Termination of pacemaker-mediated tachycardia by a critically timed atrial extrasystole

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Pacemaker-mediated tachycardia (PMT) also called endless loop tachycardia is a macro-reentrant dual chamber pacemaker tachycardia conceptually similar to spontaneous reentrant supraventricular tachycardias (atrioventricular [AV] node reentrant tachycardia and orthodromic reciprocating tachycardia). These spontaneous and PMTs share common mechanisms for initiation and termination by means of single critically timed atrial and ventricular extrasystoles [1–3]. Although it is well-known that a critically timed ventricular extrasystole can terminate PMT, it is strange that termination by a criti-

Figure 1. Termination of pacemaker-mediated tachycardia (PMT) by an atrial extrasystole. The tracing shows the simultaneously recorded atrial electrogram on top (A), and ventricular electrogram (V). The calibration for the atrial electrogram was 0.8 mm/mV. The device event markers are shown below the electrograms. In the marker recording, the vertical upward deflections represent atrial events, and the vertical downward deflections represent ventricular events. The beginning of this PMT was not captured in the stored memory. (Figure 2 shows an example of same PMT recorded at a different time). The device detects an atrial extrasystole in the postventricular refractory period (generating an unlabeled marker without symbolic designation). The atrial electrogram confirms the prematurity of the atrial extrasystole and its close resemblance to the configuration of the other atrial electrograms indicates that the signal or deflection is not artifactual. The prevailing sensor indicated interval is 1027 ms. The atrial paced event (AP) in the atrial electrogram are attenuated in this tracing and were mostly attenuated in the other stored recordings. The first atrial sensed event (AS) is associated with an attenuated atrial electrogram which occurred occasionally in the other stored recordings and they were probably caused by changes in body position. In any case, the interpretation of the recordings remains valid even if some kind of device malfunction interfered with the recording of the atrial electrogram. The two horizontal lines of varying thickness depict the duration of the refractory and blanking periods with the atrial intervals above the ventricular ones; VP — ventricular paced event; SIR — sensor-indicated rate.

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cally timed atrial extrasystole has rarely been re-
ported but predictable electrophysiologically [3]. In
this respect, the previously reported case of PMT
termination by an atrial extrasystole was interpret-
ed indirectly by using only the telemetered marker
channel in contrast to the case herein where the dia-
gnosis was certain on the basis of the telemetered
atrial electrogram (Figs. 1, 2). The PMT (rate about
120 ppm) occurred in a patient with a DDDR ICD
(Current Accel DR 2215-36, St. Jude Medical, Sylmar,
California) with the following parameters: lower rate
50 ppm, sensor on, upper tracking rate = sensor-driv-
en upper rate 120 ppm (upper rate interval = 500 ms),
paced AV delay 170 ms, sensed AV delay 130 ms, and
prevailing postventricular atrial refractory period
(PVARP) 235 ms (Figs. 1, 2). The pacing and lead
impedances were stable and normal. In our patient,
retrograde ventriculoatrial conduction was always
constant at 240–250 ms at various ventricular pacing
rates. Atrial depolarization from the atrial extrasys-
tole fell within the unblanked portion of the PVARP
where it was detected by the atrial channel, but could
not start an AV delay (Fig. 1). In this way, the atrial
extrasystole preempted the expected atrial activation
so that retrograde ventriculoatrial conduction from the
ventricular paced beat encountered atrial myocardial
refractoriness (from the extrasystole). Therefore ven-
triculoatrial conduction was abolished [3]. This se-
quence is similar to the termination of spontaneous
AV node reentrant tachycardia and orthodromic re-
ciprocating by an atrial extrasystole.

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