

Supplementary Table 1. Adjusted Difference Values for Subjective Dry Mouth Score and Unstimulated Salivary Flow

Time	Group 1	Group 2	Mean difference (95% CI) adjusted for baseline
Subjective dry mouth score			
4 weeks	Aloe vera	Thyme honey	0.16 (-0.43, 0.74)
	Aloe vera	Saline	-1.45 (-2.04, -0.87)
	Thyme honey	Saline	-1.61 (-2.19, -1.03)
Unstimulated salivary flow (mL/min)			
4 weeks	Aloe vera	Thyme honey	0.01 (-0.07, 0.08)
	Aloe vera	Saline	0.15 (0.07, 0.22)
	Thyme honey	Saline	0.14 (0.07, 0.21)

CI — confidence interval

Supplementary Table 2. Inter- and Intragroup Comparisons, Mean and Standard Deviation of Quality of Life Scores

Domain	Time	Quality of life score (mean \pm SD)			P-value
		Aloe vera	Thyme honey	Saline	
Physical	Baseline	11.53 \pm 2.36A	10.93 \pm 1.91A	11.27 \pm 1.91A	0.683
	4 weeks	6.27 \pm 2.52B	6.93 \pm 2.49B	9.93 \pm 2.25A	0.001*
	p-value	< 0.001*	0.001*	0.002*	
Personal	Baseline	11.00 \pm 1.73A	10.87 \pm 1.73A	10.87 \pm 1.51A	0.980
	4 weeks	6.47 \pm 2.83B	6.47 \pm 2.64B	8.87 \pm 1.30A	0.004*
	p-value	0.001*	< 0.001*	< 0.001*	
Social	Baseline	9.27 \pm 2.25A	9.07 \pm 2.15A	9.27 \pm 1.83A	0.987
	4 weeks	6.00 \pm 2.20B	5.13 \pm 1.85B	8.00 \pm 2.00A	0.002*
	p-value	0.001*	0.001*	0.003*	
Pain	Baseline	6.53 \pm 2.20A	6.07 \pm 2.25A	5.93 \pm 1.22A	0.531
	4 weeks	3.53 \pm 1.77A	3.13 \pm 1.85A	4.60 \pm 1.24A	0.053
	p-value	0.002*	< 0.001*	0.005*	
Total	Baseline	38.33 \pm 7.34A	37.33 \pm 7.14A	37.33 \pm 5.77A	0.688
	4 weeks	22.27 \pm 8.33B	21.67 \pm 8.27B	31.40 \pm 6.13A	0.002*
	p-value	< 0.001*	< 0.001*	0.003*	

Values with different upper and lowercase superscripts within the same horizontal row and vertical column, respectively, are significantly different; *significant ($p < 0.05$); Ns — non-significant ($p > 0.05$); SD — standard deviation