

LETTER TO THE EDITOR

Cardiology Journal 2024, Vol. 31, No. 2, 365–366 DOI: 10.5603/cj.98494 Copyright © 2024 Via Medica ISSN 1897–5593 eISSN 1898–018X

Lipoprotein(a): an important consideration for DAPT therapy after PCI

Kongyong Cui¹⁻³, Kefei Dou¹⁻³

¹Department of Cardiology, Cardiometabolic Medicine Center, Fuwai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences and Peking Union Medical College,

Beijing, China

²State Key Laboratory of Cardiovascular Disease, Beijing, China ³National Clinical Research Center for Cardiovascular Diseases, Beijing, China

This letter accompanies the article on page 363

The interest in the letter is much appreciated for the study assessing the effect of extended dual antiplatelet therapy (DAPT) on clinical outcomes in invasively treated acute coronary syndrome (ACS) patients with different lipoprotein(a) [Lp(a)] concentrations [1]. Previous in vivo and in vitro studies revealed that Lp(a) has a pro-aggregatory effect through proteinase-activated receptor 1 (PAR1) via thrombin-mediated activation and CD36 via OxPL-mediated activation [2-3] and an anti-aggregatory effect through platelet-activating factor acetylhydrolase (PAFAH), collagen and α IIb β 3 integrin [4–5]. Although the net in vivo effect of Lp(a) on overall platelet function remains unknown, the preponderance of evidence suggests a net pro-aggregatory effect. For example, Zhu et al. reported that high plasma Lp(a) levels were significantly associated with increased platelet aggregation determined by thromboelastography in patients undergoing percutaneous coronary intervention (PCI) [6].

According to available research, for the first time, it was demonstrated that DAPT with aspirin plus clopidogrel > 1 year was significantly associated with lower risk of ischemic events without increasing the risk of clinically relevant bleeding in ACS patients with elevated Lp(a) levels after PCI,

whereas the beneficial effect of extended DAPT was not detected in individuals with normal Lp(a) levels. Notably, there are two points to declare. First, clopidogrel, rather than ticagrelor or prasugrel, was predominantly used as a P2Y₁₂ inhibitor for the DAPT regimen. Second, the conclusions drawn from the study may not be generalized to other than Asian ethnicities. Therefore, studies using a more potent P2Y₁₂ inhibitor or in non-Asian ethnicities are needed to evaluate the prognostic effect of extended DAPT in ACS patients with elevated Lp(a) levels after PCI. In addition, further studies evaluating the role of aspirin and $P2Y_{12}$ inhibitors on platelet function will help us understand why prolonged DAPT had different effects in patients with different Lp(a) concentrations.

We totally agree with what was indicated in the letter which said that more complex assessment of lipid parameters including Lp(a) should be performed in clinical trials aimed at assessing DAPT modification, especially de-escalation and prolonged treatment. For example, the ongoing ELECTRA-SIRIO 2 (Evaluating Safety and Efficacy of Two Ticagrelor-based De-escalation Antiplatelet Strategies in Acute Coronary Syndrome — a randomized clinical trial) is being conducted to assess the influence of ticagrelor dose reduction with or without the continuation of aspirin versus DAPT with standard dose ticagrelor in reducing clinically relevant bleeding and maintaining antiischemic efficacy in ACS patients [7]. In addition to

Received: 11.12.2023 Accepted: 24.04.2024

Address for correspondence: Kefei Dou, MD, Cardiometabolic Medicine Center, Department of Cardiology, Fuwai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences and Peking Union Medical College, No. 167, Beilishi Road, Xicheng District, Beijing 100037, China. Tel.: +86-10-8839-6590; fax: +86-10-6831-3012; e-mail: drdoukefei@126.com

This article is available in open access under Creative Common Attribution-Non-Commercial-No Derivatives 4.0 International (CC BY-NC-ND 4.0) license, allowing to download articles and share them with others as long as they credit the authors and the publisher, but without permission to change them in any way or use them commercially.

the main results of the study, we also expect what role Lp(a) plays.

Conflict of interest: None declared.

Funding: This study was funded by Chinese Academy of Medical Science Innovation Fund for Medical Sciences (CIFMS) (2021-I2M-1-008).

References

- Cui K, Wu S, Yin D, et al. Prolonged dual antiplatelet therapy in invasively treated acute coronary syndrome patients with different lipoprotein(a) concentrations. Cardiol J. 2024; 31(1): 32–44, doi: 10.5603/cj.93062, indexed in Pubmed: 37853822.
- Rand ML, Sangrar W, Hancock MA, et al. Apolipoprotein(a) enhances platelet responses to the thrombin receptor-activating peptide SFLLRN. Arterioscler Thromb Vasc Biol. 1998; 18(9): 1393–1399, doi: 10.1161/01.atv.18.9.1393, indexed in Pubmed: 9743227.
- 3. Podrez EA, Byzova TV, Febbraio M, et al. Platelet CD36 links hyperlipidemia, oxidant stress and a prothrombotic phenotype.

Nat Med. 2007; 13(9): 1086–1095, doi: 10.1038/nm1626, indexed in Pubmed: 17721545.

- Tsironis LD, Mitsios JV, Milionis HJ, et al. Effect of lipoprotein

 (a) on platelet activation induced by platelet-activating factor:
 role of apolipoprotein (a) and endogenous PAF-acetylhydrolase.
 Cardiovasc Res. 2004; 63(1): 130–138, doi: 10.1016/j.cardiores.2004.03.005, indexed in Pubmed: 15194469.
- Barre DE. Arginyl-glycyl-aspartyl (RGD) epitope of human apolipoprotein (a) inhibits platelet aggregation by antagonizing the IIb subunit of the fibrinogen (GPIIb/IIIa) receptor. Thromb Res. 2007; 119(5): 601–607, doi: 10.1016/j.thromres.2006.04.013, indexed in Pubmed: 16860375.
- Zhu P, Tang XF, Song Y, et al. Association of lipoprotein(a) with platelet aggregation and thrombogenicity in patients undergoing percutaneous coronary intervention. Platelets. 2021; 32(5): 684–689, doi: 10.1080/09537104.2020.1802412, indexed in Pubmed: 32787598.
- Kubica J, Adamski P, Gorog D, et al. Low-dose ticagrelor with or without acetylsalicylic acid in patients with acute coronary syndrome: Rationale and design of the ELECTRA-SIRIO 2 trial. Cardiology Journal. 2022; 29(1): 148–153, doi: 10.5603/ cj.a2021.0118.