSH in clinical diagnosis. TSH normal laboratory reference range was 0.3–5.0 mIU/L, and higher than 5 mIU/L was regarded as SCH [2-5]. However, the TSH range defining SCH

remained elusive [3], and few molecular mechanisms were investigated in subclinical hypothyroidism. Therefore, a large number of researchers devoted time to the discovery biomarkers and molecular characters in SCH.

Although many patients with SCH were asymptomatic, some studies have shown a close relationship between SCH and several diseases, including heart failure [6], depression [7], atherosclerosis [8], as well as abortion [9]. It is reported that the prevalence of hypothyroidism in diabetics varies from 0.2% to 1.7% [10]. However, a cross-sectional study showed that the prevalence of SCH was similar between patients with diabetes mellitus and healthy controls [11]. Therefore, we analysed molecular characters in patients with SCH (S), patients with SCH complicated with type 2 diabetes (SD), and healthy controls (N) by transcriptome sequencing to explore whether type 2 diabetes was associated with SCH.

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Long non-coding RNAs (lncRNAs) are defined as a heterogeneous class of non-coding transcripts > 200 base pairs in length [12, 13]. It has been demonstrated that lncRNAs plays key roles in the regulation of mRNA splicing, transcription, translation, import, export and stability [14]. In view of the important roles of lncRNAs, we aimed to identify the key mRNA, lncRNA, and mRNA-lncRNA co-expressed pairs, and performed functional enrichment analysis to reveal the pathogenesis of SCH and SCH complicated with type 2 diabetes. Our study may be helpful in understanding the molecular changes of identified lncRNAs and mRNAs in SCH and SCH complicated with diabetes.

Material and methods

Subjects and blood sampling

Study samples consisted of three patients with subclinical hypothyroidism (S), three patients with subclinical hypothyroidism complicated with type 2 diabetes (SD), and three healthy control subjects (N). The inclusion criteria of subclinical hypothyroidism were as follows: TSH > 4.0 mIU/L, and normal serum free triiodothyronine FT3 and free thyroxine FT4 levels. The exclusion criteria of subclinical hypothyroidism were as follows: no intermittent claudication; refractory ulcers and gangrene of lower extremities; type 1 diabetes; acute complications of diabetes; cardiac insufficiency; severe infection; severe liver and kidney disease; malignant tumours; previous history of thyroid disease; history of blood transfusion in the past six months; and pregnant or lactating patients. The inclusion criteria of subclinical hypothyroidism complicated with type 2 diabetes were as follows: TSH > 4.0 mIU/L; normal serum free triiodothyronine (FT3) and free thyroxine (FT4) levels; and type 2 diabetes. The exclusion criteria of subclinical hypothyroidism complicated with type 2 diabetes were as follows: no intermittent claudication; refractory ulcers and gangrene of lower extremities; cardiac insufficiency; severe infection; severe liver and kidney disease; malignant tumours; previous history of thyroid disease; history of blood transfusion in the past six months; and pregnant or lactating patients. The inclusion criteria of the healthy population control group were as follows: age as close as possible to the patients in the disease group; no history of thyroid disease; and no history of type 2 diabetes. In addition to the correct diagnosis, the interview provided information including all participates' age, gender, TSH value, and family history. Detailed

clinical information of all these participants is shown in Table 1. In addition, statistical analysis of tobacco smoking, alcohol drinking, diet, and medicaments in SD and S compared with controls are shown in supplementary Table S1 and supplementary Table S2, respectively. There was no significant difference in terms of the above clinical index in SD and S compared with controls. A whole blood sample (2.5 mL per BD tube) for RNA-Seq was taken from the cubital vein of the arm at room temperature. Then, the blood sample was inverted slowly for mixture 8–10 times. After vertical placement at 18–25°C for three days, the blood samples were stored at 2–8°C for five days, then at –20°C for 24 hours, and finally transferred to –80°C for long-term storage (50 months).

This study was approved by the Ethics Committee of Jinan Central Hospital (Series number: 2018-103). Signed informed consent was obtained from all the participants. This research complied with the principles of the Declaration of Helsinki.

RNA isolation, library construction,

and sequencing

Total RNA was extracted from blood samples by using by TRIzol reagent (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's instructions. A Nanodrop ND-2000 spectrophotometer (Thermo Scientific, Wilmington, DE, USA) and 2% agarose gel were used to check the concentration and purity of RNA. An Agilent 2100 Bioanalyzer (Agilent Technologies, Palo Alto, CA) was used to obtain the RIN (RNA integrity number) value (from 0 to 10). The larger the value, the better and more complete the RNA. Only RNA samples with RIN > 7 can be used for RNA sequencing.

A library for high-throughput sequencing of IncRNA and mRNA was constructed by qualified RNA. Firstly, we removed the ribosomal RNA from total RNA and then randomly fragmented RNA into about 200 base pairs. Secondly, the first cDNA strand was synthesised by RNA fragments primed with random hexamer primers, and then the second cDNA strand was synthesised with dUTP instead of dTTP. Finally, after purification by the Qiaquick PCR purification kit, end repair, 3' end adenylation, adapter ligation, UNG digestion, polymerase chain reaction (PCR), and gel extraction, the library construction was completed. The cDNA library was qualified by an Agilent 2100 Bioanalyzer and ABI StepOnePlus Real-TimePCR System and then sequenced by Illumina Hiseq x-ten machine.

