The Federation of International Danube Symposia on Diabetes Mellitus (FID), represents as a Central-European Diabetes Association (CEDA), a non-profit organisation, whose aim is to promote scientific interests and cooperation between all central European groups acting in the area of diabetes mellitus. This purpose is served by the FID organized symposia, the “International Danube Symposia”, which should take place alternatively in western and eastern central-European locations, accompanied by satellite symposia and other smaller events, each held in different locations (www.donausymposium.de). The first Donau Symposium was organized in 1969 in Vienna, so far Poland hosted them twice: in 1993 in Kraków (Prof. Sieradzki) and in 2004 in Wrocław (Prof. Wasikowa).

On June 14–16th the 13th Congress of the CEDA/33rd International Danube Symposium was held in Krakow, Poland (www.donau2018.jorda.pl). Key topics of the conference included:

— Genetic background and pathophysiology of diabetes;
— Modern management of diabetes mellitus;
— Complications of the disease;
— Diabetes-related obesity;
— Cardiovascular risk in diabetes mellitus.

The Donau Symposium opening address was given by prof. Tomasz Klupa, Congress President, followed by prof. Roger Lehmann, president of the Danube Symposium, prof. Maciej T. Malecki, the Dean of the Faculty of Medicine, Jagiellonian University and the president of Diabetes Poland. The opening ceremony was concluded by prof. Jacek Sieradzki, the president of the previous Donau Symposium held in Krakow.

During next three days twenty three outstanding plenary lectures were delivered accompanied by “meet the expert session”, industry and poster presentations.


Of note, faculty included several presidents of national diabetes associations.

Conference attendees appreciated very much the merit content and educational values of the lectures and workshops.

The 33rd Donau Symposium also hosted 29 original, poster presentations. Young scientists presenting their scientific achievements were underlining unique atmosphere of the poster sessions allowing friendly and open interaction with faculty members.

During the general assembly of FID/CEDA members the new president was elected — prof. Thomas Stulnig representing Vienna Medical University, Austria.

To conclude, Donau Symposia are perfect educational platform for both medical doctors and scientist working in the field of diabetes. They also offer a unique opportunity for young researchers to present their first scientific work in supportive atmosphere.