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| Supplementary Table S2. Perceived health at baseline and re-examination |
|  | Perceived health at re-examination |  |
|  Perceived health at baseline | Very good | Good | Average | Poor | Very poor | p |
| Very good  | 6 (1.9%) | 6 (1.9%) | 1 (0.3%) | 0 (0%) | 1 (0.3%) | 0,800 |
| Good  | 14 (4.5%) | 68 (21.8%) | 41 (13.1%) | 5 (1.6%) | 3 (1.0%) |
| Average  | 3 (1.0%) | 50 (16.0%) | 72 (23.1%) | 13 (4.2%) | 2 (0.6%) |
| Poor  | 1 (0.3%) | 1 (0.3%) | 15 (4.8%) | 6 (1.9%) | 2 (0.6%) |
| Very poor  | 0 (0%) | 0 (0%) | 1 (0.3%) | 0 (0%) | 0 (0%) |