Quality control of raw data and clean-reads mapping

Clean reads were obtained from the raw reads by removing lowquality sequences (< Q20) and shorter sequences < 20 bp and ambiguous 'N' nucleotides (with the ratio of 'N' > 10%) using

Group	Number	Gender	Age [year]	Weight [kg]	TSH [mIU/L]	FT3 [pmol/L]	FT4 [pmol/L]	FBG [mmol/L]	Family history
	1	Female	56	65	5.61	4.88	16.25	5.6	No
S	2	Female	61	70	5.06	4.54	14.5	5	No
	3	Male	58	65	17.3	4.74	12.07	5.1	No
	1	Female	49	59	7.01	4.05	14.96	8.5	No
SD	2	Male	60	78	6.54	4.37	15.1	8.1	No
	3	Male	56	90	7.39	4.92	19.66	8.8	No
	1	Female	46	64	1.4	3.8	15.5	5.3	No
Control	2	Male	48	79.7	1.16	5.82	19.93	4.6	No
	3	Female	46	64	0.56	4.32	15.11	4.8	No

Table 1. Clinical information of participants

S — subclinical hypothyroidism; SD — subclinical hypothyroidism complicated with diabetes; TSH — thyroid-stimulating hormone; FT3 — free triiodothyronine; FT4 — free thyroxine; FBG — fasting blood glucose

Sample	Clean reads	020 (%)	GC (%)	Aligned pairs	Concordant pair	Concordant pair rate
S	67,426,220	96.06%	51.32%	28750021	28291823	83.80%
S	69,617,720	96.61%	52.25%	28229932	27718166	81.90%
S	68,231,638	96.21%	53.48%	28004235	27437375	80.10%
SD	67,226,002	96.68%	50.37%	27563225	26914177	79.80%
SD	68,029,786	96.39%	49.37%	29097641	28719125	82.50%
SD	66,704,268	96.69%	51.02%	28100877	26768940	78.50%
Control	67,539,910	97.01%	51.13%	28121092	27631140	82.20%
Control	67,726,216	96.57%	49.26%	28249243	27775680	81.70%
Control	68,480,746	95.96%	47.46%	27944572	27439744	82.30%

Table 2. Clean reads and genome mapping

Cutadapt software (http://cutadapt.readthedocs.io). After trimming, the high-quality clean reads were aligned with the human reference genome GRCh38 by TopHat (http://tophat.cbcb.umd.edu/), which can be downloaded in NCBI, UCSC, RefSeq, and Ensembl.

Identification of differentially expressed mRNAs and lncRNAs

Expression quantitation and standardised output were performed by Cuffquan. Differentially expressed mRNAs and lncRNAs between patients with different diseases and healthy persons (S *vs.* N, SD *vs.* N and S *vs.* SD) were identified by Cuffdiff (http://cufflinks. cbcb.umd.edu/) (p value < 0.05). In addition, shared genes were identified in the intersection of the S and SD groups.

Identification of cis-regulated mRNAs and co-expressed mRNAs of lncRNAs

In order to explore the cis-regulated mechanism of lncRNAs, the nearby mRNAs were identified within a 100 kb window up- or down-stream of DElncRNAs in S *vs.* N and S *vs.* N groups. Moreover, the correlation between DElncRNA and DEmRNA in the two groups (S *vs.* N, SD *vs.* N) was analysed by Pearson correlation coefficient. The DElncRNA-DEmRNA pairs were obtained when $|\mathbf{r}| > 0.95$ and p < 0.05, and the DElncRNA-DEmRNA interaction network was then constructed by Cytoscape (http://www.cytoscape.org/).

Functional analysis of differentially expressed mRNAs and mRNA-lncRNA co-expressed pairs

Gene ontology (GO) and Kyoto Encyclopaedia of Genes and Genomes (KEGG) molecular pathway enrichment analysis of DEmRNAs and mRNA-IncRNA co-expressed pairs in three groups (S *vs.* N, SD *vs.* N and SD *vs.* S) were performed by Metascape (http://metascape.org/gp/index.html) under the threshold of pvalue < 0.05.

Results

Transcriptome sequencing, filtering, and annotation

After removing the low-quality reads, 6.74×10^7 , 6.96×10^7 , and 6.82×10^7 reads were obtained in three hypothyroidism samples (S), 6.72×10^7 , 6.80×10^7 , and 6.67×10^7 reads were obtained in three type 2 diabetes and concomitant hypothyroidism samples (SD), and 6.75×10^7 , 6.77×10^7 , and 6.85×10^7 reads were obtained

in three healthy samples (N) (Tab. 2). All of the clean reads were aligned with the human reference genome GRCh38. The concordant pair rates of all samples were above 78%.

Identification of DEmRNAs and DElncRNAs

Compared to healthy controls, 465 DEmRNAs (240 up-regulated and 225 down-regulated) were identified in the S group (p < 0.05). The top 20 DEmRNAs between S and N are shown in Table 3. Hierarchical clustering of the top 100 DEmRNAs between S and N is shown in Figure 1A. Compared to healthy controls, 1058 DEmRNAs (874 up-regulated and 184 down-regulated) were identified in the SD group (p < 0.05). The top 20 DEmRNAs between SD and N are shown in Table 4. Hierarchical clustering of the top 100 DEmRNAs between SD and N is shown in Figure 1B. Compared to the S group, 943 DEmRNA (797 up-regulated and 146 down-regulated) were identified in the SD group (p < 0.05). The top 20 DEmRNAs between SD and S are shown in Table 5. In addition, the intersection of two groups (S vs. N, SD vs. N) of DEmRNAs was performed by Venn diagrams (Fig. 2). 274 S-specific DEmRNAs, 867 SD-specific DEm-RNAs, and 191 overlapping DEmRNAs were identified.

