**SUPPLEMENTARY APPENDIX**

**Supplementary Figure 1. CONSORT Flow Diagram**



**SUPPLEMENTARY TABLE**

**Sensitivity analysis with different cutoff values for sodium intake**

|  |  |  |
| --- | --- | --- |
|  | **NT-proBNP** | **Quality of Life** |
| **Cutoff values** | **Between-Group Difference: Lower vs Higher sodium intake** | **P** | **Between-Group Difference: Lower vs Higher sodium intake** | **P** |
| **Univariate analysis** |  |  |  |  |
| 2500 mg | -55% (-73%, -27%) | .002 | -44% (-65%, -12%) | .014 |
| 2750 mg | -53% (-71%, -23%) | .004 | -41% (-63%, -7%) | .025 |
| 3000 mg | -44% (-66%, -8%) | .022 | -34% (-58%, 3%) | .069 |
| **Multivariable analysis\*** |  |  |  |  |
| 2500 mg | -58% (-75%, -31%) | .001 | -47% (-66%, -18%) | .005 |
| 2750 mg | -54% (-73%, -24%) | .003 | -45% (-64%, -14%) | .009 |
| 3000 mg | -49% (-70%, -14%) | .012 | -46% (-65%, -17%) | .006 |

Statistical tests were performed on the log scale and estimates were presented on the percent scale. Data is shown as estimate and 95% CI.

\*Multivariable analysis after adjusting for age, sex, and changes in medications during the study [angiotensin-converting-enzyme inhibitors (ACEi) or angiotensin-receptor-blockers (ARB), and loop diuretics].