Compared to healthy controls, 50 DElncRNAs (25 up-regulated and 25 down-regulated) were identified in the S group (p < 0.05). The top 20 DElncRNAs between S and N are shown in Table 6. Hierarchical clustering of the top 100 DElncRNAs between S and N is shown in Figure 3A. Compared to healthy controls, 100 DElncRNAs (83 up-regulated and 17 down-regulated) were identified in the SD group (p < 0.05). The top 20 DElncRNAs between SD and N are shown in Table 7. Hierarchical clustering of the top 100 DElncRNAs between SD and N are shown in Table 7. Hierarchical clustering of the top 100 DElncRNAs between SD and N are shown in Table 7. Hierarchical clustering of the top 100 DElncRNAs between SD and N is shown in Figure 3B. Compared to the S group, 88 DElncRNAs (70 up-regulated and 18 down-regulated) were identified in the SD group (Tab. 8). The top 20 DElncRNAs between SD and S are shown in Table 6.

Gene	Locus	Log2 (fold change)	p value	Up/Down
ARHGEF10	chr8:1823975-1958641	-3.03847	5.00E-05	Down
SLC2A14	chr12:7812511-7891196	-2.41504	5.00E-05	Down
HDC	chr15:50241944-50266049	-2.3321	5.00E-05	Down
GATA2	chr3:128479421-128503207	-2.23534	5.00E-05	Down
MZB1	chr5:139387567-139389916	-1.70994	5.00E-05	Down
SLC45A3	chr1:205657850-205690435	-1.68527	5.00E-05	Down
HRH4	chr18:24460567-24487427	-1.56157	5.00E-05	Down
TMTC1	chr12:29500812-29784759	-1.39185	5.00E-05	Down
SLC4A10	chr2:161624334-161985276	-1.27193	5.00E-05	Down
BATF2	chr11:64987944-64997045	-1.21358	5.00E-05	Down
KIR2DL1	chr19:54769207-54784326	1.50381	5.00E-05	Up
KIR3DL2	chr19:54850318-54867215	1.54403	5.00E-05	Up
KIR2DL3	chr19:54738508-54753052	1.55242	5.00E-05	Up
NINL	chr20:25452696-25585531	1.57776	5.00E-05	Up
KIR2DS4	chr19:54832675-54848569	1.7037	5.00E-05	Up
LAIR2	chr19:54502796-54510693	1.94618	5.00E-05	Up
KIR3DL1	chr19:54816437-54830778	1.96698	5.00E-05	Up
KLRC2	chr12:10430598-10435993	2.38573	5.00E-05	Up
RAP1GAP	chr1:21596214-21669444	3.10314	5.00E-05	Up
C4BPA	chr1:207104231-207159509	3.73471	5.00E-05	Up

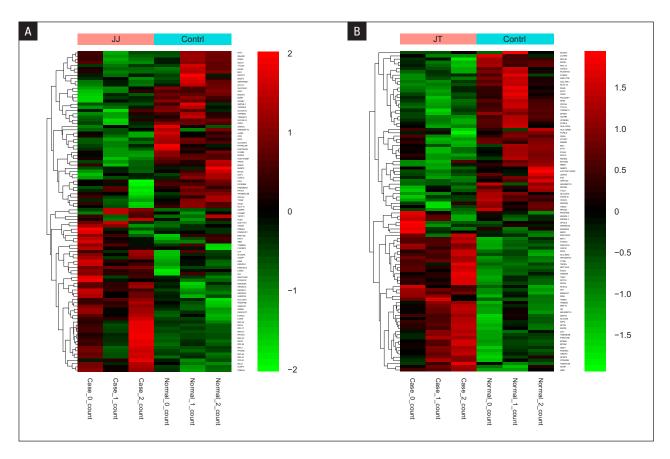


Figure 1. *Hierarchical clustering analysis of top 100 DEmRNAs between S and normal samples (A), SD and normal samples (B). Row and column represented DEmRNAs and samples, respectively. JJ: S group; JT: SD group*

Gene	Locus	Log2 (fold change)	p value	Up/Down
KLRC2	chr12:10430598-10435993	3.54759	5.00E-05	Up
KRT1	chr12:52674735-52680407	3.46571	5.00E-05	Up
APOL4	chr22:36189127-36204833	3.1522	5.00E-05	Up
RAP1GAP	chr1:21596214-21669444	2.82506	5.00E-05	Up
ANKRD22	chr10:88802729-88851975	2.45375	5.00E-05	Up
ARHGEF37	chr5:149552048-149634968	2.33351	5.00E-05	Up
FAM157A	chr3:198152154-198198958	2.11608	5.00E-05	Up
FAM46C	chr1:117605981-117628389	1.97119	5.00E-05	Up
ANK1	chr8:41653224-41896762	1.9512	5.00E-05	Up
SFRP2	chr4:153780589-153789076	1.9425	5.00E-05	Up
IFI6	chr1:27666060-27672213	-0.85871	5.00E-05	Down
CD79B	chr17:63928737-63932344	-0.94624	5.00E-05	Down
IFIT1	chr10:89392545-89406487	-1.01546	5.00E-05	Down
CD79A	chr19:41877119-41881372	-1.03601	5.00E-05	Down
RPS28	chr19:8321499-8322396	-1.07535	5.00E-05	Down
GPR162	chr12:6821796-6827418	-1.26035	5.00E-05	Down
TCL1A	chr14:95694159-95714196	-1.54492	5.00E-05	Down
MY0M2	chr8:2045042-2145456	-1.57458	5.00E-05	Down
SLC4A10	chr2:161624334-161985276	-1.72178	5.00E-05	Down
LOC100130520	chr17:74557228-74567512	-1.85946	5.00E-05	Down

 Table 4. Top 20 significantly differentially expressed mRNAs in SD vs. N group

 Table 5. Top 20 significantly differentially expressed mRNAs in SD vs. S group

Gene	Locus	Log2 (fold change)	p value	Up/Down
LOC100130520	chr17:74557228-74567512	-1.99776	5.00E-05	Down
LAIR2	chr19:54502796-54510693	-1.71188	5.00E-05	Down
GPR162	chr12:6821796-6827418	-1.52603	5.00E-05	Down
ZNF683	chr1:26361631-26374520	-1.40167	5.00E-05	Down
RPL26	chr17:8377515-8383247	-1.39417	5.00E-05	Down
TCL1A	chr14:95694159-95714196	-1.18088	5.00E-05	Down
RPS26	chr12:56041901-56044223	-1.14595	5.00E-05	Down
RPS3A	chr4:151099572-151104652	-1.05839	5.00E-05	Down
SH2D1B	chr1:162395265-162412138	-1.0006	5.00E-05	Down
RPS28	chr19:8321499-8322396	-0.9618	5.00E-05	Down
PNMA6A	chrX:153072413-153075019	3.89001	5.00E-05	Up
IL31RA	chr5:55840333-55922854	3.47808	5.00E-05	Up
HDC	chr15:50241944-50266049	3.07157	5.00E-05	Up
ANKRD22	chr10:88802729-88851975	2.85326	5.00E-05	Up
APOL4	chr22:36189127-36204833	2.66818	5.00E-05	Up
TTC26	chr7:139133743-139191986	2.42405	5.00E-05	Up
KRT1	chr12:52674735-52680407	2.38486	5.00E-05	Up
SLC2A14	chr12:7812511-7891196	2.37518	5.00E-05	Up
BATF2	chr11:64987944-64997045	2.22325	5.00E-05	Up
LOC100996713	chr1:143874742-143885954	2.21011	5.00E-05	Up

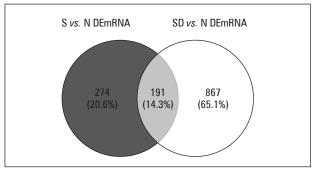


Figure 2. Venn diagram of DEGs between S vs. N and SD vs. N. The purple circle represents the DEGs of S vs. N. The yellow circle represents DEGs of SD vs. N

Gene classification according to expression level

In order to clarify the expression pattern of key genes in three groups (S *vs.* N, SD *vs.* N, overlapping group and SD *vs.* S), we classified these genes into four groups according to the expression pattern: genes which significantly different expressed in S *vs.* N and SD *vs.* N but showed no different expression in SD *vs.* S group; genes which significantly different expressed in S *vs.* N and SD *vs.* N and showed significantly different expression in *SD vs.* S group; genes which showed different expression in S *vs.* N and SD *vs.* S group; genes which showed different expression in SD *vs.* N and SD *vs.* S group (Tab. 9).

Identification of the nearby and co-expressed DEmRNAs of DElncRNAs

Two DElncRNA-nearby targeted DEmRNA pairs (involved two DElncRNAs and two DEmRNAs) and three DElncRNA-nearby targeted DEmRNA pairs (involved three DElncRNAs and three DEmRNAs) were obtained in the S vs. N and SD vs. N group, respectively (Tab. 10). In addition, a total of 336 lncRNA-mRNA co-expression pairs were obtained in S *vs.* N group ($|\mathbf{r}| > 0.95$ and p < 0.05). The interaction network of lncRNAs and mRNAs in the S vs. N group (Fig. 1A) showed that the LOC105369772 (degree = 56), LOC105369315 (degree = 32), LOC105369228 (degree = 21), and LIN00235 (degree = 21) were hub DElncRNAs with higher degree. Meanwhile, 2536 IncRNA-mRNA co-expression pairs were obtained in the SD vs. N group ($|\mathbf{r}| > 0.95$ and $\mathbf{p} < 0.05$). The interaction network of lncRNA-mRNA in the SD vs. N group (Fig. 1B) showed that the LOC102723540 (degree = 96), LOC105371058 (degree = 93), and LOC105377826 (degree = 87) were hub DElncRNAs with higher degree. Several key DElncRNA-DEmRNAs were shared in both the S vs. N group and the SD vs. N

 Table 6. Top 20 significantly differentially expressed lncRNAs in S vs. N group

Gene	Locus	Log2 (fold change)	p value	Up/Down
PSMD5-AS1	chr9:120843041-120854373	-1.85303	5.00E-05	Down
LOC105369772	chr12:52625675-52630770	1.8639	5.00E-05	Up
LOC101929866	chr20:45178476-45191638	0.712603	0.0004	Up
LINC01002	chr19:197015-202209	-0.97745	5.00E-05	Down
LOC105369645	chr12:8563194-8566073	0.770123	0.00055	Up
LOC102725068	chr6:31479917-31494794	-0.89235	0.0009	Down
LINC01279	chr3:112596793-112601969	-1.25572	0.0012	Down
FLVCR1-AS1	chr1:212856603-212858138	-1.26572	0.00225	Down
PAX8-AS1	chr2:113215996-113278950	-0.92159	0.00265	Down
LOC101928906	chr9:41649583-41654873	1.03736	0.0006	Up
LOC105374445	chr4:48269971-48288953	5.42782	0.0008	Up
LOC101929506	chr10:79666864-79679237	-0.61574	0.00315	Down
LOC105371058	chr16:3077271-3087993	1.07842	0.00085	Up
LOC100499194	chr2:113977668-114007310	1.20659	0.00095	Up
LOC105377997	chr6:127663345-127685373	-0.88753	0.0053	Down
LINC00211	chr2:37826246-37875863	0.931827	0.0017	Up
SNHG11	chr20:38446653-38450921	2.3711	0.00245	Up
LOC101927759	chr6:3024790-3027424	-0.92149	0.00935	Down
GLIDR	chr9:39803495-39810159	1.00066	0.00945	Up
LOC105378122	chr6:167111806-167139141	-0.91848	0.01145	Down

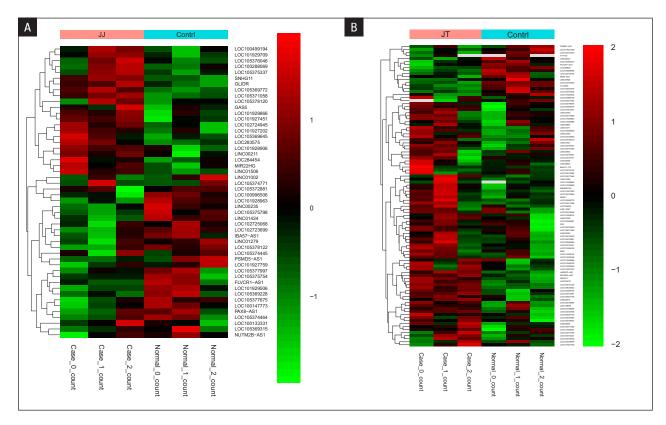


Figure 3. *Hierarchical clustering analysis of top 100 DElncRNAs between S and normal samples (A), SD and normal samples (B). Row and column represents DElncRNAs and samples, respectively. JJ* — *S group; JT* — *SD group*

Gene	Locus	Log2 (fold change)	p value	Up/Down
LOC105374150	chr3:148439991-148465791	2.10165	5.00E-05	Up
LOC105369772	chr12:52625675-52630770	1.72697	5.00E-05	Up
LOC729737	chr1:91168-267354	1.43622	5.00E-05	Up
LOC100499194	chr2:113977668-114007310	1.42705	5.00E-05	Up
JHDM1D-AS1	chr7:140177260-140179640	1.32196	5.00E-05	Up
LOC105372321	chr19:21444103-21464331	1.96597	0.00015	Up
LOC100190986	chr16:21432002-21434455	0.737839	0.00015	Up
LOC100507616	chr12:92466439-92488106	-1.16349	0.00015	Down
LOC100133331	chr1:722045-730351	1.12216	0.00035	Up
LOC102723373	chr16:53373492-53384259	-1.27737	0.00035	Down
LOC105370651	chr14:97705988-97802275	1.0367	0.00045	Up
PSMD5-AS1	chr9:120843041-120854373	-0.86208	0.00075	Down
LOC105372991	chr22:30447958-30472047	1.96689	0.00105	Up
LOC105369315	chr11:59084936-59106688	-0.94107	0.0017	Down
FLVCR1-AS1	chr1:212856603-212858138	-1.41027	0.0025	Down
LOC105375754	chr8:127664538-127670992	-0.84974	0.00655	Down
PAX8-AS1	chr2:113215996-113278950	-0.81792	0.0067	Down
LOC105377782	chr8:2199669-2206204	-1.116	0.0085	Down
LOC389641	chr8:23225220-23230926	-1.05705	0.00935	Down
LOC102723540	chr19:34850668-34860576	-1.36983	0.00955	Down

Gene	Locus	Log2 (fold change)	p value	Up/Down
PSMD5-AS1	chr9:120843041-120854373	0.992632	0.0003	Up
LOC729737	chr1:91168-267354	1.30899	5.00E-05	Up
LOC105378415	chr10:88061829-88104391	0.702821	0.0009	Up
LOC105374150	chr3:148439991-148465791	1.67017	0.00045	Up
LOC105372321	chr19:21444103-21464331	1.73257	0.0001	Up
LOC105369735	chr12:40207309-40211449	1.48402	0.00065	Up
LOC105369319	chr11:60159240-60164400	1.17253	0.0011	Up
LOC105369219	chr20:1692887-1727569	1.36886	0.00105	Up
LOC101929638	chr22:29180622-29205834	1.75921	0.0011	Up
LOC101929007	chr19:21569901-21627976	1.38662	5.00E-05	Up
LOC101928214	chr2:87659750-87687161	1.12687	0.00035	Up
LINC01002	chr19:197015-202209	1.04842	5.00E-05	Up
JHDM1D-AS1	chr7:140177260-140179640	1.17132	5.00E-05	Up
LOC105377782	chr8:2199669-2206204	-1.4337	0.0011	Down

Table 8. Significantly differentially expressed lncRNAs in SD vs. S group

group, including LOC105369772-KIR2DS4 and C4BPA, LOC105378122-KIR3DL2 and LOC100499194- CD79A.

Functional analysis of DEmRNAs and IncRNA-mRNA co-expression pairs

Top 20 clusters by GO analysis of DEmRNAs in the S vs. N group, SD vs. N group, and S vs. SD group are shown in Figure 2. Key DEmRNAs in the S vs. N group were significantly enriched in the following: peptide chain elongation (p = 1.50713E-17), defence response to other organisms (p = 5.96629E-16), and cytokine signalling in the immune system (p = 7.44435E-15), while key DEmRNAs in the SD vs. N group were significantly enriched in the following: adaptive immune system (p = 1.20789E-18), regulated exocytosis (p = 6.52941E-18), and formation of a pool of free 40S subunits (p = 7.85923E-14). The overlapping DEm-RNAs in the S vs. N and SD vs. N group were enriched in the following: defence response to other organisms (p = 4.37832E-14), immune regulatory interactions between a lymphoid and a non-lymphoid cell (p = 4.46184E-10) and cell killing (p = 9.26847E-09). DEmRNAs in the SD vs. S group were significantly enriched in the following: eukaryotic translation elongation (p = 1.94389E-22), myeloid cell differentiation (p = 2.18517E-16), and cellular protein catabolic process (p = 3.30271E-14).

Differentially expressed genes in the S vs. N group were clustered into 19 pathways by KEGG analysis (Fig. 3A). Ribosome pathway (p = 1.52651E-12) enriched most genes. Differentially expressed genes in the SD vs. N group were clustered into 54 pathways (Fig. 3B). Among them, pathways in cancer (p = 0.00176), NOD-like receptor signalling pathway (p = 2.51189E-07), and influenza A (p = 3.98107E-07) enriched most genes. Overlapping DEmRNAs in the S vs. N and SD vs. N group were enriched in the following: natural killer cell-mediated cytotoxicity (p = 6.30957E-09), graft-versus-host disease (p = 6.30957E-07), and antigen processing and presentation (p = 1.99526E-06) (Fig. 3C). Differentially expressed genes in the SD vs. S group were enriched in 34 pathways, among which, DEm-RNAs in the SD vs. S group were significantly enriched in the following: ribosome (p = 1E-14), HTLV-I infection (p = 0.000316228), and transcriptional misregulation in cancer (p = 5.01187E-06) (Fig. 3D).

In addition, the top 20 clusters by GO analysis of DEm-RNAs of co-expressed DElncRNAs in the S vs. N group, SD vs. N group are shown in Figure 4. In GO analysis, co-expressed DEmRNAs of DElncRNAs in the S vs. N group were significantly enriched in the following: cytokine signalling in the immune system (p = 1.39147E-11), peptide chain elongation (p = 4.01217E-11), and response to virus (p = 3.08943E-10). In the SD vs. N group, co-expressed DEmRNAs of DElncRNAs were significantly enriched in the following: adaptive immune response (p = 3.01114E-16), regulated exocytosis (p = 3.38002E-16), and platelet degranulation (p = 3.22747E-11). In KEGG analysis, co-expressed DEmRNAs of DElncRNAs were enriched into 12 and 48 pathways in S vs. N and SD vs. N, respectively (Fig. 5).

Discussion

Key genes were identified in the top 20 differentially expressed mRNAs and lncRNAs in all groups (S vs. N,

Table 9. Classification of DEmRNAs in all groups

Gene name	Shared genes	p value in SD vs. S	Up/Down	p value in S <i>vs.</i> N	Up/Down	p value in SD <i>vs.</i> N	Up/Down
Shared genes t	hat showed no diffe	rent expression i	in SD <i>vs.</i> S				
ARHGEF10	Yes	1	Down	5.00E-05	Down	5.00E-05	Down
IFI6	Yes	0.30125	Up	0.00335	Up	5.00E-05	Up
IFIT1	Yes	0.47405	Up	0.0002	Up	5.00E-05	Up
KIR2DS4	Yes	0.8401	Down	5.00E-05	Down	5.00E-05	Down
KIR3DL1	Yes	0.8715	Down	5.00E-05	Down	5.00E-05	Down
KIR3DL2	Yes	0.0916	Down	5.00E-05	Down	5.00E-05	Down
RAP1GAP	Yes	0.3273	Down	5.00E-05	Down	5.00E-05	Down
KIR2DL1	Yes	0.75155	Down	5.00E-05	Down	0.0001	Down
KIR2DL3	Yes	0.51745	Down	5.00E-05	Down	0.00225	Down
Shared genes t	hat showed differen	t expression in S	SD vs. S				
HDC	yes	5.00E-05	Up	5.00E-05	Down	0.02025	Up
BATF2	Yes	5.00E-05	Up	5.00E-05	Down	0.0005	Up
ANK1	yes	5.00E-05	Up	0.0221	Up	5.00E-05	Up
LAIR2	No	5.00E-05	Down	5.00E-05	Up	0.5574	/
RPL26	No	5.00E-05	Down	5.00E-05	Up	0.40125	/
RPS3A	No	5.00E-05	Down	5.00E-05	Up	0.46395	/
Different genes	expression in S vs.	N and SD vs. N	group				
SH2D1B	No	5.00E-05	Down	5.00E-05	Up	0.6478	/
FCGBP	No	0.0001	Down	5.00E-05	Up	0.8163	/
RPL39	No	0.0001	Down	5.00E-05	Up	0.51845	/
RPL23	No	0.0002	Down	5.00E-05	Up	0.1052	/
SLC2A14	No	5.00E-05	Up	5.00E-05	Down	0.88125	/
GATA2	No	5.00E-05	Up	5.00E-05	Down	0.52595	/
GPR162	No	5.00E-05	Down	0.30595	/	5.00E-05	Down
Different genes	expression in SD vs	s. S and SD vs. N	I				
ZNF683	No	5.00E-05	Down	0.23495	/	5.00E-05	Down
TCL1A	No	5.00E-05	Down	0.08845	/	5.00E-05	Down
RPS26	No	5.00E-05	Down	0.00565	Up	5.00E-05	Down
RPS28	No	5.00E-05	Down	0.5493	/	0.00015	Down
ANKRD22	No	5.00E-05	Up	1	/	5.00E-05	Up
APOL4	No	5.00E-05	Up	1	/	5.00E-05	Up
FAM46C	No	5.00E-05	Up	0.41555	/	5.00E-05	Up
PNMA6A	NO	5.00E-05	Up	1	/	0.00045	Up

Table 10. Nearby mRNAs of DElncRNAs in S vs. N and SD vs. N

		IncRNA			mRNA		
Chr	Symbol	Start-100kb	End+100kb Symbol		Start	End	
S vs. N							
chr6	LOC105378122	167111706	167139241	CCR6	167111806	167139141	
chr6	LOC102725068	31479817	31494894	MICB	31494880	31511124	
SD <i>vs.</i> N							
chr9	LOC105376032	36833173	37036049	PAX5	36833273	37035949	
chr12	LOC101928100	10363668	10410246	KLRK1	10363768	10410146	
chr1	LOC105371464	159800380	159816357	FCRL6	159800480	159816257	

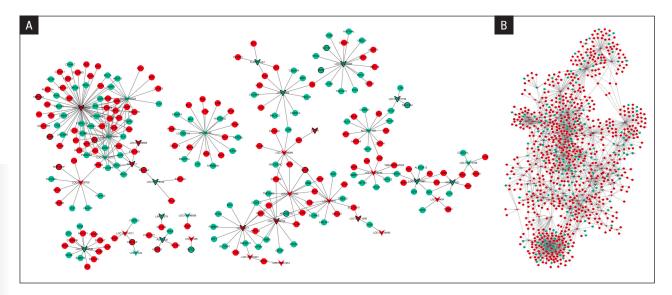


Figure 4. DElncRNA-DEmRNA co-expression network of S vs. N group (*A*), in SD vs. N group (*B*). The triangle and the circle represent DElncRNAs and DEmRNAs, respectively. Green and red colours represent down-regulation and up-regulation, respectively. The top10 down-/up-regulated DEmRNAs and DElncRNAs are represented with the black border

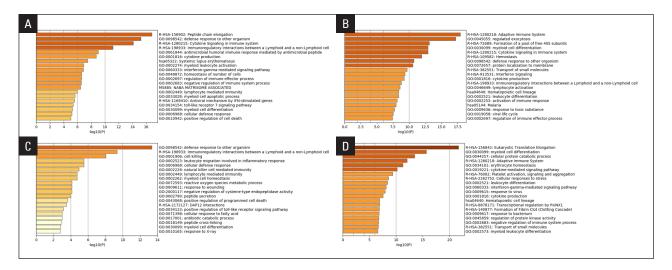


Figure 5. Top 20 significantly enriched GO terms in S vs. N group (A), SD vs. N group (B), overlapping DEmRNAs in S and SD (C), SD vs. S group (D). The Y-axis shows the description of GO terms and the X-axis represents p value. The colour scale represents counts of DEmRNAs

SD vs. N and S vs. SD). Among these genes, several genes were deduced to be involved in SCH, including LAIR2, PNMA6A, SFRP2, RAP1GAP, BATF2, and IncRNA- PAX8-AS1. According to previous studies, LAIR2 was increased in patients with autoimmune thyroid diseases while PNMA6A was verified to decrease in hypothyroid [15, 16]. SFRP2 was a target of thyroid hormone receptor alpha1 [17], and RAP1GAP might function in thyroid cancer [18]. Notably, PAX8 was regarded a transcription factor in the developing and adult thyroid [19]. PAX8-AS1 was an antisense RNA to regulate PAX8, which was reported to inhibit cell cycle in vitro and associate with thyroid cancer [20, 21]. We assumed shared genes that showed coincident expression in the S and SD group were involved in SCH. In previous studies, ARHGEF10 was reported to be involved in atherosclerosis and hypertriglyceridaemia, both of which complicated with diabetes [22, 23]. IFI6 and IFIT1 were reported to be highly expressed in diabetes [24]. KIR3DL2, KIR2DL1, KIR3DL3, KIR2DS4, and KIR3DL1 belong to killer cell immunoglobulin-like receptors, which have been associated with diabetes [25]. A published study proposed that the genetic imbalance between KIRs and their HLA class 1 ligands might contribute to the pathogenesis of diabetes [26]. Notably, KIR3DL1 was co-expressed with PAX8-AS1 in our study.

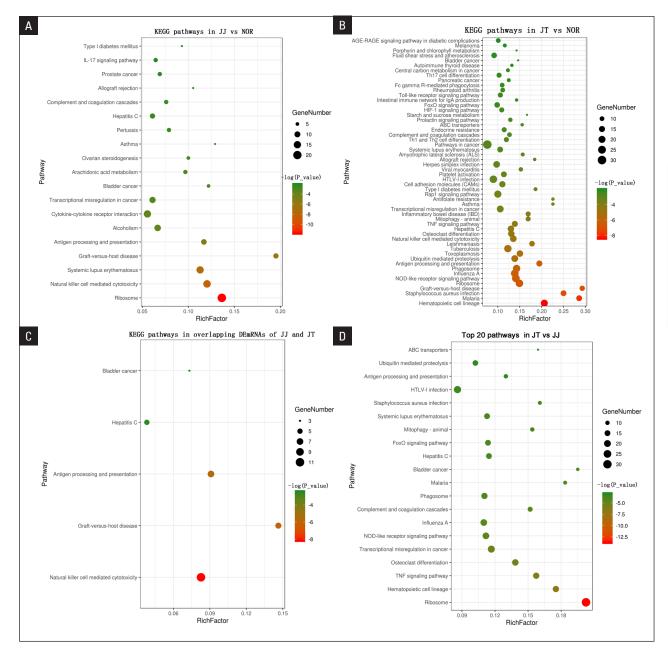


Figure 6. KEGG pathways in S vs. N group (A), SD vs. N (B), overlapping DEmRNAs in S and SD (C), in SD vs. S group (D). The Y-axis shows KEGG pathways and the X-axis represents rich factor to show enrichment degree. The colour scale represents –log (p-value), and the area scale represents counts of DEmRNAs

In addition, combining with functional enrichment analyses, pathways of shared genes (KIR3DL1) in both S *vs.* N group and SD *vs.* N group enriched were involved in type 2 diabetes, including natural killer cell-mediated cytotoxicity [27] and antigen processing and presentation [28]. Natural killer cells (a subset of lymphocytes) contribute to innate immunity. It is found that natural killer cell-mediated cytotoxicity is associated with both anti-thyroid peroxidase antibody and type 2 diabetes [27, 29]. In addition, those genes involved in antigen processing and presentation are related to anti-thyroid peroxidase antibody and type 2 diabetes [29, 30]. Therefore, we deduced that the prevalence of type 2 diabetes might be associated with subclinical hypothyroidism, and the regulation of PAX-AS1 on KIR3DL1 might function in this process. To explore whether high occurrence of type 2 diabetes existed in patients with subclinical hypothyroidism, we focused on genes that showed significantly different expression between the S and SD group. ANK1 showed significantly higher expression in the SD group than in the S and normal group, which is in accordance with previous report that high expression might contribute to type 2 diabetes susceptibility [31]. Conversely, APOL4, FAM46C and GPR162 showed

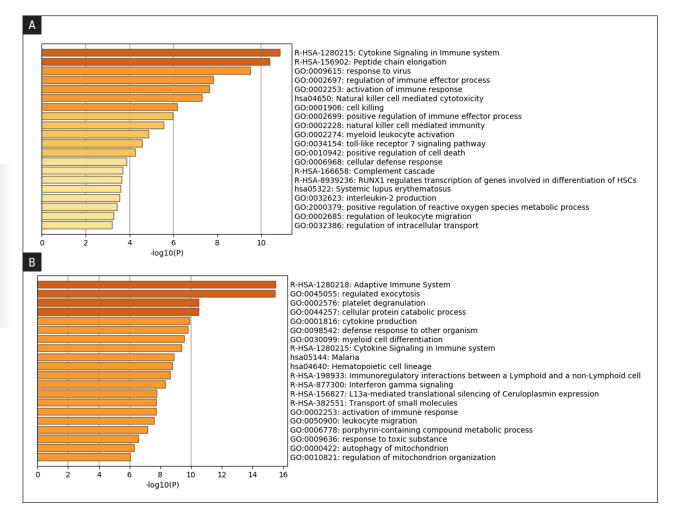


Figure 7. Top 20 significantly enriched GO terms of DEmRNA-DElncRNAs in S vs. N group (**A**), SD vs. N group (**B**). The Y-axis shows the description of GO terms and the X-axis represents p value. The colour scale represents counts of DEmRNA-DElncRNAs

significantly different expression between SD and S group but showed no difference in expression between the S and the normal group. According to the literature, APOL4 was reported to have a significant correlation with type 2 diabetes with hypertriglyceridaemia [32]. FAM46C was verified to highly express in both type 1 and type 2 diabetes [33]. GPR162 was proven as a receptor to be involved in the development of diabetes complications according to research in diabetic rats [34, 35]. The expression patterns of the above five genes were consistent with those in the literature about diabetes. Although the functional analysis of DEmRNAs in the SD vs. S group was performed, the regulatory pathway of type 2 diabetes in patients with SCH remained uncertain. Fortunately, key lncRNA was identified in the SD vs. S group. JHDM1D-AS1, as antisense RNA of JHDM1D, was involved in cancers by promoting angiogenesis and causing inflammation [36]. Moreover, JHDM1D belonged to histone demethylase as well as being homologous with JHDM2a. The loss of function of JHDM2a was verified to function in obesity and metabolic syndrome in a prior study in rats [37]. In our study, the up-regulation of JHDM1D-AS1 in the SD group might cause inflammation and metabolic syndrome. In addition, our study revealed that JHDM1D-AS1 was co-expressed with ANK1. We deduced that JHDM1D-AS1 regulated ANK1 epigenetics mechanisms to promote the occurrence of type 2 diabetes. However, several genes showed confusing expression patterns, which were up- or down-regulated in S *vs.* N but showed no difference between SD *vs.* N, including up-regulated genes SH2D1B and ZNF683, and down-regulated genes SLC2A14. Therefore, more molecules like miRNAs and more samples should be excavated, and biology experiments should be performed to explore the molecular mechanism in SCH complicated with type 2 diabetes.

Conclusion

Several genes were deduced to function in SCH, including LAIR2, PNMA6A, SFRP2, and lncRNA-PAX8-AS1, and we identified ANK1 and its co-expressed ln-

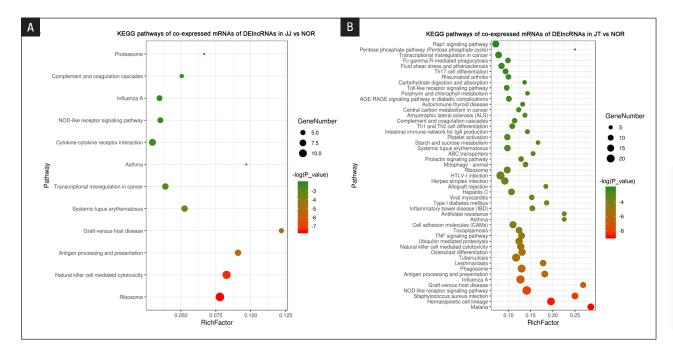


Figure 8. *KEGG pathways enriched by DEmRNA-DElncRNAs in S vs. N group (A), SD vs. N (B). The Y axis shows KEGG pathways and the X-axis represents rich factor to show enrichment degree. The colour scale represents –log (p-value), and the area scale represents counts of DEmRNA-DElncRNAs*

cRNA-JHDM1D-AS1, which were deduced to function in SCH complicated with type 2 diabetes. The research initially proposed the theory that patients with SCH might have a higher risk of type 2 diabetes, and it provides a basis for further investigation of SCH complicated with type 2 diabetes. Our study suggested that molecular changes in identified lncRNAs and mRNAs may provide a novel clue in understanding the pathology of SCH and SCH complicated with diabetes. However, there are limitations to our study. Firstly, the sample size is small. Large numbers of blood samples of S, SD, and N are further needed. Secondly, the potential mechanism of identified lncRNAs and mRNAs was not investigated. Some in vivo or in vitro experiments are also needed to explore the biological function mechanism of identified molecules. Thirdly, it would be very interesting to add more information to the research and perform the same transcriptome analysis in patients with type 2 diabetes and compare this analysis with the described results. Further research is needed.

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Conflict of interest

There are no conflicts of interest.

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